

KILMINGTON

POSTscript

Issue 216 July 2019



EDITORIAL

We have a master thatcher on our cover this time, pictured working at Spout Hill on the corner of George Lane and the Street a few years ago, practising one of the ancient crafts which is very much alive and still familiar in this area. Some local thatchers who advertise on Devon websites are not only re-roofing old cottages but in some cases creating thatched roofs for completely new buildings as well.

This Postscript carries news of the recent Parish council elections and posters for a number of summer events. There are outdoor coffee mornings, a Barbecue with the British Legion, St. Giles' fête and the Gardening Club's Annual Flower Show and Fayre. These events do not happen spontaneously. They all need volunteers to make them happen. There was some trepidation back in February as to whether enough helpers could be found to hold this year's Show and Fayre but the organisers felt encouraged to proceed. You haven't missed your chance. You will see posters round the village asking for more helpers, even for an hour or so. Don't let it be the old story of Everybody, Somebody, Anybody, and Nobody.

In this edition we also have some sporting triumphs to celebrate. Two Kilmington men have been selected to represent Great Britain in their chosen sports at international level. James Wilson who grew up here was recently selected as a member of the show jumping team for the GB Nations Cup in Switzerland and Luke Reed, resident triathlete, whom you may see pounding round the lanes, has just competed in the European Triathlon Championship. Congratulations to them both and to their families who supported them through all the trials and tribulations on the way up!

We are sad to report that our greatly valued photographer Maureen Lane has decided that it is time to retire from the team. Since she joined Postscript in March 2013 she has made an enormous difference to the appearance and quality of this village magazine, skilfully using the technology as it has developed and improved and has given much pleasure with her beautiful covers and centre spreads. She has illustrated many events and changes in the village over the years. Such records are part of its social history. A perfectionist who is always generous with her talents and her time, she has also brought enthusiasm and a quiet sense of humour to the job. Despite feeling daunted that Maureen is a hard act to follow, Marie Gardner and David Bromley have already taken up the baton, with some of their photos appearing in June's Postscript. We welcome them warmly.

There is no separate Postscript in August. The next one will be for September.

Janfryd

The front cover photo is by Maureen Lane

CONTRIBUTIONS TO POSTSCRIPT

Please remember to use the email address for Postscript:

postscript@kilmingtonvillage.com

Alternatively, please give your item to any team member.

The closing date for submitting items for September's issue is 15th August 2019. All will be acknowledged. Please email or ring 01297 639115 if not acknowledged within 48 hours.

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Postscript is published 10 times each year and is delivered free of charge to every house in Kilmington. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

DONATIONS

Arrangements for donating to Postscript have changed as a result of the closure of the village shop. Please see page 28 for details. Donations to the middle of June came to £32.40. All donations go towards printing costs. Thank you for your continuing support.

ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 75p.
Extra copies are available from Millers Farm Shop, where donations may be made.

Disclaimers: Items in this publication are the work of individuals and do not necessarily reflect the thoughts or opinions of the editorial team. The editorial team reserves the right to make small alterations to items submitted. Contributors are responsible for ensuring that parental permission has been obtained before pictures of children are submitted for publication.

The content of advertisements is not the responsibility of the editorial team. Queries should be addressed to the advertiser.

This publication is online at www.kilmingtonvillage.com. In addition, earlier issues will also appear online from time to time.

KILMINGTON FLOWER SHOW AND FAYRE

SATURDAY JULY 27th

The count down to this year's event has started, final preparations are well under way.

The children's workshop is being held on Saturday, 20th July at the Village Hall from 10.00 am till 12 noon. All children are welcome to come along and prepare their entries for the junior classes. Little ones will need mum or dad to stay and help them. Materials will be provided free of charge.

Show entry forms will be taken at the Village Hall on Wednesday, 24th July from 11.00 am till 12.30 pm and Thursday 25th July from 11.00 am till 12.30 pm and 4.00 pm till 6.30 pm. There are plenty of classes to choose from and full details are in the show schedule that was posted through your door. Show exhibits should be brought to the hall and marquee on Friday, 26th from 6.30pm or Saturday, 27th before 9.30 am.

On the day there will be plenty of activities to keep you and your family busy and entertained. The bells of St Giles' Church will herald the opening of the gate and floral marquee at 1.00 pm The first of the arena events is the Children's Fancy Dress at 1.30 pm, kindly sponsored again by Miller's Farm Shop, with 1st prize a £15 Argos voucher, all entries get a goody bag. There's no theme this year so time to get thinking.

New to the fayre this year is a Family Dog Show. There are ten classes to choose from, (look out for the dog show posters). Rosettes and prizes are up for grabs and there is a cup for the Best in Show.

We are lucky to have Axminster Gymnastic Display Team performing in the arena. Also the snakes and reptiles will be with us again.

We do like to try something new, so this year we will be holding Chicken Races!

The kids' favourite Professor Bumble will be clowning around the show ground, and with face painting, bouncy castle and games, the kids should be kept happy all afternoon.

Vintage tractors, classic cars and bikes will be on display and there will be stalls to browse.

There will be plenty to eat and drink, a beer tent, BBQ, cream teas, cakes and ice creams and this year we have two musical groups to keep you entertained.

We look forward to seeing you at the village's great annual event.

PS: Please no wind and rain this year!

The Fayre Committee

MESSY SPARKLERS

The weather forecast was not looking good for our session in June, so we prayed for the rain to hold off until after 11.30 am so that we could make the most of the outside area, and it did. We were very thankful for this as we had planned water play plus chocolate gloop! For those who don't know, gloop is a water and cornflour mix which has the strange consistency of being solid liquid. That, mixed with cocoa powder, provided perfect 'mud' for some farm animals to wallow in. Needless to say, hosting that activity outside made clean up much easier.



Our story which Jesus had told, The Lost Son and his Loving Father, was about a son who asked for his inheritance, squandered it and ended up feeding pigs, which for a Jew was one of the worst jobs he could have. The son realised that his father's workers were better off than he was so decided to go home; his father was watching out for him and welcomed him in with open arms, just as God welcomes us when we turn to Him.

This month the children's activities included decorating pig face biscuits on arrival, Playdough with animal cutters, toy vegetable washing, pigtail colour matching, making a paper plate pig, making a superhero Father's Day card with foot and hand prints, making a big hug card, colouring and the

Happyland farm set. In addition there were the usual range of baby and toddler toys, puzzles and treasure basket. As usual, our prayer board was available for anyone to add any prayer to as was our lending library of First Experiences and Parenting.

The ladies in the kitchen put on a colourful spread and we also had the opportunity for an extra piece of cake as one of the little ones was celebrating her first birthday. We were blessed to have a few of her friends join us for their first visit to Messy Sparklers.

Our next Messy Sparklers will be on **Tuesday 2nd July** from **10.30 am** to 12.30 pm, first child £2 plus £1 for each additional child. We will then be taking a break for the

summer, before starting back again in September. Do check out our Facebook group *Messy Sparklers, The Beacon, Kilmington* for more information. Remember to dress for mess!

Summer Holiday Club 2019 - Watt-A-Lott Castle

Registration forms are now available at The Beacon or from Juletta Obudo. Places are filling, so please book early to avoid disappointment. See the poster on page 8 for more details.

Juletta Obudo

KILMINGTON SKY AT NIGHT

Two interesting months for any summer star gazing: Plenty to see with a partial eclipse, a meteor shower and Saturn and Jupiter easy to spot. Enjoy the spectacle!

July

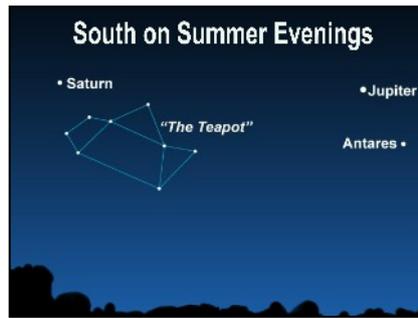
8th - 9th Moon and Spica. Look for the moon and the bright star close by is Spica, the sole 1st magnitude star in the constellation of Virgo. To the east of Spica is the bright giant planet Jupiter.

12th, 13th and 14th The moon sweeps past Jupiter, the 4th-brightest light in the heavens, after the sun, moon and planet Venus. The moon, our closest celestial neighbour, is around its average distance from Earth at present: 238,955 miles. Jupiter is more than 1,700 times the moon's distance from Earth, it will remain the brightest star-like object in our evening sky for a few months to come.

15th Moon and Saturn pair up close together, staying out nearly all night long. Saturn just passed its yearly opposition on July 10th and is now at its brightest and best for all of 2019.

16th Full Hay or Buck Moon

16th/17th Partial eclipse of the Moon. An eclipse of the Moon occurs when the Earth lies directly between the Sun and the Moon, casting its shadow on the Moon. It starts



around 3.30 am is at its maximum at around 5.00 am, ending around 7.00 am. The next time the moon sweeps through the Earth's dark umbral shadow will be the total lunar eclipse on May 26, 2021.

August

On any moonless summer evening look south toward the centre of our Milky Way galaxy, look for two bright star like objects - Jupiter and Saturn, in between them see if you can find the famous

asterism (pattern of stars) called 'The Teapot'.

4th - 6th Moon and Spica close up. Look westwards shortly after sunset, as day fades to night.

9th, 10th, 11th Jupiter and Saturn near the Moon. Later, after the moon has moved away, you can use these two planets to locate the famous Teapot asterism in the constellation Sagittarius.

12th/13th Perseid meteor shower peaks from late evening on 12th to dawn on 13th. Unfortunately the moon will be in the way drowning many meteors in its glare, but you should be able to see some.

