

KILMINGTON

POSTscript

Issue 224 May 2020



EDITORIAL

Another online version of Postscript – we are sorry that it can't reach everyone this way, but it remains the only option. As the usual events and activities are still suspended the content is somewhat slimmer and we are very grateful to all who have contributed items. Amidst all the news bulletins and restrictions there is much collaboration nationally and locally to help everybody get through. The Neighbourhood Support group here emails updates, also displayed on the Parish website and noticeboards. Their medication collection service benefits the Axminster Medical Centre too, as queues are reduced. The spring weather has been glorious, allowing gardens to be weeded as never before.

In this edition we have several topical articles and poems, and one which, though written in 1869 by Kathleen O'Meara and referring to the Irish potato famine, seems very apposite now. Thanks to Diane Overton for her ingenious Cookery Corner offering solutions to some current problems. She was considering store cupboard recipes but found no way to combine baked beans and condensed milk. We have ideas from Anna Crabbe about online choirs and from David Bromley, pointing out that the village website archive of previous Postscripts contains many Sudoku puzzles and while seeking them out you may come across interesting articles from former times. He also offers amateur family historians a way to make things easier for their children. The CPRE announces a children's competition. Mary-Anne tells us about edible weeds – could someone perhaps try to get the slugs to eat all the rest? (Even the start screen on my laptop went with the flow and suggested, 'Discover ways you can customise your cursor and pointer so it's easier to see. Personalise your cursor to suit you. Have fun with different colours and sizes'!)

There have been several lighter moments. One evening near the beginning of the lockdown residents of Shute Road and George Lane were treated to an unexpected fireworks display. A planned celebration could not take place but rockets went up anyway. Axe Valley Wildlife Park has sent us a report of an errant kookaburra which set off on a tour of East Devon but then thought better of it.

We have included an article sent earlier by Legacy to Landscape about the Heath Lobelia, whose significance for Kilminster is that it was first recorded here. Like the birdsong, which sounds louder without the traffic noise, it makes us aware that the natural world continues whether we notice it or not. Lastly, even during a pandemic, Hospiscare continues its work and reminds us that, although they have no fund-raising events to advertise, they still need funds. We wish you as enjoyable a month as circumstances allow.

Janfryd

The front cover photo is by Marie Gardner

CONTRIBUTIONS TO POSTSCRIPT

Please remember to use the email address for Postscript:

postscript@kilmingtonvillage.com

Alternatively, please give your item to any team member.

The closing date for submitting items for the May issue is 15th May 2020. All will be acknowledged. Please email or ring 01297 639115 if not acknowledged within 48 hours.

POSTSCRIPT TEAM

Editor

Janfryd Gordon-Kerr 01297 639115
janfryd@gordon-kerr.org.uk

Team

Peter Ball 01297 32631
mycraigydun@aol.com

Marie Gardner 01297 33489
m.gardner6819@gmail.com

David Bromley 01297 631801
david.bromley3@btinternet.com

Valerie Harding 01297 34206
vharding38@gmail.com

Jill Collier 01297 32390
summerleaze@hotmail.co.uk

Gill Heighway 01297 33951
gillheighway@gmail.com

Gill Perkins 01297 32888
john.perkins444@btinternet.com

Distribution

Diane Overton 01297 33569
diane.overton@outlook.com

Treasurer

Vicky Larcombe 01297 33858
vlarcombe30@aol.com

Postal address

The Granary, George Lane, Kilminster, EX13 7RT

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01297 32266

Postscript is published 10 times each year and is delivered free of charge to every house in Kilminster. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

DONATIONS

Arrangements for donating to Postscript have changed as a result of the closure of the village shop. Please see page 17 for details. Donations to the middle of April came to £00.00. All donations go towards printing costs. Thank you for your continuing support.

ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 75p.
Extra copies are available from Millers Farm Shop, where donations may be made.

Disclaimers: Items in this publication are the work of individuals and do not necessarily reflect the thoughts or opinions of the editorial team. The editorial team reserves the right to make small alterations to items submitted. Contributors are responsible for ensuring that parental permission has been obtained before pictures of children are submitted for publication.

The content of advertisements is not the responsibility of the editorial team. Queries should be addressed to the advertiser.

This publication is online at www.kilmingtonvillage.com. In addition, earlier issues will also appear online from time to time.

OUR KOOKABURRA COMES HOME FOR EASTER

At the end of March/beginning of April, one of our Kookaburras escaped from his enclosure after a very windy night. We thought this would be the last we would see of him! However, to our surprise we received many phone calls of sightings over a wide area. We are very grateful for the



people who contacted us about this fly-about bird.

He was spotted in various places in the village (someone even thought it was an April fool). He then moved on to Shute, Dalwood, Stockland, All Saints and Membury, where some people reported sightings. During this time he fended for himself and survived.

On Easter Sunday about 6pm we spotted the 'fly-about Kookaburra' on a telegraph pole in our garden, sitting there watching us watching him. Andrew went to the park and played a recording of his bird song to try and attract it. The cheeky bird then flew towards him, over his head, and away off up towards Millers Farm Shop where James spotted him and reported it to Andrew, so then we thought he might continue to do its sight-seeing tour of East Devon.

However, early on Easter Monday morning Andrew was doing his usual job of feeding the animals in the paddocks when he spotted the Kookaburra sitting on a gate. Luckily he had some of the bird's favourite food with him and managed to tempt him close enough to be able to catch him and return him to its enclosure with his mate.

At this time we would also like to thank the many people who have been dropping in food for the animals in the park, it is much appreciated and made good use of.

Jayne Collier

KILMINGTON PARISH COUNCIL NEIGHBOURHOOD SUPPORT GROUP

Well done Kilminster! So far things seem to be going reasonably well in our village. We had a great response from volunteers offering help for neighbours and the vulnerable. On the lanes, residents are maintaining social distancing and most seem to be limiting visits away from home. All of our actions impact our own health and that of others. You will know that statistics show the limited extent of the virus on the South West is not yet as great as in other parts of the country. Please let's keep it that way. We have cases in Kilminster and surrounding villages, so please continue to follow the Government guidelines: stay at home and practise social distancing.

If you have given us an email address for your household, we will email any newsletters to this address. If we have no email address then you will find information on the village

website and noticeboards, which remain our official source of information. We will also print off information for non-email users and deliver it through letterboxes as quickly as we can.

