

# KILMINGTON POSTscript

Issue 214 May 2019



## EDITORIAL

Our editor Janfryd has been on a well-deserved holiday, so I am taking up the challenge of the editorial. What is May about? May and May Day have always been associated with fun, fertility and revelry; village folk cavorting round the maypole. So you have no excuse not to get out and enjoy yourself. There's so much going on here you really need to be organised or you'll miss something. Reading Postscript is a great start, with your diary by your side to plan your month!

Starting at the top, literally, are some of the most obvious things to see in the (cloudless) sky at night – a great opportunity to soak up our wondrous sky and it's free! Back to earth, there are great tips and information from our Gardening Club. No excuse if you haven't any plants either as the annual KGC plant sale will sell you some. Even better, the next club talk tells you how to garden without digging. For more motivation, two village gardens are open to see for yourself what is possible. One has tea AND CAKE too! If you are already growing stuff there are recipes for pasties with asparagus, peas and fresh mint. If, after Easter, you're suffering chocolate withdrawal symptoms, another recipe gives you double choc shortbreads.

Reports from the Churches cover Easter events, and Frogs give us an update on churchyard progress. And don't miss Darrell's account of the little girl saved from the lion and his invitation. Paul Obudo has sent his final letter from Thailand giving details of the Action Team's activities and invites you to hear more at a Thai night with song and Thai food. For children, besides Messy Sparklers, there is a Holiday Club Extra for primary school kids.

Janfryd tells us about Devon Hospiscare at Home. Pauline Beviss invites us to a Parkinson's awareness session and Axminster Medical Practice asks us to take part in their survey to help them improve local healthcare.

On a lighter note, Village Club meetings are listed as usual at the back of the magazine and I know they would be delighted to see new faces. With the wonderful spring weather you may want to get outside, so why not join the tennis group, or, more relaxing, just sit back and watch our cricket team, fixtures on page 9. Other events in the village this month include a coffee morning in aid of the Riding for the Disabled Association, new Pilates sessions in the Pavilion, a moth survey with Legacy to Landscape or a cockney sing-along at the New Inn.

And Girls don't forget to wash your face in the early morning dew on May 1<sup>st</sup> and you'll be beautiful for the whole year!

Peter

The front cover photo is by Maureen Lane, other photos by Maureen and Jean Thorne

## CONTRIBUTIONS TO POSTSCRIPT

Please remember to use the email address for Postscript:

**postscript@kilmingtonvillage.com**

*Alternatively, please give your item to any team member.*

***The closing date for submitting items for the June issue is 15<sup>th</sup> May 2019. All will be acknowledged. Please email or ring 01297 639115 if not acknowledged within 48 hours.***

## POSTSCRIPT TEAM

### Editor

Janfryd Gordon-Kerr 01297 639115  
janfryd@gordon-kerr.org.uk

### Team

Peter Ball 01297 32631  
mycraigydona@aol.com

Gill Heighway 01297 33951  
gillheighway@gmail.com

Jill Collier 01297 32390  
summerleaze@hotmail.co.uk

Maureen Lane 01297 639815  
sussexlanes@btinternet.com

Valerie Harding 01297 34206  
vharding38@gmail.com

Diane Overton 01297 33569  
overtonfamily@freeuk.com

### Distribution

Gill Perkins 01297 32888  
john.perkins444@btinternet.com

### Treasurer

Vicky Larcombe 01297 33858  
vlarcombe30@aol.com

### Postal address

The Granary, George Lane, Kilmington, EX13 7RT

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01297 32266

**Postscript** is published 10 times each year and is delivered free of charge to every house in Kilmington. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

## DONATIONS

***Arrangements for donating to Postscript have changed as a result of the closure of the village shop. Please see page 24 for details. Donations to the middle of April came to £7.00. All donations go towards printing costs. Thank you for your continuing support.***

## ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 75p.  
Extra copies are available from Millers Farm Shop, where donations may be made.

**Disclaimers:** Items in this publication are the work of individuals and do not necessarily reflect the thoughts or opinions of the editorial team. The editorial team reserves the right to make small alterations to items submitted. Contributors are responsible for ensuring that parental permission has been obtained before pictures of children are submitted for publication.

The content of advertisements is not the responsibility of the editorial team. Queries should be addressed to the advertiser.

This publication is online at [www.kilmingtonvillage.com](http://www.kilmingtonvillage.com). In addition, earlier issues will also appear online from time to time.

# BECAUSE EVERY DAY MATTERS

## End of Life Care - Seaton & Axminster Hospiscare@Home

Hospiscare expertise in patients' own homes has long been the vision of Dr Phil Taylor, Chairman of Axminster Hospital League of friends (LOF). Early in his career as a GP he treated a patient with a terminal illness who lived alone in a remote rural spot and had nobody to provide care and support at the end of his life. At that time there was no provision for care in the patient's own home. Transfer to Exeter to die in hospital was all that Doctor Taylor could offer and he found it profoundly disturbing that he was unable to do more. On 21<sup>st</sup> March 2019, now approaching retirement, he was the first speaker at the joyful launch event in the Guildhall when Seaton's Hospiscare at Home service, opened nearly four years ago, was extended to Axminster, to respond to the needs of communities in and around the Axe Valley.

Hospiscare was launched in 1982 to deliver skilled care and support at the end of life to adults and their families across Exeter, Mid and East Devon. They have a hospice in Exeter and day hospice care is offered in Exeter, Honiton and Tiverton but research has shown that, although 63% of the population in England would prefer to die at home, only 21% of deaths actually take place there. In comparison, one of the Devon Hospiscare at Home teams has enabled 77% to die at home and 94% overall to die in their preferred place. The Seaton team was thanked for all the help and support they had given and Dr Mark Welland, Chairman of Seaton LOF was one of the speakers, deservedly proud of the 'End of Life Care Award' bestowed on them in 2018 at the Markel 3<sup>rd</sup> Sector Care Awards.

Hospiscare at Home is free at the point of delivery. It is for people who are in the final months or weeks of a life-limiting illness, need help to manage their symptoms, would like to remain at home until they die and need hands-on, supportive nursing care to make this happen. To obtain it, the doctor or other healthcare professional who knows the patient well must complete a referral form. The local team will assess the needs and contact the patient and family. The nurses and health care assistants work alongside the families in providing high quality palliative care and practical help for patients, 24 hours a day. This care and support for the family may sometimes continue even after the death.

Those recruited for this work are required to be highly skilled, dedicated and compassionate and must share the values of Hospiscare. Some of these remarkable people were present at the launch and the overriding impression was of committed, professional individuals who enjoy great satisfaction in their work and feel privileged to be doing it. Nobody mentioned stress or unsocial hours. In her speech Clinical Nurse Specialist and Team Leader Mary Ashby told us about her job and the way team members also look after each other "so if you meet us in the pub, having a giggle and a gin and tonic – come over! Buy a round!"

Sustainable funding for this entirely local charity is, of course, vital. Seaton & District Hospital LOF fund the Seaton team. In Axminster the LOF already funds many of the services offered by the hospital and the medical practice, and has now taken on the fund-raising for this new and important venture. 7.5 million pounds per year has to be generated by their able and experienced members, who work unstintingly with the help of hundreds of volunteers. 15% of the money required comes as a grant from the NHS but the remaining 85% is provided by local people. The income includes an increasing number of legacies, appreciative and grateful patients spread the news and the service attracts a lot of funding through popular and imaginative events, such as the recent men's walk which raised thousands of pounds. Volunteers provide an excellent house clearance service, which leaves the premises clean and ready to sell or re-let and they have a number of charity shops, one of which is in South Street, Axminster. They already have the funds for the first three years but it is important to keep working at it.

The Hospiscare website supplies news and information on all aspects of the organisation, and how to ensure that it continues, whether by volunteering, participating in fundraising events or simply donating. We shall continue to include their press releases in Postscript. And, who knows? Any of us could need their services one day!