Peter

KGC: FIRST GARDEN VISIT OF THE SEASON

On Thursday, 23rd May, a group of members from the Kilmington Gardening Club drove the short distance to Harcombe House, near Morecombelake for the Club's first garden visit of the year. Jan and Martin Dixon gave us a warm welcome and, before setting off to explore their garden, everyone marvelled at its position perched above the Char valley with spectacular views across Charmouth and Lyme Bay. The steeply-sloped site has presented considerable challenges, but over the last thirteen years, the Dixons have landscaped the garden into the hillside, resulting in a formal garden and a half acre wild garden.

We were first directed past a lily pond full of koi carp to the summer house, which takes advantage of the splendid views and where a photographic record of the progress of the garden over time gives an idea of the work that has gone into it. And what an achievement! According to the National Garden Scheme



description, the beautiful three-quarter of an acre garden has been 'rediscovered, restored and replanted in natural and relaxed style'. Leaving the summer house behind, a path leads through the wild garden where meadow flowers abound, backed by a bank of rhododendrons and woodland. The choice is then between a steep climb into the wooded area or a gentler stroll through a gate to the more formal, terraced areas of the garden.

Many of the shrubs are at their best at the moment, with rhododendrons in vibrant colours providing a visual feast for visitors, offset by more unusual plants such as *Sambucus nigra*, *Libertia*. and *Cornus controversa* (wedding cake tree).

After exploring to the full, the group descended back to the lower level and the terrace, where Jan and Martin rewarded us with a very welcome tea and cake before we returned home. If ever a garden was a labour of love, Harcombe House is it.

Jean Falconer

Kilmington Royal British Legion annual

Family BBQ

Friday 5th July

ALL WELCOME

Members & Non Members

Join us for a Fun Evening!

Ticket Entry Adults £10

Children Under 10- £5 Under 5-Free

For Tickets and to discuss transport if needed contact:

John Watts 639758 Claire Dainton 32120

Lesley Rew 32631

6pm Fernwood Farm, Bimbom Lane

LIVE ON 

KILMINGTON GARDENING CLUB

Our last talk before the summer break will be by Angela Brooks-Smith on Flowers for Cutting.

Angela is one of our judges for the flower show, runs her own garden design company and is a florist and flower grower. Angela will share her knowledge on the best plants to grow for stunning flower displays.

Don't forget to bring along your 100 day Gladioli for judging, there is a prize!

Friday, July 12th at 7.30 pm in the Village Hall, non-members welcome £3.

Lesley Rew

MOBILE LIBRARY

Tuesday, 2nd and 30th July and 27th August 2019 at 11.20 - 11.50 am at the junction of The Street and The Hill.



FIRST MAN

(12A)

Kilmington Village Hall

Wednesday, 3rd July



Damien Chazelle's new film about Neil Armstrong, the newly appointed NASA astronaut (Ryan Gosling) explains to his wife (Claire Foy) how rocket propulsion works in space. In essence, he says, you have to slow down to go forward - the opposite of how jet engines work on earth. "Pretty neat," he contends. "Pretty neat," she agrees, as they both laugh. It's also a pretty neat description of the film itself: an inverse of the American hero biopic, the story of the biggest blockbuster moment in a nation's history told with the thrusters set low.

It opens on Armstrong caring for his infant daughter Karen, whom he and his wife soon lose to cancer. It is this terrible crater of grief, *First Man* suggests, that propels Armstrong to apply to NASA and eventually make his small step for mankind. He wasn't trying to conquer the moon so much as escape to it. One of the many searching questions this film asks is what truly lies at the root of our ambitions, both as individuals and a society.

Doors open 6.45 pm when wine, soft drinks and tea/coffee are available, with the evening's entertainment starting at 7.15 pm and ending about 10.00 pm. Tickets £5.50 on the door or £5 in advance BY PHONING: 01297 639758 leave contact details and booking will be confirmed, or email: wattsjohn307@gmail.com
See <http://www.kilmingtonvillage.com/moviola.html> for more information about the film.

Forthcoming Film Next Film is in September – we await the list.

Revd. Simon Holloway
St Giles' Church
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01297 35433
simonholloway55@yahoo.co.uk



Pastor Darrell Holmes
KBC Church Office
Kilmington
01297 631638
pastor@beaconbaptist.co.uk

Letter from the Churches

I am a recovering addict.

Okay, so I've got your attention! But I know I'm not alone, so what are your addictions? Most people may think of drugs with that question. I imagine there were way more drugs going around Birmingham (where I lived from 1999 -2008) than there are in Kilmington, but there are many other addictions or compulsive behaviours that will be experienced in rural East Devon. The more common addictions may be alcohol, food, mobile phone use, or social media engagement. It may be an addiction to a thought pattern (like always belittling yourself) or an addiction to needing the attention of others, or even correcting the faults of others. Addictions strike just about everyone in my experience to a greater or lesser degree, and we all need help to break out of this destructive behaviour.

Johann Hari's book 'Chasing the Scream' and TED talk, (some of you information addicts are already googling that!) argues that addiction is best solved by people being helped to have happy and connected lives, and being affirmed that they are loved regardless of their behaviour. Hari cites a new approach to tackling drug addiction in Portugal that invested in helping addicts make those connections in society, which in the fifteen years from 2000 saw the number of drug addicts drop by 50%. Whereas other countries seemed to demonise the addicts and fail to change the statistics, Portugal took an opposite stance and found great success.

But this is not news to the Church. Indeed, our founder Jesus Christ demonstrated the way to an addiction-free life is

connectedness, to a Father in heaven and also to one another. That is why Jesus lived out and demonstrated God's unconditional love to the poor, the broken, the sinner and the outcast. Rather than tell them how pathetic they were, he demonstrated that they were special in the eyes of God. He constantly showed them that they are intensely loved by the one who made them, their Creator God simply because he is our Father. And speaking on God's behalf Jesus then said "*Love one another as I have loved you*" (John ch13 v34).

Just ponder that thought with me. If you know you are loved - truly, unconditionally loved, and have others around you demonstrating that, you need not seek solace in a drug, or alcohol, or the affirmation of others (online or off). You will not need to push others down or rush to the shadows. You will understand you have innate value just as you are. Then the compulsive behaviours and addictions can slowly fade, and you can learn to connect and love.

You may still want to know what my addiction is - well truth be told they are many: an obsession with checking on the news, checking in with Facebook, a need to ensure everyone stacks the dishwasher properly! But I'm in recovery and when I tell others about my addictions that also helps deny them their power. Nevertheless, Hari is right; when I know I am loved then I can see that these unimportant things will lose (or have lost) their grip on me and the most important thing is loving God and loving others.

Darrell Holmes

DEVON HISTORIC CHURCHES TRUST SPONSORED WALK

The Devon Historic Churches Trust raises funds which contribute to the upkeep of our local churches and chapels. I am sure we all appreciate the important part they play in our cultural heritage and in the glorious Devon landscape. On Saturday, September 14th why not come along and support your local church, by joining the sponsored walk around Kilmington, Shute and Whitford. This will be a fun day out and all are welcome (doggies too) with or without sponsorship.

If you are interested you can sign up and collect sponsorship forms from St Giles' Church, Kilmington or St Peter's Church, Dalwood.

Please check September's Postscript or Parish Paper for further details of this year's route and times or contact Rose Evans on 01297 553585 or e-mail :
alun.evans49@yahoo.co.uk

Rose Evans

FIVE ALIVE OIL SYNDICATE

Please note that the July deadline falls on Thursday, 25th July with delivery expected to be completed within seven working days of placing the order.

I ask that members submit a request for either a specific amount or if ordering a top up then please submit as accurate an estimate as possible with a minimum order of 500 litres in all cases.

I would appreciate receiving your orders by the evening of Wednesday, 24th July.

The August deadline will fall on Monday 19th.

Colin Stewart
01297 792538
cogstewartcs@gmail.com
cogstewart@aol.com

JOINT ROGATION SERVICE

On the afternoon of May 26th there was a lovely Rogation service held at Birchwood Farm thanks to Jane and Nick Bond who made us very welcome. Simon led the service with some lively Rogation hymns. Music was led by Margaret and Rachel and her



interviewed Jane and Nick who told us about life on the farm, the history and looking to the future. The milk all goes to Sainsbury's and is often on the shelf for sale the day after the cows are milked.

After the service in the barn, sheltered from the light rain,



Margaret and Rachel and her junior musicians

junior musicians. Darrell gave an excellent talk using a reading from the book of Numbers chapter 13 illustrating his message with a play on the word 'desert'. He even ate yoghurt and honey to help convey his message!

Gill Heighway and Anna Crabbe organised the planting of the courgette seeds so everyone went home with one. Anna

we all enjoyed a delicious tea organised by Barbara Woodsford and her team. Later on some people went to observe a milking demonstration.

Thank you to all who contributed to making this a celebration of Rogation and reminding us to thank God for the weather and all farmers as they work on our land to produce food for us to eat.

Anna Crabbe



Nick, Jane and Oliver Bond

TONGUES OF FIRE AND 'A HELPER ARRIVES' AT ST GILES

We have just celebrated Pentecost Sunday, the Christian Festival signifying the outpouring of Wisdom of the Holy Spirit on the disciples of Jesus Christ. This was the Birth of the Christian Church. Also called Whit Sunday and Monday from the word wit, wyt or wytte meaning 'a small amount'.