Support for vulnerable local residents to get food supplies or medication is available from volunteer neighbours through your Parish Council please contact::

Stafford Seward: sseward@kilmingtonvillage.com
07799 612557

Peter Ball: pball@kilmingtonvillage.com
07747 636810

Sally Huscroft: shuscroft@kilmingtonvillage.com
01297 32243

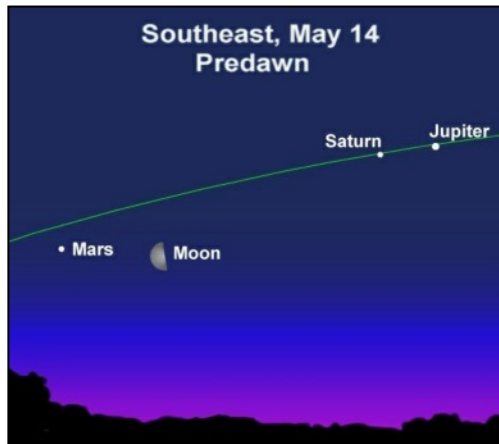
STAY AT HOME – KEEP SAFE

KILMINGTON SKY AT NIGHT

It should be another good month to watch the sky and, if lockdown continues, late nights or early mornings may not be a problem for you. Venus is visible every evening throughout May, leaving Jupiter to rule over the morning sky. And these next few weeks will provide your best opportunity of the year to spot Mercury. Use dazzling Venus to locate Mercury at dusk all this month.

4th, 5th, 6th Eta Aquariid meteors - before dawn these mornings. Peaking on the 5th but best viewing will be after the nearly full moon sets - the dark hour before dawn.

6th, 7th Full Supermoon, the last of our three in 2020, known as the Flower Moon, Planting Moon, Hare or Milk Moon.



11th to 14th Jupiter, Saturn and Mars - before sunrise, use the moon to locate (right to left) the king planet Jupiter, the ringed planet Saturn, and the red planet Mars.

21st and 22nd Mercury and Venus will be close together. You'll need binoculars and an unobstructed western horizon after sunset. Look for dazzling Venus first, and then beneath is the fainter Mercury, in the same field of vision. For the rest of May you can watch Mercury set later and Venus set sooner after sunset.

23rd, 24th, 25th The moon meets up with Mercury and Venus shortly after sunset.

Peter

SATELLITES OVER KILMINGTON

Over the last few weeks sky watchers have been fascinated to see a chain of lights moving across our night sky. Known as the SpaceX Starlink project they are small satellites put into orbit to provide internet coverage. There are 180 up there at present and some nights we have counted over forty passing over Kilminster in line formation. The first time we saw them, just after the Coronavirus lock down, it was suggested by someone in my household that it could be aliens coming to invade having first weakened us with the virus!

The first batch of sixty were launched back in March 2018, with subsequent launches in November and January this year. Their current orbit, recent clear dark skies and angle to the sun have now made them easier for us to see. They are about the size of a table, weigh around 500 pounds and are deployed to an orbit about 180 miles above Earth, they then move out to about 340 miles away.

Current satellite internet uses large spacecraft that orbit 22,236 miles above a particular spot on the Earth. But at that distance, there are generally significant time delays in sending and receiving data. As the Starlink satellites are closer to us and network together, they should be able to more quickly carry large amounts of information to any



point on Earth. Apparently, information beamed through the vacuum of space travels 47% faster than it can in fibre-optic cable. The SpaceX Company says it should be able to provide 'minor' internet coverage after 400 spacecraft are up and running, and 'moderate' coverage after about 800 satellites become operational.

There are 180 up there so far, their original plan was a network of 12,000. However, there has been outcry from astronomers complaining about their light pollution. We can see around 6,000 stars with the naked eye and at present there are some 2,100 active satellites. So this project could change our night sky significantly. On the latest launch, SpaceX has included one satellite covered in a special coating in an attempt to make it blend into the dark skies. At the end of their life-cycles, it is claimed the satellites will use their propulsion systems to de-orbit over the course of a few months, if these fail they will burn up naturally in the atmosphere in under five years.

If you want to try to see Starlink – they are a spectacle, search Google or check orbit times at: <https://james.darpinian.com/satellites/?special=starlink>

Peter

VILLAGE HALL '100+' CLUB

Owing to the current Covid-19 crisis we regret that we are unable to collect money from the bank and distributing the prize money around the village is out of the question. However, the draw will be made each month and once the

situation improves, we will deliver the prizes which have accumulated over time so the winners will not miss out!

Thank you for your understanding.

Jean Falconer.

MY FIRST (AND ONLY) KIT CAR

In 1961 there was a craze among young men to build their own car, not a model – a full-size roadworthy vehicle. My husband Jim had always driven sports cars and only gave them up reluctantly when our family expanded to four.

Advertisements for kit-cars in motoring magazines caught his imagination and before long he had ordered one, a sleek red sports saloon with two small seats in the back. Off he went to



Loughton in Essex (we lived in Kent) to inspect the goods and place an order. It would be easy, he assured me – we can do it together! Somewhere in the loft today will be the instruction manual, dog-eared and oil stained, that became our daily guide. Kits provided the body and some of the components; the remainder was to come from a cheap second-hand car with a sound undercarriage which would provide the chassis and the wheels. Eventually an ancient Ford 10 was found to fit the bill and work began dismantling it – I was in charge of tools and tea. By the time the carcass was ready for reconstruction, the kit had arrived.

Friends were invited for weekends, warned that their labour was requested as well as their company. Most of our leisure time was spent breaking down bits of old Ford or building up parts of the new kit. The new body was made from fibreglass, a bonus in the days when rust was the major problem in cars. As each new skill was acquired, so was an equivalent assortment of new tools. Some jobs required

professional expertise: the engine was entrusted to the local garage for reconditioning; bits of the suspension were taken to the blacksmith. The interior of the car was handed over to me. Everything was very basic: no safety features or pouches for maps, but the car did need two front seats and a small bench seat in the rear. Using the frames of the seats from the Ford, I replaced the padding with latex rubber and

bought tough black and white upholstery material for the covers. Meanwhile, Jim was fitting the engine, gear box and working parts to the chassis. After a year's dedication, the body was fitted over the works, and the finished result looked very handsome. After some negotiation with the DVLA, the car was eventually registered and given a licence number. Jim bought the necessary letters and numbers and stuck them proudly on front and rear. At last, he was the owner of a dashing, low-slung, bright red sports car.

On its first road test, we were stopped by a policeman who enquired about the ownership of the car and its licence plates. Jim duly produced the brand new log book to reassure the officer that he was the owner and this was the car's number. 'Well, young man,' he said 'you'd better go home and change them. White on red is for trade plates only – you'll need to paint a black background to make them legal'.

Sydie Bones

CLIMATE CHANGE – COP 26

In the absence of a printed edition of Postscript here is an update.

COP 26, the conference due to be held in Glasgow in November this year, along with other large gatherings of people has now been postponed until next year, the Spring of 2021.

Climate Change has not been postponed!

Because of Covid 19 the way we all live our lives has had to change. We are all having to rethink, reconsider and become creative in how we manage the challenge in this 'restricted' time.

There are some benefits, the roads and skies are quieter. Air pollution and co2 emission rates are being shown to have significantly lessened as industries and economies across the planet are forced to scale back or shut down.

We will come through this Covid 19 crisis and, like Climate Change, it is collective action that is a necessary response from us all.

