



KILMINGTON

POSTscript

Issue 252 March 2023

25

Years

EDITORIAL

This month's cover is a clue. Yes, we are allowing ourselves to boast a bit. Issue number 1 of the Kilmington Postscript appeared in March 1998 and a silver anniversary is a cause for quiet celebration. Postmistress Jan Elliott started it, encouraged by the great response to her earlier circular which promised 'your magazine for your articles'. On the front page she hoped that it would 'be of interest for the whole village' and also mentioned the need for 'volunteers, to help the editor keep sane'. Quite right. Who could argue with that?

The range of contents is still generally much the same - reports from the previous month, notices for the next one, a dash of local history, a spot of cookery, gardening, nature notes and the concerns of the present time. This month we have updates on the work carried out by the FROGS in the churchyard and those restoring the Common. The Gardening Club's last talk was about growing your own food and Jane and Peter tell us how to get started. 'Jack and the Beanstalk' gets a well-deserved mention, for those who missed it. Alan Clarkson explains how Kilmington's tithe map came about. Taxes were no more popular then than now and there are records that some people (in another small village - not here!) resorted to drastic means to avoid them.

The History Group's illustrated historical tour of Kilmington was so popular that the hall was fully booked, and a repeat performance takes place on March 3rd for those who would still like to see it. The Community Cinema will show 'Mrs Harris goes to Paris' and introduce a new scheme for hiring films to watch at home. The RBL report a recent award to one of their members and remind us of their Spring Coffee morning on 25th March. Lent Lunches start this month, and the Big Breakfast will be back again. Judy Godfrey's notice looks ahead to the Open Gardens weekend in July. The Cricket Club Youth section has an important message for young cricketers. The Parish Council provides information about the forthcoming Council Elections and how Kilmington needs to replace some retiring councillors to maintain the number. Also from the Council is a message welcoming anyone interested in helping to create the programme for Kilmington's coronation celebrations in May.

Just in case you hadn't realised - Postscript is also available online on the village website, which can be useful if you need to refer to it for information and then find you have accidentally binned it too early in the month. It can happen. The website also has an extensive archive of past issues, including the first one.

Janfryd

Front page - Marie Gardener

Middle pages - Marie Gardner and Barry Wood

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Please remember to use the email address for Postscript:

postscript@kilmingtonvillage.com

Alternatively, please give your item to any team member.

The closing date for submitting items for the April issue is 15th March 2023. All will be acknowledged. Please email or ring 01297 639115 if not acknowledged within 48 hours.

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Postscript is published 10 times each year and is delivered free of charge to every house in Kilmington. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

DONATIONS

Arrangements for donating to Postscript. Please see page 27 for details. Donations to the middle of February came to £46.00. All donations go towards printing costs. Thank you for your continuing support.

ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 75p.
Extra copies are available from Millers Farm Shop, where donations may be made.

Disclaimers: Items in this publication are the work of individuals and do not necessarily reflect the thoughts or opinions of the editorial team. The editorial team reserves the right to make small alterations to items submitted. Contributors are responsible for ensuring that parental permission has been obtained before pictures of children are submitted for publication.

The content of advertisements is not the responsibility of the editorial team. Queries should be addressed to the advertiser. This publication is online at www.kilmingtonvillage.com. In addition, earlier issues will also appear online from time to time.

KILMINGTON PARISH COUNCIL

CHANGES IN KILMINGTON PARISH COUNCIL

Your Parish Council has a maximum of nine councillors. To operate effectively, representing a cross section of our community, we need a full team of nine. There are Local Elections on 4th May this year and at least four of our longstanding councillors are retiring as either they have left the parish or, having served the village for many years, they now wish to retire. If nine or fewer candidates come forward and stand then they are automatically elected. If more than nine candidates stand, then we hold a local election, and you can vote to choose who makes up the council.

WE NEED AT LEAST FOUR NEW COUNCILLORS – MAKE A CHANGE AND JOIN OUR TEAM

We know that we need at least four new candidates to stand and offer to join our council. Are you passionate about our community? Do you want to help make a difference? Do you have new ideas for the council? Do you have concerns about specific issues and want to do something about them? If you

live in the parish and this is you, then we need you. We need people from all backgrounds and experiences who reflect our community to put themselves forward to help improve residents' lives. Make a change and become a councillor.

WHAT IS INVOLVED?

We meet once a month, in the evening for about two hours to discuss village matters. Once or twice a year we might hold an additional meeting to cover something urgent. In your role you will represent the community, making and reviewing decisions, contributing new ideas and helping solve issues. Some councillors have specific responsibilities, depending on their skills, such as reporting on roads, the allotments, trees, the recreation ground, the village hall, etc. Parish Councillors are not paid. Training is available and the term of office is usually four years.

INTERESTED TO LEARN MORE OR JOIN THE TEAM?

Please contact Adrian Jenkins, our Parish Clerk 07800 826657 for more details and a nomination form. All nomination forms must be received by EDDC by 4th April 2023.

VOTING AT LOCAL ELECTIONS ON 4th MAY 2023

To vote at polling stations you will now need to show a photo ID. Accepted forms of photo ID are: UK Passport, UK Driving licence, Blue Badge, Older Person's Bus Pass, or a Disabled Person's Bus Pass. If you do not have any of these, you can apply for a free voter ID document, known as a Voter Authority Certificate. Apply here: <https://www.gov.uk/apply-for-photo-id-voter-authority-certificate>

If you vote by post, you don't need any photo ID. Before you apply to vote by post, you must be registered to vote. You will need a Vote by Post Application Form which you send to EDDC. If you have access to a printer you can download the form here: <https://eastdevon.gov.uk/media/3722066/postal-vote-application-form.pdf>

If you don't have access to a computer or printer please let our Parish Clerk know and we will provide you with a form and instructions. Parish Clerk, Adrian Jenkins: 07800 826657

PARISH COUNCIL MEETINGS

March's meeting is on Monday, 13th in the Pavilion at 7.30 pm.

RAISING FUNDS FOR ELF

(Exeter Leukaemia Fund)

www.justgiving.com/fundraising/jeanette-porter1

Last year, residents of Kilminster village and some surrounding areas very kindly supported me in my sponsored walk to raise over £800 for Hospiscare, in memory of my dear husband John and to mark my 80th birthday.

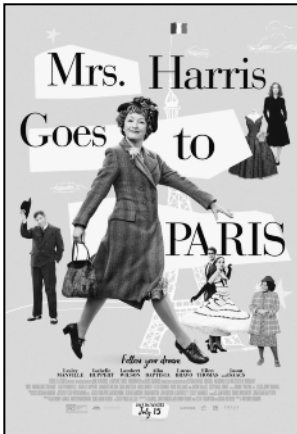
Since then, I have been diagnosed with myeloma. Exeter Leukaemia Fund (ELF) has transported me most weeks since December to Haematology at Exeter Hospital for my chemo.

As a patient I have been advised to exercise, so I have challenged myself to walk every day, to raise funds for 'ELF'. Could it equal last year's total by the end of March?

Jeanette Porter

WHAT'S ON IN MARCH

KILMINGTON COMMUNITY CINEMA



Mrs Harris Goes To Paris (PG)

Kilmington Village Hall

**Wednesday, 8th March &
Thursday, 9th Matinee**



Widowed London cleaner Ada Harris (Lesley Manville) feels a bit glum in her day-to-day life. What picks her out of the rut, in which she begins the film, is seeing a Dior dress at the home of the woman who employs her services, Lady Dant (Anna Chancellor). Mrs. Harris, a dreamer at her core, gets it stuck in her head that she needs to go get a Dior dress in Paris to unlock true happiness. Sure enough, she'll scrounge together every last cent to make her dream a reality.

When she does manage to scrape together the funds to make it to Paris for a Dior dress, Mrs. Harris receives a quintessentially French (read: snooty) reception by the woman working the desk (Isabelle Huppert, as stern as ever). Even in spite of this welcome, her indomitable spirit manages to attract the attention of the Marquis de Chassagne (Lambert Wilson). From there, everything seems to fall into place magically, including a place to stay for a week as the dress comes together from an employee (Lucas Bravo) taken by her charms. But even as she makes strides toward achieving the object of her desire, the happiness of which she dreams still feels elusive. Is it possible that true contentment comes not from an object of capitalist desire but the people whom she encounters along the way?