Two Services were held in St Giles' Church over the Pentecost weekend. On Saturday, 8th June a 'Celebrate Together' Service for people with special needs was held in the afternoon. It was an All Age service, the youngest attending was eighteen month old



Joshua Cox and Jenny Hemmings

'Josh', which was led beautifully by Lay Reader Gill, who invited Nicola from the Otterhayes Centre to light the Pascal Candle, which she did very expertly. Several May and June birthdays were celebrated and small gifts given to the birthday girls, June Hollis, Barbara Woodsford and Val Harding, with Margaret

Hurfurd playing The Happy Birthday Song.

The Open the Book Team presented a short drama enacting the arrival of help for the disciples in the form of 'Tongues of Holy Fire' which descended upon them. Disciple Peter



Ron and Pat Foster enjoying tea

explained the gift they had been given thus enabling them to understand everyone in their own language.

Once again Father Chris Newton kindly did the signing for us. Prayers were said and songs were sung. Gill had prepared some Flame Cards on which people could write the names of those in need of prayers. These were gathered up and were prayed for at the service.

Afterwards everyone enjoyed a wonderful tea, prepared and served by Pearl, Val and

Barbara. Gill thanked them and everyone for coming and for making it such a happy and meaningful event.

The next Celebrate Together Service in St Giles' Church will be on Saturday, 10th August at 3.00 pm. Come and join us and make it a special event for all.



Christopher and Christine Thorne with Christine's grandson Joshua Cox and daughter Elana

Diana Mellows

ST GILES CHURCH FETE

SATURDAY 13th JULY

AT 2.30PM

IN AND AROUND



THE VILLAGE HALL KILMINGTON



RAFFLE, TOMBOLA, CREAM TEAS, CAKE STALL,
PRESERVES AND PRODUCE, GIFTS, BOOKS,
BRIC-A-BRAC, GAMES AND FUN FOR ALL
COME ALONG AND FIND OUT



Caring for seafarers
around the world

**Kilmington Churches Together
invite you to:**

SEA SUNDAY SONGS OF PRAISE

Sunday 14th July 2019

3pm St.Giles Vicarage Gardens
Whitford Road, Kilmington EX13 7RF

(in Village Hall if wet)

COLYTON GRAMMAR JUNIOR CHOIR

Led by Mrs. Melanie Lester

Followed by tea and cakes in Kilmington Village Hall
ALL WELCOME

Retiring Collection to Mission to Seafarers.

Join us at
Watt, A, Lott Castle
Summer Holiday Club
Where: The Beacon, Kilmington
When: Mon 5th to Fri 9th August
Time: 10.00 am to 12.45 pm
Who: Children 5 - 11 years

Fun, Puppets, Games, Crafts, Bible Stories,
Drama and Snacks

Free Bus Service from Axminster
More Info: www.beaconbaptist.co.uk
or call Church Office: 01297 631638



You are most welcome to come to a special

Summer Coffee & Cake Morning

By kind invitation of Mr and Mrs Michael Tyler

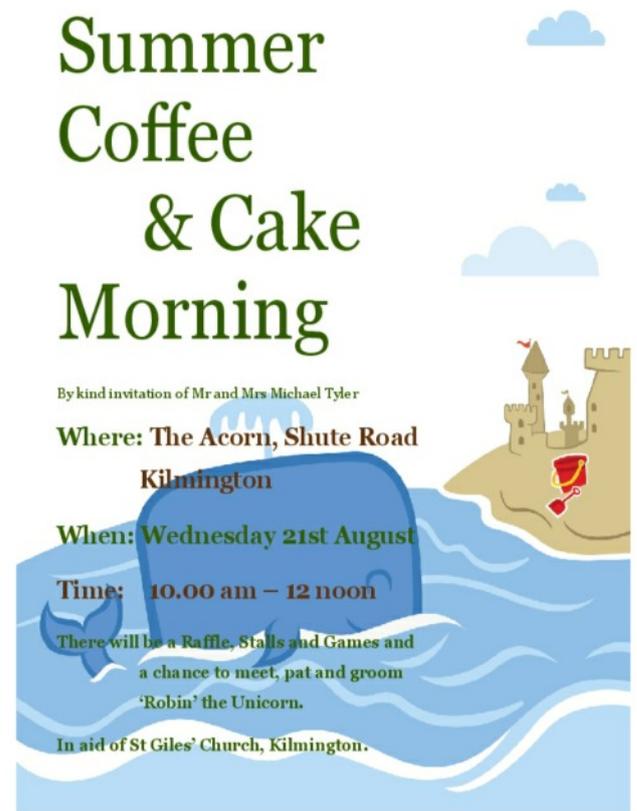
**Where: The Acorn, Shute Road
Kilmington**

When: Wednesday 21st August

Time: 10.00 am - 12 noon

There will be a Raffle, Stalls and Games and
a chance to meet, pat and groom
'Robin' the Unicorn.

In aid of St Giles' Church, Kilmington.



MAD moments in the garden



Summer is supposedly well under way and by the time I sit to write my next MAD moments it will be almost autumn and the colour palette in the garden will have changed emphasis from blues, pinks and mauves to more vibrant reds and oranges. Keeping the garden floriferous through the change of seasons is always a challenge and during that time I tend to rely on good ground cover to provide interest if not a riot of flowers.

Over the years I have become increasingly interested in the *Saxifraga* family of plants. It started with *Saxifraga x urbium* 'London Pride'. I discovered a large patch hidden away behind some old overgrown shrubs when we moved in. One of the builders working at the house at the time explained that it was the first plant to be seen growing around the rubble after the blitz London suffered in the Second World War; hence the name. It is also known as St Patrick's cabbage, whimsey, prattling Parnell and, my favourite, look up and kiss me.

There are approximately 440 different species in the *Saxifraga* family. The name *Saxifraga* comes from the Latin 'saxum' which means rock or stone and 'frangere' which means to break. This is thought to apply to the medicinal use of the plant, to treat kidney stones rather than the plant's use in a quarry!

Apparently, according to the wonderful Wikipedia, the 'true' London Pride is a hybrid between *Saxifraga umbro* from the Spanish Pyrenees, and *Saxifraga spathularis*, from western Ireland, which may account for its adaptability to grow well, come rain or shine. It has been known of since at least the 17th century, which does make the builder's explanation

somewhat questionable. More importantly it grows virtually anywhere, forming perennial evergreen mats of fleshy green rosettes, which, although reasonably dense, are not invasive. Its flowers, appearing in May, are small, single white with pink flecks held about 30 cms above the leaves. Their stems are fine, hairy and a lovely dark red when planted in a sunny spot but green when grown in the shade. They propagate very easily by division and I now have three large areas, two grown in rectangular blocks adding structure and emphasis to the front of flower beds that butt onto gravel or paving. Another favourite variety, which grows in gentle low mounds on the rockery, is *Saxifraga x schraderi*, at least I think it is called that. It has short, fresh, light green clusters of three-lobed palmate leaves and white single flowers held in sprays above the foliage. At least four of my species have come from local gardening chums, who have been delightfully happy to share a handful.

I now realise, having looked in my books and on line at the *Saxifraga* society's website, that I have seven separate species around the garden, which are all different, but have the same characteristics, viz a low growing evergreen mat with small single flowers held high above, looking in some cases like a cloud. I struggle to give them all their botanical names accurately, suffice to say that they all provide interest when other plants are past their best or not yet having their moment.

Enjoy yours, and other, gardens in what I hope will be a glorious sunny summer, eventually!

Mary-Anne Driscoll

KGC Meeting 14th June: The Scented Garden - Jeremy Wilson

Jeremy Wilson is a life-long professional gardener, working as head gardener in many parts of England before settling in Kingsbridge where he runs a camellia nursery. Fragrant plants are top of his 'must-have' lists. His first illustration was of a colourful long border. "To walk through a flower garden is good, but to walk through a scented garden is even better". Scents do more than rouse the senses. They also evoke memories. For him, lilies of the valley always bring back memories of his grandmother. He warned the audience that he would throw out questions and hope for answers. "What were the earliest recorded scents from plants?" he asked. People mumbled roses, lavender and other fragrant flowers: wrong – it was frankincense and myrrh. Answers to questions on human scent physiology were similarly wide of the mark: nobody knew the nose had five million scent receptors. Interestingly, humans have thousands of genes associated with scent but only three for colour; presumably early man needed an acute sense of smell for survival.

Next, Jeremy explained that he would be concentrating on more unusual varieties, and on his own favourites. Scent is not confined to flowers; leaves and roots can also be aromatic. Although pollination is of primary importance, it is not the only exploitation of scent by flowers: for example, in cases of caterpillar infestation, some plants can produce pheromones which attract predatory wasps to attack the invaders. Illustrations of recommended plants followed, many unfamiliar, spanning all seasons and covering all

groups. Winter has many scented shrubs, some evergreen such as *Sarcococca humilis* and *Azara microphylla*, and others flowering on bare wood – *Hamamelis x intermedia* and winter jasmine. Early in the year is the time for daphnes, incomparable for their heady scent. In spring there are numerous viburnums to choose from, *x bodnantense*, *x burkwoodii* and *carlesii* were among Jeremy's favourites, as were scented rhododendrons. Bulbs included snowdrop, *Galanthus 'S.Arnott'* and *Crocus chrysanthus*, perennials *Hemerocallis citrina* and *Smilacina racemosa*, and scented climbers *Clematis cirrhosa* and *C. armandii*. Many plants have scents reminiscent of others – citrus, pineapple or mint. Three chocolate-smelling plants, totally unrelated, were all pollinated at night: climber *Akebia quinata*, perennial *Cosmos atrosanguineus* and the American chocolate daisy *Berlandiera lyrata*, all presumably attracting similar pollinators. Houseplants were not forgotten: familiar gardenias and orchids, but also rarer plants such as *Hoya carnosa* with beautiful terminal clusters of pink wax-like flowers. Jeremy's final flourish was the specimen tree *Cercidiphyllum japonicum* in its full autumn glory, noted for the strong aroma of burnt sugar as it sheds its leaves. Superb specimens of many of the plants mentioned had been brought for the sale table and many members left the hall clutching new additions to their own gardens.