Many of you, the villagers of Kilmington, have shared the actions they are taking as individuals and families. Some have said that seeing the list has led them to consider what more they could be doing to play their part.

So do keep your ideas and comments coming.

'We must all do the best we can, where we can.

If we have responsibility for any land, let us manage it well, without poisoning it.

Let us buy intelligently and travel wisely, not to signal our own virtue but because it is the right thing to do, in the hope that others will observe and follow.

Let us speak up where and when we can.'

Simon Barnes

Judith Simpson

01297 32694

jsimpson@greenbee.net

MOBILE LIBRARY

This service has been suspended due to the Covid-19.



Letter from the Churches

In this letter from the churches, I'm sure we are all fed up of hearing about it, so I promise I won't use the "C" word at all! Instead, I want to share with you my "lockdown list".

WHAT I HAVE LEARNED SO FAR

- That you can eat out-of-date food and survive
- That our family had thirteen packs of dried apricots in the cupboard for no particular reason
- That it is not necessary to panic-buy
- That shortages lead to creative menus and solutions
- That my daughter (who has taken over all cooking at home) is an excellent cook (just like my wife)
- That though I have time to watch endless box sets, it adds little to my life
- That we are privileged to live in such a beautiful location
- That it's great to walk every day, but better to walk with others
- That key workers are invaluable and I've taken them for granted too long
- That interruptions to our plans may be blessings in disguise
- That too many meetings can be successfully replaced by fewer Zoom meetings (and save both time and the environment)
- That live stream church services can more than triple the normal Sunday congregation, and attract people from around the world
- That a phone call to someone can bring such joy and encouragement for both parties
- That I can have a phone conversation longer than three minutes if I take time to listen and not just communicate essential information
- That less *really* is more
- That community is important

Oops, sorry! I promised not to use the "C" word and then did it. That's because hopefully we have all been reminded that we can't thrive without "Community" (especially in the face of the other "C" word). Our village community, like many others, has discovered again the blessings of checking on neighbours and helping out in 101 ways, like shopping, collecting medication, buying local and home-produced things, and just checking in with those who may be vulnerable and lonely to ensure that they are okay.

Community shares the burdens when there are worries and concerns about health, when there are those who mourn for those they have lost, when there is anxiety about the future. Community provides relief for those who are home-schooling their children because there is a "hive-mind" of others in a similar situation who can share their insights. Community is creative and can work to provide resources for others who need them (such as gowns, scrubs, washing bags or face-masks) and find new ways to do business and encourage employment. Community is generous when services (like green bin collection) and money are freely donated for the good of others.

Psalms 133 is a lovely celebration of community, which begins...

How good and pleasant it is when brothers and sisters dwell together in unity

The psalmist doesn't just mean those who are connected by blood, but those who are connected by community. We may not all be under one roof, but through community we can celebrate unity – doing the important things together and for the common benefit of each other. It is definitely good and pleasant when this happens. So it is my prayer that when this is all over we may not forget the important things we have learned, and that we continue to work to do all in our power to go on building and maintaining community.

Darrell Holmes

SALLY'S LITTLE HELPERS

Sally Huscroft prefers her planner board to a computer!



GARDEN WASTE COLLECTION



Stafford and Craig Seward collecting the green garden waste.

They collected approx. 14 tonnes of green waste and over £600 in donations.

ARCHDEACON OFFICIATES AT ST GILES CHURCH

The Archdeacon of Exeter, the Venerable Andrew Beane, led a Service of Holy Communion and Christening in St Giles' Church on Sunday, 15th March.

Amid concern about the Coronavirus, measures recommended by the Church of England were put into effect, the washing of hands before and leaving the church, the absence of handshaking during "the Peace" and avoidance of close contact with others being examples.

There was a good attendance of young people in particular because Finlay Buse, the third child of Simon and Samantha, was about to be baptised as had his two sisters, Matilda and Eliza, in recent years. The Archdeacon bade a warm welcome, and the Service started with prayers and hymns. The Gospel Reading from St John was given by Brian Lavender and the Intercession prayers led by Diana Mellows. In the Archdeacon's Address he involved the children directly who responded to his questions. Parents and godparents assembled in front of the



The Archdeacon, Samantha with Finlay and Simon with Matilda

congregation to make their vows before Finlay was signed with a cross from water in the font and baptised in the name of the Father and of the Son and of the Holy Spirit.

The sharing of communion was limited to the bread, the wine being taken by the Priest on behalf of all present. There were some lovely hymns chosen by the Buse family and the Service concluded with the lighting of a candle to symbolise the light of Christ for all the days of Finlay's life.

The Service was televised and broadcast on ITV West Country news on the Monday and Tuesday as an example of the Church's measures against the virus. They certainly did not dampen the spirit at the Service which was lively and a very happy occasion.

Brian Lavender

Photo: Brian Lavender

ELIZABETH MARY FOSTER

12 April 1934 – 13 March 2020

Elizabeth Mary Foster, aged 85, passed away on 13th March 2020 at her home in Kilmington. A devoted wife, mother, mother-in-law, grandmother, sister, sister-in-law, aunt and friend, Elizabeth was happiest when surrounded by her family and friends.

The family would like to say a special thank you to Elizabeth's neighbours and friends in Kilmington for all their help and support at this very sad time.

Fond memories and expressions of sympathy may be sent to Elizabeth Foster's home or the funeral directors W. G. Potter in Axminster.



Elizabeth Mary Foster

Due to the situation of self-isolation for many people, we will have 'A Celebration of Elizabeth Mary Foster' in Kilmington Village Hall, when the current restrictions are lifted. Details will be announced in due course.

She will be deeply missed by all her friends and family.

Andrew Whitney

Photo: Andrew Whitney

VILLAGE HALL '100+' CLUB

**The winners of the draw held on
19th March 2020**

Y Cilia	£30	J Gobu	£5
B Kerslake	£15	K Tucker	£5
G Jones	£15	A Playford	£5

For further details, please contact
Jean Falconer on 01297 33708

FIVE ALIVE OIL SYNDICATE

The deadline for the May oil order is the morning of Monday 25th. As usual please submit requests for either a specific amount or if ordering a 'top up' then please let me have an accurate estimate as to what quantity you require with a minimum order of 500 litres in all cases.

Colin Stewart
01297 792538
cogstewartcs@gmail.com
cogstewart@aol.com

A PLEA FROM AN AMATEUR FAMILY HISTORIAN

While in lock-down I decided to catch up with my Family History project which I started way back. One thing I had always meant to do was upload pictures to my FH program, I use 'Family Historian' V6.2.

Here I hit a wall again and remembered why I had stopped doing it.

I had found among my late father's hoardings a photo album from the 1880s till about 1940. Not one single picture had any information. When asked, my mother knew the immediate family, her parents-in-law, brother-in-law, uncles and aunts, but the rest were unknown.