Janfryd

## PARKINSONS AWARENESS

Established Parkinson's UK groups have been challenged by National Office to arrange a screening of the film called *Kinetics* in their area to raise awareness about Parkinson's. You may or may not know that Axminster has a small group which meets on the first Wednesday of each month at the Scott Rowe Centre. They have rather boldly stepped up to this challenge and have arranged to show the 45-minute film at The Beacon in Kilmington on Friday, 24<sup>th</sup> May at 7.30 pm.

*Kinetics* is a 45 minute film inspired by a play of the same name which was written by Sue Wylie from the Dorchester area about her own personal experiences. She was diagnosed with Parkinson's at a relatively young middle-age and met Lucas, a teenage boy who was free-running over the school

roof where she taught drama. An unlikely friendship struck between them and *Kinetics* tells that story.

Meeting at 7.00 pm, the film will run from 7.30 pm until 8.15 pm, at which point refreshments will be served and a question and answer session of about 30 minutes will take place. On the panel will be Sue Wylie herself and a prominent local consultant physician, who will both answer questions about the film and about Parkinson's.

Tickets to see the film are £5 each and are available from the Archway Bookshop in Axminster, (01297 33744). If you have any queries, please call Pauline Beviss, a local volunteer for Parkinson's on 01297 33903. Any profits from this event will go to Parkinson's UK for research.

Pauline Beviss

## KILMINGTON SKY AT NIGHT

Throughout May you have a great opportunity to see most of our big planets Mars, Jupiter, Saturn and Venus. We also get a 'Blue Moon', a fairly infrequent occurrence of an additional full moon within a given period. It turns out there are two Blue Moon definitions: The older meaning defines a 'Seasonal Blue Moon' as the third full moon in a season that has four full moons. This occurs about every 2.5 years. More recently, the term Blue Moon has also been applied to the second full moon within a single calendar month.

In the clear May skies try finding Vega, the fifth brightest star in the sky and one you'll see throughout the summer and autumn. It's quite easy to identify Vega just look above the north eastern horizon for the brightest, bluish star in the evening sky. It's sometimes called the Harp Star as it's the brightest star in the constellation Lyra, the Harp. A star that is blue or blue-white in colour, such as Vega and Spica, has a high surface temperature. In contrast a red-coloured star, such as Antares, has a cool surface temperature.

**4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> Eta Aquariid meteor shower** produces the most meteors before dawn and you have a reasonable chance to see them in the dark skies this year without moonlight. The radiant point, from which they originate, is in the south east and the peak is on morning of May 5<sup>th</sup>.

**7<sup>th</sup> & 8<sup>th</sup> Moon and Mars** close and low in the western sky, early evening as twilight gives way to darkness. Mars is reddish and to the right of the thin crescent moon.

**11<sup>th</sup> & 12<sup>th</sup> Moon and Regulus** close together. Look first for the moon and that nearby bright star is Regulus the brightest star in the constellation Leo the Lion.

**15<sup>th</sup> & 16<sup>th</sup> Moon and Spica** close together. Spica is actually two stars that orbit each other every four days, so close that they appear as one, known as a binary star. It is some 262 light years away; at this distance you would not see our sun. Spica is so bright that if it were as close as our sun, then it would shine 1,900 times brighter than the sun.

**18<sup>th</sup> Full Seasonal Blue Moon**, our third full moon between the March equinox and the June solstice.

**19<sup>th</sup> & 20<sup>th</sup> Moon and Jupiter** close together in the eastern sky.

**21<sup>st</sup> & 22<sup>nd</sup> Moon and Saturn** close together late in the south east sky, Jupiter visible above.

**30<sup>th</sup> & 31<sup>st</sup> Moon and Venus** close just before dawn on the eastern horizon. The crescent moon rises just before dawn and Venus follows it up a little to its left. You may need binoculars to see it in the morning light.

Peter

## MAMMA MIA! KILMINGTON..... HERE WE GO!

We are very excited to announce that we will be hosting a 'Race for Life' with a difference this year. Our plan is to dance our way around the village to the wonderful music of ABBA to raise funds for Macmillan.

The route is about two miles long, but just like the film we plan to gather people as we go. In this way anyone can join us depending on their individual ability. The ~~Race~~ Dance is open to men and women, and children aged seven and over who must be accompanied by an adult. Fancy dress is optional, but we know you just love an excuse to get all dressed up!

The ~~Race~~ Dance will start at 2.30 pm on Saturday, 30<sup>th</sup> of June. We'll finish at The New Inn where there will be a



barbecue, raffle and lots more, with all the proceeds going to Macmillan.

You can sign up at The New Inn or at Millers Farm Shop where you'll be given all the details.

We all know someone who has been affected by cancer and this is a lovely way for our community to honour their fight.

So rally your friends and family - spread the word so all of us Dancing Queens can raise lots of Money, Money, Money!

We also need some volunteers on the day to act as marshals and help out at the barbecue. Please contact us if you can help.

Mandy and Carey, The New Inn

## THE KILMINGTON FAYRE AND FLOWER SHOW

This year's event will be held on Saturday, 27<sup>th</sup> July at 1.00 pm. Put it in your diary now!

The new fayre committee has met several times since forming and are coming up with some great ideas; all will be revealed over the coming months. The show schedule is now at the printers and will be with you shortly, giving you all

plenty of time to look through the large selection of classes and decide on which you would like to enter.

For updates you can also go on the garden club website [www.kvpa.co.uk](http://www.kvpa.co.uk) or the Facebook page Kilmington Fayre and Flower Show.

Lesley Rew

## MOBILE LIBRARY

Tuesday, 7<sup>th</sup> May 2019 at 11.20 - 11.50 am at the junction of The Street and The Hill.



KILMINGTON GARDENING CLUB



## **PLANT MARKET & COFFEE MORNING**

**SATURDAY 4<sup>th</sup> MAY**

**10.30 – 12 NOON**

**Kilmington Village Hall**

Bedding plants, herbaceous, trees/shrubs, fruit and vegetable plants. Please contribute any good quality perennials. All will be gratefully received on the day.

**FILTER COFFEE & CAKE AVAILABLE**

**FREE ENTRY**

## **KILMINGTON GARDENING CLUB**

The garden club talk for Friday, May 10<sup>th</sup> is ‘No Dig Gardening’ by Stephanie Hafferty.

Stephanie is an author and a professional organic gardener. She will share her experiences and the benefits of the ‘no dig’ method, growing vegetables and flowers while working with nature and sustaining wildlife, so if the thought of lots of hard work and digging puts you off getting into the garden, then this is the talk for you.

All welcome at the Village Hall at 7.30 pm. Non members £3.

Lesley Rew

## **KILMINGTON TENNIS CLUB**

This year, Kilmington Tennis Club sessions will take place on Monday afternoons from 3.00 pm - 4.00 pm.

We look forward to seeing all members.

Sue Moore



## **STAN AND OLLIE**

(PG)

**Kilmington Village Hall**

**Wednesday, 1<sup>st</sup> May**



**STEVE COOGAN AND JOHN C REILLY EXCEL IN THIS BITTERSWEET FILM ABOUT THE TWILIGHT YEARS OF THE GREAT DOUBLE ACT**

We first meet Laurel and Hardy in 1937, at the top of their Hollywood game. They’re popular, but underpaid, at least compared to “Charlie, Buster and Harold” who “own their own pictures”, and their contracts are, crucially, out of sync. While filming an unforgettable dance routine from Way Out West, Stan threatens to leave his co-producer Hal Roach, insisting: “You can’t have Hardy without Laurel.” When Roach (played on the brink of caricature by Danny Huston) calls his bluff, Stan heads to Fox, sure that Ollie will follow.

Sixteen years later, with finances failing, Laurel and Hardy arrive in Newcastle, Stan greyer, Ollie heavier. Throughout, there’s an intriguing interplay between the performers’ real and fictional personae that lends emotional weight to the “stuff and nonsense” of their act. In theatres, a routine immortalised in the 1932 short County Hospital elicits belly laughs, but reality and performance are delightfully blurred when Stan trips over his cases checking into a guesthouse or the pair drop a trunk down a long flight of stairs at a railway station.