Sydie Bones

July 12th: Flowers for Cutting – Angela Brook-Smith

CONGRATULATIONS AND CELEBRATIONS

RIDING FOR GREAT BRITAIN

Well what a few weeks we have had!

It started when my son James, who grew up in the village and went to Kilmington Primary School, got a call up for the GB Nations Cup Show Jumping Team. The event was in La Baule France, it was a 5* show which means the best in the world were there. It has been his dream to jump for England since he was about four or five so we were all over the moon for him.

They take five riders and their horses out there and four ride in the team and one is reserve. James was the fifth man and rode as an individual. He jumped really well while he was there, and consequently because of that, when he got home, he got another call up to go to Switzerland. So off he went, this time he was part of the team.

I was unable to go and cheer him on in person this time and had to settle for live streaming it. So my mum and both my sisters came over to support and watch. There were eight teams and all the first riders go, then all the second and so on.

Our first and second riders, Laura Renwick and Holly Smith for Great Britain unfortunately had a pole down each. Then



it was James' turn he came into the ring looking calm and focused, I, on the other hand was a wreck, I just wanted it to go well. The jumps were enormous, up to 1.60m high and 1.70m wide. The bell went and he headed for the first fence, my heart was in my mouth, he cleared it, he carried on round the rest of the course clearing jump after jump. I sat on the sofa jumping every jump with him twitching and kicking the floor! He headed to the last line that

had caused so much trouble for earlier competitors, he jumped the double and we all held our breath as he went to the last fence. CLEAR. The shouting and cheering from our house was deafening. So happy for him but it was a two round competition so he had to do it all again! The fourth member of the team William Funnell also had a pole down.

Nervously we waited for the next round. He set off again jumping well. I carried on twitching and kicking my way round with him. Again we all held our breath for the last few fences. CLEAR again. I couldn't believe it, double clear in his debut on a British team.

The Team finished fourth, but James was one of only six riders from the competition to jump a double clear.

Sue Wilson (a very proud mother)

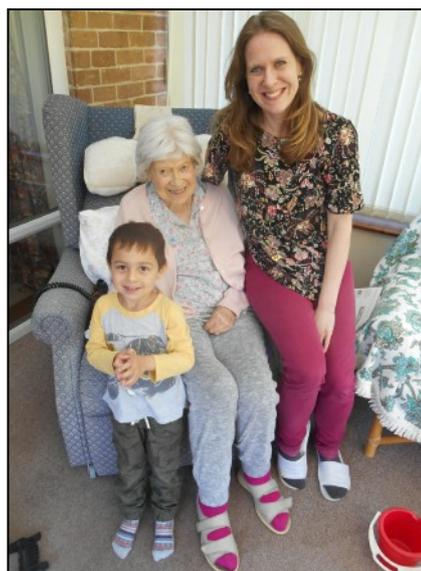
MARGARET CELEBRATES HER 90th BIRTHDAY

Margaret Brown celebrated her 90th birthday at home in Kilmington on 28th May with her granddaughter and little great grandson. Visiting friends were treated to birthday cake and her usual warm smile.

Margaret's husband Tim was commissioned into the 51st Highland Division but spent most of the Second World War as a POW. Tim and Margaret married in 1954 and she joined him in Kenya where their two children were born. He worked for ICI which took him to Iran, Turkey and the north of England at times. Margaret always wanted to return to the West Country and they arrived at Kilmington in 1992 where they enjoyed a happy retirement until Tim died in 2014 aged 95 years. They were great supporters of the Kilmington Branch of the Royal British Legion.

Now partially disabled, she has a passion for conservation and takes pleasure in her garden, observing the wild life and reading Peter Ball's articles on the subject in Postscript.

Brian Lavender



Margaret celebrating with Joanna Sharman and Arran

CONGRATULATIONS AND CELEBRATIONS

KILMINGTON TRIATHLETE COMPETES FOR BRITAIN

Kilmington's very own Luke Reed has recently competed for Great Britain in the European Triathlon Championships and came a fantastic 15th in his age group. We caught up with him to ask a few questions on his amazing achievement.

Congratulations Luke. What does this achievement mean to you?

I'm absolutely over the moon to race for my country, doing it in front of my family was a dream come true.

What made up the triathlon event?

It was over Olympic distance: Starting with a 1500m (1 mile) lake swim, followed by 40k (24 mile) bike ride, then a 10k (6.2 mile) run to the finish.

which order I do these things so that I can optimise my time and get the full benefits of this training.

Was this event a one off or is it part of several races that make up The Championship and do you think you'll do more?

This was a one off race which is held annually. I am looking to try and qualify to race in the next in Estonia in 2020.

Have you reached your target now or are you aiming for something higher perhaps?

My ambition one day would be to podium at an International Event!



How did you get started? Have you been at it long?

During my teens I played football for Lyme Regis, then in my early twenties I took up running to help with my football fitness. After a while the running was starting to take its toll on my body so I thought swimming could help. Only problem was I couldn't swim one length, so this was going to be a challenge. With lots of help and practice I took part in my first very small low key triathlon in 2009, and I loved it - football was going to be a distant memory. Ten years on I am in love with the sport and have started my own team called Pure Endurance Triathletes.

It's quite an achievement to compete for Great Britain how did you get selected?

For the European Championships there are three qualification races in the UK, the top four finishers in each age group in each of the three races qualify. I went to Cambridge in September, finished 4th in my age group and won a spot in my GB Age Group Team for the event which was to be held in Holland.

I know you work full time and we've seen you jogging round the village, part of your training I guess. But how much do you need to do to compete at this level?

I train between ten and twelve hours per week. Usually this consists of three runs, three bike rides, two swims and some gym work. I have a private coach who helps me organise in

Have you a message for any youngsters out there that do a little sport and think they might follow in your footsteps?

As I mentioned earlier, at 26 I couldn't swim, but I did not give up. Thirteen years on I am racing Triathlons for my country. If you put your mind to it and work hard, you can make your goals reality. Sport is an amazing thing to be involved with; it's great for your physical and mental health. Get out there and have a go!

Peter in discussion with Luke Reed.

A FUTURE CHAMPION?

On June 1st my grandson Archie (5½ years old) attended the Open Day of the Tennis Club as he was spending his school holiday week with us. Our village is really lucky having this facility on the doorstep and the dedication of Simon Holloway teaching young people to get into this sport.

Archie had a great first time getting to know the game of tennis and I would like to thank Simon for his time and for the result: A grandson interested in playing tennis and a tired one at that (the latter being every parent's dream!).

Klaus Wagner

THE KILMINGTON NEIGHBOURHOOD PLAN

We are progressing well putting the Neighbourhood Plan (NP) together but perhaps more slowly than we had hoped. The NP is a statement of the values and plans the parish has for its future development. When completed, it has legal standing with the planning authorities.

We are being assisted in our work by an experienced consultant to ensure that our plans contain the right information and are presented in the most appropriate way. Our consultation, with village residents at meetings and through the questionnaire, has provided excellent feedback on the key issues you feel Kilmington will face in the future. Using this information, we created a set of draft policies that will form the plan.

Right now we are gathering evidence to explain the intention and rationale for our policies. A lot of research and consultation is required to provide the necessary detailed background information. Each of our policies has to be supported by a clear, consistent, defensible and robust evidence base. Neighbourhood Plans must meet a number of legal tests, so getting your evidence base in shape is very important. When a draft plan has been developed, it has to be approved by an external examiner and the EDDC before we are allowed to proceed to a final referendum when the parish gets to say whether it wishes to adopt the plan.

HOUSING NEEDS SURVEY

In our NP we must demonstrate clearly that we are seeking to address necessary housing growth within the parish. This will help us to better manage requests for planning permission from individuals or speculative developers who wish to build in Kilmington. Our objective is to ensure that any future housing meets the needs of the existing community and future arrivals. This might include, for example, a range of types of affordable housing and housing more suitable for older people. To help us better understand the quantity and type of new housing requirements of the village in the future, we need to carry out a formal "Housing Needs Assessment". This means that, in September, we will be asking you to complete another questionnaire about you and your family's housing needs.

Some of you may recall that Kilmington residents completed a Housing Needs Assessment questionnaire back in 2013. This information is now some six years old and is out of date. We have obtained a

grant to undertake the survey from EDDC who have commissioned Devon Communities Together (DCT), an independent charity and part of the Devon Rural Housing Partnership, to undertake the survey. They will produce an independent report for us. It is important to stress that none of the personal information you provide in the questionnaire will be disclosed to the Kilmington NP team or the Parish Council. You will be asked to send completed questionnaires direct to DCT and their staff alone will process them. Any data published in their report will not be attributable to an individual.

AFFORDABLE HOUSING

For those who think they might be eligible for affordable housing, there will be an Affordable Housing Form within the questionnaire that will allow individuals to provide information to DCT to check and inform them of their eligibility.