So, from there I have just had to make assumptions as to who, when and, occasionally, where each was. For example, a page with my grandfather as a young man with three other pictures, two of older people and a third of a soldier in uniform about his age, I have assumed them to be my great grandparents and his brother. Another few pages show my grandmother with an older woman and various young people grouped about them. I have assumed these to be her mother and siblings and thus from their age who each could be. Some pictures were taken in places I remember, so had to be close family. A few were a total mystery until I found out that a great uncle was a Customs Officer in the Far East

around 1920–25, where he had married and had two children.

So, a plea for the future: please look out those boxes of old family pictures and old albums. Then sit down and record on the back, with a soft pencil, who each person is, where and when the photograph was taken, their age and, if it's a rough date, just say so, it is still valuable information when seen in conjunction with other sources. And please leave the pictures in the album, the way Granny grouped them, it can give clues years later as to who they may be. Also ask older relatives if they can add anything to your notes.

Lastly, if you have an old family bible, look for lists of names in the front. My cousins found the Edwards family bible with references to two different Albert Edwards, both with the same father. One had died very young and as Albert was a family name the older brother, when born, was also called Albert. Hence, we found out why we had two Alberts with different dates of birth in the later censuses.

In years to come your children and grandchildren will be grateful you took the time, when they start on a family history journey.

Good luck.

David Bromley

LIFE IN LOCK-DOWN KILMINGTON

As I am writing this we are in our third week of lock-down and it is amazing how quickly we have adjusted to a different way of life, not seeing family or friends, restricted in where we drive and only shopping for food and medicine. Life is calmer, less frenetic and peaceful!

We rely much more on technology and people are being amazingly creative in the way it is used. I have joined the Great British Home Chorus run by Gareth Malone and it's great fun and it's always good to sing! It's on YouTube at 5.30 pm each day.

Robert is making a new woodshed which has involved concrete blocks, wood, and a lot of noise! It's looking great now.

He has also installed a tiny wood burner in the living van which will make steam fair trips very cosy! I have made two dresses and now have started on tiny clothes for the three grandchildren, due soon, one in two weeks, a brother or sister for William, and the twins in August! Rachel and Boo are having a boy and girl which is very exciting! Reuben will be two and a half!

We have been very blessed by the sunny dry weather which means many people have been in their gardens. We are lucky to be able to socially isolate relatively easily.



Not so easy in London, Birmingham or other large cities where sadly the coronavirus has spread extensively. I have been moved by the clapping on Thursday evenings for our wonderful NHS workers and other essential workers. I pray that this spirit of community will continue when the lock-down has been lifted and people will remember the importance of looking after the vulnerable and lonely people in our communities.

Thank you for our support team in Kilmington organised by Peter Ball, Stafford Seward and Sally Huscroft. Thank you to Darrell, Mike and Jed for streaming the services from Beacon Life and for including the St Giles' family in that. The Church is continuously finding imaginative ways of supporting and encouraging each other. Thank you to Tracey and Craig at the Tuckers Arms, Carey and Mandy at the New Inn and to the Old Inn for providing take-away meals. Thank you to Chris Rowley our postman hero and all the staff at the Post Office. A big thank you to Millers Farm

Shop who have been under huge pressure to restock continuously because of the increase in people shopping.

I pray you will all keep well and safe.

Anna Crabbe

I, like most of us during the lockdown, have been doing a lot of baking, until I ran out of flour, that was. As someone who likes making and eating cakes and sweet

treats I've had to start baking different things to satisfy my sweet tooth. Here are a couple of my favourites.

APRICOT FLAPJACKS

Makes 10

100g/4oz light muscovado sugar
150g/6oz butter
1 tbsp. golden syrup
225g/9oz rolled oats
50g/2oz ready to eat apricots, chopped
2 tps mixed seeds- sesame, poppy, pumpkin etc. (opt)



Method

1. Put the butter, golden syrup and sugar into a pan and heat, stirring continuously until the butter has melted.
2. Remove from the heat and stir in the oats, apricots and seeds.
3. Tip into a greased 7 inch shallow square cake tin.
4. Bake in a preheated oven 150C/140C fan/gas 2 for approx. 25 minutes until golden brown.
5. Remove from the oven and mark into 10 pieces and allow to cool in the tin before cutting into pieces and removing from the tin.

ROCKY ROAD

Makes one tray

125g/5oz softened butter
300g/12oz chocolate, I use a mixture of half Bourneville and half Dairy Milk
3 tbsp. golden syrup
200g/8oz Rich Tea biscuits
100g /4oz mini marshmallows



Method

1. Line an 11 x 8 inch baking tray loosely with cling film so that the cling film drapes over the edges.
2. Put the biscuits in a bag and bash with a rolling pin to resemble 'rubble'.
3. Put the chocolate, butter and syrup in a saucepan and heat gently until the chocolate has melted and the mixture is smoothly combined.
4. Remove from heat and quickly tip the biscuits and the marshmallows into the chocolate mixture and stir together. Tip the mixture into the prepared tin and lightly spread out. Chill in the fridge for a few hours.
5. Lift out of the tin, dust with icing sugar and cut into squares.

Chopped cherries or raisins can also be added to the mixture. This recipe is also good for junior cooks who might like to help by smashing up the biscuits.

Many of the store cupboard recipes I could find use pasta, which as we all know is in short supply at the moment. So when I saw this recipe I was intrigued and 'gave it a go'. It isn't as satisfying as traditional lasagne but as a lighter, healthier alternative, it is very good. You could use aubergines instead of courgettes if you would prefer.

PASTA-LESS LASAGNE

Serves 3-4

2 large courgettes, thinly sliced lengthways
1 tbsp. olive oil
1 onion, finely chopped
2 garlic cloves, crushed
454g/ 1lb lean minced beef
200g/8oz mushrooms, chopped
1 large tin of chopped tomatoes
2 tbsps tomato puree
1 tsp sugar
Salt and pepper
25g/1oz butter
25g/1oz plain flour
250ml/ approx. ½ pt semi-skimmed milk
150g/6oz strong cheddar cheese
¼ tsp dry mustard powder

Method

1. Lay the sliced courgettes in a single layer on a baking tray and season lightly with salt. Grill under a medium to high heat for 10 minutes. This may need to be done in batches. Place the cooked courgettes on some kitchen paper to remove the excess moisture.
2. Heat the oil in a frying pan and fry the onion until soft.
3. Add the minced beef and the garlic to the pan and fry until the meat is cooked then add the mushrooms to the pan and cook for 5 minutes.
4. Stir in the tomatoes, tomato puree and sugar and simmer for 15 minutes. Check seasoning.
5. Make the cheese sauce by melting the butter in a saucepan then stirring in the flour, allow to cook for a minute before gradually stirring in the milk, stirring constantly. Once the sauce has thickened add 100g/4oz of the cheese and keep stirring until all the cheese has melted.
6. Spoon half of the meat mixture into a medium to large ovenproof dish; top with half of the courgette slices and half of the cheese sauce. Repeat. Sprinkle the remaining grated cheese onto the second layer of cheese sauce.
7. Bake in a preheated oven 200C/180C fan/gas 6 for 30-40 minutes. Serve with a salad and some crusty bread.



