



KILMINGTON

POSTscript

Issue 253 April 2023

EDITORIAL

Do you know how old this village is? It was already well established here by 1085 when King William ordered an inventory of the territory he had conquered, and this village's assets were listed for him with all the others in anticipation of the revenue he could expect. Read about Chenemetone in Alan's Domesday article. Now, over nine hundred years later, there is a renewed interest in its past and the new History Club's successful film show filled the hall twice over. They report an excellent response to a request for a loan of old property deeds, some of which are on vellum, to be scanned and added to the village archive.

At the same time, but for environmental rather than historical reasons, the small remaining fragment of the Common is gradually being cleared of its brambles and restored to its erstwhile heathland state, where, it is hoped, the Kilmingdon lily (heath lobelia) will thrive, and the latest update shows that at least one lizard has been found. Walkers are invited to send in their wildlife sightings and to share their oldest childhood memories of how it used to be. The A35, which passes very close to the Common, is now threatening the use of the War memorial. As a listed monument the memorial is safe, but, due to the quantity of traffic rushing past, the RBL feels that a crowd assembled in front of it, for Remembrance or other ceremonies, may not be so safe and is considering other possibilities.

Judith Chapman has sent us a notice about a Spring Lunch on April 20th organised to support the Village Hall where so many events are held, including the recent Big Breakfast. There is news of the next film for the Community Cinema, also in the hall, and, if we need a Parish Council election, it will act as the Polling Station as well.

When is a pothole not a pothole? It depends where you live. Those versed in the mysterious rules of pothology can tell you that until the damage to the road surface reaches a statutory minimum size it is not a pothole. Not in Devon anyway. It may play havoc with your bicycle wheel on a dark night, or trip you when you walk the dog, but if it doesn't meet the specifications, it isn't worth its salt and doesn't cut the mustard. It may be part of an archipelago of potholes but when the superior ones get the dollop of tarmac and are nicely smoothed out it will be left to lurk for a bit longer until it qualifies. But rest assured – the new Chancellor is on the case!

Janfryd

CONTRIBUTIONS TO POSTSCRIPT

Please remember to use the email address for Postscript:

postscript@kilmingdonvillage.com

Alternatively, please give your item to any team member.

The closing date for submitting items for the May issue is 15th April 2023. All will be acknowledged.

Please email or ring 01297 639115 if not acknowledged within 48 hours.

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Postscript is published 10 times each year and is delivered free of charge to every house in Kilmingdon. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

DONATIONS

Arrangements for donating to Postscript. Please see page 25 for details. Donations to the middle of March came to £00.00. All donations go towards printing costs. Thank you for your continuing support.

Front page and Centre Pages - Marie Gardner

ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 80p.
Extra copies are available from Millers Farm Shop, where donations may be made.

Disclaimers: Items in this publication are the work of individuals and do not necessarily reflect the thoughts or opinions of the editorial team. The editorial team reserves the right to make small alterations to items submitted. Contributors are responsible for ensuring that parental permission has been obtained before pictures of children are submitted for publication.

The content of advertisements is not the responsibility of the editorial team. Queries should be addressed to the advertiser. This publication is online at www.kilmingdonvillage.com. In addition, earlier issues will also appear online from time to time.

KILMINGTON PARISH COUNCIL

CHANGES IN KILMINGTON PARISH COUNCIL

Your Parish Council has a maximum of nine councillors. To operate effectively, representing a cross section of our community, we need a full team of nine. There are Local Elections on 4th May this year and at least four of our longstanding councillors are retiring as, either they have left

the parish or, having served the village for many years, they now wish to retire. If nine or fewer candidates come forward and stand then they are automatically elected. If more than nine candidates stand, then we hold a local election, and you can vote to choose who makes up the council.

LAST CALL - MAKE A CHANGE AND JOIN YOUR PARISH COUNCIL

This is your last chance to stand and offer to join our council at the next elections. Are you passionate about our community? Do you want to help make a difference? Do you have new ideas for the council? Do you have concerns about specific issues and want to do something about them? If you

live in the parish and this is you, then we need you. We need people from all backgrounds and experiences who reflect our community to put themselves forward to help improve residents' lives. Make a change and become a councillor.

WHAT IS INVOLVED?

We meet once a month, in the evening for about two hours to discuss village matters. Once or twice a year we might hold an additional meeting to cover something urgent. In your role you will represent the community, making and reviewing decisions, contributing new ideas and helping solve issues.

Some councillors have specific responsibilities, depending on their skills, such as reporting on roads, the allotments, trees, the recreation ground, the Village Hall, etc. Parish Councillors are not paid. Training is available and the term of office is usually four years.

INTERESTED TO LEARN MORE OR JOIN THE TEAM?

Please contact Adrian Jenkins, our Parish Clerk 07800 826657 for more details and a nomination form. **All nomination forms must be received by EDDC by 4th April 2023.**

PARISH COUNCIL MEETING

April's meeting is on Monday, 3rd in the Pavilion at 7.30 pm.

VOTING AT LOCAL ELECTIONS ON 4th MAY 2023

To vote at polling stations you now MUST show a photo ID. Accepted forms of photo ID are: UK Passport, UK Driving Licence, Blue Badge, Older Person's Bus Pass, or a Disabled Person's Bus Pass. If you do not have any of these, you can apply for a free voter ID document, known as a Voter Authority Certificate. Apply here:
<https://www.gov.uk/apply-for-photo-id-voter-authority-certificate>

If you vote by post, you don't need any photo ID. Before you apply to vote by post, you must be registered to vote. You will need a Vote by Post Application Form which you send to EDDC. If you have access to a printer you can download the form here:
<https://eastdevon.gov.uk/media/3722066/postal-vote-application-form.pdf>

If you don't have access to a computer or printer please let our Parish Clerk know and we will provide you with a form and instructions. Parish Clerk, Adrian Jenkins: 07800 826657

STOP PRESS **VILLAGE HALL APPLICATION TO EAST DEVON FOR GRANT SUCCESSFUL**

The installation of the solar panels and batteries will begin on 3rd - 5th April.

A huge 'THANK YOU' to all who have contributed in some way.



KILMINGTON CROSS SERVICE STATION

The Kilmington Cross Service Station has changed hands and is now owned and operated by Motor Fuel Group (MFG). They are the U.K.'s largest independent forecourt operator with over 900 sites. The company-owned site is operated by a local contract manager. MFG is in the process of upgrading the site and your Parish Council has been discussing its plans with their local and area managers. Whilst proposals can always change, the current plans for on-site operations are as follows:

The Pit Stop Cafe will close, and a Greggs bakery shop will replace it. Planned launch date is 17th May and opening hours will be Monday - Friday 6:00 am to 6:00 pm; Sunday 6:00 am to 4:00 pm.

The motel will continue to operate, and it is planned to refurbish rooms.

The Londis convenience store is now being upgraded to provide customers with greater choice.

The fuel forecourt is now operating 24 hours. We understand this is under trial and may change depending on the commercial viability of opening overnight. These extended

hours are now causing concerns with the light pollution in our dark skies AONB area.

As the site may continue to operate 24 hours, MFG have applied to also extend their alcohol sales licence to 24 hours. Naturally, residents have concerns about all night alcohol sales attracting 'the wrong kind of customer', the possible increased likelihood of anti-social behaviour, both on and off site, and if problems were to occur how this would be managed.

Kilmington Parish Council have expressed our concerns about this to MFG and are asking them to recognise the concerns of local residents and reconsider their off-licence hours.

KPC will also be making a representation to EDDC Licensing to object to this extension, primarily based on the prevention of public nuisance.

In the past Kilmington Cross Service Station has been a valuable part of our community providing services and local employment. As MFG invest in the business we will strive to maintain this good relationship for the future.

PUBLIC SPACES PROTECTION ORDER (PSPO) 2023 CONTROL OF DOGS

Users of the Playing Field will be aware that the Trustees have been very concerned about the amount of dog fouling. In July 2022, notices were displayed showing the extent of the problem in the hope that it would prompt those dog walkers who were failing to 'pick up and use the dog waste bin provided' to be more responsible, but regrettably there was only a small reduction in the amount of fouling. The field is used by the School and by pre-school children and the amount of fouling has created an unpleasant and unhealthy environment for them and other users, so the Trustees have considered it necessary to take further steps to try to eradicate the problem.

As it is believed that much of the fouling occurs when dogs are off lead, East Devon District Council have agreed that the Playing Field should become a '**dogs on leads**' area when the new PSPO takes effect on the **1st May**. Failure to comply with the PSPO could result in a fine of £100. The Trustees regret that the failure of a minority has resulted in restrictions on the responsible majority of dog owners.