We hope you will once again give us your full support in completing the questionnaire even if you do not have a housing need. All the information is important evidence to support our Kilmington Neighbourhood Plan. We will have a desk at The Village Fayre and Flower Show on 27th July, so if you would like to know more or discuss the project please visit us or contact us via kilmingtonneighbourhoodplan@gmail.com

As always, you are most welcome to join the Neighbourhood Planning team or attend any meetings.

The Kilmington Neighbourhood Plan Team



CHAIRPERSON WANTED

Most of us who use the Village Hall would agree it's an essential part of Kilmington's social life. Well these facilities don't run themselves and there is a small active Administrative Committee who oversees the management of the hall. The existing Chairperson, Diana Church, now wishes to step down and the team needs someone to join and head them up. Diana says it's a great team and all are willing

to continue their hard work. It's not an onerous task, meetings are infrequent - only when needs must. Over the last couple of years most of the significant maintenance has been carried out and this summer the small top windows and curtains are being replaced. Can you give a little of your time to help keep the village running? To learn more call Diana on 01297 32417.

New Inn at Kilmington

Garden Party

Saturday 3rd August 2pm

Live Music

2.30pm LYME REGIS TOWN BAND

4.30pm STOMPIN' DAVE

8.00pm PERFECT STRANGERS

Full Outside Bar

Hog Roast - Cream Teas

For the Kids

2 till 6 Bouncy Castle + Fun & Games

Great day out for the whole family

*****FREE ENTRY*****

SPRINGHEAD OPEN GARDEN

On Wednesday, May 22nd the gardens and woods at Springhead House were open all day and a coffee morning was held in aid of the Forde Abbey Carriage Driving Group which is part of the Riding for the Disabled charity.



It was a beautiful day and the events were very well supported with many people taking the opportunity of exploring the woods where the Rhododendrons and Azaleas were at their best.

There were several stalls at the coffee morning and a raffle, and overall, including generous donations from those unable to attend, nearly £600 was raised which will greatly assist the Group expand their



activity which is of enormous benefit to a wide range of less able people.

We are most grateful to all the people in Kilmington who helped and who supported the event.

The photographs show the woods and garden together with scenes from the coffee morning.

John and Diana Mellows



FAREWELL TO TIGGA

On Friday, 3rd May my wife Diana's pony very sadly died having suffered a major asthma attack probably brought on by the very high pollen level caused by the long spell of dry weather. He had reached the remarkable age of 37 and up until this sudden and totally unexpected event had been in very good condition. Diana had owned him for 34 years and he was principally used for carriage driving.

Until he lost an eye in an accident two years ago and was then retired he had become a familiar sight trotting around Kilmington with a four wheeled carriage. He was also well known to walkers using Springhead Lane and the public byway from Shute Road, many of whom often stopped to give him a mint.



Before moving to Kilmington in 2010 he had been the mainstay of the Bamber's Green Driving for the Disabled Group where he behaved impeccably with all manner of people with disabilities including some in wheelchairs which were loaded into specially adapted carriages. He also successfully competed in many regional and national RDA competitions.

He was also brilliant as a competitor in regular driving shows including the Windsor Horse Show and was also in demand for weddings including that of our own daughter.

He will be greatly missed.

John Mellows





KILMINGTON KITCHEN



Well my hopes for June did not come true so I'm pinning everything on July, fingers crossed. Once again the recipes are light and summery. A good crop of raspberries would be welcome.

RASPBERRY AND WHITE CHOCOLATE TRAY BAKE

cuts into 16 pieces

- 375g pack ready-rolled pastry
- 500g mascarpone
- 100g golden caster sugar
- 100g ground almonds
- 2 large eggs
- 250g fresh raspberries
- 100g white chocolate, roughly chopped



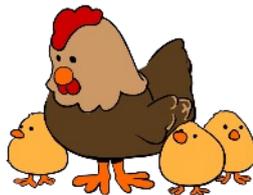
1. Heat oven to 160C/fan 140/gas 4. Roll out the pastry a little more on a floured surface and use to line a 30 x 20 cm tin, or a Swiss roll tin. Line with greaseproof paper, fill with baking beans and cook for 10 minutes. Take out the beans and paper, then return to the oven for a further 5 minutes.
2. Whisk together the mascarpone, sugar, almonds and eggs until well blended. Fold in the raspberries and chocolate, then pour into the tin. Bake for 25-30 minutes until just set and lightly golden. Turn off the oven, open the door and leave the tray bake to cool gradually. For best results, chill for at least 1 hour before serving.

This lovely dessert will keep in the fridge for up to three days – leave it on the tin base and cut slices off as you go.

CHICKEN GOUJONS WITH PARMESAN CRUMBS

Serves 2

- 1 medium egg
- 50g parmesan, finely grated
- 25g quick-cook polenta
- ½ tsp dried thyme
- ½ tsp paprika (not smoked)
- Sea salt and ground black pepper
- 2 boneless, skinless chicken breast fillets (around 400g), each cut into 4-5 thin strips
- Lemon wedges to serve



Preheat oven to 200C/fan180C/gas 6. Line a large baking tray with non-stick baking paper. Whisk the egg in a medium bowl until smooth. Combine the parmesan, polenta, thyme and paprika with some salt and a good grind of black pepper in a separate bowl. Scatter half the mixture over a large plate. Dip the chicken strips, one at a time, into the egg, then coat in the parmesan crumb. Top up the crumbs on the plate when the first batch is used up.

Place the goujons on the baking tray and bake for 12-14 minutes, or until crisp, golden brown and cooked through. Serve with lemon wedges.

SALMON BURGERS WITH LIME AND BASIL DRESSING

Serves 4

- For the burgers**
- 600g salmon fillet, skinned
 - 1 shallot, peeled and chopped
 - 85g white breadcrumbs
 - 1 egg white
 - Olive oil, for frying

- For the dressing**
- 200g jar mayonnaise
 - 2 tbsps finely chopped basil leaves
 - Finely grated zest and juice 1 lime
 - ½ garlic clove, crushed

- To serve**
- 4 individual focaccia rolls
 - Salad of choice
 - 4 thin slices smoked salmon

1. Check the salmon to remove any bones, then cut into chunks and put in a food processor with the shallot, breadcrumbs and egg white. Blend briefly to combine, then season well. Using dampened hands, shape into 4 burgers and chill for 30 minutes.
2. Mix the mayonnaise, basil, lime zest and juice, and garlic together. Season and set aside. Toast the focaccia on a griddle. Heat a little olive oil in a frying pan. Fry the burgers over a medium heat for about 4-5 minutes each side until cooked through.
3. Sit buns on a plate. Arrange salad and burger on top. Dollop on some mayo, then finish with a twist of smoked salmon. Serve with chunky chips.



Margaret Astbury

SUDOKU CHALLENGE

Level: Hard

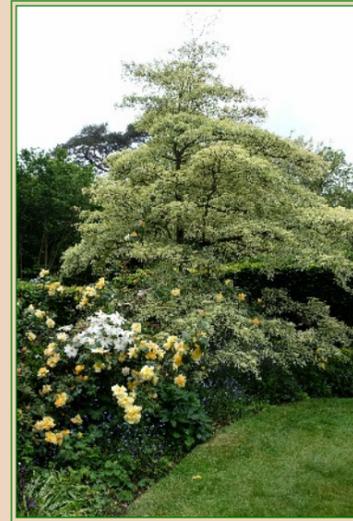
To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 26.

						4		
		7		8	3			
					6			
9	5							7
4				2				1
8							3	6
			5					
			4	1		9		

ANOTHER SUCCESSFUL YEAR FOR THE NATIONAL GARDEN SCHEME IN KILMINGTON



Spinney Two
Owned and tended by
Celia and Paul Dunsford



Breach
Owned and tended by
BJ Lewis and Judith Chapman



UPDATE FROM FIVE ALIVE DUKE OF EDINBURGH'S AWARD GROUP, KILMINGTON



Recently some of our Bronze Duke of Edinburgh's Award young people received their certificates and medals. Most of them are already working on their Silver Award and we are off to the Purbecks early July for a three-day practice expedition.

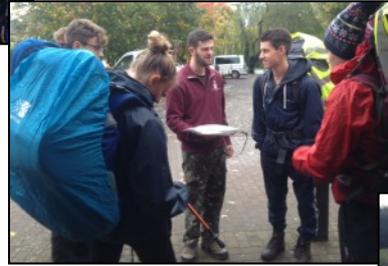


Congratulations to Hannah Swann, Emma Burley, Belle Marmion, Ben Bond, Joshua Bond, Ben Hornung, Peter Thorne, Daniel Thorne and Bethany Partridge. Well done to Daisy-Mae Tait and Aidan Gregory who have nearly finished their awards.

Peter Easton from Shute, who was involved in setting up the Ten Tors on Dartmoor and early days of the Duke of Edinburgh's Award, kindly presented the awards on Trinity Sunday in the Morning Worship service, which I led.

Adam Taylor, who completed his Bronze, Silver and Gold levels with the Five Alive group is now the lead supervisor and soon will complete his final expedition assessment course so he can take over fully running the group as I have led it for twenty five years and will be relieved to hand it over! I am so grateful for all the support we have had over the years from Neville Cheeseman and Steve Biddle who have been supervisors and Peter Huscroft who looks after the finances. We are very grateful to the Axe Vale Show and the Axminster Care Service who have given us generous donations over the years, as we are self-funding as are all Open Award groups.

Anna Crabbe (Award Leader and Assessor)



PILATES COMES TO KILMINGTON

Firstly I would like to say a massive thank you to the residents of Kilmington (and beyond) that have welcomed me and my Pilates classes into the village. For those of you who haven't yet met me, my name is Charlotte Moorley and I am a village resident now teaching classes in Kilmington. I trained with, and am a member of, the Pilates Foundation and also hold a YMCA Level 3 qualification.