FRITTATA

Serves 2

6 large eggs, beaten
75g/3oz cheddar cheese, grated
6 cherry tomatoes, halved
½ red pepper, chopped
200g/8oz potatoes, cubed
75g/3oz mushrooms, sliced
2 tbsp tinned sweetcorn
6 basil leaves, chopped
Salt and pepper
2-3 tbsp olive oil



Method

1. Heat the oil in a large frying pan and add the peppers and mushrooms and cook gently for 3-4 minutes.
2. Season the eggs and add two-thirds of the cheese to the mixture.
3. Add the potatoes, sweetcorn, tomatoes and basil to the peppers and mushrooms then add the eggy cheese mixture into the pan. Cook on a medium heat for 8 to 10 minutes.
4. When the egg mixture is almost set, sprinkle the remaining cheese on the top and grill under a moderate heat for a few minutes until the cheese is bubbling and beginning to brown.
5. Serve cut into wedges with a crisp green salad.

Almost anything you have left over in the fridge can be added to a Frittata such as ham, cooked bacon or sausage, onions, smoked salmon, asparagus, goat's cheese etc.

GWEN IN THE BLUEBELLS AT SPRINGHEAD



Photo: John Mellows



IMPORTANT NEWS

We are writing to inform all villagers, of the decisions made by the Gardening Club committee.

Our responsibility is to ensure the health and safety of all our members together with external visitors. For these reasons and following Government and expert advice, the committee have taken the decisions indicated below:

TALKS: All talks are **cancelled** until September.

VISITS: All visits are **cancelled**.

PLANT MARKET: **Cancelled.** (Further information may be conveyed at a later date.)

VILLAGE SHOW: The event due to take place on **25th July** has been **cancelled**.

VILLAGE AND NGS OPEN GARDENS: Both weekends are **cancelled**.

We are sure you understand the reasoning behind our decisions. We sincerely hope that as we emerge from this difficult time, we will reconnect, by email and welcome members back to our events.

Please also look at our Gardening Club website: www.kvpa.co.uk

Thank you very much for your ongoing support. Our sincere hope is that you and your loved ones keep safe and well in the weeks ahead.

Kilminster Gardening Club Committee

MAD moments in the garden

Those of us lucky enough to have gardens are really benefiting from having the time to enjoy them and observe daily growth through the spring. It's heartening to see the fresh green leaves and bulbs along with early perennials beginning to produce mounds of growth. With little else to do some days, the garden becomes a haven to observe, reflect, and absorb some energy. It's not all pleasure though, for along with the new growth of plants we love, there are those ones that are not so welcome. I am referring naturally to weeds, a plant in the wrong place or a plant not valued for use or beauty are a couple of well-known definitions.

It appears the word weed has been used in one form or another since the days of Old English, and it became commonly used in the 1400s. Apparently chemical weed killer was introduced in 1885. So this has been troubling those who cultivate the land for whatever purpose for centuries! Think how different things would be if we could 'manage' weeds without altering the delicate natural balance in our environment.

As things stand, though, most of us will continue on hands and knees for nine months of the year in the hope of eradicating at least the most pernicious. Last year it was the year to bring bindweed and ground elder at least under control, whilst accepting that the battle was unlikely to be won quickly. A weekly wander around with, I am sorry to say, a canister of Round-up, and the worst areas are at least, at the moment, showing signs of improvement, but I can say no more for now.

In mid-March I decided - thinking that I had so much time to garden - that it would be the year to reduce celandines. Friends said, you are mad to try, which of course I know, but I thought that I could at least stop them from spreading seed and remove them from growing amongst newly emerging perennials. This became my mission. Over the following four weeks, six barrow loads later and a need for a return to Pilates and yoga to ease the joints, I feel much better for the

fight, but as ever, need to wait for next year to see if I won or just gained a bit of ground!

I foolishly thought Bittercress was in decline last year during the hot summer, clearly not, but, in these times of limited shopping options, I thought I might try it as suggested in an article about fast-growing salad crops. Bittercress is a small rosette of leaves with small white flowers emerging from the centre; they are lush and a bright green colour, when growing in a damp area. They are tasty if you pick a few but wash them well before adding to your lunch.

The other 'free' harvest to be had currently is chickweed, a good lettuce substitute apparently but, rather strangely I don't seem to have any growing in the garden. I keep checking back to photos on the internet but I will have to go further afield to try that one.

There were some other good suggestions in the article which I read, such as using seeds that are old or not going to be grown this year (or ever) spread thickly in a plastic tray from the recycling bag with an inch or so of compost, leaving them on the kitchen window and watering them occasionally. When sprouts reach a couple of inches, they can be cut and can add lots of flavour and nutrients to a tired Little Gem from the bottom of the fridge at least. I tried Cavolo Nero mixed with rocket a week ago and will plant some kale and radish soon to keep a supply coming. A word of warning however: do not eat seedlings from the *Solanaceae* family, so no tomatoes or peppers. Parsnips, beans and, somewhat bizarrely, rhubarb also should be avoided.

As I submit this article, having wandered around the garden just now, I realise the battle is now well under way as dock, cow parsley, dandelions and so much more have emerged. Still they will keep me busy in these challenging times. A question for readers to ponder: why do the worst weeds appear in the middle of the most treasured plant?

Mary-Anne Driscoll

A PAGE OF POEMS FOR THE TIMES

TIME FOR US GIRLS

I'm normally a social girl
I love to meet my mates
But largely with the virus here
We can't go out the gates
You see, we are the 'oldies' now
We need to stay inside
If they haven't seen us for a while
They'll think we've upped and died
They'll never know the things we did
Before we got this old
There wasn't any Facebook
So not everything was told
We may seem sweet old ladies
Who would never be uncouth
But we grew up in the 60s - if you
Only knew the truth
There was sex and drugs and rock'n roll
The pill and miniskirts
We smoked and drank, we partied
And were quite outrageous flirts
Then we settled down, got married
And turned into someone's mum
Somebody's wife, then nana,
Who on earth did we become?
We didn't mind the change of pace
Because our lives were full
But to bury us before we're dead
Is like a red rag to a bull
So here you find me stuck inside
For four weeks, maybe more
I finally found myself again
Then I had to close the door!
It didn't really bother me
I'd while away the hour
I'd bake for all the family
But I've got no flaming flour!
Now Netflix is just wonderful
I like a gutsy thriller
I'm swooning over Idris
Or some random sexy killer
At least I've got a stash of booze
For when I'm being idle
There's wine and whisky, even gin
If I'm feeling suicidal!
So let's all drink to lock-down
To recovery and health
And hope this awful virus
Doesn't decimate our wealth
We'll all get through the crisis
And be back to join our mates
Just hoping I'm not far too wide
To fit through the flaming gates!