Lesley Manville is absolutely radiant as Mrs. Harris, reflecting both her simple decency and well-worn wisdom. The actress, familiar to many from *Phantom Thread* where she worked in an entirely different register, has a smile with enough wattage to power a city block in *Mrs. Harris Goes to Paris*. The film does not work if she's not as instantly sympathetic and radiantly good as she is here.

Come along and have another enjoyable evening or afternoon watching and listening to an entertaining film.

Wednesday: Doors open 6.45 pm with the evening's entertainment starting at 7.15 pm and ending about 9.30 pm.

The Thursday matinee: Doors open 1.45 pm. Film starts 2.00 pm. Come along and enjoy a film and have ice creams/tea/coffee, during the interval. Cream Teas available during the matinee interval. Please state Wednesday or Thursday when booking. Tickets Pre-booked £5 or £5.50 on door. To book contact John 01297 639758 or email: wattsjohn307@gmail.com.

In April we have 'Living' with Bill Nighy

See <http://www.kilmingtonvillage.com/moviola.html> for more information.

FIVE ALIVE OIL SYNDICATE

The March deadline date for ordering oil falls on Tuesday, 21st at 6.00 pm.

Please submit your requests for either an exact amount or if ordering a top up or a full tank, then please furnish me with an accurate estimate (to 100 litres) of the quantity that you require with a minimum order of 500 litres.

Colin Stewart
01297 792538
cogstewartcs@gmail.com
cogstewart@aol.com

KILMINGTON GARDENING CLUB

Following last year's excellent talk, Becca Flintham returns to the Gardening Club on Friday, March 10th with her talk 'The Best Of Friends'.

With her knowledge and expertise, she will explain the advantages of companion planting and natural gardening methods.

Talk starts at 7.30 pm. Non-members very welcome £3, refreshments and bar.

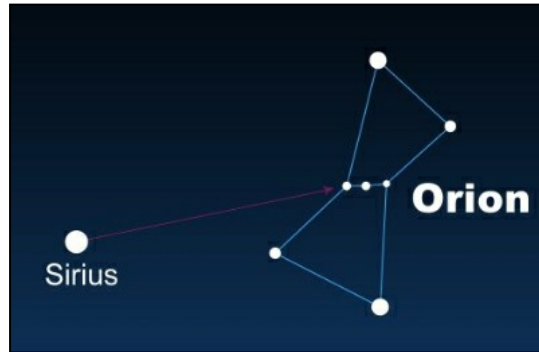
Lesley Rew

WHAT'S ON IN MARCH

KILMINGTON SKY AT NIGHT

Venus and Mars are visible all month in the western sky with **Jupiter** visible through until mid-month. This month look for **Sirius** in the southern sky, the brightest white star visible from Kilmington. It flashes different colours like a jewel low in the sky. If you follow the three stars of Orion's belt downwards towards the southeast horizon, you will find the brilliant star Sirius. It is in the constellation of Canis Major the Great Dog, and it is often known as the 'Dog Star'.

2nd Venus and Jupiter appear close, low in the west-south-west as night falls – disappearing below the horizon around 8.00 pm.



7th Full Worm Moon. Native Americans called this last full moon of winter the worm moon after the worm trails that would appear in the newly thawed ground.

24th Jupiter drops below the horizon in the west just after the sun sets. Above them, **Venus** and the crescent **Moon** can be seen until the pair set around 10.00 pm.

28th Mars and the Moon appear close in the west and are visible all night, setting in the north west around 3.00 am. Mars appears red. **Venus** can also be seen in the west in the early evening, setting in the west-south-west around 11.00 pm.

Peter



*** Don't Forget ***

British Summertime begins
Sunday, 26th March at 1.00 am
Clocks go forward by 1 hour

THE KILMINGTON COMMUNITY ASSOCIATION



FIRST AID TRAINING

During the recent defibrillator training session several of those who attended asked if a general first aid training session could be organised. We have established that suitable four hour courses are available for small groups and we could organise one in the village hall one Saturday morning. It would cover typical home emergencies and included practical CPR instruction.

To cover trainers and hall hire there would be a charge of around £12 per person and we would need a minimum of 25 persons. If you would like to attend such a session, please email: community@kilmingtonvillage.com

We can then let you know if there is sufficient interest to organise such a session.



MOBILE LIBRARY

Tuesday, 7th March 2023 at 11.20 - 11.50 am The Street



KING CHARLES III CORONATION CELEBRATIONS

The coronation of a new Monarch is a once-in-a-generation event that it is hoped will bring communities together throughout the UK over the special Coronation Bank Holiday weekend.

The Coronation ceremony will take place on the morning of Saturday, May 6th at Westminster Abbey, London.

On Sunday, May 7th a spectacular Coronation Concert at Windsor Castle will showcase the country's diverse cultural heritage in music, theatre and dance.

The weekend of celebrations will end with the Big Help Out on Monday, May 8th - a special Bank Holiday proclaimed by the Prime Minister in honour of the Coronation. The Big Help Out is going to be a festival of volunteering. The aim is

to create a legacy of better-connected communities long beyond the Coronation itself.

Celebrations in Kilmington need to be planned now and a small group of volunteers is needed to help pull village activities together. Following the extensive Jubilee Celebrations we held for Her Majesty The Queen, a more modest programme is considered appropriate for the Coronation.

If you are willing to join Our Big Help Out help please let us know and send an email to:

volunteer@kilmingtonvillage.com

Kilmington Parish Council

THE KILMINGTON HISTORY GROUP (KHG)

There was an outstanding level of interest in the historic film show on 3rd February, so much so that it was a full house, leaving a waiting list of over thirty. It's great to learn that there are so many people who want to know more about Kilmington's heritage. The audience were treated to 200 slides that gave a brief visual

tour from Trafalgar Way up the A35, Shute Road (although a persistent audience member Sheila insisted that we call it The Coach Road!), round Haddon Corner, down Springhead, along The Street looking into each junction on its way to Whitford Road.

Considering some of the photographs were over 120 years old the quality when projected onto the big cinema screen was exceptional. The commentary provided background to the buildings, people and events of the period. We saw the Toll House and Axe Vale Devon Dairy that stood at the foot of Gammons Hill when the A35, back then, looked more like the Gore Lane of today! There were some alluring pictures of the Cycle shop and Cobblers at Kilmington Cross and we heard of many other businesses that lined our village streets in the past. Aerial photographs taken by the RAF just after WWII provided a reference point to understand how village housing expanded.



There were a few interesting stories too. Like the dog, who when his owner was ill, ran down to the village to alert a neighbour to fetch a doctor to save his master. And also, one or two legends that may or may not be true! Thanks to those in the audience who added comments and corrected the speaker when some of the information was not

so accurate! And thanks to all of the KHG, who put the show together and provided an informative and entertaining evening.

If you missed the show and want to know more, you're in luck as you have an opportunity to see a repeat showing on 3rd March at 7.00 pm in the Village Hall. A bar will be provided!

An appeal was made by the Kilmington History Group for any old photographs, documents and deeds to help them continue their research and develop the village archive. This material will be scanned and returned to you. If you can help, please contact KHG@kilmingtonvillage.com. The group's work continues, and a web site is planned in future to make some records and photographs available online.

More shows and discussion groups will be held in the future to continue the research, share the knowledge and provide some entertainment.

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Letter from the Churches

Pastor Mike Hudson
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WHO ARE WE AND WHAT ARE WE DOING HERE?!

There's an old legend from the time of the Roman Empire about a Rabbi named Akiva. Akiva was a teacher, a scholar, and a spiritual director. A wise and deep thinker whom people would often go to when faced with problems in life. The story goes that he was walking home one day, and was so lost in thought that he missed the fork in the road that led to his village. (As someone who often misses exits on motorways when engrossed in a good podcast, I can relate to that!) Akiva noticed his mistake, not when his SatNav screamed at him to make a U-turn, but when he reached the gate of a Roman Military fortress. He was bought back to earth by a soldier shouting to him; "Who are you, and what are you doing here?"