Joseph Pilates teaching a matwork 'Contrology' class circa 1950s

Ask any Pilates teacher what Pilates is and you will probably get a different answer every time. Since its inception in the 1920s Pilates has evolved into a method that has many permutations. Its founder, Joseph Pilates, made the connection early in his life between movement and fitness and mental and physical wellbeing. Developed into an exercise method at his studio in New York, Pilates then wrote a book (Return to life through Contrology), outlining 34 basic exercises to help his clients practise at home. This, together with his fundamental principles of Control, Centre, Concentration, Precision, Flow and Breath is the essence of what we practise in a mat class today.

Movements are often small and precise really working the deep muscle groups that support us in our day to day life. Training these to help us stand taller, support our spine and internal organs, breathe well and give us both mental and physical space in our bodies. In many ways Joseph Pilates was well ahead of his time with an intuitive understanding of what we need to function well. Pilates is great for anyone and everyone. Personally I have

enjoyed practising for over 15 years and continue to find elements to challenge me. My clients range in age from their 20s through to their 80s. Their jobs and lifestyles vary hugely but all find the benefit of regular class.

My Kilmington classes are small, guaranteeing plenty of individual attention. I provide all the equipment so you just need to bring yourselves and wear something comfortable to move in (socks with grips are advisable).

For more information please email me at moorleypilates@gmail.com or look me up on Facebook at Charlotte Moorley Pilates.

Charlotte Moorley

KILMINGTON CRICKET CLUB

The league season is well under way with the First Eleven playing in the B division for the first time in the Club's history. After five matches we have won two against Cullompton and Seaton but have lost closely contested matches to Plymstock, Chudleigh and Bovey Tracey. Injuries and unavailability have been a problem for us to field a settled team so far and our ambition for this season is to stay in the B Division.

The latest league table is as follows:

	1 st XI	Played	Won	Lost	Cancelled	Points
1	Ipplepen	6	4	2		88
2	Seaton	6	4	2		88
3	Plymstock	5	4	1		85
4	Cullompton	6	4	2		84
5	Thorverton	5	3	2		72
6	Kilminster	5	2	3		60
7	Chudleigh	5	1	4		45
8	Bovey Tracey 2 nd XI	5	1	4		43
9	Brixham	5	1	4		39
10	Filleigh -	Withdrew from the league due to players leaving the club, therefore only one team is relegated this year.				

The Second Eleven have also had a mixed start to the season with the latest league table as follows:

	2 nd XI	Played	Won	Lost	Cancelled	Points
1	Sidbury	5	5	0		88
2	Topsham St James	5	4	0		86
3	Kilminster 2 nd XI	6	3	2		81
4	Exwick 2 nd XI	6	2	4		62
5	Woodbury + NSC 2 nd XI	6	1	4		59
6	Filleigh	5	2	2		37
7	Axminster 2 nd XI	5	0	5		23
8	Countess Wear 2 nd XI	4	1	1		2



FROGS HOLDS ITS 2019 AGM

The Friends of St Giles' Churchyard (FROGS) held its 2019 AGM in the Pavilion on Monday, 3rd June. The Chairman, John Thorne, was able to report on a successful year to 31st March 2019. In the year, the organisation was able to recruit additional volunteers to undertake the maintenance of the churchyard. Several of the volunteers have now taken responsibility for dedicated areas of the churchyard, and their work, especially in the old churchyard, has been supplemented by a series of working parties convened as necessary. The last such working party attracted seventeen volunteers.

The work of FROGS is entirely funded by the subscriptions of members plus some generous donations, and the Treasurer was able to report a sound financial position. The membership of FROGS currently stands at 84 people.

The work of FROGS relieves the PCC of costs that typically ran to £2,000 per annum in the pre-FROGS days; these were the annual costs of hiring contractors to do the maintenance work. It should be strongly reiterated that, despite the benefit to the PCC of the FROGS activities, there is no formal link, either organisationally or financially, between FROGS and the church. FROGS is an independent grouping. This is a point that many in the village still do not appreciate; members of the parish should remember that the churchyard serves all members of the parish and they have an entitlement to be buried in the churchyard no matter what their religion or religious views may be.

David Ingles
FROGS Treasurer and Membership Secretary

FIXTURES - JULY

		1 st XI - B Division			
Sat	6th	Filleigh	DL	1.00 pm	A
Sun	7th	Wye Rustics		2.30 pm	H
Thur	11th	Devon v Dorset Over 50s		1.00 pm	H
Sat	13th	Cullompton	DL	1.00 pm	H
Sun	14th	Old Suttonians		2.30 pm	H
Sat	20th	Chudleigh	DL	1.00 pm	H
Sun	21st	Les Erbs		2.00 pm	H
Mon	22nd	Tiffintits		2.30 pm	H
Sat	27th	Seaton	DL	1.00 pm	A
Mon	29th	Four Counties Nondescripts		2.00 pm	H
Tues	30th	Southall		2.30 pm	H

		2 nd XI - H Division East			
Sat	6th	Filleigh	DL	1.30 pm	H
Sat	13th	Sidbury	DL	1.30 pm	A

AUGUST 2019

		1 st XI - B Division			
Sat	3rd	Bovey Tracey 2 nd XI	DL	1.00 pm	A
Wed	7th	Uganda Kobs		2.30 pm	H
Sat	10th	Plymstock	DL	1.00 pm	H
Thur	15th	Spar Ramblers		2.00 pm	H
Sat	17th	Brixham	DL	1.00 pm	A
Sun	18th	Old Haberdashers		2.00 pm	H
Sat	24th	Ipplepen	DL	1.00 pm	A
Mon	26th	Whiteway Cup Final at Whimple		10.00 am	
Thur	29th	Boffins		2.00 pm	H
Sat	31st	Thorverton	DL	1.00 pm	H

		2 nd XI - H Division East			
Sat	3rd	Countess Wear	DL	1.30 pm	H
Sat	10th	Axminster	DL	1.30 pm	A
Sat	24th	Exwick	DL	1.30 pm	H



YOUR NEW PARISH COUNCIL

In May's Parish Council Election 343 ballot papers were issued, a turnout of 47.44% which was one of the highest in East Devon. The new Kilmington Parish Council you elected is below together with details of their specific responsibilities.

We have also appointed a new parish clerk and welcome Adrian Jenkins to the team, he lives in Offwell and can be contacted on 07800 826657 or by Email: kilmingtonparishclerk@aol.com



Ben Trott Chairman
07802 173247



Michael Collier
01297 32390



Sally Huscroft
01297 32243



Arnold Dare
0797 1541670



Julia Mear
01297 792702



Mark Jones
01297 33166



Stafford Seward
01297 33909



Emma Styles
01297 32874



Peter Ball
01297 32631

KILMINGTON PARISH COUNCIL MEETINGS

All are welcome to attend KPC meetings and hear what is happening in the village or to give us your comments.

Come and join us in the Pavilion at 7:30 pm on the following dates:

Tuesday, 23rd July – Tuesday, 3rd September – Tuesday, 8th October -
Tuesday, 12th November - Tuesday, 17th December

Ben Trott, Chairman, Kilmington Parish Council

ELECTION OF OFFICERS AND COMMITTEE REPRESENTATIVES

Chairman:	Ben Trott
Planning Committee:	All Councillors
Neighbourhood Plan:	Cllrs. Ball, Seward and Dare
Highways:	Cllrs. Mear and Styles
Playing Field Committee:	Cllrs Collier, Huscroft and Styles
Trees:	Cllr. Jones
The Common:	Cllrs. Trott and Collier
Emergency Coordinator: (snow, etc.)	Cllr. Seward
Allotments:	Cllr. Collier
Arthur Hitchcock Charity (Shute):	Cllrs. Jones and Seward
Responsible Financial Officer:	The Clerk
Internal Auditor:	Thomas Westcott Accountants
Footpaths:	Mrs Elaine Penzer (non Councillor)

ROYAL BRITISH LEGION KILMINGTON BRANCH

By the time this issue is in your hands we will be less than a week away from our **Annual Family BBQ at Fernwood on Friday, 5th July** where we hope to see you all. This annual event is a great opportunity to meet others and enjoy everything that makes Kilmingon special, so don't miss out. Everyone is welcome and tickets can be obtained from your Shepherd or any other Legion committee member. Most of you will have seen the 75th Anniversary of D-Day celebrations on television, however, there are many more events planned across the region and if you would like more information, please don't hesitate to get in contact.

Closer to home, Ron Foster, one of our long standing committee members standing down after thirteen years of sterling service. Born 29th July 1932 in Canning Town east London, Ron originally trained as a carpenter and joiner before joining the Royal Engineers as part of his National Service. Most of his service time was spent in West Germany helping to restore many of the bridges destroyed during the war. After completing his National Service he returned home to Croydon and spent the next 43 years in the construction industry, primarily reinstating homes and later constructing tower blocks in the London area. It was during this period that he married Pat in 1961, had two children and in 1965 became a member of the Royal British Legion (Addiscombe and Shirley Park branch). Ron served in a number of posts ranging from Secretary to Vice Chairman and remembers that there was a lot of involvement with welfare. He also recollects that during the poppy appeal many of the collecting tins were in pubs, of which there were many. As it was deemed rude to enter without having a drink, all the collecting was done in pairs in order to provide

mutual support!! He was awarded a Certificate of Appreciation from the branch in 1975. In 1997 Ron and Pat retired to Kilmingon to be close to their son. Ron joined Kilmingon RBL and has been a willing helper at all our functions and fund-raising events as well as a stalwart committee member. After 54 years he has most definitely earned a break and we wish both Ron and Pat all the very best and thank them for their outstanding support.