AND PEOPLE STAYED AT HOME

And people stayed home
And read books and listened
And rested and exercised
And made art and played and learned new ways of being
And stopped and listened deeper.
Someone meditated, someone prayed, someone danced,
Someone met their shadow
And people began to think differently and people healed
And in the absence of people who lived in ignorant ways,
Dangerous, meaningless and heartless,
Even the earth began to heal
And when the danger ended
And people found each other,
Grieved for the dead people
And they made new choices and dreamed of new visions
And created new ways of life
And healed the earth completely, just as they were healed
themselves.

Kathleen O'Meara
This is based on the Irish potato famine

COMPARATIVE GUIDANCE FOR SOCIAL DISTANCING

Just remember it's:
The length of a musk ox or fully grown llama
Three Rubik's Cubes plus one Keir Starmer
Eleven seven-inch singles by Bananarama
That's what two metres is.

Alternatively, it's:
1/192,199,930th of a single moon beam
2.2 times greater than Munch's *The Scream*
About 10½ packets of custard creams
That'll be two metres.

If easier, think:
Thirty-three pairs of dragonfly wings
The length of a yoga mat belonging to Sting
Two one-metre long pieces of string
That comes to two metres.

Or failing that, imagine:
0.00000091 of the coast of mainland Wales
18.2648402 cricket bails
One and a quarter Prunella Scales
That's two metres.

Brian Bilston

NATURE NOTES

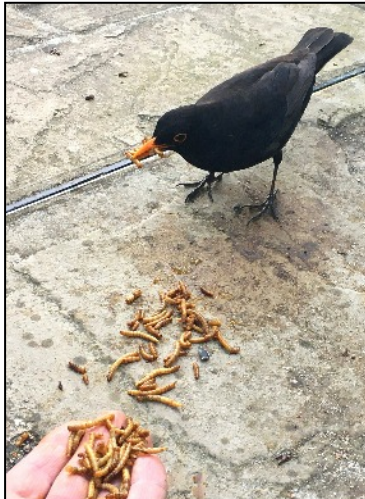
Like most of the village we've been spending significantly more time in the garden. With more time out there just chilling, it's amazing how much more you can observe. And with the reduced background buzz of traffic and aircraft you can hear much more too. The birdsong just seems non-stop and we've got one or two star performers, notably a song thrush that starts around 4.30 am and goes on until dusk. There are at least three blackbirds nesting in the hedge and bushes. One is constantly feeding young and pressurising us to provide the feed. He now almost feeds from my hand, as does a robin that is nesting next door. We have tits in two nest boxes and a couple of sparrows. With nesting in full swing please check there are not nests in any hedges you're about to cut or you may scare them away. The house martins returned and, as usual, checked out the nest and disappeared. They do this every year and then come back a couple or three weeks later to refurbish the nest. We suspect they go to feed themselves up following the long flight from Africa.

Garden Bird Watch If you enjoy watching your garden birds, the British Trust for Ornithology is offering free participation for a year in Garden Bird Watch, their great citizen science project. To take part you simply keep a list of the birds you see visiting your garden over the course of a week, then enter this into the BTO online recording system. You can also record other garden wildlife, such as butterflies and mammals. Your sightings will help contribute to our understanding of Britain's wildlife and how and why populations of garden birds and other wildlife are changing. Go to: www.bto.org/our-science/projects/gbw/join-gbw

Our hedgehogs have emerged again following winter and we see and hear them most nights. Their breeding season starts end of April / beginning of May, so the noise levels may now increase as they are known to be noisy lovers! Keep an ear out for loud snuffling and grunting noises at night, you may have them mating in your garden. The 3rd of May sees the start of Hedgehog Awareness Week, organised by British Hedgehog Preservation Society. They report that hedgehog

numbers have fallen by about 50% since the turn of the century. Thankfully, we get reports of hedgehogs from all around Kilmington. Whilst we know they can travel up to two miles on a night and be counted several times, we have seen six together at one time in our garden. So there is definitely more than one running round! They don't damage gardens and do a good job eating slugs. So I think they're worth helping out. These are some of the recommendations from the BHPS:

- Agree with neighbours to cut a CD size fence hole to allow access between gardens.
- Cover drains or deep holes with grilling.
- Ensure there is an easy route, a ramp or slope, out of ponds and pools.
- Check areas carefully before mowing or strimming.
- Ensure netting is kept at a safe height, so they can't tangle.
- Check compost heaps before digging the fork in.
- Stop or reduce the amount of pesticides, slug pellets and poisons used.



We have a night vision camera triggered by a motion sensor and it captures pictures of them all through the night into the early hours of the morning. We also catch shots of others in the garden too, including a wood mouse eating the hedgehog food, a neighbour's cat and, in the background of a series of pictures, you could even see a snail climbing up the wall!

Butterflies, bees and other insects are rapidly increasing in numbers now the blossom is in full display. When sitting out at night looking for stars and satellites we've also seen the bats are out of hibernation and in full flight. We have 16 out of the 18 UK resident species of bat in Devon. In a local survey last year, the Common and Soprano Pipistrelles are our most common and widespread, following overall numbers for the complete country.

Whether day or night, make the most of your enforced stay at home, relax and enjoy your time back to nature.

Peter



DEVON COUNTRYSIDE CHARITY'S 2020 COMPETITIONS PROVIDE A CREATIVE OUTLET FOR STAY-AT-HOME SCHOOLCHILDREN

The Devon branch of the Campaign to Protect Rural England hopes its 2020 art and writing competitions, open for entries from Monday, 18th May, will provide a creative outlet for primary schoolchildren across the county, many of whom are spending more time than usual indoors this spring because of the Coronavirus pandemic.

CPRE Devon's two children's competitions are a fun way to encourage youngsters to engage with the great outdoors, even if they themselves are stuck indoors! Children in Key Stages 1 and 2 are urged to use their imagination to create a piece of artwork or a short piece of writing evoking Devon's coast or countryside, or a favourite spot that's important to them. It could be a local park, a green space nearby, somewhere they have visited for a day out or even their own garden. The closing date for entries is Tuesday, 30th June 2020.

Last year the charity received fantastic entries from right across the county from girls and boys in KS1 and KS2, who had captured their favourite outdoor space on paper. Pencils, pens, paints and sticking paste were all put to use to create artworks which showed the beauty and variety of Devon's natural environment.



*CPRE Devon winner 2019
Key Stage 1
Florence Farnell*



*CPRE Devon winner 2019
Key Stage 2
Rose Greenhill*

The competitions are simple to enter. A top prize will be awarded to individual children in each key stage, as well as to their school. All entrants will receive a CPRE Devon 'Barney the Bull' gift. The top entrants from each school will win a Devon Countryside Ambassador Badge and a framed certificate. Winning schools will receive a plaque and £200 to spend on outdoor learning as well as CPRE membership for a year.

A leaflet with full details of both competitions is available for teachers. CPRE Devon has also produced a fun postcard for the writing competition with space for children to say why they think it's important to protect Devon's

countryside. It couldn't be simpler!