To buy himself some time, Akiva asked the soldier to repeat the question, to which he duly complied. "Who are you and what are you doing here?" Akiva then asked the soldier how much he got paid to stand and ask visitors that question, and was informed his wage was five denarii a week. Thinking again, Akiva said to the soldier that he would pay him double to come and work for him. His job would be to stand outside Akiva's door, and ask him that question every day as Akiva left for the day's activities. "Who are you, and what are you doing here?"

It's a question of identity (who are you?) and purpose (what are you doing here?). It would be a good question to ask ourselves daily. In a world full of distractions and difficulty, it would be a good way of remembering who we are, and what we are here for.

We live in a world where many different voices are telling us how we can find our identity and purpose in life. It seems

in some ways that there have never been more options to answer that question. However, simultaneously we live in a time of widespread identity crises, and mental health pandemic. There's a desperate irony in the fact that, at a time where we are told we can choose and reinvent our identity for ourselves, we are increasingly seeing people in identity crises. People with no idea who they are, or what their purpose is.

The Bible doesn't talk about identity as something we choose for ourselves, but something that is given to us as a gift by our Creator and Heavenly Father. The Bible says we are chosen, precious, valued, known and loved. That we are all children of God, made in His image. It's always sad when people buy into the lie that God is an angry 'being' seeking to punish us when we trip up. But that's not the picture of God that the Bible paints at all. Rather, He is a radically welcoming and loving Father, who wants the best for us. Whoever we are, and whatever our story. 1 Peter 2:9 says; "You are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light."

The more we know who we are, the more we become aware of our purpose and God's plan for our lives. My prayer is that you might step into the certainty of God's identity and plan for you. If you'd like to chat about that, I'm always available for a coffee and a chat.

Rev Mike Hudson

LENT LUNCHES

Lent Lunches are once again to be held in Kilmington. They will be held at the Pavilion, which overlooks the playing field. The first Lunch is on Thursday, 2nd March, from 12.00 noon. The lunches will then be on the following five Thursdays at the same time. We would very much like you to enjoy soup, bread, cheese, teas and coffees, and good company too.

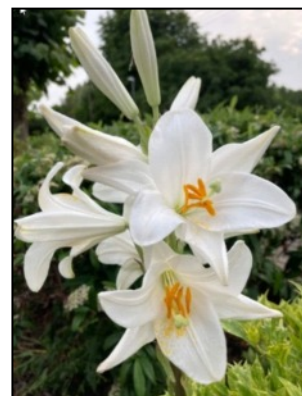
Donations will be most welcome. This year any proceeds will go to Tearfund and to The Children's Society. For any enquiries, please contact Christine Thorne on 07814 041059.

Christine Thorne

EASTER LILIES

St Giles' Church will again be decorated with Lilies for the Easter Period, also the 'Memory Scroll' will be displayed with names of our loved ones.

If you would like to add a name to the list and/or donate to the cost of the lilies, please contact Jenny Nickolls (01297 639758) or Angie Clark (01297 35817).



FROGS WINTER WORK PARTY IS A SUCCESS

FROGS (the Friends of St Giles' Churchyard) held its first work party of the year on Saturday, 21st January. It had been postponed from the previous Saturday, when conditions had been wet and windy, not the conditions that are suited to clearing up leaves. We were now blessed with almost ideal weather for the task; the day dawned dry and frosty and was starting to warm up as the group of volunteers assembled for the 10 o'clock start. The churchyard, and especially the new churchyard, were already looking in pretty good shape and work was focussed on the old churchyard and the Millennium Garden. Many of the volunteers, sixteen on the day, came armed with rakes and progress was



quick; fallen leaves thankfully tend to be blown by the wind into a few select spots! We were spurred on by the presence of our youngest volunteer, a three-year old, who employed his mini-wheelbarrow to great effect. As usual, we were treated to a



splendid array of refreshments to spur us all on, many thanks to the catering team.

We all know that Spring is just around the corner and the grass will soon start to grow quickly – we are prepared, mowers and trimmers at the ready!

David Ingles

QUINQUENNIAL REPORT - GOOD NEWS FOR ST GILES

The new Quinquennial Report for St Giles' from the Church Architect, made a point of saying that thanks to the efforts of the whole church community, the work commissioned by the Fabric Committee over recent years which went ahead, meant that the church was generally in good order for a building of its age.

During recent times much work has been completed on the internal ceiling, the sound and lighting systems and the porch. All this has been possible because of the generosity of

the congregation and village residents. This means that the work suggested in the new report is far less onerous than in former years.

We would like therefore, in this article, to sincerely thank all those have been involved in making our Church a light, warm and attractive place for worship.

John Thorne

Chairman of St Giles' Church Fabric Committee

MESSY SPARKLERS

Somehow, it always feels better when we can have the doors open and some activities outside. Who would have thought that we'd be able to have the doors open in February? The weather was perfect for having the ride-on toys outside this month and even though we had our rice activity box outside, thinking it would be less mess to clear up, rice still made it all the way on to the carpeted story area!

Our theme this month was Love, based on the story that Jesus told of the Good Samaritan, teaching people to 'Love your neighbour'. The Jews of that time did not think much of Samaritans as they had different beliefs and ways of worshipping. Yet when a Jewish man was robbed and beaten, some Jewish religious leaders avoided him as he lay in the road and it was a Samaritan who stopped to help, displaying God's love.

To follow the 'Love' theme, we had various pink and red items in the rice outside, red Play-doh with heart shaped cutters and hidden wax hearts to reveal with a wash of watery paint. To link with the story of the Good Samaritan we had medical role play equipment, people collages with plasters, 'Band-Aid' biscuits, small world play scene, split

pin donkey and colouring sheets. As usual we had books, a treasure basket, baby/toddler toys and Mega-blocs for the children to play with. Chatting to parents, grandparents and childminders, I completely forgot to take photos this month.

Our next session is on **Tuesday, 7th March**. We start at 10.30 am and finish at 12.30 pm, we ask for a donation of £2 for the first child plus £1 for each additional child which includes lunch for both the child and their adult. Booking is essential, if you aren't on our mailing list, please contact children.youth@beaconbaptist.co.uk to receive a booking email. Remember to dress for mess!

Some of our Messy Sparklers dads have just finished 'Care for the Family's Positive Parenting Workshops for Dads', which gave them tools to support their parenting and gave them the opportunity to discuss parenting with other dads. There were five workshops with ten to fourteen dads attending each one. Keep a look out for information about the 'Positive Parenting Primary Years course' coming later in the year.

Juletta Obudo

NATURE NOTES

KILMINGTON COMMON

The current phase of work on the common is now complete. Thanks to a regular group of hard-working volunteers we have made good progress. Grateful thanks too to the many people who have expressed their appreciation and made positive comments about the work being done.

I went along to the recent Historic Picture Tour of Kilminster held in the village hall, it was striking to see how little of what was known as The Common is left! It formerly covered hundreds of acres. This fact alone reinforces the importance of cherishing what little of the common remains and the valuable contribution of every single hour of volunteer time.

As I have mentioned previously, it is important to keep the central area of the common open to allow the heather, heath lobelia and other plant species of heathy grassland to emerge and thrive. The two trees that have been felled will remove the unwanted shade from this area.

We thank Parish Councillor Mark Jones who professionally felled the trees and has removed the trunk wood with a view to planking it, possibly to make another bench for those wanting to sit and enjoy this lovely green space. With the remaining longer branch wood, we have established three wood piles, in different areas of the common: one in shaded woodland, one above the edge of the south facing slope and one east facing, set well behind a bench. The brush is now piled, with some 'standing' in the shaded woodland. All the piles will offer opportunities to a range of beetles (and their wood-boring larvae), as well as providing shelter for many insects and other basking creatures as the seasons move on.

Access to the benches on the common has been highlighted

as important and with that in mind we have also reduced one of the fallen hawthorn trees and its covering of ivy. In doing this we uncovered many emerging daffodils and a chilly toad which we were able to place safely in leaf litter a short distance away. Great to have that sighting and to know that they are living on the common.

Since last writing there have also been two exciting developments:

The headteacher at Kilminster School has said she would like the three older class groups to visit the common for a guided walk, raising that it is so important for the children to learn about their local environment. We are hoping that this will happen during the summer term.

The East Devon AONB has a calendar of events to mark their 60th Anniversary Year. It is proposed that there will be a day of activities on the common on Saturday, June 24th. This may include a bug hunt, flower and butterfly identification, mothing evening, and bat walk.

