

KILMINGTON POSTscript

Issue 262 March 2024

80p where sold



Editorial

Our corner of Kilmingdon has a belligerent and unwelcome intruder – at least he might intrude if we left his preferred upstairs windows open more than a crow's width, but as it is he has to make do with perching on the outside windowsill and viciously attacking his own reflection in the glass. He scratches and stabs this hated rival while screeching and swearing in the most shocking language, which could only be printed in asterisks. If he spots anybody watching from inside he instantly tumbles off, dishevelled and squawking, to go and bother somebody else.

In this month's Postscript, Kilmingdon Primary School's head teacher announces new developments there, EDDC clarifies the mobile library situation and the back cover invites us all to remember that the Big Breakfast in aid of Cancer Research is on again. Reluctance to walk under a ladder might seem less like superstition and more like common sense. (You might get covered in paint). While delving into historical superstitions, Alan Clarkson has come across intriguing signs and symbols in one of the old buildings in this village and shares the results of his research. The first lawnmower of 2024 was already making itself heard in January. In February the relatively mild wet weather has awoken the daffodils, though it may be later before we can bring enough indoors to break any spell (see Nature Notes). Here we have the Gardening Club's report on the last talk and the notice about the next, preparation for their annual plant market in May and the announcement of their new president.

Postscript's future, though still somewhat uncertain, is looking a little brighter this month. (See Peter's article). There is rarely any shortage of notices, articles and reports which people hope to see included, but actually getting it all prepared ready for printing was going to be a problem. However, we received an application at the end of January from James Rockett, of Axminster printing Co Ltd. (In the past he has even played cricket for Kilmingdon, which could be a positive recommendation!). This is his first issue as our layout designer and we wish him well. Thanks to everyone for sending contributions before the deadline. It is always a great help to us.

As many parents were probably aware months in advance, the Kilmingdon Players' Pantomime 'Beauty and the Beast' was scheduled for the February half term holiday and a number of the children were in it. The dates and calendar page for March has information about the events leading up to Easter, with Lent lunches on Wednesdays in the Pavilion, Services in the Beacon Baptist Church and St Giles' and an Easter Trail on the final Saturday.

Janfryd

About Postscript

Please email all contributions and adverts for Postscript to:
postscript@kilmingdonvillage.com

Alternatively, please give your item to any team member.

The closing date for submitting articles for the April issue is 15th March 2024 (12th for adverts).

Earlier submission is always encouraged to ease the burden on the volunteers!

All submissions will be acknowledged. Please email, or ring 01297 639115 if not acknowledged within 48 hours.

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Postscript is published 10 times each year and is delivered free of charge to every house in Kilmingdon. Almost all items in the magazine come from the village community who are very supportive of the magazine. The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

Postscript is printed by Axminster Printing 01297 32266

Advertising Payments, Rates, & Monetary Donations

Please see inside back cover for details about donating to Postscript, **advertising rates**, and how to pay for advertising. All donations go towards printing costs.

Thank you for your continuing support.

Front page photo: © Barry Wood Centre spread photos: © Marie Gardner & © Barry Wood

The average production cost per 28-page copy of Postscript with several colour pages is 80p.
Extra copies are usually available from Millers Farm Shop.

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The content of advertisements is not the responsibility of the editorial team. All queries should be addressed to the advertiser.
This publication is online at www.kilmingdonvillage.com where there is also an archive of earlier issues.



Postscript Saved – Well, for Now at Least!

We are now running at a loss and are eating into our small reserves to keep Postscript running.

We've been forced to introduce significant changes to the way our village magazine is printed. Rob, our compiler, has had to step down. We therefore advertised for a volunteer to join the team to take over pulling together the layout before printing.

No one has come forward.

Therefore, to produce this edition we have had to appoint a local design company to take on the layout.

This has clearly increased our operating costs.

Until now we have only just covered our printing costs with the income from advertising, donations and a handful of copies sold at Millers. There has been no allowance for compiling.

If our magazine is to continue, we'll need to change the way we work and create a new financial model.

We'll need to increase our advertising income to pay for these additional costs.

If you are sending us any articles in the future, please send them as Word documents and any photographs should be sent separately as JPG files. This will help us reduce the layout time.

Postscript – The End in Sight?

This month two of our longstanding volunteer team members have stepped down after more than 15 years of service.

We thank them for all their support over many years.

Can our remaining team of just six keep your magazine going?

It is difficult to see how our village magazine can continue, without new replacement volunteers joining the team. Much of our work is pulling together the articles, checking and listing calendar dates.

It does not require specialist computer knowledge, but it does spread the workload. One short meeting a month and a few hours background work at home is all that is required.

Our existing Postscript team will continue to do what we can to bring you village news, and keep you informed of upcoming activities. However, over the coming few months, without a little additional help, we may be forced to close.

After 26 years and over 260 editions, perhaps the end is in sight.

Upcoming Events

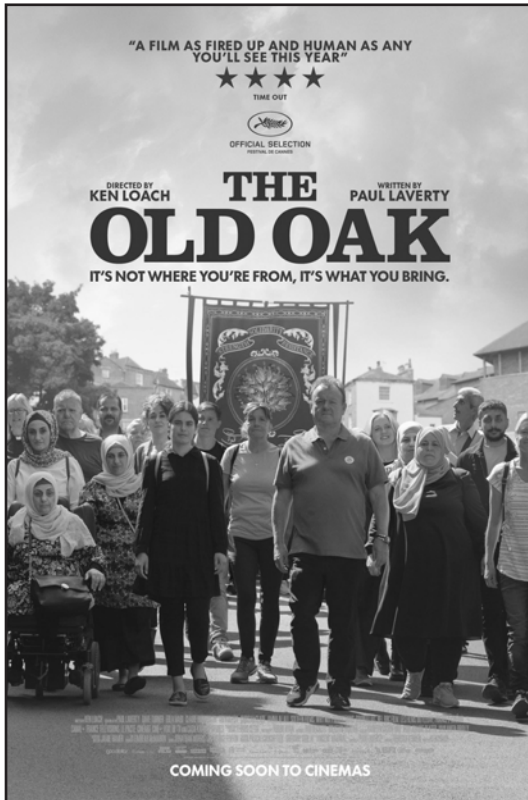


Kilmington Community Cinema

Kilmington Village Hall

The Old Oak (15)

Wednesday 13th March & Thursday 14th Matinee



The Old Oak is set in a small town near Durham, whose focal centre is the titular pub. Landlord TJ Bannatyne (Dave Turner) is struggling to stay afloat during economic uncertainty. As the film begins, the town, previously a mining community that has now plunged into poverty, faces rising tension when Syrian refugees are placed in local homes. While this is met with hostility by the locals, Bannatyne forges a relationship with Yara (Ebla Mari), one of the refugees, and her family, as they organize a food initiative to help the town community.

Ken Loach may not always be a bundle of laughs, but he's always got something important to say. And at 86, he has declared that this is his last film.

“Overall, this is a powerful statement about tough times that have no clear end in sight, although the final sequence flies the flag – and indeed, the procession banner – for hope and solidarity in images that bring the fiction back into the frame of real-world Britain.” - *Screen Daily*

Wednesday: Doors open 6.45 with the evening's entertainment starting at 7.15 and ending about 9.30. The Thursday matinee: Doors open 1.45 Film starts 2pm, come along and enjoy a film and have wine/soft drinks, ice-creams/tea/coffee. Cream Teas available during the matinee interval. Please state Wednesday or Thursday when booking and order your cream tea at the same time. Tickets Pre-booked £5 or £5.50 on door, booking essential for the matinee.

To book contact John 01297 639758 or email: wattsjohn307@gmail.com.



*Forthcoming Film Wednesday 10th & 11th April matinee
“One Life”*

Films Available For Hire

If you were unable to come and see our films on the big screen, we can now offer you the opportunity to enjoy first-rate films in your own home. For a small hire cost of £3 for up-to 7 day loan, we have the listed films on offer. Each month, following our film show, that DVD will become available for hire. We will not be publishing an updated list each month, so look out for the posters to see what the KCC is showing.

To book the film and arrange to collect, contact: Eileen and John Birch, by phone: 01297 34595 or email: johnbirch598@btinternet.com
Collect from: Hill View, Wellmead, Kilmington (opposite the New Inn).

Please Note: The Blu-ray discs require a player that can accept Blu-ray discs; these will not play on a standard DVD player. Newer equipment under 3 years old will probably be Blu-ray compatible, but check for compatibility first.