R J Seward
Secretary to the Trustees of the Playing Fields

CHILDREN - THE BEST ROYAL CROWN COMPETITION

Thursday, 13th April 1.00 -3.00 pm at St Giles' Church.
Come along to make your own crown for the Royal Crown Competition that will be held at the big picnic on the Recreation field on Sunday, May 7th.

All materials will be provided, but you can bring along anything else you would like to add.

The classes will be split into ages with under 5s, Key Stage 1, Key Stage 2 and Key Stage 3. There will be a prize for the best in each group.

We do ask that parents of the younger children stay with them.

Refreshments will be served.

This event is free.

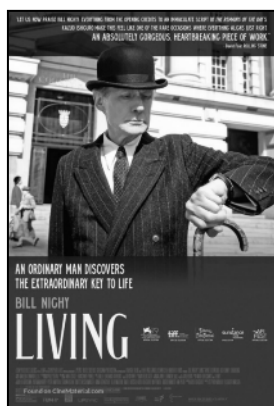
Kilmington Community Association

MOBILE LIBRARY

Tuesday, 4th April 2023 at 11.20 - 11.50 am The Street

WHAT'S ON IN APRIL

KILMINGTON COMMUNITY CINEMA



**Living
(12A)**
Kilmington Village Hall
**Wednesday, 12th April &
Thursday, 13th Matinee**



The post-World War II London drama 'Living' puts Nighy at the centre of a story: he plays Williams, the head of the Public Works Department, who receives a terminal health diagnosis and, after a period of shock, begins taking stock in his life and essentially trying to be the best person he can before he goes. It's a role that calls for subtlety, and director Oliver Hermanus has the right leading man.

Williams is an archetypal figure: a bowler-hatted functionary for the state who's been doing the same thing and living the same life forever. Nighy is 73, old enough to have grandparents who were adults in the 19th century. He seems to understand from first hand observations that people of different centuries (or parts of centuries) had different energies and ways of comporting themselves than those born 50 or 100 years later. You can picture Williams as someone for whom automobiles and planes were staggering new developments and who has seen so much change in his life that stability has become increasingly important.

He's a creature of habit. He takes the train into the city, works, takes the train back home, goes to bed, and repeats. His new boss is ineffective, and the department is largely indifferent to the needs of its employees (a group of female workers is making no headway getting a small playground constructed, and Williams notices but doesn't intervene). The character has been on rails his whole life. The only female employee of his department, Margaret (Aimee Lou Wood), calls him "Mr. Zombie." When his doctor tells him he has only a few more months to live, his response is an unwitting parody of stiff-upper-lip comportment: "Quite."

Nighy's performance is such a marvel of quiet strength and internalized complexity that, even though you're never in doubt as to how Williams will rise to the occasion of his tragic news (a pub crawl, a relationship with a woman that looks like love to outsiders, a decision to intervene to help others make things happen) the events still feel spontaneous rather than telegraphed.

Come along and have another enjoyable evening or afternoon watching and listening to an entertaining film.

Wednesday: Doors open 6.45 pm with the evening's entertainment starting at 7.15 pm and ending about 9.30 pm.
The Thursday matinee: Doors open 1.45 pm. Film starts 2.00 pm. Come along and enjoy a film and have ice creams/tea/coffee, during the interval. Cream Teas available during the matinee interval. Please state Wednesday or Thursday when booking. Tickets Pre-booked £5 or £5.50 on door. To book contact John 01297 639758 or email: wattsjohn307@gmail.com.

In May: TBA

See <http://www.kilmingtonvillage.com/moviola.html> for more information.

SHARING POETRY

Tuesday, 4th April at 4.00 pm
Stanley Studio, The Street, Kilmington

Please bring your favourite poem, limerick or rhyme. We will be reading famous poems, favourite poems and poems written by attendees.

No charge and afternoon tea will be provided.

If further information is required contact::

Susie on 07785 255520 or
John (Thorne) on 01297 34162

WHAT'S ON IN APRIL

KILMINGTON SKY AT NIGHT

Venus and Mars are visible all month in the western sky with Jupiter visible through until mid-month. This month look for **Sirius** in the southern sky, the brightest white star visible from Kilminster. It flashes different colours like a jewel low in the sky. If you follow the three stars of Orion's belt downwards towards the Southeast horizon, you will find the brilliant star Sirius. It is in the constellation of Canis Major the Great Dog, and it is often known as the 'Dog Star'.

2nd Venus and Jupiter appear close, low in the west-southwest as night falls – disappearing below the horizon around 8.00 pm.

7th Full Worm Moon. Native Americans called this last full moon of winter the worm moon after the worm trails that would appear in the newly thawed ground.

24th Jupiter drops below the horizon in the west just after the sun sets. Above them, **Venus** and the crescent **Moon** can be seen until the pair set around 10.00 pm.

28th Mars and the Moon appear close in the west and are visible all night, setting in the northwest around 3.00 am. Mars appears red. **Venus** can also be seen in the west in the early evening, setting in the west south west around 11.00 pm.

Peter

LENT LUNCHES

Lent Lunches are continuing to be held in Kilminster every Thursday, with the last lunch being on Thursday, 6th April. They are held at the Pavilion, which overlooks Kilminster Playing Field. The lunches are from 12.00 noon till about 1.15 pm.

We would very much like you to enjoy soup, bread, cheese, teas and coffees, and good company too. Donations would be welcome. This year proceeds will go to Tearfund and to The Children's Society.

For any enquiries then please contact Christine Thorne on 07814 041059.

Christine Thorne

SPRING LUNCH

Join us for a delicious lunch, to enjoy good company and support the Village Hall.

A light lunch of home-made soup and roll, followed by a pudding, coffee/tea will be served in the Village Hall on Thursday, 20th April from 12.30 pm.

To help catering – pre-booked tickets £6.00.

Please phone 01297 35159 to book.

A few extra tickets may be available on the day but availability cannot be guaranteed.

All proceeds will go to the Village Hall. We look forward to seeing you.

Di and Judith

KILMINGTON GARDENING CLUB

The talk this month on Friday, 14th April is from David Usher, Care and Management of Trees and Shrubs. David has a wealth of knowledge from his many years as head gardener at Hestercombe.

As we start spending more time in our gardens it would be good to know how to get the best out of our trees and shrubs.

Talk starts at 7.30 pm. Non-members very welcome £3, refreshments and bar.

Lesley Rew

FIVE ALIVE OIL SYNDICATE

Please note that the April deadline for submitting oil orders falls on Tuesday, 25th April at 6.00 pm.

Please submit your requests for either an exact amount or, if ordering a top up or a full tank, then please furnish me with an accurate estimate (to 100 litres) of the quantity that you require with a minimum order of 500 litres.

Colin Stewart
01297 792538
cogstewartcs@gmail.com
cogstewart@aol.com

SUDOKU CHALLENGE

Level: Medium

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 17.

8			5	1			7	
		1			3			
				8			5	6
		9	1					
	5			7			8	
					2	4		
7	6			5				
		9				2		
	4			2	6			3

JOHN MARTELL

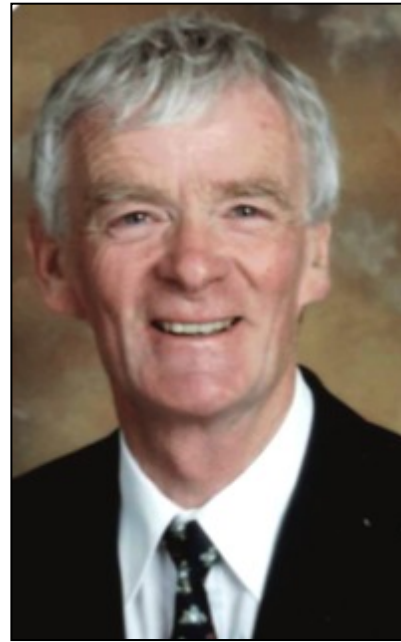
1940 – 2023

I first met John in 1965 when he joined our business in Axminster, having worked for a firm at Sandbanks, Poole, as an estate agent, and by coincidence over the years we became neighbours in Kilminster. He was a man of strong principles and with his family was involved in village life, particularly as a Kilminster School Governor for 40 years.

He had many interests, amongst which was his involvement with the Axe Valley Canoe Club, being a founder member; a love of rugby; reading and gardening. As a colleague at work, John was never late in the morning, extremely conscientious, reliable and with a wonderful sense of humour. Many was the time I would ask, "how are you?" when he was obviously not well, but he always replied, "fine", and rarely had a day off. A long time with illness lately was borne with stoicism.