**Doors open 6.45 pm when wine, soft drinks and tea/coffee are available, with the evening’s entertainment starting at 7.15 pm and ending about 10.00 pm. Tickets £5.50 on the door or £5 in advance BY PHONING: 01297 639758 leave contact details and booking will be confirmed, or email: watsjohn307@gmail.com See <http://www.kilmingtonvillage.com/moviola.html> for more information about the film.**

Forthcoming Films: June - Mary Poppins Returns (PG); July - First Man (12A)

Rev. Simon Holloway  
St Giles' Church  
Kilmington  
01297 35433  
simonholloway55@yahoo.co.uk



Pastor Darrell Holmes  
KBC Church Office  
Kilmington  
01297 631638  
pastor@beaconbaptist.co.uk

## Letter from the Churches

A man walking through the zoo saw a young girl by the lion's cage. Suddenly, the lion grabbed her, pulling her in the cage in order to devour her right in front of the little girl's screaming parents.

The man ran to the cage and punched the lion hard on the nose. Whimpering from the pain, the lion jumped back, let go of the girl and the man returned her to her terrified parents.

A reporter who saw the whole scene said to the rescuer, "This was the bravest thing I ever saw a man do in my life." "Why, it was nothing," said the man. "Really, the lion was behind bars and I knew God would protect me just as He did

Daniel in the lion's den long, long ago. I just saw this little kid in danger, and did what I felt was right."

"I noticed a bible in your pocket. Are you a Republican?" asked the journalist. "Yes, I am" the man replied. "Well, I'll make sure this won't go unnoticed... I'll get this on the front page of tomorrow's paper."

The following morning the man bought the paper and saw the headline:

***'Right Wing Republican Christian Fundamentalist Assaults African Immigrant and Steals His Lunch'***

At The Beacon, we take the bible seriously and seek to live out its teaching. We're working through a new series on the bible book of Daniel, and it's much more than a story of a man thrown into a lion's den! It's a challenging commentary of life today, when society can end up with different standards from God's standards. Daniel was thrown to the lions because he refused to simply go along with what the ruling powers wanted him to do. Instead he was committed to praying and seeking God's guidance in his life. That led to him facing down the lions, but God did protect him.

So our church seeks God's guidance in every situation of life. We are prepared to stand up for truth and stand out from the crowd even though it may be unpopular or misunderstood. We want to be guided as we live and work in the school, college, workplace, or community. That's why we are delighted to welcome The Action Team, a group of four young adults (including our own Paul Obudo) who have spent the last six months in Thailand when they could have been studying or advancing their careers for personal gain (come and meet them at events from 6<sup>th</sup> -13<sup>th</sup> May). That's why we give generously not only for the work of the church,

but so that we can give over 15% of our general income away each year to support those in deepest need (like the communities affected by Cyclone Idai). That's why we are committed to serving the community with regular initiatives like Messy Sparklers, Toddlers and Tinies, the Pop-Up Post Office drop-in and Contact Lunch. People may misunderstand or misconstrue our motives, but we'll keep seeking to do what God tells us.

It was said of Daniel when he was taken unharmed from the lion's den,

*"No wound was found on him, because he trusted in God"*  
(Daniel ch7 v23)

Be sure, doing God's will may not always mean a person will escape derision, danger, or death, but it will mean 'doing the right thing', and that will always be the best choice. Come and hear more about Daniel at our 10.30 am Sunday morning services throughout May and June and decide for yourself. You'll always get a warm welcome.

Darrell Holmes

## LENT LUNCHES

The St Giles' Church Social and Fundraising Team held lunches each Thursday throughout Lent, consisting of homemade soup, bread, cheese, chutney and tea or coffee. A wonderful total of £1,271.54 will be sent the Tear Fund Charity.

Many thanks go to the soup makers, the ladies who helped each week and to the many people who came each time.

The Tuesday Craft Group also sold some of their Easter Goodies and a raffle was held on the last day.

Once again many thanks to all.

Barbara Woodsford, Chair



2018 was a year of good progress for FROGS. The group was launched in February 2017 with the financial support of its Friends, who pay either an annual or a lifetime subscription. Its purpose is not just to remove the burden of maintaining the churchyard from St Giles' Church (this had been running at about £2,000 per annum), but also to improve the state of the churchyard. Please remember that FROGS, while retaining strong links to St Giles' Church, will remain independent of the church and accountable only to its members. FROGS rely on the services of a group of volunteers to do the maintenance work and, in addition to the routine work (mostly mowing and strimming), organised three very successful working parties in 2018. These working parties have undertaken some project work to upgrade the general state of the churchyard and the results are there for all to see.

The churchyard has come through the winter in good shape, but work needs to continue. FROGS will be holding its first working party for 2019 starting at 10.00 am on Saturday,



11<sup>th</sup> May. It is always good to welcome new faces at the churchyard and you do not have to be an expert gardener to participate; there is always plenty of lighter work. As usual, hot drinks and cakes will be available to spur us all on and you can be assured of a warm welcome.

FROGS financial year runs to 31<sup>st</sup> March, and renewal notices will shortly be sent out to those who pay their subscriptions annually. The group's AGM will be held in the Pavilion starting at 7.00 pm on Monday, 3<sup>rd</sup> June, when we hope to see as many Friends as possible, plus, of course, some new members.

If you want further information on FROGS, then please contact either the Chairman, John Thorne, on 34162 (email [j.j.c.thorne@btinternet.com](mailto:j.j.c.thorne@btinternet.com)) or Treasurer and Membership Secretary, David Ingles, on 32234 (email [dwingles@aol.com](mailto:dwingles@aol.com)).

David Ingles

## MESSY SPARKLERS

For our Messy Sparklers session in April, Darrell told the Easter story in poetry form with actions for the children that attended. Our activities were themed around Easter or New Life this month.

On arrival, while the adults (and post office customers) had coffee and biscuits, the children *tasted* Easter chick and bunny marshmallows, and created their own palm tree with breadsticks and blueberries to begin the theme of Palm Sunday and Easter. The *touch* activities included an Easter themed sensory box with shredded paper, chicks, bunnies and eggs, and creating donkey paintings using their own footprints. The *sight* activities included a Palm Sunday scene of Jesus arriving in Jerusalem using cereal as the floor and Happyland people. A very popular activity was *smelling*, and playing with, the lime jelly with pretend frogs, lily pads and even frogspawn!



The children had also had chocolate scented playdough to play with.

As the hall was being prepared for the generous lunch prepared by the ladies in the kitchen, we could hear lots of action songs taking place on the other side of the screen, some of these being Easter themed. During lunch, it was lovely to see so many parents, grandparents and childminders with their children gathered around tables chatting.

Messy Sparklers meets every 1<sup>st</sup> Tuesday during term time, so our next sessions are on **Tuesday, 7<sup>th</sup> May and Tuesday, 4<sup>th</sup> June** from 10.30 am to 12.30 pm, first child £2 plus £1 for each additional child. Do check out our Facebook group *Messy Sparklers, The Beacon, Kilmington* for more information. Remember to dress for mess!

Karen Chape

## THANK YOU AND AN INVITATION

Barbara Woodsford writes, 'We recently held a quiz night for church funds in the Village Hall and the marvellous sum of £380 was raised. Many thanks to Martin and Jo who organised this Fun Quiz and also to the ladies who provided the Ploughman's Supper and to all who attended.'

The Church Fête this year will be held on Saturday, 13<sup>th</sup> July at 2.30 pm in the Village Hall. If you are able to help in any way, please let either Diana Mellows or Barbara Woodsford know asap.

Thank you.

## WHOSE JOB?

This is a story about four people named Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it.

Somebody got angry about that, because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

## FINAL LETTER FROM PAUL OBUDO

Leaving Wang Daeng felt as though time had moved on quite quickly, and while staying there all the people made us feel so welcomed and a part of the village. The work we have been involved in has been an absolute gift to us. We've met some incredible people, and have made some amazing friendships along the way.

During the end of our stay in Wang Daeng the whole team have definitely improved in our painting abilities. The Whitehouse has an amazing mural painted and designed mostly by the girls as it illustrates how Jesus broke the chains of sin holding the world when he died on the cross, from Jesus comes life and He is the King of kings. Jonny and I gave the hall entrance a new cover of paint, where we previously performed our Christmas show in front of the village.