There are no more work parties arranged for the time being. We will take the time to watch, wait, and record what emerges after all our endeavours. As before, details of future work parties will continue to be listed in Postscript and Kilminster Now.

We would really welcome any sightings you make as you are passing through the common or while you are just sitting and enjoying being there. Please do let me know what you see.

Judith Simpson
simpsonjudith71@gmail.com
01297 32694

YATIMA ORPHANAGE IN TANZANIA

As we move into 2023, we would like to take the opportunity to thank everyone for their support of the orphanage during 2022. Some of you we meet and know, many we don't see or know. We thank you all.

With help, we had a sale just before Christmas, which raised £141 on the day and was topped up with donations in the days that followed. Unfortunately, advancing years and what that brings prevent us from doing tabletop sales or visiting other churches or groups as we once did.

Thankfully, we are still able to maintain our pavement stall outside Koceda and the table at The Beacon, which benefits from the pop-up Post Office, these together brought in £598.20. The Baptist Church also gave a substantial donation. In addition, there have been several personal donations. We are grateful too, for those who save their 5ps, as Tesco says 'Every little helps'. During 2022, this amounted to £25.

Iris was unwell in the latter part of 2022 and unable to make the preserves, which resulted in us running out of stock. So, thank you for keeping a lookout and coming back.

All of the above amounts add up to a wonderful total of £3,050, which was sent directly to the orphanage's bank account, in Tanzania, during 2022.

Thank you again.

Lionel and Iris Quick





SECRETARY RECOGNISED FOR HER OUTSTANDING CONTRIBUTION TO THE RBL – TREASURER POSITION SPRING COFFEE MORNING.

Our 'First Friday of the month' socials have been rejuvenated and it has been so nice to see so many out enjoying the camaraderie that our group provides (please accept my sincere apologies for my non-attendance, I promise to do better!)

On Saturday, 4th February we attended the Devon County Annual RBL meeting in Ivybridge, where our secretary Jean Falconer, was awarded the Rose Bowl by Rear Admiral (Retired) Christopher Snow, CBE, (Devon County President). The Rose Bowl is a



discretionary award presented to acknowledge an individual's outstanding contribution in a particular discipline. Part of her commendation read; "During her tenure she has constantly provided outstanding support to the Chairman and all other officers on the committee. She is meticulous in her preparation and presentation, and continuously provides an accurate account of all events and everything she is involved in". Our sincere congratulations to Jean, I cannot think of anyone more deserving of this recognition.

The post of Treasurer will shortly be vacant as our current Treasurer, Rodney Giles, has expressed a wish to stand down from the role. Rodney has held the post for five years and we are most grateful to him. This is not an onerous task, but one which is of paramount importance to the branch. If you feel you might be able to help or would like to discuss the role, please feel free to contact me or any other member of the committee!

"Please We Need Your Help"



Our next 'get together' will be at 6.00 pm on Friday, 3rd March at the Old Inn, followed by our Spring Coffee Morning on Saturday, 25th March. We look forward to seeing you all, so please come and join us. In the meantime, thank you again for supporting the Royal British Legion. Please take great care and stay safe.

Fri	3rd	March	'Get Together' at The Old Inn - 6.00 pm
Sat	25th	March	Spring Coffee Morning
Fri	7th	July	Family BBQ
Fri	6th	October	AGM (TBC)
Sat	21st	October	Trafalgar Night (Black Tie Dinner)
Sat	11th	November	Armistice Day
Sun	12th	November	Remembrance Sunday
Sat	2nd	December	Christmas Coffee Morning

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KILMINGTON BIG BREAKFAST

Saturday 11th March 2023

Kilmington Village Hall

starts 9.00 am



**last orders
12.00 noon**

Full Breakfast: £8.00

(coffee/tea; juice; fruit salad; cereal; sausage, bacon, egg, tomato, mushroom; toast/jam/marmalade)

Light Breakfast: £4.00

(coffee/tea; juice; fruit salad; cereal; toast/jam/marmalade)

Morning Coffee: £3.00

(coffee/tea with cake)



* Cake stall and tombola *



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JACK AND THE BEANSTALK

The Kilmington Players' much-welcomed Pantomime had many familiar and traditional ingredients – an outrageously bewigged Dame (Kieran Veberth), owner of Buttercup, the cow (Ella Dentry and Marlee Styles); the principal boy and girl, madly in love (Hattie Greaves and Megan Reed); the Baddies and the not so baddies (responsible for much of the comedy) and the goodies.

Usually the good fairy appears when the hapless humans find themselves in difficulties and intervenes so that the good characters will triumph and the bad ones will either be vanquished or reformed. For this one (Charlotte Greaves) there was more to her agenda. She had the wand, the wings and the glitter but also wore a large L-plate. She longed to rescue someone from mortal danger to qualify for her full licence but was frustrated when they extricated themselves without her assistance. She did, however, use her powers to transform Jack's worthless beans, obtained from the sale of the cow, into the magic beans he believed them to be. A magnificent beanstalk grew up during the interval and enabled him to climb up to Giant Blunderbore's castle to rescue Jill from becoming part of the Giant's dinner or marrying his henchman Fleshcreep (Karen Hussey).

Jack's brother Simon (Bev Reed), definitely one of the goodies and a favourite with the children, energetically elicited the appropriate responses from the audience, who cheered, clapped and booed as required. The children particularly liked the forest scene with the ghosts, wafting around the Squire (Lazaro Veberth), and his bailiffs, the comic duo Snatch (Louise Quincey) and Grab (Gemma Hill). The Squire had originally threatened the Trott family

with eviction for non-payment of rent, which led to the sale of Buttercup, the failing basis of their dairy business. He had also refused to allow his daughter Jill to marry Jack, simply because Jack was poor – which incurred major audience disapproval. The elusive ghosts terrified the Squire's party, galvanised the audience – 'There's nobody here'. 'They're behind you', and then disappeared.

Giant Blunderbore was heard but unseen, except when his enormous leg emerged from the wings and stamped his enormous foot. Jack became the Giantkiller and eliminated him and the beanstalk with an axe. The Squire, following the trauma with the ghosts, changed his mind about Jack. It helped that the Trott family had acquired the golden egg-laying goose from the Giant's kitchen so that he was no longer poor. Fleshcreep found his come-uppance in the kitchen oven. Buttercup, reprieved from her fate as cow pie, was triumphantly led home by the fairy, whose licence was granted over a smart-phone. The smiling chorus sang and danced their way through, remembering all the words and steps and helping the story along. Wrongs had been righted and order had been restored. The whole audience joined in 'Old Dame Trott she had a farm'.

All of that was the visible part of the pantomime, but much longer than the cast list is the list of the mostly invisible production team who had been working on it since October to bring the successful performance to audiences in the February half term, 'many rehearsals and laughs later'.

Janfryd

OPEN GARDENS

In conjunction with the Kilmington Garden Weekend the Kilmington Gardening Club are hoping to have the village Open Gardens again this year over the weekend of 22nd-23rd July. Gardens may be of any size and needn't be perfect!

Whether they are completed or 'work in progress' or not even worked on, we would love to see them, so if you are interested in welcoming visitors into your garden, please contact Judy Godfrey.

Email: judithgodfrey.123@gmail.com or tel. 01297 34899 or mobile 07930642497 for more information.

MARCH FLOWER OF THE MONTH



SUDOKU CHALLENGE

Level: High

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 17.

	4			2		8	1	
					1	9		
9		6			4			
1		3			6	5		
4								7
		9	2			4		1
			5			7		2
		1	3					
	8	2		6			5	

PETER AND JANE IN THE GARDEN



March – time to welcome in the new spring and get going in the garden, as the soil warms up and the daylength is on the up!

Sweet peas sown in February, now growing, need their tops pinched out, resulting in stronger, bushier plantlets. I like to start hardening them off to outside conditions as soon as possible, by keeping a close eye on the forecast and only taking them inside if a cold snap is due. This will allow planting out in their final place at the earliest chance.

If you like *Gladiolus* for a big splash of colour in your garden, March is the time to plant corms into a sunny spot 10 cms deep for flowering in July/August. The name derives from the Latin 'gladius', meaning 'sword'. You can see why!