	
West Side Story	The Courier
The House of Gucci	Little Women
Downton Abbey A New Era	No Time To Die
The Good Liar	Belfast
ELVIS	The Duke
Operaton Mincemeat	
The Railway Children Return	
Fisherman's Friends One and All	
Mrs Harris Goes To Paris	
Living	
A Man Called Otto	
Empire of Light	
Allelujah	
What's Love Got to Do With It?	
Phantom of the Open	
LION	
And Then Come The Nightjars	

Upcoming Events

Kilmingtton Sky at Night

Throughout this month **Jupiter** is fairly easy to see at dusk in the southwest sky, setting in the west northwest before midnight.

Mars and **Saturn** are below our night horizon all month and are therefore not visible. **Venus** sets at dusk and rises at dawn and as it is a very bright planet, you might catch a glimpse.

Late March will be your best chance this year to catch a glimpse of **Mercury**. As Mercury always lies close to the sun, it never appears far above either the morning or evening twilight. However, from the 17th to 25th in a clear sky, you should be able to spot the little, and sometimes elusive, planet easily as it shines brightly in the western twilight around 40 minutes after sunset.

March 1 Sunrise 06.57. Sunset 17.56

13 Jupiter and the moon appear close together tonight in the west.

20 Spring / March Equinox. The Sun will shine directly on the equator and there will be nearly equal amounts of

day and night throughout the world. This is also the first day of spring (vernal equinox) in the Northern Hemisphere.

25 Full Micromoon, the Moon orbits Earth in an elliptical path, which means one side of the path is closer to the Earth than the other. The point in the Moon's orbit farthest from Earth is known as apogee. When a Full Moon occurs around apogee, it's called a Micromoon, Minimoon or Apogee Moon.

25 Penumbral Lunar Eclipse The true maximum point of this eclipse cannot be seen in Kilmingtton because the Moon is below the horizon at that time. However, the eclipse reaches its greatest magnitude while the entire Moon is above the horizon in Kilmingtton at 06.11 GMT. Since the Moon is near the horizon at this time, go to a high point or find an unobstructed area with free sight to West for the best view.

31 Sunrise 06.51. Sunset 19.45

Peter Ball

Kilmingtton Primary School

New classroom on the horizon at Kilmingtton Primary School

We have fantastic news! The time has come to say farewell to the 'temporary' building that houses our Early Years unit or, as we call it, Pipits class. We have come to the top of the list of building works that Devon County Council will be undertaking over the next year.

This means that the old building, the condition of which has been declining over the years, will be demolished and a new building erected in its place. The plans have been discussed with the school and are ready to be sent in to the planning department. The basic footprint will be the same as the existing building, with a similar wood-clad exterior to the main building extension. It will be a similar height to the existing building with a ramped access between the classroom and the play area.

Internally there will be child-size toilets and hand basins along with adult facilities as well. There will be an open plan learning area with a smaller room that can be used for small group work and interventions or as a calm space

for assessments. This will greatly enhance the provision in our Early Years department. Part of the space will be carpeted and part will be easy clean surface suitable for messier activities.

We are very much looking forward to this new phase to Kilmingtton Primary and are excited to be able to develop the learning environment for our youngest learners.

Obviously there will be a lot to do: moving furniture out; storing resources; setting up new routines for break times and ensuring the least amount of disruption for our neighbours. We are extremely grateful to the team at The Beacon as they have kindly offered to accommodate our little ones for the period between May half term and the summer holidays.

Plans for the new build are displayed in a noticeboard on the outside of the school building in School Lane if anyone would like to take a look.

Mrs Lee White - Head of School

Kimington Parish Council

Library Services Available to All

Devon County Council are decommissioning the ageing mobile library vehicles. Fewer than 3,000 people out of Devon's 815,000 population used the mobile libraries. Nearly three quarters of the stops attracted fewer than five people. Over the last 10 years there had been a 73 per cent reduction in visits and a 68 per cent reduction in book issues. The four library vehicles are close to becoming obsolete and are increasingly off the road for repairs and maintenance. It would cost £637,000 to replace them, £736,000 to hire the vehicles over three years and £799,000 for five years.

The Cabinet member responsible for libraries, Roger Croad, said it was a very sad but inevitable decision, "We still have 50 static libraries which we have worked hard to retain. But we just cannot afford the mobile service anymore."

There is also an emerging network of community libraries across Devon, from small informal bring and borrow

schemes, to thriving and formal independent libraries, with regular stock updates and access to wider services.

Axminster Library offers services such as the Home Library Service which delivers books, including large print and audiobooks, free of charge, to people unable to get to the library because of health, mobility, or caring responsibilities.

There is also a Good Neighbours scheme where friends, neighbours and family can collect books for people who are unable to get to the library. Good Neighbours membership has various benefits ensuring library services are available to all. **And don't forget Kimington's own Paperback Library in the old telephone box on Jubilee Green!**

To receive these services, or become a Home Library volunteer, ask at Axminster library, call 0345 155 1001, or send an email to: home.library@librariesunlimited.org.uk

Kilmingington Village Hall '100+' Cub

Our sincere thanks to all who have renewed their membership of the 100+ Club and to the new members who have joined for 2024. If you missed the January deadline, it is not too late to join – indeed new members are welcome at any time of the year – and application forms are available from me at 8 Whitehayes Close, from Pauline Horwood at Blue Haze (opposite St. Giles' Church) or the New Inn. Alternatively, you can email me at jean-falconer@sky.com. The annual cost of membership for an individual is only £11 and £20 for a couple with members taking part in a monthly draw with the opportunity of getting their money back – or even making a profit!

Completed forms and subscriptions should be dropped off with Pauline, the New Inn or with me.

All funds raised are used to fund essential maintenance to keep the Village Hall in good repair, so our sincere thanks for supporting the Hall Maintenance Fund.

For further details, please contact me either by email or on 01297 33708.

Jean Falconer

The Winners of the Draw held on 5th February 2024

No.		
84	Mrs. C. Bolton	£30
32	Dr. B. J. Lewis	£15
178	Mr. M. Browning	£15
203	Mr. D. Smith	£5
57	Mr. I. Tregaskis	£5
42	Mrs. D. Fudger	£5



Five Alive Oil Syndicate

Order 12 noon tuesday 26th March 2024



As usual I invite requests of either exact amounts, or if ordering a top up, a full tank, then please furnish me with an accurate estimate as to how much you require.

- **A minimum order of 500 litres applies in all cases.**

Colin stewart - 01297 792538
Cogstewartcs@gmail.Com - Cogstewart@aol.Com

Sudoku Challenge

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9.

Difficulty: Hard
Solution on page 24

6	7				9			4
	9		6		1		3	
				5	4	6		
			2	8		3		
2				9				7
		9		1	7			
		4	5	7				
	8		1		3		4	
5			9				7	2

Kilmington Gardening Club - Talk



Vegetable Gardening, including in small spaces – Claire Foster

www.kilmingtongardeningclub.co.uk



Claire Foster, who styles herself “The Lady Horticulturalist”, has been active in horticulture for more than 20 years. She has two allotments, so has plenty of experience with growing vegetables.

She recommended that we test the soil in our veg beds regularly with an inexpensive kit, using bottled, not tap water. Lack of worm activity can indicate too much acidity. Too much leafy growth indicates too much nitrogen, as can weeds such as dandelions and nettles. Add home-made compost if you can, but don't put citrus or rhubarb leaves in the compost bin because they are too acidic. Weeds harbour pests and diseases and deplete nutrients, so keep on top of weeding.

Claire grows everything from scratch and prefers heritage seed varieties. She suggested thinking carefully about how much of anything we want to grow, as seeds are expensive. Peat-free composts have their problems: they dry out quickly and have low nutrient levels, so seedlings can struggle. Level the compost off before sowing, soak the pots and drain them, then sow seed thinly, covering the surface lightly with vermiculite to avoid damping off. Before watering, check the weight of pots and trays, as the surface can appear dry when the compost is wet lower down.

Claire likes *Rainbow Mix* carrots which are sweet and tasty. *Gardeners Delight* tomatoes are deservedly popular. She finds *Golden Glory* and other yellow courgettes tastier than the green ones. To help with irrigation, allow air round them and avoid mildew, growing them on slightly raised mounds with ‘moats’ around them.