If your child would like to enter, contact 01392 966737 or info@cpredevon.org.uk or check out the website: cpredevon.org.uk

Please note, this year the charity will be accepting entries by email to avoid people having to make unnecessary trips to a post office to send their artwork or writing.

This photo was sent in by Celia Dunsford



AN UPDATE FROM YOUR LOCAL HOSPICE CHARITY, HOSPISCARE

Firstly, we hope that you and your family are keeping safe and well at this worrying time. Hospiscare is very much part of this local community and we hope you will find our website helpful: www.hospiscare.co.uk. You will also find useful information and advice on our Facebook and Instagram pages.

These are unprecedented times and our staff and volunteers have all been working incredibly hard to ensure our expert end of life services continue. We are keeping up to date with all the government advice and moving as quickly as we can to adjust and ensure we provide our care as safely as possible. Here are a couple of essential points we would like to share with you:

What effect is Covid-19 having on our services?

Our specialist in-patient ward and community nursing services are continuing as a priority. Providing safe and effective care to vulnerable patients and keeping our staff well so they can continue to care for our patients are our main concerns. We have decided to suspend our Day Hospice services at all sites as a precautionary measure for the foreseeable future – these patients will continue to be cared for by the Hospiscare Community Nursing Team.

Other services affected include:

- Outpatient and nurse-led clinics will be managed over the phone or by Skype
- Care navigators will be making phone calls rather than face-to-face visits

- Film Club, Bereavement Teas, our cafes at Kings House and Searle House and other gatherings are currently postponed

- Complementary Therapy outpatient treatments are being postponed

If you wanted to visit the hospice at Searle House?

We are asking that only close loved ones visit to reduce the risk to our patients and staff. All visitors are asked to call ahead on 01392 688000. We have asked all non-clinical volunteers, visitors, contractors and suppliers not to visit Searle House. We are also working to enable staff to work remotely where possible to reduce footfall to our specialist ward.

How can you help?

Hospiscare is reliant on raising 85% of its £8 million funding needs from a range of fundraising activities, events and gifts in Wills. These are incredibly difficult times with cancellations of events and other activities that will hugely impact on our income. If you are in a position to make a donation, set-up a regular monthly direct debit, or consider us for a gift in your Will, we would be extremely grateful.

Just visit www.hospiscare.co.uk/donate or call 01392 688020 to make a difference today.

On behalf of our nurses, our clinical team and the patients they care for, **thank you.**

*A white cherry tree taken
by Judith Chapman in
her garden at Breach*



HEATH LOBELIA - THE FLOWER OF THE AXE

The Heath Lobelia, *Lobelia urens*, an incredibly rare wildflower, was actually first discovered growing in the UK, here in this area in the 1770s. It belongs to the *Campanulaceae* family. It is a striking blue flower, flowering July - September. It was discovered by William Newbery, a herbalist from Heathstock. He had a reputation for knowing every plant in the neighbourhood and was likely to have noticed the plant whilst journeying to Axminster.

Growing over a widespread area on what was once known as Kilminster Common, it is now confined to only one small area there. It only grows in six other places in the south of the country. It thrives in poor acid soils - a plant of heath land that favours disturbed ground such as where livestock graze.

In 2016 volunteers on the Legacy to Landscape Project undertook a Great Plant Hunt event in Shute Woods to look for this plant, where it had been recorded in previous years. However since the 1770s Kilminster Common and Shute Hill have become increasingly wooded, first planted by enthusiastic tree planter, William de la Pole, and with more recent conifer planting in the early part of the 20th century, so the search proved quite fruitless.

There are many references to this plant in local history books including Pullman's Book of the Axe and also the 1862 'Ferns of the Axe', by Rev Zachary Edwards, who writes a whole chapter on this plant. Copies of this can be borrowed from Axminster Library. He writes, "In describing the 'Flower of the Axe', we speak not of the blushing rose, not the pale scented violet, not the yellow cowslip, which while it forsakes the greatest part of Devonshire, still thrives in our lovely vale. Of a blue flower and acrid taste, so rare, so peculiar to a certain portion of this locality, that not all England can produce its like again. Neither has it ever yet received an English name. The inhabitants call it 'The Flower of the Axe'. 18th century botanist Hudson describes its habitat and location "Mountainous meadows. Above Shute Hill, between Axminster and Honiton - Mr Newbery."

To find out more about this valuable heritage aspect of Legacy to Landscape Project, volunteers approached Kew Gardens in London to gain access to their archive collection of specimens in the Herbarium. A visit was organised and they were able to take scans of many samples that had been collected at Shute since the 1860s. The location of the plant on many of the samples sent up to Kew was Donkey Copse, Kilminster Common. Does anyone know where Donkey Copse is? The 1781 Shute Estate Map and 1840 tithe map fail to identify this field.



Last autumn, volunteers collected seed from the one remaining site to attempt to generate more plants. Now the seeds have successfully germinated.

These volunteers have become ambassadors for this plant and recently attended a regional meeting organised by the Species Recovery Trust to evaluate the plant's current status and identify effective management. The volunteers are keen to encourage the communities of Kilminster and Shute to grow it on in their gardens, working with the local gardening clubs and local primary schools.

On your walks through Shute Woods please look out for the plant, particularly on disturbed open ground and let us know if you think you have seen it.

Also, if you would like to get involved with the project, contact Ruth Worsley, Legacy to Landscape Project Co-ordinator, leacacetylandscape@gmail.com, tel: 01297 489741.

Ruth Worsley

SUDOKU CHALLENGE

Level: Moderate

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 17.

	5						4	
		1	5		4	3		
9				8				1
5	6		9		7		3	8
			3		8			
3	4		2		5		7	9
2				7				3
		6	4		9	2		
	8						6	

If our readers have Sudoku withdrawal symptoms because you cannot get a daily paper, look back at PostScript online (Kilminster Village page).

You can work back through past editions and copy out old Sudoku and at same time you can read about past events.