After arriving in Chiang Mai we were very busy working at Hope Home, giving a new cover of paint around the building and seeing all the kids. We also worked with Ban Sabaai for a couple days helping in any we could in both clearing and cleaning, including digging a rural toilet!

During the end of the week we visited Kim Brown who is involved in a project that helps bring children out of the slums for an education in pre-school. It was great being able to be greeted by the kids as they gave us a warm welcome with a few of their favourite songs. After the visit we were given a tour around the slums where the kids come from.

To round off the whole experience in Thailand we decided to check out a huge waterpark called the 'Grand Canyon', sound familiar? It once was a quarry. We also decided to check out an ethical elephant sanctuary in which we were allowed to feed them many bananas, and give them a lovely mud bath. The elephant sanctuary staff were very proud of their elephants, being free to roam and living in a safe environment where they are not mistreated.

As of now we have all returned back to our homes and are preparing for our tour that will commence in just a couple of weeks. We will spend two months travelling to local churches around the UK, including Northern Ireland, sharing our experiences.

Between the 6<sup>th</sup> and 13<sup>th</sup> of May the team and I will be in Kilmington visiting schools, Messy Sparklers and Toddlers & Tinies. We will be leading Holiday Club Extra! for primary-aged children at the Beacon on Wednesday, 8<sup>th</sup> May from 4:30 to 6:30 pm, please register with the Beacon in advance. On Friday, 10<sup>th</sup> May we will be hosting a Thai night in which the evening will include our experiences, songs and some Thai food, please join us at the Beacon at 7:00pm. Also come along to the 10:30 am service on Sunday, 12<sup>th</sup> May at the Beacon where we will be taking part.



Our time and stay has been an absolute blessing to us. We thank everyone who has supported us with love and prayer during our journey. We hope to see you all very soon. God bless.

Paul Obudo

 **Thailand Night at the Beacon** 



**Friday 10th May 2019**  
**7:00pm**  
**At the Beacon, Kilmington (EX13 7RF)**

In October a team of young people (including our own Paul Obudo), travelled to Thailand for six months on a life changing trip...

Join us at the Beacon to hear about their incredible and inspirational journey. There will be stories, music, entertainment and a traditional Thai meal for all to enjoy.

**Tickets- £3 (includes a two course meal. Soft drinks available. Feel free to bring your own alcoholic beverages).**

Places are limited and need to be booked in advance. So contact Mike Hudson to book your spot;

07957738211 or [mike@beaconbaptist.co.uk](mailto:mike@beaconbaptist.co.uk)

[www.beaconbaptist.co.uk](http://www.beaconbaptist.co.uk)  [facebook.com/TheBeaconLife](https://facebook.com/TheBeaconLife)

# KILMINGTON CRICKET CLUB - MAY 2019

1st XI - B Division						2nd XI - H Division East					
Sat	4th	Filleigh	DL	1.00 pm	H	Sat	4th	Filleigh	DL	1.30 pm	A
Mon	6th	Lilly Research		1.30 pm	H						
Sat	11th	Cullompton	DL	1.00 pm	A	Sat	11th	Sidbury	DL	1.30 pm	H
Sat	18th	Chudleigh	DL	1.00 pm	A	Sat	18th	Woodbury & Newton St Cyres	DL	1.30 pm	H
Sun	19th	Corinthian Cup v Seaton & Thorverton with BBQ		10.30 am	H						
Sat	25th	Seaton	DL	1.00 pm	H	Sat	25th	Woodbury & Newton St Cyres	DL	1.30 pm	A
Thur	30th	Southgate Compton		2.00 pm	H						

## ROYAL BRITISH LEGION ANNUAL OUTING

This year Kilmington Branch of The Royal British Legion will be using their annual summer outing to mark the 75th anniversary of the D-Day landings that started the end of the Second World War.

On Wednesday, 19th June a coach will leave Kilmington Village Hall at 9.00 a.m. and travel to Totnes for a river cruise down to Dartmouth. A lunch stop will be taken in the town before re-boarding the coach for a short hop down the coast.

Just a ten minute drive from Dartmouth is Slapton Sands, the site of practice landings ahead of the invasion and location of

the infamous Exercise Tiger which ended in a massive loss of life. A wreath will be laid in memory of those who perished. A direct drive home will follow seeing us arrive back in Kilmington by 5.00 p.m.

The trip will cost approximately £25 depending on numbers and is open to members and non-members alike. Royal British Legion members should contact their shepherd for tickets. Non-members can call Tony on 07766 303007.

Antony Thompkins

## ON HEARING THE FIRST CUCKOO IN SPRING

\*\*\*

In the middle of April I heard a cuckoo. It was not in Kilmington but in the Doñana nature park in south western Spain. I have not heard a cuckoo in Britain for years but it used to be a familiar sound in our childhood. There were rhymes and songs about it. "In April, come he will. In May he sings all day. In June he changes his tune. In July away he'll fly. In August go he must." A selfish bird with unattractive habits, it distributes its eggs into the nests of smaller birds, whose own eggs and nestlings are ousted by the baby cuckoo which heaves them over the side. It then enjoys the undivided attention of its foster-parents who work tirelessly to fulfil its demands until instinct compels it to fly to Africa. Its easily recognisable sound nevertheless endeared it to previous generations for whom it was part of the rich chorus of bird sound which accompanied the summer.

The RSPB organises a Great British Birdwatch each January, a piece of so-called 'citizen science' which enables them to monitor trends in numbers and species over the years. At the moment they are trying to raise awareness of the disturbing finding that there are 40 million fewer birds in the UK than there were 40 years ago and that, in their words, nature is falling silent. There must be many reasons for that,



including habitat loss, climate change, pollution, pesticides and difficulties on migration routes. As understanding grows about an ecosystem in which everything matters, we are now realising how much damage has already been done. It has taken a long time to appreciate how serious the situation was becoming. Life for us is noisier than it used to be. Machinery and traffic produce a lot of mechanical noise and double glazing has insulated buildings against noise as well as cold, so it may well be one of

the causes for the gradual decline in birdsound becoming less noticeable.

Janfryd

### **NIGEL PHILLIPS**

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Phone Nigel Phillips 01297 35302

Also regular grass cutting and up-keep all year. Friendly local service.

# NATURE NOTES

*What is so sweet and dear, As a prosperous morn in May,  
The confident prime of the day, And the dauntless youth of the year*

Nature is already ahead this year with a mild winter. The ground has warmed, the grass is growing well and spring flowers were up and out early. Bluebells are already on show, one of Britain's most beautiful sights and one you're unlikely to see anywhere else as the bluebell is rare in the rest of Europe and absent from most of the rest of the world. Bluebells were once a popular source of glue for bookbinding as they contain toxins which discouraged attacks by silverfish. Most of our wonderful woodland flowers of April will fade early in May as the trees leaf up and block out the sun. Then the roadside verge flowers come into their best together with the daisies, dandelions and buttercups in the fields. But buttercups have a sinister side too as they contain Alkaloid, a substance poisonous to most animals including sheep, cattle and horses. Thankfully most of them understand this and only a few, who eat large amounts, might suffer any negative effects.

Birdsong is at its height in early May with the Blackbird one of the most melodious and prominent, usually at dusk perched high on a tree or rooftop. The Thrush often puts on similar solo performances. But as the month progresses most species become quieter as they focus on raising their young and there is no longer much reason to sing. The last thing parents would want is to attract predators to the nest. The swallows, swifts and martins have already started to arrive back from Africa.



*Cuckoo-spit*



*Froghopper*

Insects are now rapidly increasing in numbers and already at dusk clouds of small flies float around the fields and lanes providing welcome food for birds. As night falls it's the turn of the bats to come and feast. The larger flies always seem to take a little longer to multiply and tend to become much more of a pest in summer months. The annoying Mayflies will no doubt suddenly appear towards the end of the month too, hanging in the air at dusk near our village streams. They live just one night, mating and dying in that time. The three long tassels of their tail and stripes on their bodies are a good clue to their identification.