For several years Claire made a pit filled with compost where her French and runner beans were to grow, but now finds that feeding them gives equally good results. Sheep's wool works well, as does liquid seaweed. However, it is still worth considering digging a pit and lining it with sheep's wool or shredded paper and vegetable peelings to retain moisture.

Small space gardening: J1 No.2 and J1 No.3 are best for containers. Varieties that lend themselves to container growing include *Crystal Apple* cucumbers, spring onions, carrots, curly kale, shorter varieties of runner beans, *Tumbling Tom* tomatoes in hanging baskets and cut-and-come again salads. Pocket planters use space effectively and look attractive, but don't mount them on a house wall because they will get too hot. Crops in pots, particularly runner beans, can be very thirsty, so may need to be watered twice a day. Some of these plants are attractive enough to be grown in your borders, which helps to protect them from



pests. Broad beans are attractive enough to be used as a cut flower.

In dry weather, water thoroughly and evenly, preferably in the evening. Claire recommended sheep's wool as a mulch to prevent the soil from drying out. ‘Feed Friday’ is a useful way to set up a regular feeding regime.

Pest and disease control: Avoid the use of chemicals. Claire recommends garlic spray, made with hot water and enough garlic to make a ‘stinky’ spray when

steeped and left to ferment overnight, but don't spray it on a windy day or you'll lose your friends! The spray works on aphids and carrot fly and may also work on rabbits. Fine Enviromesh will stop butterflies and other pests accessing your crops. Other useful products are cabbage collars and pheromone traps.

With these tips, let's hope we all have a successful vegetable-growing year.

Beverley Perkins

New President

Kilmington Gardening Club has great pleasure in announcing that Jane Chalk has been appointed the club's new president.

With a career in horticulture and on the club's committee for over 11 years, Jane's knowledge will be invaluable.

You can also read Jane's monthly diary about the vegetables, fruit, and flowers she grows in her own garden in postscript





PLANTS WANTED

If you are dividing up plants over the next few months and have any spare that you no longer need, the Garden Club would be happy to take them.

We are holding our annual plant market and coffee morning on Saturday, the 4th of May and would be grateful for any unwanted flower or vegetable plants.

Contact Lesley on 07900827689



Nature Notes

“It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.”

March: a month of contrasts. Thankfully nature feels the rising temperature and, sensing the longer daylight hours, begins to awaken. We've already seen our first bumble bee fly past one lunchtime in early February. The Queens who have survived the winter now venture out on warm days seeking nectar and pollen from spring flowers to ready themselves for their year of motherhood. Later this month butterflies will also appear on sunny days and seek out leaves on which to lay their eggs, their year will then be done.

Hedgehogs have not gone into a long hibernation as it's been so mild this winter. They are still out and about on warmer dry nights tucking into food to top up their reserves. Frogs and toads are busy spawning, look out for the jelly-like frog spawn that can be seen in local ponds and ditches. At night, when it's cooler and damper, toads will often travel long distances to find suitable ponds, sadly many get killed crossing roads. If it really warms up this month then slowworms, lizards and snakes will stir. And snails will return to chomp through your flowers and veg!

The warming soil has already given us snowdrops and crocuses, and some varieties of daffodil have appeared. Strangely the daffodil has historically been associated with bad luck. The Greeks said they grew on the banks of a river flowing through the Underworld, helping lift the spirits of the dead. Ever since, the 'asphodel', which later became daffodil, have been planted on graves. Tradition says, if you display the flowers indoors, then there should be at least 13 to break the spell!

Small clusters of yellow lesser celandines usually appear almost everywhere throughout the village. A member of the buttercup family, the blooms are sensitive to cold, and light and they close when under dull overcast skies. A sunny midday will see them at their best. In the sixteenth century a physician wrote: 'some plants are intended to treat ailments due to their resemblance to bodily parts or the disease symptoms'. The shape of the lesser celandine tuberous root was the reason it was chosen to treat haemorrhoids. Hence some of you may know it by its alternative common name, Pilewort!

Primroses (*prima rosa* - the first rose) now flower almost throughout the whole year. But the greatest show starts in spring on path and roadside verges making the most of our damp local climate and warm moist soil. They provide a vital early nectar resource for insects. A thriving trade in picked flowers once existed and the paper mills of south Devon used to send primrose posies to their customers as 'A breath of Devon air'. Primroses were used as a remedy for gout and rheumatism and primrose tea is thought to be excellent for nervous disorders. In 2002, the charity Plantlife International launched the County Flower Campaign to highlight wildflower heritage and encourage conservation. Tens of thousands voted and Devon chose the primrose as our Devon County Flower.

Violets also appear on verges and are at their best mid month, fading towards the end. The Violet was one of the first flowering plants to be grown commercially. Their perfume has been a favourite for thousands of years and their medicinal qualities are still being researched today. Around 400BC specialist nurseries in Attica supplied the citizens of Athens. Viola Odorata is also known as the Devon Violet and, in the 1920s, Dawlish was the UK's main supply centre. A special train ran up to London each day carrying flowers to Covent Garden. The business flourished until the Second World War when the land was requisitioned for growing food. Violets went out of fashion, and they sadly never returned. Today, most perfume is of course synthetic.

Our winter visiting birds will start to get more active as insects reappear. They'll then be feasting before they set off on their migration. Around 40% of the world's birds migrate, some 4,000 species. In far northern regions most leave to escape the severe cold but now, as it warms, redwings, fieldfares and many ducks and geese will leave us to return. In the UK, the falling numbers of insects through winter force many of our summer birds south seeking food. However, recent milder weather has seen traditional migrants like the chiffchaff and blackcap remain here. Soon the breeding season will be in full swing, so put up your nesting boxes now. And what a delight it will be, to hear that amazing birdsong once again. Well, perhaps not all: who can have missed those noisy rooks that have started to nest already!

Peter and Jane in the Garden



I have always had a great interest in Magnolias and regard them worthy of the whole March slot this month. My garden has 3 mature trees [M. x soulangiana types and M. grandiflora 'Exmouth'] and 2 large shrubby types [M. 'Jane' and M. 'Black Tulip'] and it is in the second half of March that they all fill the garden with blooms.

Magnolias are one of the most ancient of flowering plants, dating back more than 100 million years, originating from Asia. The first European introduction came from north America in 1688 and early botanists viewed Magnolias as the most primitive of all woody plants, from which all other dicotyledons have evolved. They also bear the largest individual flowers of any outdoor tree or shrub and whilst they can grow in most soils, prefer neutral - acid. Their roots tend to be near the surface, so dislike disturbance once established.

In the 1950s, a US arboretum developed a group of hybrid Magnolias, one of which I have because of its name, Magnolia 'Jane'! It is a cross between M. quinquefolia and M. stellata 'Waterlily' and has long, slender, purple flowers with the most beautiful scent. Magnolia 'Black Tulip' is another I planted 10 years ago, which has one of the darkest purple flowers, up to 6" across. The buds are so dark they are almost black, hence the name.

Even if you don't have a Magnolia in your garden, there are several mature specimens around the village. Next time you see one, take a closer look at their large, primitive and truly beautiful flowers.

Hooray! We've had some dryish weather! Enough to give me the opportunity to get some FYM [farmyard manure] and spread it on my patch.

I run a three year rotation on my kitchen garden, not really enough but given the size of the plot and what I want to do, it has to do. I put FYM on one of those areas each year, which is where I grow the winter brassicas, so the entire plot gets muck every three years, if I can get it.

With that dryish weather, I dug in the FYM and the remaining two plots have had a layer of compost. It's all had a pass of the rotavator, so now I have to be patient. The compost consists of kitchen green waste, leaf mould and waste bedding from the chicken coup, so it is good stuff.

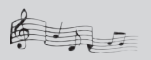
A recent trip to Groves Garden Centre in Bridport saw all my seeds and onion sets purchased, together with some Pink Fir Apple potato tubers [a request from Jane] which are now in a tray, chitting [sprouting]. These will then have sprouted enough to be planted in April.

All is now ready to go!

Jane Chalk and Peter Guy



Axminster and District Choral Society



The Society's programme for spring and summer 2024 promises three evenings of enjoyable and entertaining music.

March 23rd brings 'Joy and Peace', a programme of works by Handel. It features his 'Ode for St. Cecilia's Day', a joyful glorification of the power of music, with melodies and harmonies that evoke its role in the creation of the universe. Also included is the 'Ode on the Birthday of Queen Anne', which celebrates the Peace of Utrecht which ended the War of the Spanish Succession. The Ode credits the Queen with bringing "lasting peace on Earth". This wonderful cantata is a present that any self-respecting Royal would be delighted to receive, and Anne was pleased enough to grant Handel a pension for life.