My large clump of *Miscanthus* needs pruning this month if it hasn't been done at the end of February. Like all deciduous grasses, ideally cut to ground level when the new green shoots appear. Evergreen grasses eg *Stipa gigantea*, need no pruning. Just tease out the dry, dead grass with a rake.

My *Hellebore* bed improves yearly! I started with five plants a decade ago and now the established bed houses over 50 offspring from seed of those originals. All are different and are complimented by variegated *Arum italicum* and snowdrops. Cutting down last year's old leaves shows them off.

For me though, March is daffodil month – one of my favourite flowers. Nothing is more pleasing than seeing

clumps of nodding yellow heads. Daffodil breeding began around 1830. There are now 36 species and over 26,000 cultivated varieties. Plenty to choose from!

We're at the starting gate for vegetable growing and ready to go! The farmyard manure (from a kind local farmer) was dug in last month and is bursting with goodness.

I can be a bit impatient at this time of year, if the weather doesn't play ball, but this year I am determined to wait until conditions are perfect. Maybe!! As I am writing this for Postscript, month by month, I can't afford failure, can I?!

I have, with the help of a few dry weeks and some good night frosts, achieved a pretty good seedbed. So, I planted broad beans in early February, having covered the plot with plastic through the frosty weather. *Aquadulce Claudia* is the one I chose this year, a variety that could be planted in the autumn or February/ March.

In general, vegetable seeds will germinate when the soil temperature is six degrees or above, although parsnips, onions and spinach will germinate when the soil temperature is as low as two degrees. Runner and French beans require a slightly warmer temperature of eight or nine degrees.

I have been keeping a record of daily rainfall for three years now and the findings have been interesting. For instance, in the first 18 days of January this year, we had 126ml (fractionally over 5") of rainfall and up until mid-February at the time of writing this, only 4ml (fractionally less than one sixth of an inch)!

Happy gardening!

Jane Chalk and Peter Guy



KILMINGTON CRICKET CLUB YOUTH SECTION 2023



LEARN TO PLAY CRICKET - HAVE FUN - MAKE FRIENDS

The window is now open to sign up for this year's Dynamo sessions.

For boys and girls aged 8-11 years. 20 places available at Kilmington Cricket Club.

Fridays from 5th May until the end of term.

10 sessions. From 5.00 - 6.00 pm.

Cost £40 includes coaching, personalised dynamo shirt and phone app.

Go direct to sign up at Dynamos:

<https://ecb.clubspark.uk/Dynamos/BookCourse/6e9902e2-9e70-42ad-bd7d-5f3d49e38bb6>

KILMINGTON COLT TRAINING SESSIONS

Will commence on Thursday, 4th May 2023.

For boys and girls aged 12-14 years at Kilmington Cricket Club

From 5.00 to 6.00 pm

All equipment provided

For further information contact:

Eddie Clarke ECB level 2 coach on 07474 682941.

KILMINGTON GARDENING CLUB

GROW THE FOOD YOU CAN'T BUY – KATHY CROUCH

www.kilmingtongardeningclub.co.uk



It is no surprise that Kathy Crouch is one of Kilmingtong Gardening Club's favourite speakers – she is very entertaining and down-to-earth, as was her talk on 'Grow the Food you can't buy'!

Kathy has been growing vegetables since she was nine years old and she likes nothing better than spending time on her allotment, and, when everything comes together, she rewards herself with a gin and tonic!

She very helpfully gave out a list of vegetables and fruits and her reasons for growing them (or not!) Of course, there are foods you can easily buy, but inevitably by the time they reach the supermarket shelves they are a few days old and have often travelled many miles, so eating freshly harvested new potatoes, broad beans or purple sprouting broccoli is really worth the effort. Broad beans should be popped out of their skins to appreciate their full flavour – delicious! Kathy sprinkled her talk with suggested recipes, nasturtium tartare sauce anyone? Many of her recipes involved olive oil and garlic, the influence of her time spent in Greece in her younger days. Naturally, there are many other candidates for foods that are much nicer when fresh – for example, soft fruits, plums, cherries, apples and courgettes, runner and French beans.

Kathy also grows food seldom seen in shops, such as green garlic, and she particularly likes globe artichokes, which she recommends picking when they are between a hen's egg and a duck egg in size. Pick courgettes when they are cocktail sausage size so that they don't grow to marrow size. There

are some goods which she never sees in shops, including lovage, alpine strawberries and Taunton Deane kale.

The soil in Kathy's allotment is light and dry and as a result, she will not grow certain foods again – for example Cape gooseberries, celery and blight-prone tomatoes, which were all failures for her. Her efforts at growing peas, strawberries and grapes were thwarted by rats and she is still waiting for her peach tree to fruit. She admits to buying winter cabbage, aubergines, celery, avocados, citrus fruits and slug-free leafy things in winter!

Chives, parsley, thyme and runner beans are foods she could not do without and they can all be grown in a small, square area so ideal if you do not have much space. Borage gives colour in the garden, is easy to grow and both the leaves and petals are edible and look good in a salad.

Kathy made the most of the heatwave last year by sun-drying tomatoes outside under glass – a triumph! They are kept along with other store cupboard items like bottled fruit, dried beans and chilli flakes. She could easily buy some foods but they are very nice to have to hand. Some are kept in the shed (onions, shallots, garlic, sacks of Charlotte and Anya potatoes), some are on her plot on the allotment (parsnips, swede, carrots, celeriac, leeks, kale, Brussels sprouts) and then winter squash is kept under the bed! Oh yes! Kathy is unconventional but her enthusiasm is infectious. Cheers!

Jean Falconer

COMPETITION TIME

The Gardening Club are trying out a new competition this year. We are going to grow a potato plant in a bag.

The idea is that anyone, including the kids, can grow this and then bring it along to the Village Show on September 9th to be weighed. A prize will be awarded to the adult and child with the heaviest crop.



The kits are £3 and contain a bag, compost, potato, and instructions. They can be picked up from outside the Village Hall on Sunday, March 12th between 1.00 and 3.00 pm.

Lesley Rew

GOD'S GARDEN

When my life on earth is over and my breath leaves with a sigh,

Then lay me in God's garden with my face up to the sky,
Let me fertilize the flowers and grass to feed the birds and bees

And my essence reach the tree roots so I can whisper through the leaves.

God's blessings filled each waking hour throughout my passing years,
And my life should be remembered with joy and not with tears,

I trust my time had purpose and brought smiles along the way
And that my friends and family will think of me some day.

In time I hope we'll meet again in God's palace in the sky
Where by grace a welcome waits for sinners such as I.

I did my best throughout my life but often I fell short
But I believe that God forgives just as Jesus taught.

I'll be part of nature in God's earthly place of rest
With church bells ringing over me, I'll be forever blessed.
The breeze will blow, soft rain will fall and birds will sing at dawn,

And God's light will shine for me and bless this place each morn.

John Thorne

It's Back!

The Kilmington Village Pantomime is back after several years of absence!



The pantomime rehearsals and preparations were underway for several months prior to the performances in February 2023. A great time was had by the Cast, Crew, Helpers and all those who attended the performances over those four nights. Lets hope there will be many more in the coming years.



Jack and the Beanstalk

THE YEARLY DISTRESS

And the Birth of The Tithe Map

Since ancient times tithes have been levied the world over in one form or another. Much despised by the working folk, they were part of the way of life for the parishioners of Kilmington. This was particularly so because Kilmington's main contribution to the economy would have been through its large farming industry.

'Tithe' originates from the Old English word 'teogotha' meaning a 'tenth'. It was originally a tax requiring that one tenth of all agricultural produce, including livestock, would be paid twice annually to the church by its parishioners and local farmers. Historically, these payments would be made 'in kind', rather than by monetary means, and the church would receive contributions to its income in the form of grain, oxen, chickens, or such like. Enforced tithes have existed in England for centuries, records indicating that they were levied long before the Norman conquest. The church used the proceeds to fund itself, its clergy, the erection and maintenance of magnificent buildings and, of course, to assist the poor.

Whilst the detailed history of the tithes and their collection is perhaps too dry and complex to attempt to delve into here, it is perhaps not surprising to read that it has always been a controversial matter. They were unwanted by those who had to pay them and seemed increasingly unjust as the eighteenth century drew to a close. *Why should the clergy take a large slice of an honest hard day's work in the fields?* On the other side, the clergy felt that they were being hoodwinked by disreputable farmers who concealed and understated their produce. Neither party liked the confrontational situation, and the antiquated process was considered hugely difficult to administer. Unsurprisingly it caused resentment.