This is also the month we start to see cuckoo spit on plants, small blobs of white frothy saliva-like liquid on young stems and leaves. They are nothing to do with the Cuckoo, or spit come to that, so I don't know why they got that name! Inside each blob of bubbles is a creamy white sap sucking insect nymph up to 4-6mm (1/4in) long feeding at the shoot tip. Known as a froghopper they can be wiped off by hand or dislodged with a jet of water. They have little detrimental effect on plants so there is no need to use an insecticide on them.

Peter

## MAY POEMS

Queen of months, supremely fair,  
Cloth'd with garments rich and rare,  
None in beauty can compare  
With thee, sweet May.

Peter Burn

A white shower falls from the apple tree,  
Good-bye good-bye, sweet May!  
I will not mourn at beauty lost,  
For there comes as fair a day;  
But such a wealth of sweets is thine,  
Such blooms of flower and spray,  
We can but sigh that gaining June,  
We still must lose our May.

Edith Willis Linn

The clouds "have wept their fill" the whole night long,  
And what a change is wrought! But yesterday,  
We look'd around, and scarce could deem that May,  
The poet's theme,—the month of flowers and song,—  
Could do her own sweet lineaments such wrong  
As to frown on us like a very shrew:  
To-day, we feel what poets sing is true;  
Like them, we hail her reign, and wish it long.  
See, how each budding spray, each floweret fair  
Retains the liquid treasure! how the trees,  
Lest summer should o'ertake them unaware,  
Haste to unfold their leaflets to the breeze;  
While in the orchard every moss-grown stem,  
And sapling shoot, a thousand blossoms gem!

Rebecca Hey

## BELL RINGERS DAY OUT

The Kilmington and Axminster bell ringers plus friends enjoyed visiting four churches around Tiverton on Saturday, March 30<sup>th</sup> for their annual outing. The ringers' ages spanned eight decades and included four Ringing Remembers learners and three under 18s. We had beautiful weather all day and were given a FANTASTIC welcome at Sampford



*Having fun at All Saints, Huntsham  
(photo ack. Anne Burn)*

Peverell, Bampton, St Paul's Tiverton and Huntsham churches.



*Group photo outside St. Paul's, Tiverton*

The lunch break was spent either at Knightshayes Court National Trust property or in Tiverton town and afterwards we had a splendid carvery meal at the Hare and Hounds.

Celia Dunsford

Easter has come and gone!! I can't help but reflect on my journey at Axe Valley Wildlife Park, unbelievable to think that a year has already come and gone so fast. When I look with an open mind at the park I feel astonished at all of the changes that allow us to continue to grow and develop.

As Education Officer, the biggest change for me is the launch of the Safari Tent. The Safari Tent is a brand new area set up and designed as a classroom to support education at the park with the main focus being the schools.



The new guinea pig area has been a hit with our visitors. It is lovely to have such a generous space to support the very popular guinea pig fishing. The new picnic area has also been enjoyed by many visitors allowing such amazing viewing of our birds that live in the main aviary.



The feedback from these school visits has just blown me away because education is at the heart of what I do at the park, so now to have this amazing area, the vision of Jayne and Andrew, (the owners), just gives me so much pride in my job and for the place I work.

I believe as the Safari Tent has grown and developed I have grown with it. I know that this will continue as the park continues to expand. The launch of the Safari Tent has enabled school visits to have that educational visit with me whilst still keeping the original education centre available to the general public for our very popular animal encounters.

If you are thinking of a visit email: [education@axevalleypark.co.uk](mailto:education@axevalleypark.co.uk) to check availability.

In the last edition I wrote about the beautiful fishing cat. I have decided to step out of my comfort zone and do something to raise money for this majestic animal, so on the 12<sup>th</sup> May 2019 (weather dependent) I will be completing a tandem 15,000ft skydive. If you feel you would like to donate to this cause please note all donations will go strictly to fishing cat conservation as the skydive is paid in full. Every penny counts to support the conservation of this beautiful animal.

***Spring is in the air!!***  
*Last but not least, I will leave you with the very exciting news ... we are pleased to announce the birth of twin marmosets!!! I am sure the next time I write we will have more 2019 babies to share with you!!*



Catherine Fletcher – Education Officer

# KILMINGTON KITCHEN



This month we have all the lovely fresh vegetables to look forward to, and the two pasties include asparagus peas and fresh mint. I'm including the

biscuit recipe because so many of you enjoyed them on Friday at the coffee morning.

## CREAMY ASPARAGUS PASTIES

Serves 4



- A little plain flour for dusting
- 375g block of all-butter puff pastry
- 150g pack of soft cheese (a herbed variety is good)
- 4 thin slices cooked smoked ham
- 400g asparagus spears, trimmed
- 1 medium egg, beaten

### 1. Roll out the pastry

Turn oven to fan 180C/Con 200/gas 6. Line a baking tray with parchment. On a lightly floured surface, roll out the pastry to a large square measuring about 30 x 30cm, then cut into 4 squares, each measuring 15 x 15cm.

### 2 Fill the pasties and bake

Spread a quarter of the soft cheese onto each square (leave 1cm space around the edges). Wrap a slice of ham around 4-5 asparagus spears, put the bundles on top of the cheese and season. Brush the pastry edges with egg. Wrap 2 edges of each square to meet over the ham and asparagus. Brush the pastry with egg. Bake for 20-25 minutes. until golden. Serve with new potatoes or salad.

## HAM, PEA AND MINT PASTIES

Makes 4 large pasties



- 1 block of shortcrust pastry
- 50g butter
- 1 onion finely chopped
- 200g peas, frozen or cooked fresh
- 100g thickly sliced ham, chopped into small chunks
- Small bunch mint, leaves finely chopped
- 250g pack ricotta

1. Melt the butter in a frying pan. Add the onion and gently sweat for 10-15 minutes until really soft, but not very coloured. Stir in the peas for 1 min, then turn off the heat and stir in the ham, mint and ricotta with plenty of seasoning.

3. Heat oven to 180C/160C fan/gas 4 and divide the pastry into 4 equal pieces. Roll each piece into a neat circle (cut round a saucer). Brush the edges with a little of the beaten egg, spoon a quarter of the filling into the middle, then bring up opposite sides of the pastry and seal. Crimp to make a pasty shape. Carefully lift onto a baking sheet. Repeat with the rest of the pastry, then brush the finished pasties all over with egg. Bake for 35-40 minutes until golden and crisp. Leave to cool slightly. Serve either warm or cold.



## DOUBLE CHOC SHORTBREADS

Makes 25

- 200g butter, cubed
- 325g plain flour, plus extra for rolling
- 100g caster sugar
- 1 tsp vanilla
- 1 egg
- 100g dark or milk chocolate chips
- 200g bar white chocolate, melted for icing for decoration



1. Rub the butter into the flour to make crumbs, then stir in the sugar, vanilla, egg and chocolate chips and bring together to form a dough. Roll out on a lightly floured surface and stamp out 6cm round biscuits. Re-roll the trimmings and repeat. Arrange on parchment lined trays and chill for 30 minutes.

2. Heat oven to 200C/180C fan, gas 6. Bake biscuits for 12-14 minutes until golden. Cool. Spread with white chocolate and leave to set, then decorate as wished.

Margaret Astbury

## SUDOKU CHALLENGE

Level: Hard

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 20.

2	9		4					
			7					9
		4		1		7		8
6	7		2					5
	4						3	
9					1		7	4
1		8		2		5		
7					6			
					5		1	3

## MARVELLOUS MAY GARDENS

Come and spend the afternoon in two Kilmington (Shute Road) gardens (Breach and Spinney Two) on **Saturday, May 18<sup>th</sup> and Sunday, May 19<sup>th</sup> between 1.30-5.00 pm** opening for the National Garden Scheme. There are rhododendrons, azaleas, cornus, a wild flower area, acers, vegetable and fruit gardens and much more to see. Quench your thirst with Tea and Cakes, served at Breach in aid of St. Giles' Church.