The choir will be joined by professional soloists and orchestra, and will be conducted by Judy Martin.

On April 13th 'The trumpet shall sound' in a fascinating and lively programme tracing the history of the trumpet through performances of well known music. The concert will be given by Alistair Mackie, former Principal Trumpeter of the Philharmonia Orchestra, accompanied by the choir's President Andrew Millington. You can expect a very entertaining evening.

On June 15th the choir's summer concert will consist of favourite anthems and shorter choral pieces, chosen by the members for the sheer pleasure of singing – and pleasure for the audience too we hope.

All three concerts will be held in the Minster Church, Axminster, starting at 7:30 pm. Tickets will be available on line at www.axminsterchoral.co.uk, from Archway Bookshop, Trinity Square, Axminster, from members of the choir or on the door.

For further information, contact:

Elizabeth Twining

ejtwining@gmail.com

01404 43805

Registered charity no. 900458

Dates for your diary

March 23rd 2024. Axminster Choral Society presents 'Joy and Peace', a programme of works by Handel in the Minster church, Axminster.

April 13th 2024. 'The trumpet shall sound' in a lively concert of trumpet music in support of Axminster Choral Society. For details and tickets visit www.axminsterchoral.co.uk.

June 15th 2024. Axminster Choral Society summer concert. For details and tickets visit www.axminsterchoral.co.uk.



Headlines: Devon Annual Conference – Diary Changes – Spring Coffee Morning

Welcome once again to our monthly round up. On Saturday 27th January over 90 delegates and visitors attended the Devon RBL Annual Conference in the Guildhall, Axminster. The Mayor of Axminster Councillor Jill Farrow, welcomed everyone and expressed her gratitude to the RBL for everything they bring and do in the community. The Devon County Chairman, Yasmin Gibbins presided over the meeting, during which the County President, Rear Admiral (Retired) Chris Snow CBE, DL, provided an update on the overall importance of the RBL and the work it does supporting veterans and their families. He continued by highlighting, that with so much instability in the world and the increasing involvement of British Security Forces, the work was more important than ever. After hearing reports from various members of the County Committee, and an update from the Executive Director of Marketing, Fundraising and Remembrance, the conference broke for lunch. In the afternoon, Mrs Maria Johnson, wife of the late Anthony Leonard Johnson, a Leading Radio Operator seconded to the RAF on Christmas Island during the testing of the UK's atomic bombs, was presented with the Nuclear Test Medal by the County President. Unfortunately, Tony passed away in June 2022 before the issue of the medal was announced. The remainder of the afternoon session highlighted the work of individuals and branches, to whom a number of cups and certificates of appreciation were presented. The guest speaker, Mr Jeremy Hibbard, CEO of Veterans Outdoors, completed proceedings, by providing an overview of the work they do in supporting veterans, particularly those suffering with PTSD.



Diary changes

This is where I have to put my hand up and admit that I got the dates wrong in the last edition of Postscript. Just to clarify, our Spring Coffee morning will now take place on Saturday 6th April. Traditionally the event has been before Easter, however, it was felt that with Easter being early it would be more beneficial to wait until after! Please join us for refreshments and an opportunity to buy lots of goodies including cakes, plants, and much more. Look out for the posters!



Our last event, the First Friday Get-together on the 2nd February, proved very popular and it was great to see so many getting together for a beverage or two and general chinwag. Our next first Friday Get-together will be at the New Inn on Friday 1st March and we look forward to seeing you all there. Finally, we are seeking more members to join us, so if you are interested, please contact Peter Squire, who will help you through the joining process.

Here are the updated 2024 provisional dates for your diaries:

- Spring Coffee Morning - Sat 06 April
- 80th Anniversary of D Day - Thu 6th June
- RBL family BBQ - Fri 16th Aug
- AGM - Fri 4th Oct
- Remembrance Sunday - Sun 10th Nov
- Armistice Day - Mon 11th Nov
- Christmas Coffee Morning - Sat 14th Dec

**In the meantime, we look forward to seeing you all and thank you again for supporting the Royal British Legion.
Please take great care and stay safe.**

*Cdr Staff Seward OBE RN Rtd
Chairman RBL Kilminster Branch
07799612557 – e-mail t60sas@hotmail.co.uk*

The recipes this month are a nod to events at the beginning and the end of the month. The pasta bake includes leeks for St David's Day on the 1st and the biscuits are a sweet treat for Easter weekend starting on the 29th.

Chicken, Leek and Bacon Pasta Bake

Serves 4, generously

- 2 chicken breasts, diced or 500g/20oz cooked chicken
- 6 rashers of smoked bacon, chopped
- 2-3 tbsp olive oil
- 2 large leeks, sliced
- 300g/12oz cooked pasta such as Penne (approx. 150g dry pasta)
- 75g/3oz unsalted butter
- 75g/3oz plain flour
- 500ml/20 fl oz chicken stock
- 350ml/14 fl oz milk
- 150g/6oz cheddar cheese, grated
- 2 tbsp parmesan
- ½ tsp mustard
- Salt and pepper



Method

1. If using raw chicken breasts, heat 2 tbsp oil in a frying pan, and fry until fully cooked. Remove from the pan and put to one side. Add the remaining oil to the pan and fry the leeks for approx. 10 mins until soft but not coloured, remove from the pan and set aside. Finally cook the bacon for 4-5 mins until fully cooked
2. Next make the sauce. Melt the butter in a saucepan and then add the flour, cook for a couple of minutes, then slowly add the milk and stock, stirring continuously until a smooth sauce results. Add 100g/4oz of the cheese and the mustard. Season with salt and pepper.
3. Combine the sauce with the cooked pasta, cooked chicken, cooked bacon and leeks and spoon into a large ovenproof baking dish.
4. Sprinkle the top with the remaining cheddar and the parmesan. Bake for approx. 30-40 mins at 180C fan until bubbling and piping hot. Serve with vegetables or a mixed salad.

Lemon and Poppy Seed 'Egg' biscuits

Makes approx. 20 double biscuits

- 125g/5oz caster sugar
- 100g/4oz ground almonds
- 300g/12oz plain flour
- 200g/8oz unsalted butter, cut into small cubes
- Grated zest of 2 large or 3 medium lemons
- 1 egg plus 1 egg yolk
- 2 tbsp poppy seeds
- 10 tbsp lemon curd
- Icing sugar

Method

1. Put the sugar and ground almonds into a food processor and whizz. Add the flour, butter and lemon zest and pulse until the mixture resembles fine breadcrumbs. With the motor running, add the egg, egg yolk and poppy seeds until the mixture comes together as a ball of dough. Chill in the fridge for at least an hour.
2. The dough can be a little sticky, so it is best to place a piece of baking parchment on it when rolling it out. Using a 6-7cm oval cutter, (I made my own out of cardboard) cut out as many ovals as possible before rerolling and repeating until all the dough is used up.
3. Using an apple corer or similar, cut a hole near to one end in half of the biscuits. Space well apart on greased or lined baking trays and bake at 160C fan for 12-15 mins until pale golden brown. Cool on a wire tray.
4. When the biscuits are completely cold, they can be sandwiched together. First, dust the biscuits which have the holes in, liberally with sieved icing sugar. Then spread a little of the lemon curd on the remaining biscuits and sandwich together a whole biscuit and a biscuit with a hole. The resulting biscuits should look like fried eggs with the lemon curd showing through the hole!
5. If you don't like lemon curd, the mixture can be used to make just round biscuits and served plain.
6. The cooked biscuits will keep in a tin for 3 or 4 days or the uncooked dough can be frozen for up to 6 months.





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New Telephone Number: 01297 816559

Email: info@axminsterandlymecancersupport.co.uk

New Mailing Address: Axminster and Lyme Cancer Support, Cross Keys House, Chard Road, Axminster, EX13 5EB

Newsletter no. 65

To all their readers ALCS make the following offer, 'ALCS premises is open each Monday 10a.m. – 4 p.m. and by appointment Tuesday - Friday. If you would like to register or chat through referral options and the support ALCS can offer, we can arrange to meet either face to face at Cross Keys House or via telephone call.' In addition to the help which until recently has been available mainly to older people, they now also have a younger person support group providing advice, help, tips, support, assistance and guidance to anyone between 18 - 45.