He will be remembered in Kilminster for many years and I am sure Pat and family will have many good memories in the future as well.

Chris Bolton



KILMINGTON POSTSCRIPT

Income and Expenditure Account
Year ended 31st December 2022

	£ 2022	£ 2021
Receipts		
Post Boxes	50	45
Individuals	300	250
Council Contribution	250	250
Interest	2	0
Advertising	3002	2936
Total	3604	3481
Payments		
Printing	3950	3490
Stationery and Sundries		
Sundry Expenses	0	0
Total	3950	3490
Excess Expenditure over income	-346	-9
Bank Balance 1 January 2022	3235	3244
Increase/Decrease in Year	-346	-9
Bank Balance 31 December 2022	2889	3235
Bank Balances 31 December 2022		
Current Account	1839	2187
Reserve Account	1050	1048
	2889	3235

If you would like more information on these accounts please contact the treasurer.

09 March 2023

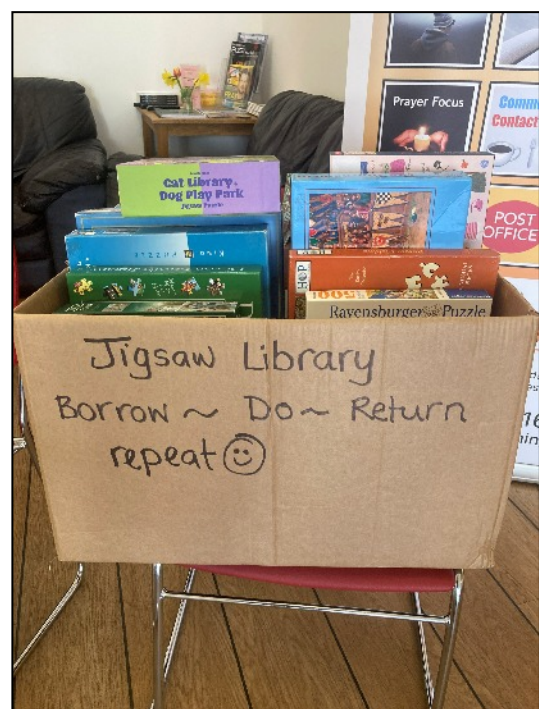
Mrs V Larcombe, Treasurer

JIGSAW LIBRARY AVAILABLE AT 'THE BEACON'

Our friends at Kilminster Baptist Church now have a Jigsaw Library. This is on offer at the Baptist Church every day. Why don't you drop in and pick up a puzzle, then make it up at home? It can then be returned (once you are finished with it) and then you can try a different one!!

What a fantastic idea.

Reverend Julie



CELEBRATE TOGETHER FINDING THE LOST COIN

On Saturday, 11th February we gathered together, once again, at St Giles' Church, for our 'Celebrate Together' Service. This time our theme was based on the passage in the Bible - 'Finding the Lost Coin'. We were continuing our theme of 'Lost'. We involved everyone in the drama by looking for the Lost Coin. We had the adults with additional needs, their parents and carers involved by shaking blankets and searching in socks, boxes, hats, laundry bags, etc.

The service was led wonderfully by Anna Crabbe. Christine Thorne (my mum) expertly read the drama whilst Greta Lidster superbly played the Widow who had Lost Her Coin.

The fantastic Margaret Hurford assisted us with the music for the Service by playing every tune for us on the piano. A big thank-you to her, as without her help we would have no music which would be very sad and dull. We especially enjoyed, on the day, singing 'Amazing Grace' and 'The Spirit Lives to Set Us Free' as well as the songs which are regulars for our Celebrate Together Services.

During the Service we honoured our dear friends who were no longer with us, these being our dear Diana Mellows and the lovely Jenny Hemmings. They both had such hearts for the Celebrate Together Services and played vital parts within them. The Celebrate Together Team sorely miss them, they were so incredible with everyone, they were both compassionate

and servant hearted. We miss them, but I personally know in my heart that they would have been smiling down on us.

I led the prayers and then opened them up to anyone who wanted to add a prayer of their own. One of them put their hand up and I took the microphone to them; I said, "Do you have a prayer?" they then humorously turned and said "No"; we all had a laugh at that. To finish, we had a special prayer for those in Turkey and in Syria. It is terrible that so many people are suffering in that part of the world at this time.

Once again, following the Service, we had a glorious selection of food provided by our wonderful catering ladies. The food was devoured by all.



*Greta Lidster and
Elena-May Blackmore*

If anyone who I have mentioned is reading this, then please know that we are so very blessed that you use your time to make our time together so very special. We love all who help us with this special Service.

Our next "Celebrate Together" Service is Saturday, 8th April. The theme is 'Easter Praise'. Everyone is welcome, and we have level access. Please contact Christine Thorne on 07814 041059 for any further information. It would be great to see some new faces as well as our regulars, so please come and join us for some 'Easter Praise'.

Elana-May Blackmore

MESSY SPARKLERS

With Mother's Day approaching this month, we revisited the story of Baby Moses and his two mums. His birth mum had to hide him in a papyrus basket along the bank of the River Nile to protect him, as Pharaoh wanted to kill all the Hebrew baby boys. Pharaoh's daughter found him, decided to bring him up (foster him) and employed Moses' birth mother to help her. Two very different women whom God used to save the helpless baby who would become a great leader of God's people.

Outside, it was cold, but everyone had coats, the children could run around and take turns with the ride-on toys or play in the water tray with Happyland people and fruit boats. For those who didn't want to go outside, we had brown chocolate and blue caramel Play-Doh for making baskets and the River Nile. The chocolate Play-Doh always smells so yummy! They also could make peek-a-boo cards of river reeds hiding Moses' basket, colour a picture or make a hand/footprint heart memento. Plus, the usual range of toys, books and climbing equipment were in the main hall.

When the children arrived, there was a jelly baby in a cupcake paper basket with a fruit wrap blanket waiting for them, along with fruits. Parents and carers as usual could have a coffee and catch-up before moving into the activities.

It was quite a busy session this month as the two full car parks showed. Yet again, I was chatting so much that I forgot to take photos. It is always such a joy to catch up with parents, grandparents and childminders who have been with us for years and who have come back to join us with a younger sibling or getting to know new people.

Our next session isn't until **Tuesday, 2nd May** due to the Easter Holidays. We start at 10.30 am and finish at 12.30 pm, we ask for a donation of £2 for the first child plus £1 for each additional child which includes lunch for both the child and their adult. Booking is essential, if you aren't on our mailing list, please contact: children.youth@beaconbaptist.co.uk to receive a booking email. Remember to dress for mess!

If you are on our mailing list look out for information regarding our annual Easter Trail, open to children of all ages, taking place on Saturday, 8th April (Easter Saturday). Details weren't confirmed at date of Postscript submission, so if you would like more info, please email us, or check out our Facebook page (Messy Sparklers or Baptist Church Kilmington).

Juletta Obudo

Rev Julie Lomas
St Giles' Church
Kilminster
01297 35004
07488 278 483
revjulielomas@gmail.com



Letter from the Churches

Pastor Mike Hudson
KBC Church Office
Kilminster
07957 738 211
pastor@baptistchurchkilminster.org

Happy Easter! Or as we say in the church, "Christ is risen, alleluia! He is risen indeed, alleluia!"

Our Village is blessed to be served by its churches, and it is always a great joy when we gather together to mark a significant festival in the Christian calendar. On Sunday, 2nd April we celebrate Palm Sunday with a procession through the village with a miniature pony (standing in for the donkey). We leave the Common at approx 10.15 am and you are all invited to join in, or come out to watch, arriving this year at St Giles' Church for a service at 11.00 am.

Assorted tea-towels and dressing gowns will be worn; palm leaves twisted into palm crosses will be waved, and the gathered crowd will walk through the village proclaiming the story of Jesus, singing and praying at different points, and generally making a loud noise and causing a bit of a stir! At least – that's the plan and it is all in attempt to capture the essence of first century Jerusalem and bring to life the events of the very first Easter.

Services are being held at both churches during the week which will help to bridge the gap in years between the year 33 (or thereabouts) and now, 2023, as we reflect on and dig deeper into the events that surround the last supper (Maundy Thursday), the arrest, trial, death and burial of Jesus of Nazareth (Good Friday), and then the miracle of his resurrection from the dead to new life which is celebrated on Easter Sunday. If you are an early riser, walk your dog at sunrise or just want to find out what happens, then make your way to Shute Beacon for 6.30 am on the 9th April and be amongst the first people in our community to greet the day with the words, "Christ is risen, alleluia!"