Our next event post the annual BBQ will be in support of the Village Fayre and Flower Show on Saturday, 27th July, where we hope we will see you all again.

As normal we are always looking for more members, so please encourage those you know to join our incredible social organisation and remember you don't have to be, or have been a serving member of the Armed Forces to join, we welcome everyone.

Dates for your diary:

Fri	5 th July		Fernwood Farm	Annual Barbeque
Sat	27 th July		Village Hall	Village Show and Fayre
Fri	2 nd Aug	6.00 pm	New Inn	Monthly 'Get Together'
Fri	6 th Sept	6.00 pm	Old Inn	Monthly 'Get Together' with Annual Lecture - Death, Disease and Denial - Devon at D-Day

Finally, thank you all again for your wonderful support, we look forward to seeing you again at our next event.

Cdr Staff Seward OBE RN Rtd
Chairman RBL



Based in Kilmington & providing all aspects of **Repair, Refurbishment & Renovation.**

Including (but not limited to!):

- ✓ General Building Repair and Maintenance
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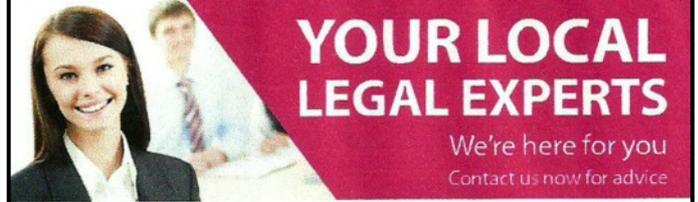
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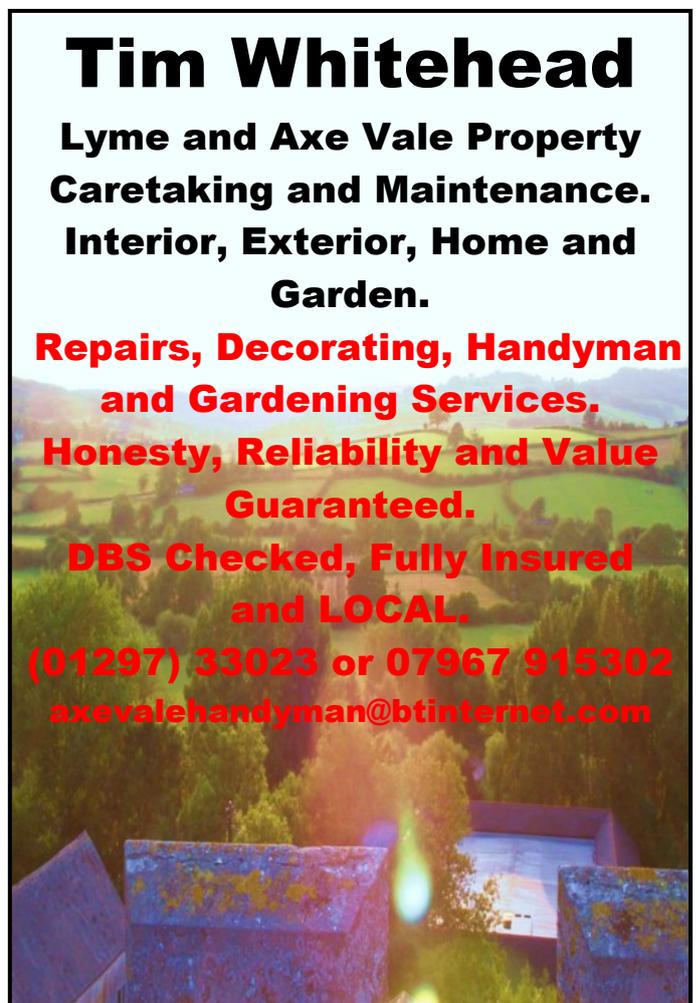
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NATURE NOTES

*She sights a Bird - she chuckles - She flattens - then she crawls -
She runs without the look of feet - Her eyes increase to balls -*

This month I'm pleased to report that we have house martins back again repairing the nest on the back of our house. They arrived just over six weeks later than usual and are now way behind their usual schedule. We're not sure if they are the couple that previously came to stay, as in comparison their building skills are decidedly sloppy. There must be as much mud and straw mix on the patio as there is filling the holes in the nest. But it's great hearing them chatting away up there and watching them swooping up past the bedroom window again. Several of the garden nests have already produced young: blackbirds, great tits, sparrows and dunnocks. We now have to chase a ginger cat out of the



garden after our neighbour found it toying with a nestling. The Mammal Society estimates that cats in the UK catch up to 275 million prey items a year, of which 27 million are birds. Some residential owners, who don't have a vermin problem,

attach small bells to collars as an 'early warning device' but the jury is out as to their effectiveness.

I've also had more reports from around the village of hedgehogs and slow worms as the weather encourages folks to get out in their gardens more.

On a less cheery note, on recent walks down Springhead Lane into the woods I have seen several dead shrews lying on the road and pathways. As I knew little of them, I did some research to discover they are the second most common British mammal. In the UK it's estimated there are more than 40 million shrews and, in



Common Shrew



Water Shrew

woodland, some 50 shrews per hectare. There are three species of shrew native to the British mainland: The common shrew, water shrew and pigmy shrew. They all have long pointed snouts with an acute sense of smell and small eyes with poor sight. They live up to two

years and are solitary animals probably because they are extremely aggressive to each other, except when rearing young. Territories of about 500 square metres are fiercely defended with nests below ground or under dense vegetation. Females typically give birth to six young with two to four litters a year from April to September. They are one of those creatures that always seems in a hurry, moving rapidly with sharp jerky movements. With a heart rate more than any other mammal, between 800 to 1000 times per minute, they have been recorded making as many as twelve body movements per second. A high metabolism means they are constantly looking for food. They eat mainly earthworms and small insects. Some species of shrew have venom in saliva which enables their bite to paralyse larger prey. It doesn't kill so the meal is kept alive and fresh until devoured. While a bite is not too dangerous to humans, it can cause extreme swelling and considerable pain. To help the common shrew survive through cold winters their total body mass drops by about 18%. Their skulls shrink by almost 20% and their brains get smaller by as much as 30%. Their other organs also lose mass and their spines get shorter. In the spring when the weather gets warmer and food is more plentiful, they increase in size again. Owls, weasels, stoats and foxes are their main predators, Oh and probably cats of course!

Anyway, enjoy the summer and make the most of the good weather, when it finally arrives!

Peter

LEGACY TO LANDSCAPE - JULY 2019

IN THE STEPS OF THE UNBUILT COLYTON CANAL

Saturday, 6th July, 2.00 pm – 5.00 pm

A journey back in time, in the local landscape between Colyton and Shute to hear about the 19th century canal that was planned but never built. Trace the route in the Umborne valley with historian Ken Clifford. We will also go in search of the river swimming pool built in the Edwardian period and provided by the Poles of the Shute Estate for the people of Colyton. The pool fell into disuse in the 1940s. This is a walk of about 5 miles with rough terrain in places and stiles, from Road Green to Seaton Junction. Wear stout shoes, long trousers (ticks), sun hats and bring drink and sun screen as little shade. Free event. Meet by the main entrance to St Andrew's Church, Market Place, Colyton EX24 6JS

HELP KING JOHN'S OAK AND DEER PARK WALK, SHUTE

Saturday, 20th July, Task 10.00 am – 12 noon, Walk 2.00 pm

A great chance to meet and also lend a hand freeing this magnificent 800 year old ancient tree from surrounding competing growth, helping it to continue to thrive in the medieval Woodend Deer Park at Shute. A 2–3 hour walk around park in the afternoon with local ancient tree enthusiast Graham Jones. Come to one or both. Gloves, tools and hot drink provided. Booking essential. 01404 310012, pete.youngman@eastdevonaonb.org.uk. Location map sent on booking. Free event.



Ruth Worsley
Legacy to Landscape Project Co-ordinator
01297 489741 - mob: 07765126565
email: legacytolandscape@gmail.com

AXMINSTER HOSPITAL LEAGUE OF FRIENDS

FUNDING FOR HOSPISCARE AT HOME

You may have been able to get to our stand at the Axe Vale Festival and to buy raffle tickets for the Super prize Spa Day donated by Hawkchurch spa or to the AGM, also in June, where I hope you enjoyed wine, light refreshments and the chance to meet some of our lovely Hospiscare at Home end of life nurses.

The League continues to support the needs of Axminster Hospital and last month funded the Visual Field Analyser at a cost of £12,500. This month we agreed funding for a financially small but very significant project to restore the garden at the main entrance to the hospital. For a number of years the receptionist, Jenny, has maintained this small area of garden, making the main entrance look warm and welcoming, often bringing plants from her own garden. During last winter's bad weather an over-zealous application of salt killed plants and poisoned the soil, but it will soon be an attractive area again.

We do need to continue fund-raising for both the Hospiscare at Home service and our support of the hospital and health

care needs of the community. We ask you to support in any way you can. We are working on a brand new website: axminsterlof.co.uk

WHAT'S COMING UP:

July 6th - Chardstock Fayre – LOF Jam Stall

August 26th Bank Holiday Monday - Hawkchurch Village Fête – Ann Veit's bottle tombola. Donations of bottles welcome.

October 31st – Church Rooms, Minster Green, Axminster – Coffee morning. Hallowe'en costumes optional!