Some of the activities they offer are based in Lyme Regis, like the CHILL Open Water Swim coaching on the seafront and the workshops for ropemaking and wooden stools which take place in the Boatbuilding Academy. Macmillan Cancer

Support have now stepped in to fund not only CHILL this year but also the men's Pie and Pint and the Blokes' Brunch, which hosts visiting speakers, some of whom are doctors at the Axminster Medical Practice. Many of the activities mentioned in this newsletter are held at Cross Keys House, such as Yoga classes in March, April and May, most of their regular drop-in sessions and some craft workshops. The fundraising pop-up charity shop on Saturday 2 March will also take place there.

To find out more about ALCS please visit their website. If you would like to receive the full newsletter, with its more detailed information, or have any queries for them please use one of the addresses or the phone number above to contact them.

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Are You Egg-Stremely Egg-Cited About Easter?

New Year resolutions have been made and broken, Valentine's Day has come and gone and now we are about to be bombarded with Easter consumables, a large amount of which are encased in single-use plastic!

It is estimated that the UK will spend a mind-boggling £800 million at Easter; £381 million on eggs (ouch that's a lotta, lotta calories!) – 62% packaging and 38% egg – with children in the UK receiving on average 9 eggs each this Easter! It's great news that many brands have been listening to consumers and switching over the last couple of years to more sustainable packaging, and it is to be hoped that this trend will continue because 8,000 tonnes of packaging waste is what we accumulate at this season. Even if much of it is recyclable, that's a mammoth waste of resources for such a short period of time. It's like Christmas waste all over again.... and as for those plastic chicks.....!

What about the 20 million hot-cross buns we indulge in at this time of year; delicious but they are sold in single-use

plastic. Maybe home-made treats would be just as tasty, like chocolate Easter nests.

How can we help reduce the waste without compromising our enjoyment of the season? Let's choose the chocolate eggs carefully, avoiding those with plastic trays and 'windows'. Look out for alternatives that don't have individual plastic packets or plastic wrappers inside the main egg; it's difficult to tell sometimes. It seems also that 73% of the UK's top-selling Easter eggs contain palm oil; you may want to give them a miss. Have a try at making your own – there's help out there with how-to videos on the Internet. Not a fan of the idea....? Perhaps instead go for a pared down combination of a donation to a charity of your choice plus a much smaller egg, sold singly and wrapped in foil.

For more tips and information,
see <https://plasticfreeaxminster.org>
or follow us on **Instagram** or **Facebook**.

Kilmington Pantomime 2024 - Beauty and the Beast



Kilmington Players

Beauty and the Beast

At the end of the performance the townsfolk of Eau de Toilette danced around, singing 'Walking on Sunshine'. The problems which had concerned them had been resolved. Their handsome, eligible but arrogant prince George was a reformed character, now released from the curse imposed by the spiteful Witch Greenfly, just in time, before the magic rose dropped its last petal. George had originally insulted Greenfly by rejecting her advances and she had retaliated by transforming him into an ugly, hairy, horned beast, trapped in his massive castle, with servants who had been transformed at the same time into objects like the clock, and the candlestick. He had earlier dismissed any thought of marrying the heroine, Belle, beloved by everybody else, because she was the daughter of humble Cheesemaker Jaques Fromage and seemed too lowly for him, but she was beautiful in character as well as appearance, and had shown sympathy and affection for the beast as he was dying from a stab wound inflicted by Danton, another of Belle's admirers, who saw him as a rival. She agreed to marry the Beast (George) and the witch lifted the spell. In fact by the end everybody succeeded in finding a spouse, however inappropriate, which had been their underlying preoccupation all along.

The lesson in life skills - how not to be vain and selfish - was packed into an entertaining mixture of slapstick, puns, pranks, awful jokes and general malarky which engaged both adults and children in the audience, though sometimes for different reasons. Cast and supportive audience often knew each other, were in many instances related to one another and were happy to boo, clap, laugh and join in as requested. In this they were encouraged throughout by the amazing and indefatigable Pepe who bounced around the stage organising everybody despite suffering his own unrequited love for Belle. He even got the audience to respond to his 'Bonjour' salutation with 'Bonjour mon ami' to reinforce the French ambience, as we were all supposed to be in France, though at one point he referred to us as 'a bunch of British tourists on a booze cruise'. The French characters spoke mostly in the dodgy French accents we were warned about in the programme, like something out of 'Allo, allo'. The costume department had produced stereotypical outfits - lots of red, white and blue, berets, red neckties, horizontal stripes - and Pepe wore a necklace of onions- or possibly garlic. The witch was a formidable vision in shiny green satin. A child in front of me liked her the best, but the others when asked mostly voted for Pepe or Belle. Mrs Bidet, Dame extraordinaire, was outrageously dressed with hooped skirts and a high orange wig and eventually settled for Pepe as a partner, though this liaison was influenced by the witch's magic wand.

Memorable moments include the business done by the traders offering flags in readiness for Bastille Day, (the

French tricolore of course but at a starting price of £1 each) and using every ruse they can think of to undercut and outsell each other. Another is the arrest in the castle of the unfortunate Mr Fromage. Guards were summoned, and swiftly appeared, the two smallest boys in the entire cast, who took up a position one each side of him and grabbed him at about knee height.

On Saturday night, while the cast were still on stage, they made speeches and presentations to the many helpers who had made it all possible. Quite right and well deserved! And many thanks to the Kilmington Players too.

Janfryd





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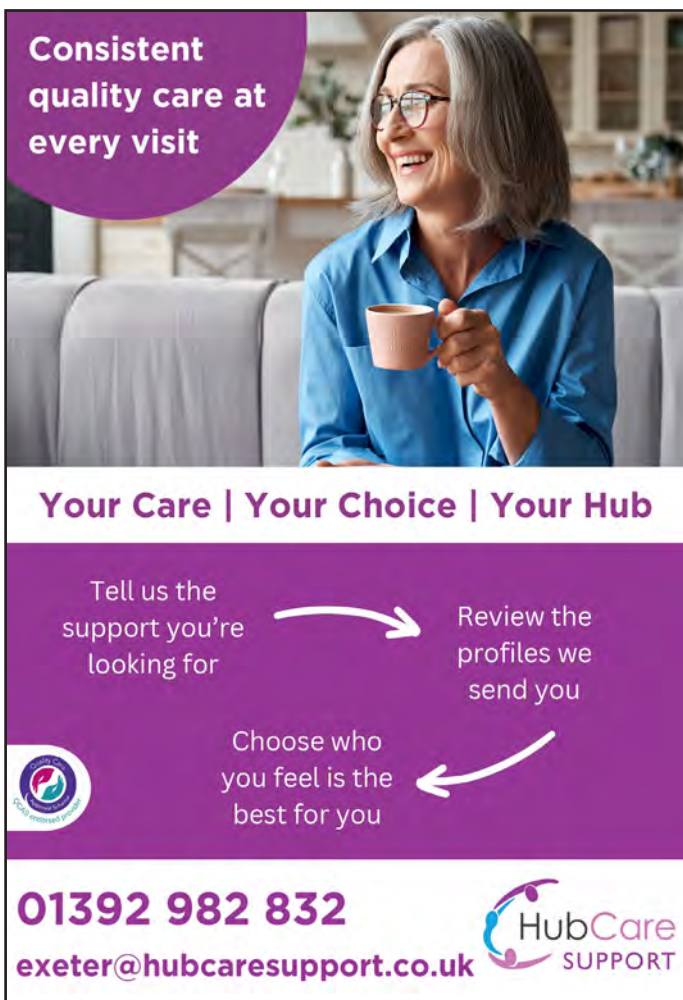
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Messy Sparklers



We were blessed yet again with the weather this month. The grass was rather wet under foot, but being able to get outside and have space to run is so important. It also helps, when you can put the rice (pink for our theme of God's love) sensory box outside and not worry about the mess.

Our theme this month was Love, based on the story that Jesus told of the Lost Sheep. The shepherd left his 99 sheep to go and look for the one that was lost, rescue it and bring it home. God is looking for His lost 'sheep' to bring each one home.

The only activity outside, other than ride on toys and space to run, was the sensory box containing various pink and red items in the rice. Inside, we had black (caramel scented) and white play dough for making sheep, hidden wax hearts to reveal with a wash of watery paint and paper plate and cotton wool sheep. The children could also play with baby/toddler toys,

a happyland set, read sensory books, do animal jigsaw puzzles or colouring sheets.