2018 saw an increase of 12% nationally in the amount the National Garden Scheme donated to cancer and nursing charities and Devon was the highest earning county outside the home counties! Please come and see our gardens so that we can donate even more in 2019.

Admission is only £6 FOR BOTH GARDENS, children are FREE.

WHEELCHAIR access to main parts of gardens; DOGS welcome on leads.

Paul and Celia Dunsford  
01297 33563

## SEEN AT A GARDEN CENTRE

Written on some packaging was:

'This plant tray is made from Polypropylene and is 100% recyclable. It is impact resistant, non-toxic and a valuable after-life asset.'

And you thought you couldn't take it with you!

Janfryd

### Andrew Millington and David Davies MUSIC FOR TWO PIANOS

on

Saturday, May 25<sup>th</sup> 7.00 pm  
at the Minster Church, Axminster

Will be playing

A Rachmaninov Suite, Gustav Holst's *The Planets* and other items

Tickets £10.00 from Archway Books, Church St, Axminster, Tel. 01297 33595 or members of the choir.

For further information phone 01404 881 838 or see

website: [www.axminsterchoral.co.uk](http://www.axminsterchoral.co.uk)

Registered charity no.900458

The Riding for the Disabled Association's Spring

## COFFEE MORNING & OPEN GARDEN

Wednesday, 22<sup>nd</sup> May

At Springhead House,  
Kilmington EX13 7SS

10.30 am - 12.30 pm

Stalls to include Plants, Cakes and Gifts  
Entry £2.00 to include coffee and cake

In aid of Forde Abbey RDA  
Carriage Driving group

The Gardens will remain open until 5.00 pm  
Admission free, donations to  
Forde Abbey Carriage Driving Group

Celebrating 50 years

*Charlotte Moorley Pilates*

### PILATES @ the Pavilion

Join us on Tuesdays from 30<sup>th</sup> April for a 4 week block of taster classes.

9.30am and 10.45am  
(at the Hitchcock Pavilion, Kilmington)

All ages and fitness levels welcome. Maximum of 6 clients per session guaranteeing individual attention and a tailored class.

I want my classes in Kilmington to be relaxed and friendly. I will provide all the equipment and encouragement needed - you just need to bring yourself and wear comfortable clothing that you can exercise in.

Pilates can be used to

- improve posture
- increase muscle tone
- improve core strength
- improve flexibility
- reduce stress
- improve balance
- give you a sense of well-being

Classes last for an hour and cost £30 for the block of four, booking essential.



Facebook: @CharlotteMoorleyPilates

T: 07707 740 988

E: [moorleypilates@gmail.com](mailto:moorleypilates@gmail.com)

## MOTHERING SUNDAY SERVICE

This was a lovely service led by Gill Heighway and Anna Crabbe attended by some forty adults and twelve children with a beautifully bright order of service sheet. The service was very well and meaningfully led and much appreciated by all who attended. The main theme of the talk and presentation given by Gill and Anna was the



the fatted calf – not to mention pacifying his angry older brother. This reminded us of how easily we take our earthly mothers and our Heavenly Father for granted. The lesson in two parts from Luke's gospel was very well read by mother Charlotte and daughter Harriet. After the service, many stayed on for mini Easter Eggs and



parable of the Prodigal Son and how there was no mention at all of his mother. Yet she was the one who had to deal with all his dirty laundry and at short notice prepare the feast of

tea/coffee. In all it was a very loving and moving experience.

Nigel Burton

## PALM SUNDAY IN KILMINGTON

This year Palm Sunday fell on 14<sup>th</sup> April and, as is the custom in Kilmington, the congregations of St. Giles' Church and the Beacon met together for a United Service, hosted this year by St. Giles' Church.

Meanwhile, a symbolic procession or 'walk of witness' to remind us of the story of Christ's triumphant entry into Jerusalem on a donkey, set off from The Common. About 30 people, led by Pastor Darrell and Reader, Anna Crabbe, were accompanied by Arthur, a diminutive miniature Shetland pony, (who was standing in for the donkey) and his minders from the Munchkins Miniature Shetland Rescue. The group wound its way through the village, stopping at four places on the way to sing a hymn, read a Bible passage and say prayers for different parts of the community.



the congregation before being led away to enjoy the grass in the churchyard. The service was a joyful reflection of the enthusiasm felt by the first crowd as they welcomed Jesus into Jerusalem placing palms on the ground before him. As Mike Hudson, (Associate Pastor at the Beacon) then explained, that same crowd would soon turn on Jesus because he did not match their idea of the long-promised King, particularly as he arrived on a donkey! Anna



led the service with warmth and compassion and introduced an amusing dramatised imagining of the conversation between two disciples and the owner of the donkey. After the service the congregation shared tea, coffee, cakes and fellowship and everyone left feeling uplifted.

The walk finished by joining the congregation in St. Giles' where, to everyone's delight, Arthur was quietly led through

Jean Falconer

## LETS CELEBRATE!

A very enjoyable time was had by all who attended the All-Inclusive Service at St Giles' Church on Saturday, 13<sup>th</sup> April at 3.00 pm. There were people from far and wide who attended this heartening and enriching time of worship. The service was led by Gill Heighway, ably assisted by Anna Crabbe, who operated the PowerPoint, and Margaret Hurford, who played the piano throughout the service. Father Chris who had travelled to Axminster by train to attend the service, used sign language during the hymns and prayers.

The Theme was The Great Parade - the road to Jerusalem – and several volunteers spiritedly read out the story of Jesus' journey into Jerusalem on a donkey. During a time of prayer,

egg shaped stickers with names written on them, were attached to three large palm leaves – thank you Christine Mills for preparing the palms.

At the end of the service everyone enjoyed a delicious tea which consisted of chick shaped sandwiches, sausage rolls, cakes, mini Easter eggs and lots of other wonderful food and drink.

Our next Let's Celebrate Service will be at St Giles' Church Kilmington on **Saturday, 8<sup>th</sup> June at 3.00 pm**. This service is open to everyone in the Five Alive Mission Community and further afield; please come along.

Gill Heighway



*Open the Book drama*



*Gill Heighway with her 'palm' where the prayers were placed*



*Anna Crabbe's grandson Reuben who attended the service with his grandmother*



*Wonderful food supplied by Barbara Woodsford and her team*



*Barbara Woodsford with Valerie Harding who prepared the delicious tea.. They were joined by Sheila Hill and Pearl Hurford who helped serve the tea*



*Lucy Lane and John Thorne enjoying tea and a chat*



## MAD moments in the garden

When I started to write about key plants in the garden last month I was thinking of five and gave the rationale for my choices. The plants were *Skimmia*, *Euphorbia*, *Sedum* and *Aster* and the common primrose. Then I realized I had forgotten to include The Spike, so *Sisyrinchium* was added. Walking around over the last month how could I not add the clumps of *Epimediums* in sunny spots and shady ones alike, their mass of delicate yellow flowers nodding at me above the beautiful new foliage. Trying to understand plants performance is not easy beyond planting in sun/shade wet/dry. Questions I ask myself to understand why some plants have grown so well are: Was it the long dry summer? Did we have a wet patch at some point in the year it enjoyed? Is a particular plant suited to times of global warming? Then I remember the pleasure gardening brings, relax and enjoy the show. I tell myself what will be will be!

Back to key plants, the sedums are emerging, their grey green rosettes hugging the ground, last year's dried brown structural flower heads still standing 50cms above them. These will shortly need to be cut down, the interest they provided for the last six months no longer required. There are about as many varieties of *Sedum* as there are of *Euphorbia* and most of the ones I have I inherited with the garden. *Sedum* or as they are also known, Stonecrop, have generally green flashy leaves with grey, blue, pink or purple hues. They have small star shaped flowers usually pink, mauve, yellow or white. These flowers held in branching heads which in many varieties provide a good source of late summer nectar for butterflies. The species I have most of is, I think, *Sedum spectabile*, This has proved its value in many

ways. It is easy to propagate by division. Three of my original plants, now four years on, form a sort of river, well more of a stream in truth across a long border moving between groups of perennials and grasses as it flows about fifteen plants in total. It is consistently reliable providing something of interest all year round. There are another couple of clumps that I am going to divide soon and put where the large group of *Saxifragia x urbium* 'London Pride' died in the long hot summer. This *Sedum* seems to grow best in sunny spots but will tolerate some shade. They are drought loving but equally they don't seem to mind damper areas. They look good all year round but in a quiet way. Beth Chatto described sedum plants as one of her peace makers, plants that reduce the competition and 'noise' between more flamboyant specimens calling for attention.