The apparent injustice relating to tithes became inflamed, even resulting in the organised murder of a vicar in one small English village, but this did not compare to the situation in Ireland where tithes had been levied to fund a protestant church in a catholic country. Famously, this led to the 'tithe war' of 1831-36.

In 1836, 'The Tithe Commutation Act' was enacted in Britain to reform the medieval system and bring it up to date, enabling tithes to be levied in monetary terms (rather than by delivery of sacks of grain or number of pigs etc.). 'Rent charge' would be applied against the agricultural value and acreage of the land and rated against the current 'index price' of grain: a step forward and simpler, but still seen as unjust by many.

Tithe Map & Apportionment

What the Act of 1836 also achieved was the instigation of an immediate programme of large-scale detailed map making and the creation of accompanying land apportionment schedules across Britain. These records remain with us today and provide an excellent 'snap-shot' in time identifying, on a parish-by-parish basis, which buildings and parcels of land existed at the time, what they were called, who owned or occupied them and what the land usage was.

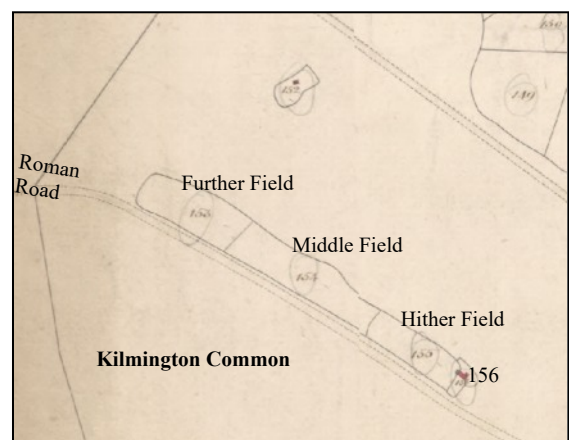
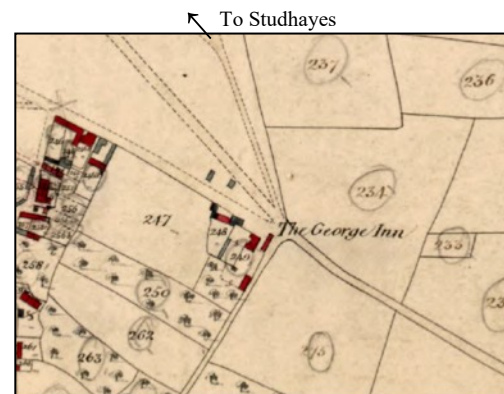
Kilmington's 'tithe map' contains many interesting features and pieces of information telling us what the village would have looked like almost two centuries ago. Residential

buildings were coloured in red to distinguish them from outbuildings and land parcels were provided with numbers to allow cross-reference to the accompanying schedule.

The tithe apportionment records that Kilmington contained just over 1760 acres. The gross 'rent charge' in lieu of tithes for Kilmington was £340 (perhaps £36,500 in today's money), payable to the 'tithe holders' annually.

Readers not yet familiar with the tithe map (and apportionment) are invited to explore it themselves, but for the purposes of general interest and as far as this article will allow, I have included some extracts from the tithe map (1840) below which some might find of interest.

The George Inn and its courtyard once stood at the junction of George Lane and what is now Shute Road, alongside the A35. This was the same year that the main road to Exeter (which once passed through our village directly over Shute Hill along the Roman Road) was diverted around the hill along its present alignment. The tithe map shows that this junction was once larger, providing for another road heading off into the fields to the north-west (and on to Studhayes), all trace of which seems to be lost today. The George Inn, then occupied by John Frost, would later be demolished, and rebuilt as George Farm. Traces of the windows and doors of the old buildings can still be seen in the boundary wall with George Lane.



Kilmington Common was then much more expansive, occupying the space between the current A35 (and beyond) and encompassing land beyond the route of Shute Road and as far westward as the parish boundary on Shute Hill. At over 317 acres, 'common land' then occupied almost 20 percent of the entire parish. In part of the area enclosed by

the common, in which is now Kilminster Woods, lived Charles Hawkins (parcel 152) and James Banks (parcel 156 and the 'Hither', 'Middle' and 'Further' fields). This site is currently occupied by a traveller's encampment adjacent to the old Roman Road.

In a move far exceeding the ambition of the contentious 1836 reform, 'rent charges' were abolished entirely exactly 100 years later by the 'Tithe Act of 1936' in favour of 'tithe redemption annuities'. By the Finance Act of 1977, these were in turn entirely 'extinguished' and the whole affair was

consigned to history. Sadly, much less can be said for the rest of Britain's extensive taxation legislation, but I suppose we must console ourselves that it is (at least by current understanding) essential to underpin a developed society!

For those interested in reviewing a copy of the tithe map (and apportionment) of Kilminster, a digital copy can easily be accessed online at the Devon County Council Website: <https://www.devon.gov.uk/historicenvironment/tithe-map/kilminster>

*The priest he merry is and blithe
Three quarters of the year,
But oh! it cuts him like a scythe
When tithing time draws near.*

*For then the farmers come jog, jog,
Along the miry road,
Each heart as heavy as a log,
To make their payments good.*

*And well he may, for well he knows
Each bumpkin of the clan,
Instead of paying what he owes,
Will cheat him if he can.*

*Oh, why are farmers made so coarse,
Or clergy made so fine!
A kick that scarce would move a horse
May kill a sound divine.*

Verses extracted from 'The Yearly Distress, or Tithing Time...',
William Cowper, 1774.



Alan Clarkson

THE PAVILION, KILMINGTON



Lent Lunches

From Thursday 2nd March

12.00 noon

Donations welcomed

Enjoy soup and rolls, and good company.

Cheese and biscuits to follow

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07814041059

SUDOKU SOLUTION

5	4	7	9	2	3	8	1	6
2	3	8	6	7	1	9	4	5
9	1	6	8	5	4	2	7	3
1	2	3	7	4	6	5	9	8
4	6	5	1	8	9	3	2	7
8	7	9	2	3	5	4	6	1
6	9	4	5	1	8	7	3	2
7	5	1	3	9	2	6	8	4
3	8	2	4	6	7	1	5	9

Cookery Corner

This month's recipes have both been given to me to include in Cookery Corner. The curry recipe was suggested by one of my goddaughters as it is suitable for vegans. It uses tender stem broccoli which is in season. The sauce also works well with chicken for non-vegans. The Tea bread was passed to me as it is a healthier cake option and is really quick to make once the fruit has been soaked.

BROCCOLI KATSU CURRY

Serves 4

- 1 medium onion, finely chopped
- 3 tbsp olive oil
- 2 carrots, diced into small pieces
- 2 garlic cloves, crushed
- 3 cm piece of ginger, about the width of a finger, peeled and grated
- 1 tbsp mild curry powder
- 1 tsp garam masala
- ½ tsp ground turmeric
- 1 tbsp white spelt flour
- 400ml/16 fl oz vegetable stock
- 2 tbsp soy sauce
- 350g/14oz tenderstem broccoli
- 100g/4oz fresh breadcrumbs
- 2 spring onions, chopped

Method

1. Heat half of the oil in a pan and add the onion, carrots, garlic and ginger and cook gently for 8-10 minutes, stirring frequently.
2. Add the curry powder, garam masala, turmeric and flour and fry for a further 2 minutes. Gradually stir in the stock and the soy sauce and bring to the boil. Reduce the heat and simmer for 15-20 minutes or until the carrots are tender.
3. Using a hand blender, blitz the sauce until smooth adding some water if the sauce is too thick.
4. Prepare the broccoli by tossing it in the remaining oil and coating with the breadcrumbs. Lay the coated broccoli on a foil-lined baking tray and bake at 180C fan/200C/gas 6 for 20-25 minutes or until the broccoli is cooked through. Reheat the sauce and divide between the plates. Top with the broccoli and chopped spring onions and serve with some plain boiled rice.