This year don't settle for being a bystander or a spectator – come and see for yourself and experience Easter in all its fullness!

Every blessing

Rev Julie Lomas

CHURCH SERVICE FOR THE LATE ELIZABETH FOSTER

TUESDAY, 2nd MAY AT 2.00 pm

There is to be a Church Service for the late Elizabeth Foster, which will be held on Tuesday, 2nd May at 2.00 pm at St Giles' Church. Elizabeth was a regular member of the congregation at St Giles' and she has been sorely missed. After the Service there will be refreshments available in the Village Hall. There has been a request from the family to ask those who intend to attend the funeral to please inform the family of that intention and whether you will be staying for refreshments.

Elizabeth died at the start of the Pandemic and the family were unable to hold a proper funeral / get together. David Whitney, Elizabeth's son, and his brother both live in Australia, which has added to their problems in being able to arrange this Service. A reminder will be sent out closer to the date.

To contact David please use pickwhitney@gmail.com, or there is a folder in St Giles' Church where you can record if you intend to attend and whether you intend to stay for refreshments.

Christopher Thorne

Celebrate Together

St Giles Church

Kilminster

EX13 7RF



The Theme: "Easter Praise"

Saturday 8th April 2023

At 3:00pm

**Invites you to a special service for all,
especially for people with learning difficulties,
their support workers, family and friends.**

Tea afterwards.

Please note that there is ample parking and level access,

For further information please ring

Christine Thorne 07814041059



TREASURER POSITION – KILMINGTON WAR MEMORIAL

It is with much regret that I open this month's article with the sad news of the passing of John Martell. John was a very active member of the village and local community as well as a staunch supporter of the RBL. His funeral took place at St Giles' Church, Kilmington on Saturday, 11th March, when the church, at full capacity, was lucky enough to be enlightened by the loving thoughts and recollections of family and friends. Truly a remarkable man, our thoughts and prayers are with his family.

I am pleased to say that our 'First Friday of the month get-togethers' are gathering pace, the next will be in the New Inn on Friday, 7th April and we look forward to seeing you all there.

Please, We Still Need Your Help in recruiting a new Treasurer. This is not an onerous task, but one which is of paramount importance to the branch. If you feel you might be able to help or would like to discuss the role, please feel free to contact me or any other member of the committee!

The War Memorial. This issue is also of great importance. As those who attend our annual remembrance service in November will confirm, the dangers associated with its current position are increasing. The amount of traffic on the A35 presents a significant danger to all those gathered, and the associated noise has a negative effect on the service



itself. Initial communications with the relevant authorities regarding the position of the current memorial are clear; we are unable to move the memorial as it is a grade 2 listed monument and we are not permitted to replicate it in its current form! This leaves us in something of a predicament as to what, if anything, we can do. We have considered the possibility of erecting a new monument in the area of the village hall, close to both churches. This would not only provide a safe area in which to hold our remembrance services, but also be in a more prominent area, where everyone, including the local school children, would be able to view the monument safely. Before any correspondence with the Parish Council (who are the custodians of the current

monument) is entered into, we would love to hear from you with your thoughts and suggestions.

In the meantime, thank you again for supporting the Royal British Legion, but more importantly the veterans and their families.

Please take great care and stay safe.

Cdr Staff Seward OBE RN Rtd
Chairman RBL Kilmington Branch
07799612557 – e-mail t60sas@hotmail.co.uk

KILMINGTON BIG BREAKFAST IN AID OF CANCER RESEARCH

I'd like to say a Huge Thank You to you for supporting the Kilmington Big Breakfast 2023.

It was fantastic to see the Hall full right from the word go, with everyone trying their luck on the tombola and treating themselves to some yummy cake, with all enjoying either a full or light breakfast or coffee and cake. A grand total of £2,334.10 was raised for Cancer Research UK.

I would also like to thank the Big Breakfast Team of willing helpers for their support and organisation which makes the morning run so smoothly, and to all of those who kindly donated any food, prizes or cakes.

I look forward to the 2024 Big Breakfast, see you there!!

Alison Dare and the Team



NATURE NOTES

THE COMMON

For the last work party on February 22nd there was glorious sunshine and eleven of us met to continue with the progress of restoring the Common.

Our task was to carry on removing the bramble and its very long roots, concentrating on the central area. We also have raked off the leaf litter from the same area and around the tree stumps revealing the soil. Spring bulbs are beginning to emerge, and it will of course be interesting to see what other plants and creatures appear on this newly exposed ground.

Excitingly, a Common Lizard showed itself where we were working. It was moved to a safe place to continue its life on the Common along with the toad I mentioned last month, another species that we now know is inhabiting this green space.

The two Heath Lobelia plants that were planted in 2019 have survived and their new leaf rosettes are clearly visible. The areas around them have been carefully cleared and given protection for a while longer with the hope that this year they will self-seed. As yet there is no sign of the plants that were planted in 2021.

We haven't arranged any more work parties for now, but the volunteers will be keeping a close eye on what is emerging after all our hard work and note any changes resulting from the different management of the area.

In the meantime, a local botanist, one of the volunteers, has begun to compile a plant list. Whilst there she was talking to a man who was walking through the Common; he told her that he had grown up in Kilminster and moved back after forty years away. He said as a child he remembers the Common as “a sheet of purple and gold”, referring to the heather and gorse, and that then there were lots of rabbits.

Others have mentioned that there were large numbers of ferns growing on the Common in the past. Please do let us know anything you remember about what you have seen, either recently or longer ago.

Judith Simpson
simpsonjudith71@gmail.com
0129732694



A NEW INSIGHT INTO THE HISTORY OF THE KILMINGTON BOULDER

Probably the oldest ‘resident’ of Kilminster is the Kilminster Boulder, which is estimated to be 100 million years old, though geological evidence suggests that the boulder originated elsewhere and is an ‘erratic’ transported into the area by glacial action – well, who wouldn’t want to move to such a desirable village?

Remarkably, a new study undertaken by Dr Olaf Pilasoy from the University of Uppsala in Sweden, along with a group of his PhD students, promises to shed fresh light on the history of the boulder. The team have been examining a selection of erratics found across the south of England with the help of a new technology which scans using intermittent low-light intensity, known as S.I.L.I. Scans of the Kilminster erratic have revealed the presence of a number of man-made marks akin to runes which suggest that the boulder was a focal point of the community as long ago as the Neolithic period.

If the precise use of the boulder at that time is unknown, there are some clues. One hypothesis, hinted at by the pock marks on the stone, is that it was used as part of an early sporting challenge – perhaps acting as the target for a forerunner of a game that would develop into bowls or cricket.

Likewise, how the boulder came to be discovered in Kilminster Quarry is another mystery, although the team believe that it may have been placed into what was then a lake, deliberately.

From his work as an anthropologist, Dr Olaf observes that in some cultures it was - and is - customary to celebrate a great victory over a rival by making a sacrifice to the gods, in this case the ‘stump’, which, not being flammable, was drowned rather than burned. Dr Olaf also notes, with a wry smile, that it is equally possible that the stone may have been cast away petulantly following a terrible defeat, much as his small children threaten to take their toys and go home when a game isn’t going their way.

One alternative explanation is put forward by a member of the student body. April first explains that her mother was prone to hiding her father’s golf clubs whenever there was DIY to be done, and this prompted the idea that perhaps the proto-feminist maidens of the ancient Kilminster tribe grew weary of the men folk dallying at sports when they should have been hunting supper.

On the other hand, an equally likely, if less entertaining theory, is that the stone was the focal point for meetings of the tribal elders and was some sort of ‘speaker’s chair’ – albeit an uncomfortable one. One can well imagine the stone being hurled into the lake following a particularly fractious council meeting regarding their ongoing inability to control the speed of migrating elk on the A35.

Let us agree that, while we may never know the truth, the boulder’s current location between the cricket pitch and the village hall seems entirely appropriate.

Ann Dorey

PETER AND JANE IN THE GARDEN



April should be the month when Spring really gets going and things warm up.

Time to plant out those sweet peas, having hardened them off to outside temperatures during the daytime. They should be nicely branched little plants by now. I dig quite a lot of rotted manure or compost into the planting site and put supporting canes in before planting.