There are many different varieties, some of the purple varieties are very striking, *Sedum hylotelephium* 'karfunkelstein' is on my wish list! It grows up to 50cms high with a spread of 40cms, the young growth has a purple blue sheen with masses of pink flower heads in August and September. It sounds like a great match for young, small grey-leaved lavender in gravel.

Enjoy your gardening, Spring is galloping past, some weeds are getting into their stride, although there seems less bitterness as yet, perhaps it didn't like the hot summer and will be a weed of the past?

PS Don't forget 4<sup>th</sup> May 10.30 am, The Plant Market good coffee and great plants in the Village Hall

Mary-Anne Driscoll

## KGC Meeting 12th April: Alternative Plants for Alternative Places - Steve Fry

Steve is a regular speaker at gardening clubs on behalf of the Castle Gardens Gold Club and he had put together a delightful talk on how to look at gardening from a different angle. Aware of the current focus on growing to eat, he started in the vegetable plot, introducing unusual varieties of familiar crops. First up came strawberries – white ones, pineapple flavoured ones, and succulent large red ones grown in tall pots or trained over pergolas. Climbing French beans also look wonderful on an overhead framework with beans hanging down ready to be picked. His list of garden plants that can be eaten was full of surprises: leaves for a stir fry, roots to add to stews, steamed bamboo shoots for a Chinese meal and dandelion leaves in salads. There is a New Zealand yam, *Oxalis tuberosa*, which has edible roots and stems that taste like rhubarb. He talked about the history of skirret, a medieval precursor of potatoes and parsnips, and liquorice which featured in recipes as early as the 11<sup>th</sup> century. A parterre is the perfect garden for combining growing vegetables in an aesthetically pleasing environment. The close planting provides ground cover, reducing weeding and enhancing pest control. Illustrations showed familiar crops in all colours and different leaf forms – chicory, radicchio and kale, all available from seed merchants specialising in heritage seeds. And to surround your parterre, what better than an edible hedge of rose hips, elderberries or sloes? Before moving on to ornamental plants, Steve warned

everyone with this *caveat*: when tasting anything new, be aware of allergies and intolerance and always try a tiny bit first.

There are many imaginative ways of using plants in the garden. Not only can sedums cover the roof of your shed, they can also make splendid hanging baskets requiring much less watering than the traditional petunias. Steve showed photographs of how to cover one's fences in greenery, either by fixing troughs of perennials on solid boundaries or covering the whole structure with climbers such as golden hops. Indoors too can be an alternative place. What about a hanging basket of pitcher plants in the kitchen or a bonsai wisteria in the conservatory? Outdoor favourites combine well as house plants in indoor planters as long as they all need the same growing conditions. There is an intriguing Japanese technique of cultivating miniature plants in moss balls called Kokedama. Steve showed photos of beautiful specimens displayed hanging from the ceiling, either as a single plant or a whole collection. He left us with a final challenge – to grow our own ginger root. We could have the best of both worlds: attractive plants and delicious ingredients.

Sydie Bones

**May 10<sup>th</sup>: No Dig Gardening – Stephanie Hafferty (please note change to the programme)**

## ROYAL BRITISH LEGION KILMINGTON BRANCH

Unfortunately it is with much sadness that I have to commence this report with the sad news that Michael O'Flaherty recently died in hospital at Tiverton. Michael served in the Army Medical Corps but was better known as our village policeman and as a Cub Scout Leader in Axminster. He was a huge supporter of the RBL and had served on the Kilmington committee for many years; he was an example to us all and will be greatly missed.



Moving on, we have had several communications from County, the latest being in relation to Exercise Tiger, the Utah Beach WWII D-Day Dress Rehearsal where 639 American soldiers and sailors died.

On to other news; first and foremost, many people travelled to the Tuckers Arms in Dalwood to enjoy our monthly get together, where we were extremely well looked after. On Saturday, 13<sup>th</sup> April at Kilmington Village Hall, over 90 people joined us for a memorable morning, raising over £800 for the RBL. My thanks to the committee and other helpers for all their hard work and, of course, all of you for making the event such a success. Of course our monthly get togethers continue alternating between the New and Old Inns and the Tuckers Arms, Dalwood on the first Friday of each month; the next being at the New Inn on Friday, 3<sup>rd</sup> May at 6.00 pm.

Details are now firming up for our annual outing in June, which this year will take us to Dartmouth via a trip on the river Dart and later to Slapton, to see the memorial to those mentioned earlier. Several have already signed up and places are going quickly, so to avoid disappointment please contact any RBL committee member or your Shepherd as soon as possible.

Our membership currently stands at 125, but as always we are actively seeking more members to join our cause. Please encourage those you know to join our incredible social organisation and remember you don't have to be, or have been a serving member of the Armed Forces to join, we welcome everyone.

Dates for your diary:

Fri	3 <sup>rd</sup> May	6.00 pm	New Inn	Monthly 'Get Together'
Fri	7 <sup>th</sup> June	6.00 pm	Old Inn	Monthly 'Get Together'
Wed	19 <sup>th</sup> June			Annual Outing
Fri	5 <sup>th</sup> July		Fernwood Farm	Annual Barbeque
Sat	27 <sup>th</sup> July		Village Hall	Village Show and Fayre
Fri	2 <sup>nd</sup> Aug	6.00 pm	New Inn	Monthly 'Get Together'
Fri	6 <sup>th</sup> Sept	6.00 pm	Old Inn	Monthly 'Get Together' with Annual Lecture

Finally, thank you all again for your incredible support, we look forward to seeing you all again at our next event.

Cdr Staff Seward OBE RN Rtd  
Chairman RBL Kilmington Branch



## LEGACY TO LANDSCAPE

### MAY 2019



Wednesday, 29<sup>th</sup> May

**Marvel at Marvellous Moths, Rowlands Orchard, Shute**  
10.00 am – 12.00 pm

Join moth expert Paul Butter, on a moth survey in this historic orchard. After overnight traps will have been set up to attract these mysterious creatures of the night, a chance to get up close and examine them and then release back into the orchard.

Rowlands Orchard is an historic orchard dating back to the 17<sup>th</sup> century, when Courtenay Pole of Shute Barton planted hundreds of fruit trees on his Shute estate. Recently the project has been helping to restore this ancient orchard and plant new trees including the Crimson Victoria apple tree, which first originated here in Shute.

Refreshments available. All ages welcome. No need to book.

FREE Legacy to Landscape Community Heritage project event. Rowlands Orchard, Little Orchard Alpacas, Haddon Road, Shute, EX13 7NX, Grid Reference 256 974

Legacy to Landscape community heritage project celebrates a hidden area of landscape in an area of East Devon, based on the 1781 map of the Pole family estate at Shute. This historic map covers the landscape of the Colyton and Shute area, west of Axminster. The 1781 map can now be seen on the project website: [www.eastdevonaonb.org.uk/our-work/wildlife/legacy-to-landscape](http://www.eastdevonaonb.org.uk/our-work/wildlife/legacy-to-landscape)

Further information, please contact:

email: [legacytolandscape@gmail.com](mailto:legacytolandscape@gmail.com); or ring 01297 489741

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## § Khushi Kitchen

Fancy a **HOMEMADE** local curry?  
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## AXMINSTER MEDICAL PRACTICE SURVEY

During late April and May Axminster Medical Practice assisted by the PPG (Patient Participation Group) is conducting market research into the needs of patients attending outpatient clinics. This is part of a programme to provide the best possible care in our community. **If you have attended a clinic in the last two years as a result of a referral from your GP, we would really appreciate your views.**

You may receive the survey by mail, or alternatively it can be completed online at:

<https://www.smartsurvey.co.uk/s/AxminsterClinics>

Confidentiality is assured – we do not ask you to identify yourself in the survey. Please only complete the survey once either by mail or online!