TRADITIONAL TEA BREAD

Makes 1 x 2lb loaf

- 100g/4oz sultanas
- 100g/4oz raisins
- 100g/4oz currants
- 450ml/18 fl oz strong, cold tea
- 200g/8oz light muscovado sugar
- 2 large eggs
- 500g/20oz self-raising wholemeal flour

Method

1. First make the tea and allow it to go cold. I used 2 teabags for this amount of water. Add the fruit to the cold tea and allow to soak overnight.
2. In a large bowl, whisk the sugar and eggs together for 3-4 minutes until light and fluffy. Stir in the fruit and any of the tea which hasn't been absorbed. Finally stir in the flour and mix well.
3. Pour into a greased and lined loaf tin.
4. Cook at 170C fan/190Cgas 5 for about an hour to an hour and 15 minutes or until a skewer inserted into the centre comes out clean.
5. Allow to cool in the tin before turning out. Serve spread with butter. This loaf freezes well.



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Mina x



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Email: info@axminsterandlymecancersupport.co.uk

Mailing address: Axminster and Lyme Cancer Support, Heathermoor, Yawl Hill Lane, Yawl, DT7 3RW

News bulletins remind us of the high proportion of the population who need cancer treatment sometime in their lives. ALCS is a local charity devoted to assembling and offering the best available support for the health, fitness, diet and well-being of those who are coping with it. Postscript summarises the latest newsletter sent to us, which can also be read in full on the ALCS website.

Newsletter no 53. ALCS continue to add new names to their team of Professional Partners. This time they introduce a mobile hairdresser, a hair loss specialist, hypnotherapy and an instructor for Tripudio Movement systems (physical movement which benefits cardiovascular and lymphatic systems). Their creative hub, at the Stanley Studios in Kilmington, offers acrylic art from 10.00–12.00 noon on Thursdays in March as well as metal embossing on Wednesday, 15th March 10.00 am–12.00 noon, and there will be workshops for creative writing on Wednesdays, March 8th, May 3rd and July 5th with Ninette Hartley, from 11.00am–1.00 pm on Zoom.

The latest newsletter mentions weekly acupuncture clinics and drop-in sessions, many of which are in the Scott-Rowe

room at Axminster Hospital on Mondays. They also hold monthly support group sessions for those about to start, who are already undergoing active treatment, or who have finished it within the last six months.

Some dates and details are provided for events taking place over the next few months:

Saturday, 4th March 9.30 am–12.00 noon. 'Let's talk about cancer'. A panel of professionals talk about cancer in our community. Open to all. Uplyme Village Hall.

Monday, 27th March 11.30 am–1.30 pm at Lyme Regis Football Club. Spring flower workshop. Busy Bee. Open to all registered clients.

Wednesdays 10.00 am–12.00 noon on 19th, 26th April and 3rd 10th, 17th and 24th May. 'Making a Mark' a 6 week course with Christine Allison.

If you wish to receive the full newsletter with more information and detail, or to register your interest, or have any queries for ALCS, please use one of the addresses above to contact them.

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Prices of fuels have rocketed this year, but we are confident that our prices are still very reasonable and some may even say 'cheapest around'!

Our sacks of logs are processed and season-dried here on site, with a moisture content of less than 20%.

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Brazier Smokeless 25kg - £13.99

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Kindling - £5.99

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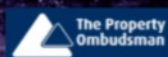
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SHEDDING SOME LIGHT ON CLEANING WITH MICROFIBRE

Are you harbouring a microfibre cleaning cloth or twelve in your cupboard to use for cleaning dishes, cars, bathrooms, offices, etc? Have you been green-washed by the hype that they are the Holy Grail of cleaning aids? Yet they are another piece of plastic pollution! Microfibre cloths are made from polyester and polyamide...plastic, made from crude oil/gas and non-recyclable! Shedding lots of teeny, weeny plastic fibres as they go into the water treatment works and into the rivers, the sea and eventually into us.

Those green scourers too are made of plastic and every time you use them to scrub, tiny particles rub off into the water. Sponges made of synthetic materials don't clean up the environment either! Wet wipes* are an absolute plastic pollution nightmare; we have been brainwashed by the big companies into believing we cannot do without them; it's a manufactured demand which feeds on our desire for convenience, in all honesty, less work and the out-of-sight-out-of-mind mindset. There's a cumulative effect from all the different pollutants in all different areas of life. Let's face it, don't we do an awful lot of cleaning?

A study in 2019 estimated that two million tonnes of microfibres enter the ocean each year (which include those from synthetic fibre clothes).

So what could you use instead? You may like to switch to pure cotton dishcloths, ones made from bamboo or sponges manufactured from plant cellulose (i.e. wood pulp), the latter can be home composted when past their prime. Re-use old cotton t-shirts, terry cotton cloths, cotton flannels, old towels.

Perhaps investigate the Swedish dishcloth (beware not-so-good copies). Now, it may look like and feel like a bit of

cardboard when it's dry....until you see how much water it absorbs and then it acts like any other cloth. It is made from 70% wood pulp and 30% waste cotton. It can be home composted, together with the packaging and takes 90 days to breakdown, so the blurb says. It can also be machine-washed at 60 degrees (unlike microfibre cloths).

Other alternatives to plastic scourers/sponges to consider are growing your own loofah to use as a scourer, or one made from coconut coir or sisal. Have a meander round the Internet, or a local zero-waste shop (such as Ganesha in Axminster) to find out more. It may also be worth having a look in Millers Farm Shop, and Mole Avon has just introduced a small range of eco products. Much better than junking up the planet with more forever-plastic!

*(*it is appreciated that there are circumstances, due to some disabilities and medical reasons, when there are few suitable alternatives.)*



Kay Pike



HOSPISCARE MEN'S WALK

Join the Hospiscare team at the Double Locks, Exeter on Saturday, 18th March 2023, or take part 'your way' by choosing your own route and location, to raise vital funds for your local hospice.

Whichever way you join, everything to love about Men's Walk will remain the same. You'll get your own Men's Walk t-shirt, a drink courtesy of Exeter Brewery, a pasty supplied by Chunk of Devon, the rugby, a great day out and the chance to support Hospiscare!

Whether you walk your own route or start at the Double Locks, you will be walking to support local people living with a terminal illness.

Saturday, 18th March 2023

11.00 am – 7.30 pm

£25 per person or £20 each as part of a group of 6 or 10

For more information please go to:

www.hospiscare.co.uk/events/mens-walk

Ali McGeowan



AXMINSTER & DISTRICT CHORAL SOCIETY



Music Director: Peter Parshall

A UK PREMIERE OF A ST MATTHEW PASSION – FROM 1789

History is in the making in Axminster. A rediscovered setting of the St Matthew Passion by C.P.E. Bach is set to be performed for the first time since 1789. Two hundred and thirty-four years later, Axminster & District Choral Society will perform the UK première of this work on April 1st at 7.30pm in the Minster Church.

The second son of Johann Sebastian Bach, Carl Philipp Emanuel was appointed Director of Music for all five of the Hamburg churches in 1767. Part of the job description was to compose a setting of the Passion every year. But C.P.E. Bach was never to see a performance of this work, dying in December 1788, three months before it received its première.

“At the time, it was perfectly in order for composers to borrow and re-arrange the music of others” says Peter Lea-Cox, the choir’s accompanist, and a leading expert on the Bach family. “For this Passion setting, C.P.E. Bach drew on his father’s St Matthew Passion, rearranging some of the choruses for four, instead of eight-part, choir. Additionally, several of his father’s wonderful chorale harmonisations are included. In fact there is more of J.S. Bach in this work than there is of his son!”

“We are very lucky in having been given access to performing parts based on the critical edition *CPE Bach: the Complete Works* made available by the publisher, the Packard Humanities Institute” says Peter Parshall, the choir’s Director of Music. “It is very difficult for a choir of our size to perform the popular J.S. Bach St Matthew Passion, because it demands both double choir and double

orchestra and we don’t have space for all the musicians required. We are therefore fortunate to have the opportunity of offering a flavour of one of the great J.S. Bach Passions, specially modified by his son, to those in the South West who do not usually have the opportunity of hearing a live performance of this work”.