I prune Hydrangeas now, when the risk of hard frost should be over, cutting off the old heads back to double buds, which should increase the number of flowering heads this year. Last year I planted three rows of willows with stems of various colours, having previously rooted cuttings in a jar of water on a windowsill. The stems were tied horizontally along canes, resulting in vertical new shoots, providing stunning winter colour. This month, they will be cut hard back to encourage more stems later. I also prune my various *Cornus* (dogwood) hard this month, for a colourful display at the end of the year.

Now is the time to dig up and divide perennials, to make more to fill any spaces or give away. I stake these plants using hazel or other tree branches, rather than plastic or metal supports.

Seedlings I have already sown will need transplanting now, before they get too leggy and any cuttings previously taken may need repotting into fresh compost, to give them a boost. I am lucky enough to have a greenhouse in which to put my bags of compost to warm up, preventing any temperature shock to the young plants.

Vegetable growing really takes off in April. The broad beans (*Aquadulce Claudia*) and onion sets (*Hercules*), sown and planted in February, are showing nicely in their rows. From the end of March into April the planting really begins. My parsnips were sown in mid-March (although this can be done in February). April will see the sowing of peas (sugar snap) and spinach. My second early potatoes (*Charlotte*) will be planted in an old dustbin this year.

When I was farming, to help get the best out of my crops, I would test my fields regularly for NPK (nitrogen, phosphorus and potassium) but I have never tested my vegetable patch. 'Why not', I ask myself, despite always applying farmyard manure? I think I will. There are many soil testing kits on the market for pH (acidity) and nutrients, complete with excellent instructions.

You may or may not know that nitrogen helps plants to make protein, to produce new tissue. Phosphorus stimulates root growth and potassium promotes overall vigour. Without these in the required amounts, plants cannot reach their potential. P and K need applying to the soil before planting, so they are in the soil solution ready to be taken up by the roots. When everything is right, with good fertility, oxygen and water and no interruptions from the weather, they can then grow away quickly from bug, slug and vermin pests. I wish?!!

Happy planting and weeding!

Jane Chalk and Peter Guy

RAISING FUNDS FOR ELF

(Exeter Leukaemia Fund)

BY SPONSORED WALKING

www.justgiving.com/fundraising/jeanette-porter1

I would like to thank everyone who has so far contributed to my sponsored walking for Exeter Leukaemia Fund. Between my sponsor form and my 'justgiving' page, you have so far raised nearly £400.00.

Thank you all so much. I hope to keep the page open through April. So there is still time if you would like to contribute to 'Elf' and support me in my walking. Thank you.

Jeanette Porter



VILLAGE HALL '100+' CLUB

The winners of the draw held on
28th February 2023

S Gobu	£30	S Dare	£5
J Atkinson	£15	A Crabbe	£5
P Trumper	£15	S Hill	£5

For further details, please contact
Jean Falconer - 01297 33708

KILMINGTON GARDENING CLUB

The Best of Friends – Becca Flintham

www.kilmingtongardeningclub.co.uk



Becca Flintham's subject at the Club's March talk was the ways in which we gardeners can work with nature to maintain soil health, control pests and grow flourishing plants. She quoted Rachel Carson: "*In nature nothing exists alone,*" and the American biologist Barry Commoner, who in 1971 formulated his four laws of ecology:

1. *Everything is connected to everything else.* What affects one part of the ecosystem affects all.
2. *Everything must go somewhere.* There is no "waste" in nature, everything is converted from one molecular form into another.
3. *Nature knows best.* Humankind tries to improve upon nature, but such change in a natural system is likely to be detrimental to that system. Examples are monoculture, over-fertilisation and over-use of pesticides.
4. *There is no such thing as a free lunch.* Anything extracted from nature must be replaced.

Becca described some natural ways in which we can help our plants to flourish:

- Companion planting, where plant species are grouped together to enhance the others' growth. One example is the traditional North American "Three Sisters" inter-cropping system where maize, beans and squash are grown together for mutual benefit. Grow several different crops in each bed.
- Try to have some plants in flower most months of the year to attract beneficial insects. These could include *phacelia*, *willow*, *witch hazel*, *hebe*, *lavender*, *borage*, *sunflowers*, *sedums*, *verbena bonariensis*. Predatory insects

such as wasps and hover flies like *umbellifers*, *daisies*, *catnip*, *mint*.

- Applying mycorrhizal fungi when planting can increase root absorption by up to 50%.
- Discourage slugs and snails by attracting ground beetles, which like to hide under low-growing plants like *alyssum*, *creeping thyme*, *phlox*, *stonecrop*, *woodruff*. Slugs and snails dislike hairy-leaved plants. Beer traps, while effective, attract ground beetles too, so should be raised an inch or so above the soil surface.
- Divert insects from crops by interfering with their sense of smell. Plant alliums between rows of carrots to confuse carrot root fly, artemisia or tansy to deter ants, marigolds to repel whitefly.
- Lure insects away from crops by 'trap cropping', growing nasturtiums to attract away aphids, radishes for flea beetles, mustard for cabbage root fly. Slugs will hide under comfrey leaves – add these together to the compost heap.
- Try 'No Dig'. Cover beds with cardboard topped with garden compost or other organic matter and avoid compacting the soil. Don't use pesticides. Make comfrey tea as a feed, or spray plants with liquid seaweed to increase disease resistance.

This is just a brief summary of Becca's hugely informative talk. Her detailed notes, which are recommended reading, will be posted on Kilmingtongardening Club's website.

Beverley Perkins

THE KILMINGTON HISTORY GROUP

The second History Film Show on 3rd March was again a sell-out success with over eighty attending to learn a little of Kilmingtong's past. Thanks to all those who provided photographs and information and to those who came along. The group are now even more motivated to continue to pull together the archive and take up further research. Alan Clarkson has provided another interesting article in this edition of Postscript and, if you missed them, past stories can be found in the Postscript Archive within the village website.

Please don't forget if you have any old documents such as deeds, old newspaper reports or photographs, we would love to borrow them to scan and add to the archive. We will take great care of them and quickly return the originals to you.

We plan to follow up in the future with some more history shows and discussions, so watch this space. You can contact the group via KHG@kilmingtonvillage.com

FIRST AID TRAINING

In response to last month's notice offering the possibility of First Aid Training, we received only two responses. It is

therefore not cost effective for us to organise a session for such a small group.

Kilmingtong Community Association

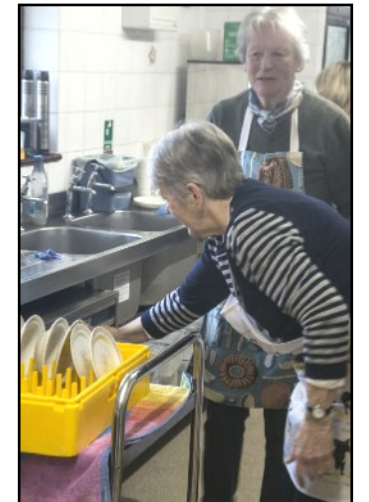
Kilmingtong Big Breakfast 2023



Kilmingtong Big Breakfast was busy from the very first moment the Village Hall doors opened at 9.00 am. It was lovely to see the enthusiasm from the Big Breakfast Team who threw themselves into their work with a smile and great efficiency.

You all looked like you were enjoying the mornings hard work, whether you were behind the scenes in the kitchen or out in the Hall taking orders and having a quick chat with the hungry locals.

On the day the total raised for Cancer Research UK was £2,334.10



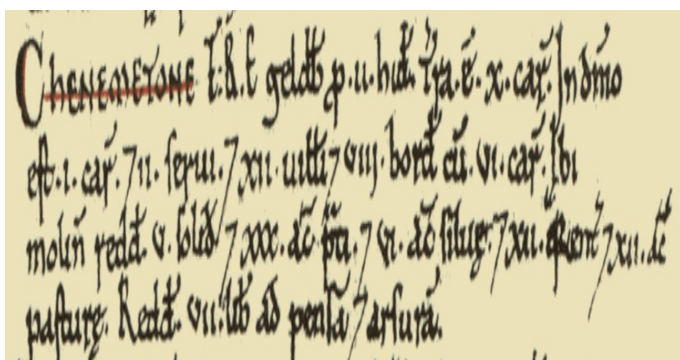
JUDGEMENT DAY

'1086 and all that' – Kilmington at Domesday

Every English school child will most likely have had the date '1066' indelibly etched into their memory. Over 950 years ago, William, Duke of Normandy, famously brought his army across the channel and defeated Harold Godwinson (Harold II) and the Anglo-Saxon English near Hastings. Upon his victory, the new king immediately set about brutally subjugating and stripping land from the native population that inevitably hated him. Perhaps like every grasping tyrant and conqueror, he kept an ever-watchful eye on his enemies; he was rightly fearful of uprisings and threats of an imminent invasion from both the Vikings and the Danes. He would therefore need strong fortifications and a large army if he was to keep possession of the treasure known as England – and for that he needed vast amounts of money. And so – like every leader before or since – he looked to his subjects for it. Taxation was on his mind.