We have a range of first experience and parenting books available for loan. Next time you are in the Beacon, check out our lending library rack.

Our next session is on **Tuesday 5th March**. We start at 10.30am and finish at 12.30pm, we ask for a donation of £2 for the first child plus £1 for each additional child which includes lunch for both the child and their adult. Booking is essential, if you aren't on our mailing list, please contact children.youth@baptistchurchkilmington.org to receive a booking email.

Remember to dress for mess!

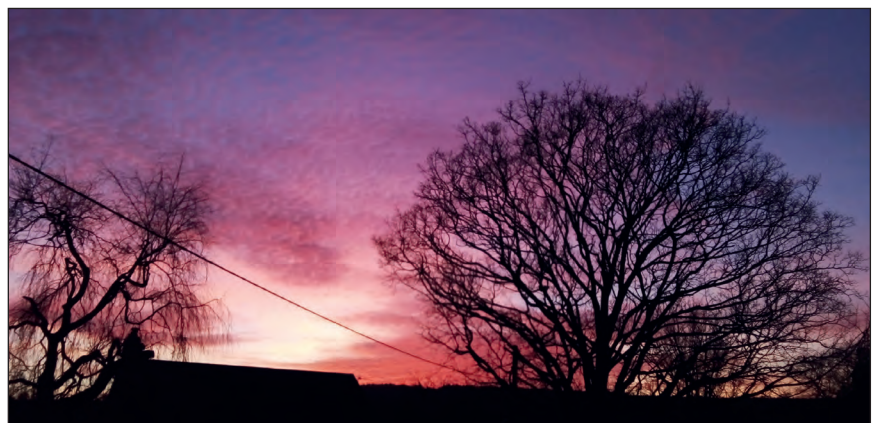
Juletta Obudo



Seasonal Photos of Kilmington



'Winter time at Mustons'



'Sunset on the Green'



Which Marks are Witch Marks?

Dead Cats, Stars and Circles – A World of Protection in Kilmington

Today, we might think ourselves above the realms of the supernatural, superstition and irrational beliefs – but how many of us really are?

Some of us believe in a supreme being, ghosts, an afterlife, astrology, fortune telling or good luck charms. Some of us refuse to walk under a ladder and some touch wood, cross our fingers or throw salt over our shoulders for ‘luck’. There are many examples of irrational beliefs, and many would argue that they are not irrational at all, but rather just unprovable or misunderstood facets of the complicated world which we inhabit. Many choose to sit on the fence and many ‘hedge their bets’ and partake in such customs, just in case. We, ourselves, are irrational.

And so – who might blame our seventeenth century predecessors, without the benefit of modern science, discovery or good education, for the desire to protect themselves against unwanted evil spirits, demons or witches, which were to them quite real? After all, learned and religious men of the age had been charged with hunting down and persecuting ‘witches’ for years. Witchcraft was even made a capital offence under English law in 1563 and many ‘witches’ were hanged at Exeter, the last famously in 1682. To the rational and God-fearing man or woman of the day, witches were certainly real. What else could they blame illness and failed crops on?

Whilst I know of no evidence of ‘witchcraft’ in Kilmington, we can be sure that people here believed in it. We know of a farmhouse in the parish where previous occupants certainly believed in the presence of harmful spirits or witches, and quite probably there were other households too. Those occupants expressed their fears by carving what people often generically incorrectly call ‘witch marks’, more correctly known as ‘apotropaic’ or ‘ritual protection’ symbols, onto wooden beams and panels in the house. They are extensive and obvious; the fear must have been real.

The *Kilmington History Group* has been in contact with the *Devon Historic Graffiti Survey* organisation to help cast light on the meaning of some of the symbols.

Pentangles and Pentagrams

The photograph to the right is a five-pointed star and is just one of many symbols carved deep into woodwork on panelling adjacent to the main door of the house. Symbols such as these were intended to prevent evil spirits from entering and harming the occupants. Protection marks were often placed at or near to doorways, mirrors, windows and fireplaces or anywhere else that spirits might gain entrance:

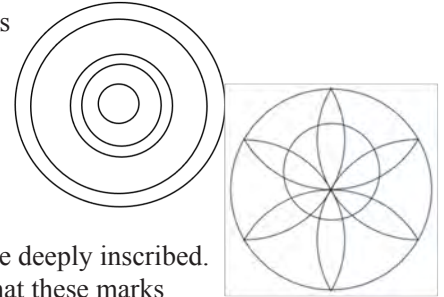


the threshold to another place.

Concentric Circles and Hexafoils

There are also numerous carvings of concentric circles and hexafoils (also known as daisy wheels) in the house, in areas near the door and above the fireplace.

Some are faint and some deeply inscribed. Some have suggested that these marks may have been intended to bring light into the darkness where spirits may hide, or even trap them. The meanings are still obscure but likely intended to be protective in some way.



Other Symbols

Criss-crosses were also inscribed, possibly intended to catch or trap spirits in much the same way as the symbols above.

Numerous other historic symbols are also present, perhaps also intended for protection or other purposes.

The symbol to the right (two entwined inverted ‘V’s) may have been intended to be what is known as a ‘Marion mark’ relating to the Virgin Mary, with Christian connotations. Other inscriptions may be just carpenter’s marks – experts cannot be entirely sure.



Taper or Burn Marks

Tear shaped burn marks such as those below were very common and created by holding a candle or lit taper against the wood, often a hearth beam, and continually scraping or chipping away the charred fragments before repeating the process until the burn marks were sufficiently deep; a process which would have taken quite some time and was certainly not accidental. Scholars believe that it was intended that the marks would protect the household from the intervention of evil spirits or witches which might attempt to burn the house or gain entry through the chimney. Burn marks are also often found in roof spaces, as they are also here.





Merchant Marks

Also carved into panelling at the entrance door is another unusual mark, but this time it is less about superstition and more about identifying and authenticating ownership. It is believed that the image to the right may have been the symbol of an earlier occupant of the house, who could quite reasonably have been a local wool merchant of the 17th century. Symbols using what resembles the numeral '4' were particularly common, the meaning of which seems to be lost to history but may have had Christian connotations.



A Dead Cat

Early occupants of the farmhouse did more than carve protection marks into the fabric of the building, they also bricked up a dead cat into the walls which was discovered, mummified, by the surprised occupants only relatively recently. We must conveniently assume for our own comfort that the cat was dead before it was entombed, although many were apparently not! Cats were seemingly concealed in houses for similar reasons – to ward off evil spirits. Other common concealed artifacts were shoes (usually children's) – possibly intended to trap or divert spirits.

The study of ritual protection marks is still a developing and niche area of research, with many uncertainties and variables. In many cases, people just don't know the *who*, *when* and the *why*, but the marks are certainly intriguing, nonetheless.

I would like to thank both the owners of the farmhouse for allowing the symbols to be inspected and the *Devon Historic Graffiti Survey* for guidance on their possible meanings. More information can be found at their website: <https://devonhistoricgraffiti.org.uk>. If any readers know of any other unusual historic marks or symbols in the village which could be 'apotropaic', then the KHG would be delighted to hear from you!

Alan Clarkson

A Poor Life in Kilmington - "The Paupers"

A Poor Life in Kilmington – Repeat of Part One "The Paupers"

Following requests to repeat this talk, originally held in November, we will again present Part one of A Poor Life in Kilmington: The Paupers, on 19th April at 7:00pm in the village hall. So, you have another opportunity to hear the true, harrowing stories of what it was really like to be poor in Kilmington during the 1800s,

We have some fascinating images to show and have researched the local archives for first-hand personal accounts. Abject misery and the possibility of life and death in the workhouse were not the only looming spectres.

Tickets are priced at just £4 and a bar and handkerchiefs will be made available. Please reserve tickets to avoid disappointment. All money raised will go towards the preservation of our historical documents and for digitising/managing the archive.

The follow-up story is entitled Part Two: The Passengers and is an exploration of the stories of Kilmington people who emigrated to improve their lots in life. The date will be advertised later in the year.

Kilmington History Group

A Poor Life in Kilmington "The Paupers"



Friday 19th April at 7pm

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Letter from the Churches



Pastor: Mike Hudson
KBC Church Office
Kilminster
01297 631638 or 07957 738211
pastor@baptistchurchkilminster.org

Out with the Old, In with the New... or is it?