If you would like to adopt us as your chosen charity we would be delighted. If your organisation is having an event, fair, fête or anything else (legal) we would be glad to come along and raise funds ourselves.

Ann Veit – Hon Secretary
Telephone - 01297 552376
Email - lof.annv5@aol.com

VILLAGE HALL '100' CLUB

The winners of the draw held on
22nd May 2019

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L Wood	£10	M Moulding	£5
R Story	£10	D Bromley	£5

For further details, please contact
Jean Falconer - 01297 33708



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Jayne Collier

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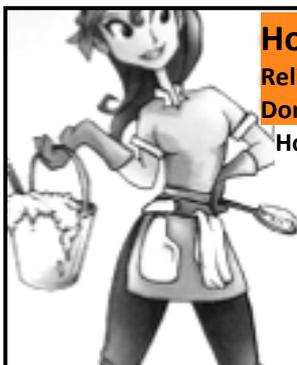
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4	3	6	8	2	7	5	9	1
8	7	1	9	5	4	2	3	6
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DIRECTIONS FOR FINDING Vicky Larcombe's house. Vicky is treasurer for Postscript.

With your back to Hurfords Stores, turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank, you have gone a few steps too far.

Please post payments for advertising in Postscript and donations to help with printing costs through the front door of Vicky Larcombe's house. Thank you.

WEEK TO VIEW (Events that happen the same time every week)

Sunday	10.30 am	The Beacon	The Baptist Church morning service
	6.00 pm	The Beacon	The Baptist Church meet every 2nd, 3rd and 4th Sunday in month
Monday	early	Your house	Recycling collections
Mon, Wed, Thur, Fri	9.15 am	Kilmington Primary School	Pre-school playgroup for 3+
Monday	2.00 - 4.00 pm	Village Hall	Country Dancing for all ages
Monday	3.00 - 4.00 pm	Tennis Court	Tennis Club
Monday alternate	2.00 - 4.30 pm	Pavilion, dates circulated	Bridge Club
Tuesday	9.30 am	St Giles' Church	Holy Communion followed by coffee
	10.00 - noon	Village Hall	Table Tennis
	10.00 - noon	Village Hall Foyer	Coffee and get-together
	10.00 - noon	The Beacon	The Post Office
	1.30 - 3.30 pm	St Giles' Church	St Giles' Handicraft Group followed by 'Pop Up' Café
	7.30 pm	Village Hall	Badminton
	7.30 - 9.00 pm	St Giles' Tower	Bell-ringing practice alternate weeks with The Minster, Axminster
Wednesday	9.15 am	The Beacon	Toddlers and Tinies
	2.00 - 4.00 pm	Village Hall	Short mat bowls
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome

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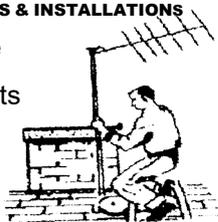
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DATES FOR JULY 2019

Mon	1st	Early	Your House	Landfill with recycling
Tues	2nd	10.30 am	The Beacon	Messy Sparklers
Wed	3rd	7.15 pm	Village Hall	Moviola: <i>First Man</i>
Fri	5th	6.00 pm	Fernwood Farm	Royal British Legion BBQ (see page 5 for information)
Sat	6th	2.00 - 5.00 pm	St Andrew's Church, Colyton	Legacy to Landscape Walk: <i>In the steps of the unbuilt Colyton Canal</i>
Sun	7th	11.00 am	St Giles' Church	Morning Prayer
	7th	8.00 pm	The New Inn	Quiz in aid of FORCE
Tues	9th	Early	Your House	Garden Waste Collection
Fri	12th	7.30 pm	Village Hall	KGC Talk: <i>Flowers for Cutting - Angela Brooks-Smith</i>
Sat	13th	2.30 pm	Village Hall	Church Fête (see page 8 or more information)
Sun	14th	3.00 pm	Vicarage Garden	Sea Sunday Songs of Praise (see page 8 for information)
Tues	16th	10.30 am	The Beacon	CAMEO Coffee Morning
	16th	12.30 pm	The Beacon	Contact Lunch
Sat	20th	10.00 am - 12.00 noon	Village Hall	Children's Workshop for Fayre entries
	20th	10.00 am or 2.00 pm	Shute	King John's Oak Task and Walk (see page 24 for more info)
Sun	21st	9.30 am	St Giles' Church	Parish Communion
Mon	22nd	Early	Your House	Landfill with recycling
Tues	23rd	Early	Your House	Garden Waste Collection
	23rd	7.30 pm	Pavilion	Parish Council Meeting
Wed	24th	11.00 am - 12.30 pm	Village Hall	Flower Show Registration
Thurs	25th	11.00 am - 12.30 pm	Village Hall	Flower Show Registration
	25th	4.00 - 6.30 pm	Village Hall	Flower Show Registration
Sat	27th	1.00 pm	Village Hall and surroundings	Flower Show and Fayre
	27th	7.30 pm - Midnight	Millers Farm Shop	Millers Music Festival (see below)
Sun	28th	11.00 am	St Giles' Church	All Age Family Service

DATES FOR AUGUST 2019

Fri	2nd	6.00 pm	The New Inn	Royal British Legion 'Get Together'
Sat	3rd	2.00 pm onwards	The New Inn	Garden Party
Sun	4th	11.00 am	St Giles' Church	Morning Prayer
Mon	5th - Fri 9	10.00 am-12.45pm	The Beacon	Children's Holiday Club
Sat	10th	3.00 pm	St Giles' Church	'Celebrate Together' Special Service
Sun	11th	9.30 am	St Giles' Church	Parish Communion
	11th	10.30 am	The Beacon	Holiday Club Celebration Service
Mon	12th	Early	Your House	Landfill with recycling
Sun	18th	11.00 am	St Giles' Church	Morning Worship
Tues	20th	Early	Your House	Garden Waste Collection
Wed	21st	10.00 am - 12.00 noon	Acorn, Shute Road	Coffee and Cake Morning (see page 8 for more information)
Sun	25th	8.30 am	St Giles' Church	Said Holy Communion
	25th	11.00 am	St Giles' Church	All Age Family Service

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Bridge - David & Stephanie	01297 35033	Kilmington Pre-School - Now part of primary school	01297 32762	Sunday School - Christine Thorne	07795 552675
Country Dancing - Sheila Hill	01297 33795	Kilmington Primary School	01297 32762	Table Tennis - Jenny Nickolls	01297 639758
Cricket - David Lavender	01297 631868	Millers Farm Shop	01297 35290	Tennis - Sue Moore Sue Wells	01297 32361 07912 272102
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Hitchcock Pavilion bookings - Peter Huscroft	01297 32243	The New Inn	01297 33376	Village 100 Club - Jean Falconer	01297 33708
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Electricity - emergency	0800 365 900	Ring & Ride	01404 46520	Devon County Council, Whimble and Blackdown, Iain Chubb	07932 459595
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Police: Crime stoppers - 0800 555111; Emergency - 999; General - 101

CHURCHES

St Giles' Church Revd Simon Holloway Pastoral teams	01297 35433 01297 33777	Baptist Church Office Pastor Darrell Holmes	01297 631638	Axminster Catholic Church Parish Priest: Father Anthony Cockram	01297 32135
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ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilmington. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

	Black and white ads	Colour ads
Credit card (70 mm x 40 mm)	£ 5 or £22.50 for 5 months	
¼ page (90 wide x 136 mm high)	£12 for one-off or £50 for 5 months	£15 for one-off or £75 for 5 months
½ page (184 x 136 or 90 x 276 mm)	£20 or £90 for 5 months	£30 for one-off
Full page (184 x 276 mm)	£30 or £130 for 5 months	£40 for one-off

BACK COVER: Occasionally the back cover is available for a one-off colour page advertisement. Cost: £50

Additional fee of £1 if Postscript has to edit, size or set copy.

PAYMENT: Cheques should be made payable to: Kilmington Postscript and posted to: **Mrs V. Larcombe, Brookside, The Street, Kilmington, EX13 7RJ. Alternatively, post through Vicky's front door (please see directions on page 28).**

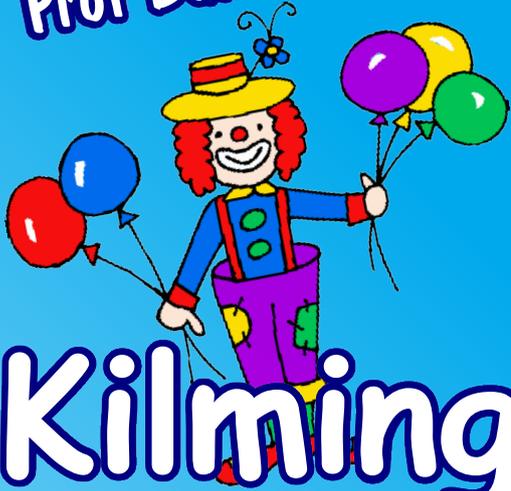
COMING AND GOING FOR A SONG: There is no charge for these entries for items valued up at £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (please see directions on page 24).

Prof Bumble

Bouncy Castle



Scan me



Bar

Kilmingington Fayre & Flower Show

Saturday 27th July at 1pm

Kilmingington Village Hall and field behind off A35

Ice Creams



Snakes and Reptiles



BBQ

Adults £3

Kids under 16

FREE

***Live music**

***Fun Dog Show**

***Children's Fancy Dress *Face Painting**

***Axminster Gymnastics Display**

***Floral Marquee**



Refreshments