In December 1085, the conqueror ordered a detailed written survey of his new lands – a medieval database no less. *How many settlements were there? What about land usage? Who owned what? What about livestock? What about mills and fisheries?* – In fact – *what about anything that could be taxed?* Dutifully, his surveyors immediately set about the huge undertaking and with dizzying speed and just nine months later King William had the answer (at least in draft!).

The resulting books (there were two volumes) were later nicknamed *Domesday*, after God's final Day of Judgement, when every soul would be assessed and against which there could be no appeal. The National Archives describes Domesday as *Britain's earliest public record and by the far the most complete record of pre-industrial society to survive anywhere in the world providing a unique window on the medieval world*. The survey identified 13,418 settlements in England and our village, Chenemetone (Kilmington) was one of them.



For those not familiar with medieval Latin, a translation is presented below:

'KILMINGTON. T.R.E it paid geld for 2 hides. There is land for 10 ploughs. In demesne is 1 plough, and 2 slaves and 12 villans and 8 bordars with 6 ploughs. There is a mill rendering 5s and 30 acres of meadow, and 6 acres of woodland, and 12 furlongs and 12 acres of pasture. It renders £7 weighed and assayed.'

The letters T.R.E. meant 'Tempore Regis Edwardi or 'at the time of King Edward'. The scribes ignored the legitimacy of the defeated Harold by instead referring to Edward the Confessor who also died in 1066. Kilmington must therefore have been well established before then.

GELD was a Saxon land tax, payable by 'the hide', which the Normans sought to develop and extract.

A HIDE was a unit of value (for the purposes of taxation) rather than of land, but it notionally represented perhaps 120 acres (but this varied enormously).

There were ten 'ploughs' of land which could be cultivated. A PLOUGH (or ploughland) was an area of land which a team of eight oxen could till in one season (also perhaps 120 acres). The Domesday entry suggests that, in all, there were seven 'ploughlands' in cultivation at the time.

DEMESNE refers to the 'manor' (estate/land) of Kilmington kept by the lord (in this case the King) for his own profit.

A SLAVE was a serf and the unfortunate property of the lord without lands of their own. The entry in Domesday most likely relates to two households of slaves as part of the lord's estate probably used as ploughmen.

A VILLAN was a villager, nominally free but still bound to toil the soil. They were the wealthiest of our peasant ancestors and there were twelve villan households in Kilmington at the time of Domesday. Our word 'villain' today harks back to those farmers.

There were also eight households of BORDARS. These peasants were unfree small holders, cultivating perhaps five acres of land and sitting somewhere between slaves and villans in status.

Kilmington possessed a mill for grinding grain and today one must wonder just where it might have been? This would most likely have been a water mill (although possibly driven by oxen) and so it presumably existed somewhere near to one of the meandering watercourses in the village. The famous 1809 Mudge Map shows a mill on the Corry Brook at 'Mill Green'. Perhaps that was the site? As for land usage, it seems that Kilmington was then much as it is today, a mixture of arable land, meadow, woodland and grazing pasture.

There were seven regional 'circuits' (areas of survey) which King William's commissioners brought together for Domesday in 1086. However, the south-west is uniquely fortunate in that its original manuscript returns, called 'Exon Domesday', still exist and enhance (and sometimes conflict with!) the information recorded in the 'Exchequer' version of the Domesday Book itself. In this text, translated below, Kilmington was referred to as Chiememetona.

'The king has 1 estate which is called Kilmington, which Earl Leofwine held on the day that King Eadweard was alive and dead, and it paid geld for 2 hides. 10 ploughs can plough these. Of it the king has half a hide and 1 plough in demesne and the villans 1 hide and a half and 6 ploughs. There the king has 12 villans and 8

bordars and 2 slaves and 3 beasts and 1 mill, which pays 5 shillings, and 6 acres of woodland and 30 acres of meadow and 12 furlongs and 12 acres of grazing-land; and it pays 7 pounds a year by weighing and testing by fire.'

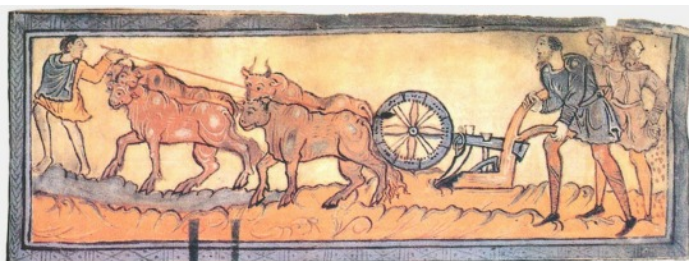
By the time of Domesday, England had changed forever. Almost three quarters of it was then under the control of either the King or Norman nobility with less than one twentieth of it remaining in the hands of subservient English nobility. Notably, and perhaps shockingly, more than one quarter of England was owned by the Church although there is no specific mention of a recognised church or church lands at Kilmington (whereas records of other local settlements in Axminster and Colyton do).

And so - there were twenty-two peasant households in Kilmington at Domesday, perhaps with a population of one hundred or so. This places Kilmington at about half the size of Axminster (with forty households) at the time and within the top forty percent for population density for settled areas

in the survey. It is probably fair to say that Kilmington was not as desirable a place to live in then as it is today. Different times. Our peasant predecessors no doubt eked out a meagre existence tilling the soil in the service of a king they despised!

Alan Clarkson

<http://www.domesdaybook.co.uk/>
<https://www.exondomesday.ac.uk/>



A ST MATTHEW PASSION PREMIÈRE IN AXMINSTER – UPDATE

This St Matthew Passion by CPE Bach, dated 1789, was rediscovered in 1999. Two hundred and thirty-four years after it was written, Axminster & District Choral Society will present its UK première on April 1st at 7.30 pm in the Minster Church, Axminster.

The discovery of this work, with many other works believed to have been lost during World War Two, prompted a decision to produce a complete published edition of CPE Bach's work. This is being prepared by the Packard Humanities Institute in the US, under the direction of Paul Cornelson. **Before the concert there will be a talk by Paul Cornelson about the project.**

In writing this dramatic Passion setting, CPE Bach drew on his father's St Matthew Passion, rearranging some of the choruses for four, instead of eight-part, choir. Additionally,

several of his father's wonderful chorale harmonisations are included. While he wrote much of the material, there is more of JS Bach in this work than there is of his son!

The Choral Society is grateful to the Packard Humanities Institute for the unique opportunity to offer this fascinating work to a Southwest audience.

The concert, featuring professional soloists and orchestra, takes place on Saturday, April 1st at the Minster Church, Axminster at 7.30 pm. The pre-concert talk at 6.30 is open to all ticket holders.

Tickets cost £12 and £15 from Archway Books, Trinity Square, Axminster, by phoning 01404 41907, or on-line at www.axminsterchoral.co.uk

SMILE

A smile or a greeting is priceless, worth more than silver and gold,
 To many a passing stranger especially the lonely and old.
 People lose friends and family and can be left all on their own
 And any friendly gesture shows they're not entirely alone
 A smile radiates sunshine and its warmth goes straight to the heart,
 A friendly face in the morning gives every day a good start.
 Let people feel they're wanted, it's a small thing we can do
 Make everyone feel included it's up to me and you.

John Thorne

SUDOKU SOLUTION

8	2	6	5	1	4	3	7	9
5	7	1	6	9	3	8	2	4
3	9	4	2	8	7	1	5	6
4	8	9	1	6	5	7	3	2
2	5	3	4	7	9	6	8	1
6	1	7	8	3	2	4	9	5
7	6	2	3	5	1	9	4	8
1	3	5	9	4	8	2	6	7
9	4	8	7	2	6	5	1	3

The first of this month's recipes is a sweet treat for the Easter weekend; it is an alternative to a traditional Simnel cake. The sponge-based tray bake includes all the ingredients of a Simnel cake but is much quicker and cheaper to make. The original recipe calls for a lemon icing which makes the cake quite lemony so can be swapped out for a plain icing if you prefer. The savoury Gratin is a recipe I saw on a recent Rick Stein's Cornwall programme to which I have made a couple of tweaks. I am a big fan of Rick Stein, so I am really looking forward to eating at The Seafood Restaurant in Padstow next month.