Having worked as a supply teacher for the last 9 years, I am entering a new, yet not uncharted phase. But who am I & why am I writing the *Letter from the Churches*? Some families will know me as Mrs O from school, some from articles about Messy Sparklers and others will know me as the Quick's daughter (as my dad has lived in this parish his whole life). I went to Kilminster Primary and Axminster Secondary school. I moved away for about 8 years living in East Africa & Surrey, but returned with my family in 2009. I became a Christian at 16 & have been volunteering with children & youth work ever since.

We all know how important families are to a community. It is the same in the Church, and we want each one to feel included. Last year with that in mind, The Baptist Church Kilminster were advertising for a Children, Youth & Families (CYF) Leader to develop and extend their existing CYF ministry and the Five Alive Mission Community were advertising for a Families Outreach worker to assist Rev Julie in maintaining links with families and to support her existing 'families' team. I am thankful to have been appointed for both roles; my time being split 2/3 with the Baptist Church and 1/3 with the Five Alive churches.



Many people will be wondering how this will work – one person working for two different church traditions. As Christians, we believe that our faith in Jesus unites us. We may express that faith in different ways, but we know that we have fallen short of God's standards & it's only by believing that there is forgiveness of our sins through the sacrifice that Jesus made on the cross that we are able to have a relationship with God. 2000 years ago, the apostle Paul wrote to a church in Galatia and another in Corinth about divisions. He wrote that '...you are all one in Christ Jesus' and 'The human body has many parts, but the many parts make up one whole body. So, it is with the body of Christ.'

Our village churches have worked together over the years. Annually, we hold at least two joint services; coming up soon is Palm Sunday (including groups for babies to teenagers) and in November Remembrance Sunday. We have also collaborated on the annual Easter Trail for families. Our churches have a lot going on for children, youth & families. Between us, there are 4 groups for under 5s and their parents/carers. The Open the Book team regularly visit the primary school and they use both churches for assemblies, plus we have the annual primary aged Summer Holiday Club in August. There is a monthly Youth Group at the Baptist Church and we have just started a fortnightly Youth Bible Study home group. For the adults there are various activities including Men's and Women's breakfasts and various parenting courses. I am so excited to see how God is going to use these two roles to bring us and the community closer together. Our village churches are very much alive. Journey with us, as we see what God has in store for all of us.

Juletta Obudo

*Children, Youth & Families Leader
(Baptist Church Kilminster)
Families Outreach Worker
(Five Alive Mission Community)*

Can you complete the...

Easter Trail?

Follow the **trail**, solve **puzzles**, and rediscover the amazing story behind the first Easter. It's completely free of charge and everyone who completes the trail will earn themselves an Easter egg! There will also be tea, coffee and cakes for adults at the end of the trail!



When: Saturday 30th March (10am - 12noon)

Where: Trail starts and ends at the Baptist Church Kilminster

Email: children.youth@baptistchurchkilminster.org to book a time slot or for more details.



Baptist Church Kilminster

www.baptistchurchkilminster.org

From St Giles' Church

Holy Baptism of Oliver Smith at St Giles' on Sunday, 28th January

We were delighted to welcome little Oliver Smith to St Giles' on Sunday, 28th January, at 2.00pm, for his Baptism. Oliver's mum, Alice, grew up in Kilmington and his grandmother, Sue Wilson, lives on 'The Hill'. Oliver and his mum were not new to St Giles' as they have been part of our baby group and plan to return to the same group. Eighty in total were at the Service, we all enjoyed singing 'All things Bright and Beautiful' and 'Shine Jesus Shine'. Our prayers are with Oliver and his family as he starts his journey with our Lord and Saviour.

Shoebox Appeal

Thank-you to all who helped / contributed to the Shoebox Appeal which took place towards the end of last year. This appeal was organised by Samaritan's Purse. We have since discovered that the Shoeboxes which we sent were delivered to children in Central Asia. Thank-you to Celia Dunsford for her investigative work.

Country Dancing at Kilmington Village Hall

We are a friendly group who meet every Monday 2-4pm September-December, January-April in the Kilmington Village Hall. Country Dancing is a bit like barn-dancing. There is a 'caller' who calls out the steps to you as you dance.

No experience necessary, just a love for dance! For more information, please contact either myself Gill Perkins 0129732888 or Marie Thorne 01297631194.

Lent Lunches continue in Kilmington, every Wednesday in March, at the Cricket Pavilion

Lent Lunches will continue every Wednesday in March. Soup will be served from noon onwards at the Kilmington Cricket Pavilion. Donations will be welcome.

All proceeds will go to charity. We would be delighted to see you. If anyone cannot make it but would like their Soup to be delivered to them, then please let us know so that this can be arranged. Enjoy your Soup, Roll, Cheese, and Good Company.

Christopher Thorne



The story of the little man Zacchaeus who climbed a tree for a better view of Jesus in the crowd was re-enacted in St Giles' at the Celebrate service on Saturday 10th February.

Easter Lilies

St Giles Church will again be decorated with Lilies for the Easter Period, also the "Memory Scroll" will be displayed with names of our loved ones. If you would like to add a name to the list and/or donate to the cost of the lilies, please contact Jenny Nickolls or Angie Clark on 01297 639758 or 01297 35817.



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Introducing Ribbons of Remembrance

This spring, Hospiscare warmly invites you to take part in a new celebration of our loved ones, Ribbons of Remembrance.

Celebrating someone special

Ribbons of Remembrance is a time to celebrate those special people who brought colour to your life, by dedicating a remembrance ribbon to your loved one. Each ribbon will hold your own personal message or dedication to your special person and will be displayed among the trees in Broadwalk House gardens in central Exeter which you will be able to visit from the 22 to 29 March. Together, our memorial ribbons will create a colourful and moving tribute to those we will never forget.

If you are unable to visit our display but would still like to join us in remembering loved ones, you can make an online dedication by visiting www.hospiscare.co.uk/ribbons.

Coming together to remember

Coming together to remember as part of the Ribbons of Remembrance celebration, we will hold a short, outdoor event as a moment of reflection at Broadwalk House gardens in Exeter's Princesshay on Saturday 23 March 2024. Join us from 10.30am to view our lovely ribbons together and share some uplifting words and live music in honour of our loved ones.

Our memorial ribbons will remain on display and available for viewing in the Broadwalk House gardens from the 22 to 28 March 2024, before transferring to the garden of our Exeter hospice, Searle House, in April.

Thank you for your ongoing support.

Eleni Greenwood - 01392 573323

Sudoku Solution

6	7	1	8	3	9	5	2	4
4	9	5	6	2	1	7	3	8
8	2	3	7	5	4	6	9	1
1	4	7	2	8	6	3	5	9
2	6	8	3	9	5	4	1	7
3	5	9	4	1	7	2	8	6
9	1	4	5	7	2	8	6	3
7	8	2	1	6	3	9	4	5
5	3	6	9	4	8	1	7	2

Axminster Hospital League of Friends

The Trustees and volunteers of Axminster Hospital League of Friends are working hard to raise funds to begin a Home Hospice Service for the residents of Axminster and the surrounding area. We are organising some events during 2024 and we would love your support.

Dates for your diary

Thursday 11th April - Bacon butties - Church Rooms, Axminster

Tuesday 21st May - Annual Open Meeting - Speaker tbc - Axminster Hospital -the next 10 years

Saturday 8th June - Exeter Male Voice Choir - The Minster, Axminster

Saturday 6th July - Cream tea - Jackleigh Farm, Wyke

Thursday 10th October - Bacon butties - Church Rooms, Axminster

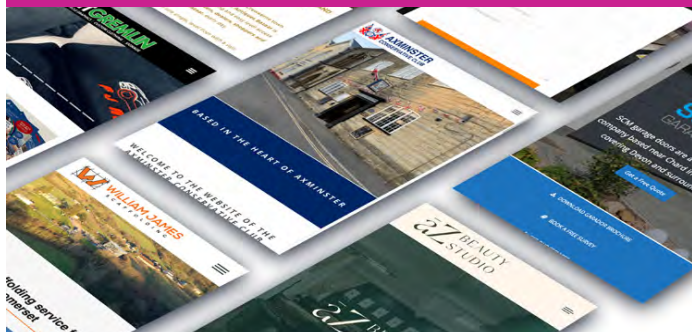
Friday 22nd November - Saxminster - The Minster, Axminster

For more information contact Helen Arnold admin@axmlf.com or 07951 679993





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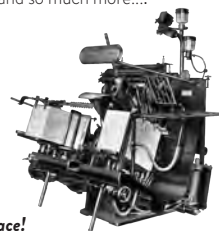
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Dates for March 2024