The concert, featuring professional soloists and orchestra, takes place on Saturday, April 1st at the Minster Church, Axminster at 7.30 pm. Tickets cost £12 and £15 from Archway Books, Trinity Square, Axminster, by phoning 01404 41907, or online at www.axminsterchoral.co.uk

For further information contact Elizabeth Twining on 01404 43805 or at: cpebach.axminster@gmail.com



The choir rehearsing the work.

KILMINGTON COMMUNITY CINEMA DVD/BLU-RAY LOAN SCHEME

If you were unable to come and see our films on the big screen, we can now offer you the opportunity to enjoy first-rate films in your own home. For a small hire cost of £3 for up to a seven-day loan we have the listed films on offer. Each month, following our film show, that DVD will become available for hire. We will not be publishing an updated list each month, so lookout for the posters to see what the KCC is showing.

To book the film and arrange to collect, contact: Eileen and John Birch, by phone: 01297 34595 or email: johnbirch598@btinternet.com

Collect from: Hill View, Wellmead, Kilminster (opposite the New Inn).

PLEASE NOTE The Blu-ray disks require a video recorder that can play Blu-ray DVD’s, these will not play on a standard DVD player. Newer equipment under three-years-old will probably be Blu-ray compatible.

BLU-RAY

The Courier
Little Women
No Time To Die
Belfast
The Duke

DVD

West Side Story
The House of Gucci
Downton Abbey A New Era
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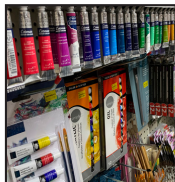
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WEEK TO VIEW (Events that happen the same time every week)

Sunday	10.30 am	The Beacon	Service
Monday	early	Your house	Recycling collections
	2.00 - 4.00 pm	Village Hall	Country Dancing
Tuesday	10.00 - noon	The Beacon	The Post Office
Wednesday	9.30 am	The Beacon	Toddlers and Tinies (Term time only)
	10.00 - noon	St Giles' Church	Mums and Babies Support Group
	2.00 - 4.00 pm	Village Hall	Short Mat Bowls
Thursday	7.00 pm	The Beacon	Alpha Course
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome

DATES FOR MARCH 2023

Wed	1st	9.30 am	The Beacon	Men's Home Group
Thurs	2nd	12.00 noon	Pavilion	Lent Lunch
Fri	3rd	11.30 am	The Beacon	World Day of Prayer Service followed by a lunch
	3rd	6.00 pm	The Old Inn	RBL 'Get Together'
	3rd	7.00 pm	Village Hall	Kilminster History Group - <i>Historic Picture Tour of Kilminster</i>
Sun	4th	10.30 am	Yarcombe Church	Mission Community Holy Communion
Mon	6th	Early	Your House	Landfill with recycling
Tues	7th	9.30 am	St Giles' Church	Said Communion
	7th	10.30 am	The Beacon	Messy Sparklers
Wed	8th	7.15 pm	Village Hall	Kilminster Cinema Club: <i>Mrs Harris Goes to Paris</i>
Thurs	9th	12.00 noon	Pavilion	Lent Lunch
	9th	2.00 pm	Village Hall	Kilminster Cinema Club: <i>Mrs Harris Goes to Paris</i>
Fri	10th	7.30 pm	Village Hall	KGC Talk: <i>The Best of Friends with Becca Flintham</i>
Sat	11th	9.00 am	Village Hall	Kilminster's Big Breakfast (<i>see page 10 for more information</i>)
Sun	12th	11.00 am	St Giles' Church	Morning Worship
Mon	13th	7.30 pm	Pavilion	Parish Council Meeting
Tues	14th	Early	Your House	Garden Waste Collection
Thurs	16th	12.00 noon	Pavilion	Lent Lunch
Sat	18th	8.00 am	The Beacon	Men's Breakfast
	18th	11.00 am onwards	Double Lock, Exeter	Hospiscare Men's Walk
Sun	19th	9.30 am	St Giles' Church	Mothering Sunday Holy Communion
Tues	21st	12.30 pm	The Beacon	Community Contact Lunch
Thur	23rd	12.00 noon	Pavilion	Lent Lunch
Sat	25th	10.00 am - 12 noon	Village Hall	Royal British Legion Spring Coffee Morning
Sun	26th	Early	Your House	British Summertime Begins
	26th	9.30 am	St Giles' Church	Morning Prayer
Mon	27th	Early	Your House	Landfill with recycling
Tues	28th	Early	Your House	Garden Waste Collection
Thurs	30th	12.00 noon	Pavilion	Lent Lunch

DONATIONS, PAYMENT FOR ADVERTISING SPACE AND ARTICLES/NOTICES FOR POSTSCRIPT (i.e. THOSE NOT SENT BY EMAIL)

Please post payments for advertising in Postscript and donations to help with printing costs through the front door of Vicky Larcombe's house. Thank you.

DIRECTIONS FOR FINDING Vicky Larcombe's house. Vicky is treasurer for Postscript.
From Whitford Road turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank, you have gone a few steps too far.

USEFUL TELEPHONE NUMBERS

VILLAGE NUMBERS

Bell-ringing - Celia Dunsford	01297 33563	KGC - Bev Perkins, Secretary	01297 631801	Short Mat Bowls - Edith Turner	01297 34090
Bridge Club - Eric Samways - Gill Bullock	01297 24260 01297 647768	Kilminster Community Cinema - John Watts	01297 639758	Table Tennis - Jenny Nickolls	01297 639758
Country Dancing - Gill Perkins - Marie Thorne	01297 32888 01297 631194	Kilminster Pre-School - Now part of primary school	01297 32762	Telephone Box Library - Karen Hodder	01297 35162
Cricket - David Lavender	01297 631868	Kilminster Primary School	01297 32762	Tennis - Bev Bailey Sue Wells	07577 488656 07912 272102
Footpath co-ordinator - Tom Cook footpaths@kilminstervillage.com	07974 001197	Millers Farm Shop	01297 35290	Village Hall bookings - Louise Quincey	01297 32358
Hitchcock Pavilion bookings - Peter Huscroft	01297 32243	The New Inn	01297 33376	Village Hall 100+ Club - Jean Falconer	01297 33708
Kilminster A35 Pit Stop	01297 598060	The Old Inn	01297 639779	www.kilminstervillage.com - Luke & Maxine Lawson	07719 909532
Kilminster Cross Services	01297 631089	RBL - Jean Falconer - Sec Stafford Seward - Chairman	01297 33708 01297 33909		

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St Thomas Court Surgery	01297 32126	Dentist Helpline	03330 063300		

SERVICES AND FACILITIES

Refuse Collection	01395 571515	Axminster Library	01297 32693	Clerk to the Parish Council	07800 826657
Water - general - leaks	0344 346 2020 0800 230 0561	Mobile Library	01404 42818	E. Devon District Councillor - Iain Chubb	01297 35468
Electricity - emergency	0800 365 900	Ring & Ride	01404 46520	Devon County Council, Whimple and Blackdown, Iain Chubb	07932 459595
		Axminster Care Service	01297 35550		

Police: Crime stoppers - 0800 555111: Emergency - 999: General - 101

CHURCHES

St Giles' Church Rev Julie Lomas	01297 35004	Baptist Church Office Pastor Mike Hudson	01297 631638	Axminster Catholic Church Parish Priest: Father Anthony Cockram	01297 32135
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ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilminster. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

	Black and white ads	Colour ads
Credit card (70 mm x 40 mm)	£ 5 or £22.50 for 5 months	
¼ page (90 wide x 136 mm high - Portrait)	£12 for one-off or £50 for 5 months	£15 for one-off or £75 for 5 months
½ page (184 x 136 or 90 x 276 mm)	£20 or £90 for 5 months	£30 for one-off
Full page (184 x 276 mm)	£30 or £130 for 5 months	£40 for one-off

If the advertisement could be sent as a jpeg it is a great help when sizing for publication.

BACK COVER: *Occasionally the back cover is available for a one-off colour page advertisement. Cost: £50*

Additional fee of £1 if Postscript has to edit, size or set copy.

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COMING AND GOING FOR A SONG: There is no charge for these entries for items valued up to £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (please see directions on page 26).



Kilmingington Royal British Legion

Spring Coffee Morning

Plants, Cards & Gifts, Books

Cakes & Raffle

Saturday, 25th March

Kilmingington Village Hall

10.00 am to 12.00 noon

Entrance & Tea/Coffee £1.50