WEEK TO VIEW (Events that happen the same time every week)

Sunday	10.30 am	The Beacon	The Baptist Church morning service
	6.00 pm	The Beacon	The Baptist Church meet every 2nd, 3rd and 4th Sunday in month
Monday	early	Your house	Recycling collections
Mon, Wed, Thur, Fri	9.15 am	Kilmingston Primary School	Pre-school playgroup for 3+
Monday	2.00 - 4.00 pm	Village Hall	Country Dancing for all ages
Monday	3.00 - 4.00 pm	Tennis Court	Tennis Club
Monday alternate	2.00 - 4.30 pm	Pavilion, dates circulated	Bridge Club
Tuesday	9.30 am	St Giles' Church	Holy Communion followed by coffee
	10.00 - noon	Village Hall	Table Tennis
	10.00 - noon	Mag Hall Foyer	Coffee and get-together
	10.00 - noon	The Beacon	The Post Office
	3.30 - 5.30 pm	St Giles' Church	St Giles' Handicraft Group followed by 'Pop Up' Café
	7.30 pm	Village Hall	Badminton
Wednesday	9.15 am	The Beacon	Toddlers and Tinies
	2.00 - 4.00 pm	Village Hall	Short mat bowls
	3.45 - 4.45 pm	The Beacon	'Flame 2' After School Club (term time only)
	7.30 - 9.00 pm	St Giles' Tower	Bell-ringing practice alternate weeks with The Minster, Axminster
Thursday	6.30 pm	The Beacon	Fusion Youth Club (term time only)
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome

DATES FOR MAY 2020

Mon	11th	Early	Your House	Landfill with recycling
Tues	26th	Early	Your House	Recycling only

Photo of the Corry Brook taken from the bridge at Millgreen by Graham Harding



6	5	3	7	9	1	8	4	2
8	7	1	5	2	4	3	9	6
9	2	4	6	8	3	7	5	1
5	6	2	9	4	7	1	3	8
7	1	9	3	6	8	5	2	4
3	4	8	2	1	5	6	7	9
2	9	5	8	7	6	4	1	3
1	3	6	4	5	9	2	8	7
4	8	7	1	3	2	9	6	5

DONATIONS, PAYMENT FOR ADVERTISING SPACE AND ARTICLES/NOTICES FOR POSTSCRIPT (i.e. THOSE NOT SENT BY EMAIL)

It has been necessary to set up alternative arrangements following the closure of the village shop.

DIRECTIONS FOR FINDING Vicky Larcombe's house. Vicky is treasurer for Postscript.

With your back to Hurfords Stores, turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank, you have gone a few steps too far.

Please post payments for advertising in Postscript and donations to help with printing costs
through the front door of Vicky Larcombe's house. Thank you.

USEFUL TELEPHONE NUMBERS

VILLAGE NUMBERS

Bell-ringing - Celia Dunsford	01297 33563	Kilminster's Little Helpers - Sally Huscroft	01297 32243	Short Mat Bowls - Ron Foster	01297 35529
Bridge - David & Stephanie	01297 35033	Kilminster Pre-School - Now part of primary school	01297 32762	Sunday School - Christine Thorne	07795 552675
Country Dancing - Gill Perkins - Marie Thorne	01297 32888 01297 33906	Kilminster Primary School	01297 32762	Table Tennis - Jenny Nickolls	01297 639758
Cricket - David Lavender	01297 631868	Millers Farm Shop	01297 35290	Tennis - Sue Moore Sue Wells	01297 32361 07912 272102
Footpath co-ordinator - Elaine Penzer	01297 34287	Moviola - John Watts	01297 639758	Village Hall bookings - Louise Quincey	01297 32358
Hitchcock Pavilion bookings - Peter Huscroft	01297 32243	The New Inn	01297 33376	Village 100+ Club - Jean Falconer	01297 33708
Kilminster A35 Pit Stop	01297 598060	The Old Inn	01297 32096	www.kilminstervillage.com - Luke & Maxine Lawson	07719 909532
Kilminster Cross Services	01297 631089	RBL - Jean Falconer - Sec Stafford Seward - Chairman	01297 33708 01297 33909		
KGC - Jean Falconer, Secretary	01297 33708	Scrabble - Sylvia Newbery	01297 34326		

MEDICAL AND SUPPORT

Axminster Hospital	01297 630400	'Devon Doctors on call' (Out of hours GP service)	0845 6710270	Veterinary Surgery	01297 630500
St Thomas Court Surgery	01297 32126	Dentist Helpline	03330 063300		

SERVICES AND FACILITIES

Refuse Collection	01395 571515	Axminster Library	01297 32693	Clerk to the Parish Council	07800 826657
Water - general - leaks	0844 346 2020 0800 230 0561	Mobile Library	01404 42818	E. Devon District Councillor - Iain Chubb	01297 35468
Electricity - emergency	0800 365 900	Ring & Ride	01404 46520	Devon County Council, Whimple and Blackdown, Iain Chubb	07932 459595
		Axminster Care Service	01297 35550		

Police: Crime stoppers - 0800 555111: Emergency - 999: General - 101

CHURCHES

St Giles' Church Pastoral teams	01297 33777	Baptist Church Office Pastor Darrell Holmes	01297 631638	Axminster Catholic Church Parish Priest: Father Anthony Cockram	01297 32135
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ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilminster. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

	Black and white ads	Colour ads
Credit card (70 mm x 40 mm)	£ 5 or £22.50 for 5 months	
¼ page (90 wide x 136 mm high - Portrait)	£12 for one-off or £50 for 5 months	£15 for one-off or £75 for 5 months
½ page (184 x 136 or 90 x 276 mm)	£20 or £90 for 5 months	£30 for one-off
Full page (184 x 276 mm)	£30 or £130 for 5 months	£40 for one-off

If the advertisement could be sent as a jpeg it is a great help when sizing for publication.

BACK COVER: *Occasionally the back cover is available for a one-off colour page advertisement. Cost: £50*

Additional fee of £1 if Postscript has to edit, size or set copy.

PAYMENT: Cheques should be made payable to: Kilminster Postscript and posted to: **Mrs V. Larcombe, Brookside, The Street, Kilminster, EX13 7RJ.** BACS account name is **Kilminster Postscript**, sort code: **51.61.23**, account no: **18159400**

COMING AND GOING FOR A SONG: There is no charge for these entries for items valued up to £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (please see directions on page 20).

THE NEW INN

TAKEAWAY & DELIVERY MENU

SERVED BETWEEN 12 & 1 AND 6 & 7 EVERYDAY

BEER BATTERED COD & CHIPS £9

BREADED PLAICE & CHIPS £ 8

SCAMPI & CHIPS £ 8

BURGER & CHIPS £ 8

SOUTHERN FRIED CHICKEN & CHIPS £8

SAUSAGE & CHIPS £7.50

PORTION OF CHIPS £3

RAVIOLI £8 – FREEZER PACKS

SPINACH AND RICOTTA

Spinach wilted in garlic butter with creamy ricotta cheese. Served with Sage Butter

SLOW COOKED BEEF SHIN

Melt in your mouth beef slow cooked in red wine, finished with capers and shallots.

SQUID INK, KING PRAWN AND CRAYFISH

A vibrant black pasta filled with a seafood mousse. Served with Dill Butter

BAGUETTES £6

CHOICE OF FILLINGS

HAM – TUNA MAYO

FISH FINGERS – CHEDDAR & CHUTNEY

CHILDS £5

CHICKEN NUGGETS & CHIPS

FISH FINGER & CHIPS

SUNDAY ROAST £8

PLEASE PRE ORDER BY THURSDAY

BEEF OR PORK

PLEASE PRE ORDER FOOD - TELEPHONE

01297 33376

**WE ALSO HAVE DRAUGHT ALES – CIDER –
LAGER**