LEMON DRIZZLE SIMNEL SLICES

Makes one tray bake, approx 12 slices

250g/10oz unsalted butter, softened
250g/10oz golden caster sugar
2 large lemons, zest and juice
3 large eggs
200g/8oz plain flour
100g/4oz ground almonds
2½ tsp baking powder
50ml/2 fl oz milk
100g/4oz mixed dried fruit, currants, raisins and sultanas
300g/12oz white marzipan

Topping

50g/2oz caster sugar
50g/2oz sieved icing sugar
Chocolate mini-eggs - optional

Method

1. Beat the butter and sugar together with the lemon zest until pale and fluffy. Add the eggs a bit at a time, then stir in the flour, baking powder and ground almonds. Finally, stir in the dried fruit and milk.
2. Spoon half of the mixture into a greased and base-lined tin, approx 20 x 30 cm. Coarsely grate half of the marzipan onto the sponge mixture. Top, carefully, with the remaining sponge mixture.
3. Bake at 180C fan/200C/ gas 6 for 40-45 minutes or until a skewer inserted into the centre of the cake comes out clean.
4. While the cake is cooking, make the drizzle by mixing a quarter of the lemon juice with 50g/2oz caster sugar. As soon as the cake has been removed from the oven, spread over the drizzle mixture. Allow to cool completely in the tin.
5. Using the remaining marzipan, make 11 small balls, you may not need quite all of the marzipan. Mix approx 3 tbsp of the lemon juice with the sifted icing sugar and drizzle the icing over the cake. Decorate with the marzipan balls and the mini-eggs.



CHICKEN, LEEK AND CIDER GRATIN

Serves 4

50g/2oz unsalted butter
500g/20oz boneless, skinless chicken thighs cut into chunks
2 large leeks, trimmed and sliced
1 tsp soy sauce
¼ tsp paprika
2 heaped tsps Dijon mustard
150ml/6 fl oz medium dry cider
300ml/12 fl oz double cream
350g/14oz peeled and thinly sliced potatoes
50g/2oz grated cheddar cheese
Salt and pepper

Method

1. Melt half of the butter in a pan and fry the chicken pieces until golden and cooked through, then transfer them to a plate.
2. Melt the remaining butter and cook the leeks until well softened but not coloured.
3. Add the cider, soy sauce, paprika, mustard and cream to the pan, bring to the boil for 2-3 minutes until it has thickened slightly. Add the chicken to the sauce, season and once well combined pour into a 2 litre ovenproof dish.
4. Par boil the sliced potatoes for 3 minutes, drain and then arrange over the chicken mixture in a layer. Top with the grated cheese.
5. Bake at 180C/ fan/200C/ gas 6 for 30-40 minutes until the potatoes are soft and the chicken mixture is bubbling. Serve with some seasonal vegetables.



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Tel: 07512 279663

Email: info@axminsterandlymecancersupport.co.uk

Mailing address: Axminster and Lyme Cancer Support, Heathermoor, Yawl Hill Lane, Yawl, DT7 3RW

Newsletter no.54

ALCS is a local charity founded a few years ago in this area to offer support to anyone affected by any cancer. In their latest Newsletter they introduce a new member of the administrative staff and reflect on how the charity has grown and adjusted to changes and challenges as demand for its help has increased. They now have more than 250 clients receiving support. They thank the Lyme Regis Golf Club for the donation of £3,000, which will go directly to support local people affected by cancer, and they give an update on the recently formed Bobsleigh team and its forthcoming fundraising plans on their behalf.

As usual there is mention of drop-in sessions on alternate Mondays at Axminster Hospital, and monthly support group sessions for those who are about to start, are undergoing, or who have just finished active treatment. There are social events, like the 'Blokes' Brunch at a hotel in Axminster or Lyme and usually with an invited speaker, or the monthly Pie and Pint, also for men, at one of the local pubs. The acupuncture clinic continues and there is a chance to learn

about dietary changes which may help with general well-being, such as the talk on Dairy Kefir fermented food in April.

The newly established Creative Hub at Stanley Studios in Kilminster offers creative writing via Zoom and a six-week course called 'Making a Mark'.

Some dates:

Monday, 17th April 12.30 – 2.30 pm: Dairy Kefir Fermented Food Workshop. Lyme Regis Football Club.

Wednesdays, 19th, 26th April and 3rd, 10th, 17th and 24th May: 'Making a Mark' Stanley Studios with Christine Allison.

Wednesdays, 3rd May and 5th July: Creative writing on Zoom with Ninette Hartley.

If you wish to receive the full newsletter with more information and detail, or to register your interest, or have any queries for ALCS, please use one of the addresses above to contact them.

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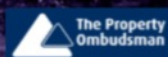
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NO BUTTS.....!

Approximately six trillion (yes that's 6,000,000,000,000) cigarettes are purchased each year around the world and of these, around four trillion cigarette butts are tossed away to pollute the planet annually!

Cigarette butts are the most littered item on the Earth, blown by the wind, washed into our drains by the rain, escaping into the waterways and then our oceans, breaking down into microplastics and these eventually find their way into the food chain.

Smokers feel they are being tidy by putting them in the public drains and are unaware that these eventually make their way into our rivers and oceans to be eaten by marine life and birds who mistake them for food. Those cigarette ends left on the ground are equally polluting as they break down into microplastics.

Did you know that apart from plastic, cigarette butts contain arsenic, nicotine, lead and other chemicals? They are hazardous to animals and birds and even affect plant growth, researchers have found. An American epidemiologist reported that 'one cigarette butt in a litre of water, kills half the fish' (National Geographic).

So if you smoke, why not invest in a pocket ashtray from as little as £2.50 to keep in your handbag or pocket – after all, if a sizeable smart phone can fit in a pocket, then one of these would be a cinch. Alternatively, why not buy one as a present for someone who smokes; a nice stocking filler... in fact buy one now, why wait for Christmas!

Kay Pike

A MESSAGE TO POSTSCRIPT READERS FROM 'OURLOCALEXPERT'

People living in and around your area have always been very supportive of OurLocalExpert since we started six years ago. This is a free printed and online guide of local businesses that have been used and recommended by local people. Readers know they can expect a trustworthy and good quality service from anyone listed – reducing the fear of 'cowboys' and 'rogue traders'. When you use businesses in OurLocalExpert it supports the local economy – keeping money with local people rather than being lost to big companies. Local businesses like featuring in the guide because it enhances their reputation and wins them good quality local customers.

The new annual edition of OurLocalExpert will be distributed in March and April free through your letterbox with your post.

Anyone who doesn't have a copy can contact me and I will be happy to post you one! Call Nick Hall 01823 218222, nick@OurLocalExpert.co.uk

People who prefer to use the internet will find the guide at www.OurLocalExpert.co.uk

We also ask for genuine recommendations of local tradespeople you use and trust, using the same contact details. By recommending a business your name enters our annual competition where you could win £50 to spend at Cullompton Farmers Market.

Many thanks for your continued support.

George Hunt



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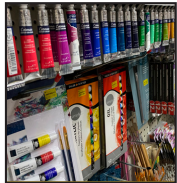
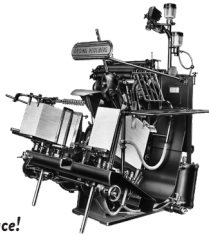
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Please post payments for advertising in Postscript and donations to help with printing costs
through the front door of Vicky Larcombe's house. Thank you.

DIRECTIONS FOR FINDING Vicky Larcombe's house. Vicky is treasurer for Postscript.

From Whitford Road turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on
your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank,
you have gone a few steps too far.