Events That Happen The Same Time Every Week

Sunday	10.30 am	The Beacon	Service
Monday	Early	Your House	Recycling and Food waste Collections
	2.00 – 4.00pm	Village Hall	Country Dancing
Tuesday	10.00am - noon	The Beacon	Post Office and Community Café with free refreshments
	10.00am - noon	Village Hall	Table Tennis
Wednesday	7.15 am	The Beacon	Early morning prayer (Term time only)
	9.30 am	The Beacon	Tummies, Toddlers and Tinies (Term time only)
	10.00am - noon	St Giles' Church	Mums and Babies Support Group
	2.00 – 4.00pm	Village Hall	Short mat bowls
	2pm	The Beacon	The Beacon Home Group
Thursday	10.00am	The Beacon	Just for you ladies Bible Study and prayer (term time only)
	7.00 pm	The Beacon	Alpha Course
	7.00 – 9pm	Village Hall	Table Tennis
Friday	10.00 am - noon	St Giles' Church	Coffee and a warm welcome

Calendar Events

Fri 01 Mar	6pm	The New Inn	RBL Get-Together
	7pm	The Beacon	Spree Quiz Night
Sun 03 Mar	10.30am	The Beacon	Worship Service with Communion
	10.30 am	St.Giles' Church	Mission Community Holy Communion
	7.30 pm	The Beacon	Encounter: Prayer and Worship Service
Mon 04 Mar	Early	Your House	Recycling and food Waste
Tues 05 Mar	10.30 am	The Beacon	Messy Sparklers
Wed 06 Mar	9.30 am	The Beacon	Men's Home Group (for prayer + Bible Study)
	12 noon	The Pavilion	Lent Lunch
Fri 08 Mar	7.30	Village Hall	KGC Talk. Jenny Short - Perfect Partners
Sat 09 Mar	9am – noon	Village Hall	Big Breakfast
Sun 10 Mar	11 am	St Giles' Church	Morning Worship
Mon 11 Mar	Early	Your House	Recycling +Food Waste,
	7pm	Pavilion	Parish Council Meeting
Tues 12 Mar	Early	Your House	Garden Waste Collection
	9.30 am	St Giles' Church	Said Communion
	10.00 am	The Beacon	Create Craft Group
Wed 13 Mar	12 noon	The Pavilion	Lent Lunch
Sat 16 Mar	8.00 am	The Beacon	Men's Breakfast
Sun 17 Mar	9.30 am	St Giles' Church	Holy Communion
Mon 18 Mar	Early	Your House	Recycling, Food Waste, Landfill
Tues 19 Mar	12.30 pm	The Beacon	Community Contact Lunch
Wed 20 Mar	12 noon	The Pavilion	Lent lunch
Sun 24 Mar Palm Sunday	9.45 am 10.30 am	Shute Rd/The Hill Beacon Baptist Church	Walk around the village ending at the Beacon for Joint Palm Sunday Service
Mon 25 Mar	Early	Your House	Recycling and Food Waste
Tues 26 Mar	Early	Your House	Garden Waste Collection
	9.30 am	St Giles' Church	Said Communion
Wed 27 Mar	12 noon	The Pavilion	Lent Lunch
Thur 28 Mar	7pm	St Giles' Church	Mission Community Last Supper
Fri 29 Mar Good Friday	10am – 12 noon	St Giles' Church	Coffee Shop with Hot Cross Buns
	10 am	The Beacon	Reflective Communion Service
Mon 25 Sat 30 Mar	12.30 pm – 1pm	The Beacon	Easter Week Prayer – open to all
Sat 30 Mar	10am – 12 noon approx.	The Beacon	Easter Trail
Sun 31 Mar Easter Day	9.30 am	St Giles' Church,	Holy Communion
	10.30 am	The Beacon	Easter Celebration Service

Useful Telephone Numbers

Village Contacts

Bell-ringing – Celia Dunsford	01297 33563	Kilminster Gardening Club Bev Perkins, Secretary	01297 631801	RBL – Jean Falconer – Sec Stafford Seward – Chairman	01297 33708 01297 33909
Bridge Club – Eric Samways Gill Bullock	01297 24260 01297 647768	Kilminster Community Cinema John Watts	01297 639758	Short Mat Bowls - Edith Turner	01297 34090
Country Dancing – Gill Perkins Marie Thorne	01297 32888 01297 631194	Kilminster Service Station	01297 300459	Table Tennis - Jenny Nickolls	01297 639758
Cricket – David Lavender	01297 631868	Kilminster Primary School (incl. Kilminster Pre-School)	01297 32762	Telephone Box Library Karen Hodder	01297 35162
Footpath co-ordinator, Tom Cook <i>footpaths@kilminstervillage.com</i>	07974 001197	Millers Farm Shop	01297 35290	Tennis – Christopher Eastwood Jane Chalk	07772 930411 07866 040310
Hitchcock Pavilion Bookings Peter Huscroft	01297 32243	The New Inn	01297 33376	Village Hall Bookings Louise Quincey	01297 32358
<i>www.kilminstervillage.com</i> Luke & Maxine Lawson	07719 909532	The Old Inn	<i>Closed</i>	Village Hall 100+ Club Jean Falconer	01297 33708

Medical and Support

Axminster NHS Hospital	01297 630400	NHS 111 can help if you think you need medical help right now.	111	Coombefield Veterinary Hospital	01297 630500
Axminster Medical Practice St Thomas Court Surgery	01297 32126	Emergency Dentist Helpline	0333 006 3300		

Services and Facilities

EDDC Recycling and Waste	01395 571515	Axminster Library	01297 32693	Clerk to the Parish Council	07800 826657
Water - General	0344 346 2020	Axe Valley Ring and Ride	07510 255965	Iain Chubb	01297 35468
Water - Leaks	0800 2300561			E. Devon District Councillor for Newbridges	07932 459595
Electricity – Emergency, National Grid (formerly Western Power Dist.)	0800 6783 105 or just 105			Devon County Councillor for Whimble & Blackdown	
Axminster Care Service	01297 35550	Police: Crime stoppers – 0800 555111 Emergency – 999 General – 101			

Churches

St Giles' Church Rev. Julie Lomas	01297 35004	Baptist Church Office Pastor: Mike Hudson	01297 631638	Axminster Catholic Church Parish Priest: Father Jacek Kostuch	01297 32135
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Advertising in Postscript, Payments, and Donations

Postscript is published ten times each year and is delivered free of charge to every house in Kilminster. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

Exceptions: Any adverts which publicise events that are *in and for the direct benefit of the Village* will be free. The Editor's decision of eligibility is final.

The Editor also reserves the right to limit the number, size and content of such adverts.

Closing date for adverts is the 12th of the month prior to publication to allow time to resolve any technical issues. E.g. The 12th October for the November Issue.

Please supply adverts as a **print-ready pdf** wherever possible, alternatively a hi-res png or jpeg can be accepted.

For full specification or any questions on advert size, format, or technical questions, please email Rob via postscript@kilminstervillage.com

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¼ Page (90 wide x 136 mm high - Portrait) - design as A6	£15 for one-off or £65 for 5 editions	£20 for one-off or £90 for 5 editions
½ Page (184 x 136 or 90 x 276mm - Landscape) - design as A5	£25 or £100 for 5 editions	£35 for one-off
Full Inside Page i.e. not back cover (184 x 276 mm) - design as A4	£40 or £150 for 5 editions	£50 for one-off

Please Note: Credit card sized adverts may sometimes be printed slightly larger for aesthetic reasons in some editions.

BACK COVER: Occasionally the back cover is available for a one-off colour page advertisement. Cost: £60. Requires **print-ready pdf with 3mm crop & bleed**.

PAYMENT: Cheques should be made payable to: Kilminster Postscript and posted to: **Mrs V. Larcombe, Brookside, The Street, Kilminster, EX13 7RJ.**

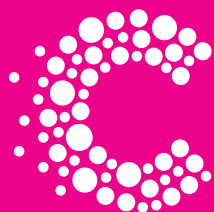
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COMING AND GOING FOR A SONG: There is no charge for these entries for items valued at £20 or less. However, donations are appreciated – these can be popped through Vicky Larcombe's door.

Please post payments for advertising in Postscript and donations to help with printing costs through the front door of Vicky Larcombe's house. Thank you.

Directions for finding Vicky Larcombe's house. Vicky is treasurer for Postscript.

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Coffee/tea with cake

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