WEEK TO VIEW (Events that happen the same time every week)

Sunday	10.30 am	The Beacon	Service
Monday	early	Your house	Recycling collections
	2.00 - 4.00 pm	Village Hall	Country Dancing
Tuesday	10.00 - noon	The Beacon	The Post Office
Wednesday	9.30 am	The Beacon	Toddlers and Tinies (Term time only)
	10.00 - noon	St Giles' Church	Mums and Babies Support Group
	2.00 - 4.00 pm	Village Hall	Short Mat Bowls
Thursday	7.00 pm	The Beacon	Alpha Course
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome

DATES FOR APRIL 2023

Sat	1st	7.30 pm	Axminster Church	Axminster and District Choral Society - <i>A St Matthew's Passion</i>
Sun	2nd	10.00 am	The Common	Palm Sunday Procession to St Giles' Church
	2nd	11.00 am	St Giles' Church	Joint service with the Baptist Church
	2nd	6.30 pm	The Beacon	Prayer Meeting
Mon	3rd	7.30 pm	Pavilion	Parish Council Meeting
Tue	4th	4.00 pm	Stanley Studio	Sharing Poetry
Wed	5th	9.30 am	The Beacon	Men's Home Group (for prayer and Bible Study)
	5th	2.00 pm	The Beacon	The Beacon Home Group
Thurs	6th	12.00 noon	Pavilion	Lent Lunch
Fri	7th	10.00 am	The Beacon	Special Good Friday reflective communion service followed by refreshments and Hot Cross buns
	7th	6.00 pm	The New Inn	Royal British Legion 'Get Together'
Sat	8th	10.00 am-12.00 noon	The Beacon	Easter Trail
	8th	3.00 pm	St Giles' Church	Celebrate Service
Sun	9th	6.15 am	Shute Beacon	Sunrise Service
	9th	9.30 am	St Giles' Church	Easter Holy Communion
Tue	11th	Early	Your House	Recycling only
	11th	Early	Your House	Garden Waste Collection
	11th	9.30 am	St Giles' Church	Said Communion
Wed	12th	2.00 pm	The Beacon	The Beacon Home Group
	12th	7.15 pm	Village Hall	KCC: <i>Living</i>
Thurs	13th	1.00 - 3.00 pm	St Giles' Church	Children's Crown Making Workshop
	13th	2.00 pm	Village Hall	KCC: <i>Living</i>
Fri	14th	7.30 pm	Village Hall	KGC Talk: <i>Care and Management of Trees and Shrubs</i> - David Usher
Sat	15th	8.00 am	The Beacon	Men's Breakfast
Sun	16th	9.30 am	St Giles' Church	Holy Communion
Mon	17th	Early	Your House	Landfill with recycling
Tues	18th	12.30 pm	The Beacon	Community Contact Lunch
Wed	19th	2.00 pm	The Beacon	The Beacon Home Group
Thurs	20th	12.30 pm	Village Hall	Spring Lunch (see page 6 for more information)
	20th	1.45 pm	The Beacon	Just for You Ladies Bible study and prayer
Sat	22nd	8.30 am	The Beacon	Women's Breakfast
Sun	23rd	9.30 am	St Giles'	Morning Worship
Tue	25th	Early	Your House	Garden Waste Collection
	25th	9.30 am	St Giles' Church	Said Communion
Wed	26th	2.00 pm	The Beacon	The Beacon Home Group
Thurs	27th	1.45 pm	The Beacon	Just for You Ladies Bible study and prayer
Sat	29th		Your House	Decorate your house and garden ready for the Coronation
Sun	30th	10.30am	Shute Church	Mission Community Holy Communion

USEFUL TELEPHONE NUMBERS

VILLAGE NUMBERS

Bell-ringing - Celia Dunsford	01297 33563	KGC - Bev Perkins, Secretary	01297 631801	Short Mat Bowls - Edith Turner	01297 34090
Bridge Club - Eric Samways - Gill Bullock	01297 24260 01297 647768	Kilminster Community Cinema - John Watts	01297 639758	Table Tennis - Jenny Nickolls	01297 639758
Country Dancing - Gill Perkins - Marie Thorne	01297 32888 01297 631194	Kilminster Pre-School - Now part of primary school	01297 32762	Telephone Box Library - Karen Hodder	01297 35162
Cricket - David Lavender	01297 631868	Kilminster Primary School	01297 32762	Tennis - Bev Bailey Sue Wells	07577 488656 07912 272102
Footpath co-ordinator - Tom Cook footpaths@kilminstervillage.com	07974 001197	Millers Farm Shop	01297 35290	Village Hall bookings - Louise Quincey	01297 32358
Hitchcock Pavilion bookings - Peter Huscroft	01297 32243	The New Inn	01297 33376	Village Hall 100+ Club - Jean Falconer	01297 33708
Kilminster A35 Pit Stop	01297 598060	The Old Inn	01297 32096	www.kilminstervillage.com - Luke & Maxine Lawson	07719 909532
Kilminster Cross Services	01297 631089	RBL - Jean Falconer - Sec Stafford Seward - Chairman	01297 33708 01297 33909		

MEDICAL AND SUPPORT

Axminster Hospital	01297 630400	'Devon Doctors on call' (Out of hours GP service)	0845 6710270	Veterinary Surgery	01297 630500
St Thomas Court Surgery	01297 32126	Dentist Helpline	03330 063300		

SERVICES AND FACILITIES

Refuse Collection	01395 571515	Axminster Library	01297 32693	Clerk to the Parish Council	07800 826657
Water - general - leaks	0344 346 2020 0800 230 0561	Mobile Library	01404 42818	E. Devon District Councillor - Iain Chubb	01297 35468
Electricity - emergency	0800 365 900	Ring & Ride	01404 46520	Devon County Council, Whimple and Blackdown, Iain Chubb	07932 459595
		Axminster Care Service	01297 35550		

Police: Crime stoppers - 0800 555111: Emergency - 999: General - 101

CHURCHES

St Giles' Church Rev Julie Lomas	01297 35004	Baptist Church Office Pastor Mike Hudson	01297 631638	Axminster Catholic Church Parish Priest: Father Jacek Kostuch	01297 32135
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ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilminster. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

	Black and white ads	Colour ads
Credit card (70 mm x 40 mm)	£ 5 or £22.50 for 5 months	
¼ page (90 wide x 136 mm high - Portrait)	£12 for one-off or £50 for 5 months	£15 for one-off or £75 for 5 months
½ page (184 x 136 or 90 x 276 mm)	£20 or £90 for 5 months	£30 for one-off
Full page (184 x 276 mm)	£30 or £130 for 5 months	£40 for one-off

If the advertisement could be sent as a jpeg it is a great help when sizing for publication.

BACK COVER: *Occasionally the back cover is available for a one-off colour page advertisement. Cost: £50*

Additional fee of £1 if Postscript has to edit, size or set copy.

PAYMENT: Cheques should be made payable to: Kilminster Postscript and posted to: **Mrs V. Larcombe, Brookside, The Street, Kilminster, EX13 7RJ.** BACS account name is **Kilminster Postscript**, sort code: **51.61.23**, account no: **18159400**

COMING AND GOING FOR A SONG: There is no charge for these entries for items valued up to £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (please see directions on page 26).



King Charles III Coronation

A great opportunity once again for our community to come together for a once in a generation celebration over the special Coronation Bank Holiday. As Kilmington joins the rest of the UK in festivities, we hope families, friends and neighbours will all be joining us to make this another fun weekend to remember! Following the extensive Jubilee Celebrations held Nationwide for Her Majesty The Queen, a more modest programme is considered appropriate for the Coronation. Here is an outline of the activities planned. Further details will be posted on notice boards, the village website, Facebook and in next month's Postscript magazine. **FREE ENTRY To All Events, with very reasonable prices for extras like food & drink.**

Kilmington Weekend Celebrations

Saturday 29th April: Red, white, and blue decorations will be displayed around the village. Decorate your house and garden.

Saturday 6th May

Flower Displays at St Giles' Church all weekend

Morning: His Majesty The King's Coronation ceremony on the Big Screen. The Beacon Church will project this historic spectacle on their big screen. Join with others to witness the ceremony. Families and children welcome. Refreshments will be available.

6.00 pm until late. A Family Celebration Disco and BBQ at the Village Hall. Starting early so the children can join in. Then, later when the children have left for bed, the 'grown-ups'? can let down their hair and boogie the night away. Bar available.

Sunday 7th May

10.30 am St Giles' Coronation Celebration Service - led by the Archdeacon of Exeter, The Venerable Andrew Beane - open to all in the village.

12.00 Noon - The Big Picnic - Recreation Field (Village Hall if wet) Bring-your-Own food and join others for a Great Get Together. Some games and races for children. Crown Competition Prizes. Well behaved Dogs on short leads only please.

Monday 8th May

Morning: The Big Help Out – Kilmington Spring Clean Celebration. A special Bank Holiday Festival of Volunteering proclaimed by the Prime Minister in honour of the Coronation. The aim is to create a legacy of better-connected communities after the Coronation itself. We'll start at St Giles' with a Community Litter Pick around the Village or join in and Spring Clean along the verges around your home. Refreshments.

As we plan the celebrations in Kilmington, a small group of volunteers are needed to help pull village activities together. Our appeal last month for helpers resulted in zero mails. So, we are still looking for help! If you are willing to join the team over the weekend, please let us know and send an email to: volunteer@kilmingtonvillage.com

Kilmington Community Association