Suzie McFadzean, Secretary to the Axminster PPG

## AXMINSTER HOSPITAL LEAGUE OF FRIENDS

### WHAT AN EXCITING TIME IN THE AXMINSTER DISTRICT!

Hospiscare@Home is now active in our area enabling our GPs and nurses to care for people at home who might otherwise have needed to be sent to hospital. Referrals to the service can be made by your GP or nurse.

On the 21<sup>st</sup> March an initial Launch Party was held in the Guildhall for the local stakeholders and all the people

who have worked to bring the service into being. This party went very well with a number of short presentations led by Dr Phil Taylor and a lovely cream tea provided by Connie Meaker and her team of willing helpers. LOF members, many Hospiscare staff and the team of Hospiscare nurses who are manning the service were there to answer questions and describe the care on offer. This care extends to the town and all the villages covered by the Axminster Medical Practice who have over 11,000 patients on their books. It will run in parallel to the service in Seaton which has operated successfully for over three years.

The cost of Hospiscare@Home in our area is £180,000 p.a. and will be completely met by the League of Friends of Axminster Hospital. The LOF have funds in place for the near future but to continue to provide the service for the foreseeable future a lot of fund raising needs to be done.



We need to continue to raise funds for both the Hospiscare@Home service and to continue to support the hospital and health care needs of the people of the community and we ask you to support us in any way you can.

If you would like to adopt us as your chosen charity we would be delighted. If your organisation is having an event, fair or fête or anything else we would be glad to come along and raise

funds ourselves. The League of Friends is passionate about this project and every little helps,

To say thank you to everyone for their support we are extending our AGM on the 28<sup>th</sup> June at 6.30 pm in the Axminster Guildhall to include a little party after the formalities are over. This is to thank you all those who have generously supported us over the years and it is hoped that this support will continue.

Ann Veit, Hon Secretary, 01297 552376

Email: [AnnVmus@aol.com](mailto:AnnVmus@aol.com)

Post: Axminster Hospital, Chard Road, Axminster, Devon EX13 5DU

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9	8	3	5	6	1	2	7	4
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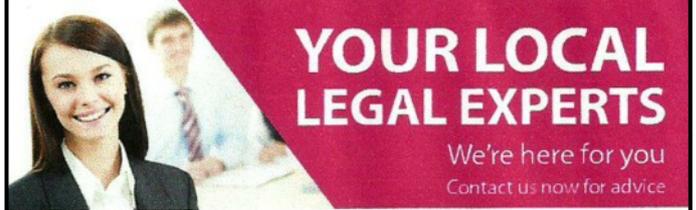
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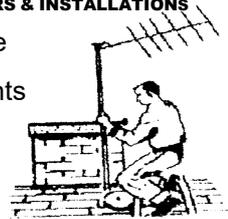
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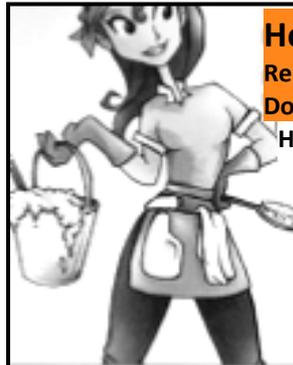
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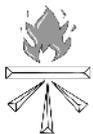
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**It has been necessary to set up alternative arrangements following the closure of the village shop.**

**DIRECTIONS FOR FINDING** Vicky Larcombe's house. Vicky is treasurer for Postscript.

With your back to Hurfords Stores, turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank, you have gone a few steps too far.

Please post payments for advertising in Postscript and donations to help with printing costs through the front door of Vicky Larcombe's house. Thank you.

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	6.00 pm	The Beacon	The Baptist Church meet every 2nd, 3rd and 4th Sunday in month
Monday	early	Your house	Recycling collections
Mon, Wed, Thur, Fri	9.15 am	Kilmington Primary School	Pre-school playgroup for 3+
Monday	2.00 - 4.00 pm	Village Hall	Country Dancing for all ages
Monday	3.00 - 4.00 pm	Tennis Court	Tennis Club
Monday alternate	2.00 - 4.30 pm	Pavilion, dates circulated	Bridge Club
Tuesday	9.30 am	St Giles' Church	Holy Communion followed by coffee
	10.00 - noon	Village Hall	Table Tennis
	10.00 - noon	Village Hall Foyer	Coffee and get-together
	10.00 - noon	The Beacon	The Post Office
	1.30 - 3.30 pm	St Giles' Church	St Giles' Handicraft Group followed by 'Pop Up' Café
	7.30 pm	Village Hall	Badminton
	7.30 - 9.00 pm	St Giles' Tower	Bell-ringing practice alternate weeks with The Minster, Axminster
Wednesday	9.15 am	The Beacon	Toddlers and Tinies
	2.00 - 4.00 pm	Village Hall	Short mat bowls
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome

## DATES FOR MAY 2019

Wed	1st	7.15 pm	Village Hall	Moviola: <i>Stan and Ollie</i>
Fri	3rd	6.00 pm	The New Inn	Royal British Legion 'Get Together'
Sat	4th	10.30 am - 12.00 noon	Village Hall	KGC Plant Market and Coffee Morning
Sun	5th	11.00 am	St Giles' Church	Morning Worship
	5th	8.00 pm	The New Inn	Quiz in aid of Children's Hospice Care South West
Tues	7th	Early	Your House	Recycling only
	7th	10.30 am	The Beacon	Messy Sparklers
	7th	7.00 pm	St Giles' Church	Archdeacon's Visitation
Wed	8th	4.30 - 6.30 pm	The Beacon	Holiday Club Extra
Fri	10th	7.00 pm	The Beacon	Thai Night (see page 8 For more information)
	10th	7.30 pm	Village Hall	KGC Talk: <i>No Dig Gardening - Stephanie Hafferty</i>
Sat	11th	10.00 am	St Giles' Churchyard	FROGS Working Party
	11th	7.00 pm	The New Inn	Babs and the Boys (Good ol' Cockney Sing-a-long)
Sun	12th	9.30 am	St Giles' Church	Parish Communion
Tues	14th	Early	Your House	Garden Waste Collection
	14th	10.00 am	The Beacon	CREATE Group
	14th	7.30 pm	Pavilion	Parish Council Meeting
Wed	15th	7.00 pm	Stockland Church	The Lyra Ensemble
Sat	18th	1.30 - 5.00 pm	Breach and Spinney Two	NGS Open Gardens with tea served at Breach
Sun	19th	11.00 am	St Giles' Church	Morning Worship
	19th	1.30 - 5.00 pm	Breach and Spinney Two	NGS Open Gardens with tea served at Breach
Mon	20th	Early	Your House	Landfill with Recycling
Tues	21st	10.30 am	The Beacon	CAMEO Coffee Morning
	21st	12.30 pm	The Beacon	Contact Lunch
Wed	22nd	10.30 am - 12.30 pm	Springhead House	Coffee Morning and Open Garden in aid of Riding for the Disabled Association
Fri	24th	7.30 pm	The Beacon	Film: <i>Kinetics</i> - for the Axminster Parkinson's Social Group (see page 3 for more information)
Sat	25th	7.00 pm	The Minster, Axminster	Music for Two Pianos
Sun	26th		TBA	Rogation Service
Tues	28th	Early	Your House	Recycling Only
	28th	Early	Your House	Garden Waste Collection
Sat	29th	10.00 - 12.00 noon	Rowlands Orchard, Shute	Marvel at Marvellous Moths (see page 17 for more info)

## USEFUL TELEPHONE NUMBERS

### VILLAGE NUMBERS

Bell-ringing - Celia Dunsford	01297 33563	Kilmington's Little Helpers - Sally Huscroft	01297 32243	Short Mat Bowls - Ron Foster	01297 35529
Bridge - David & Stephanie	01297 35033	Kilmington Pre-School - Now part of primary school	01297 32762	Sunday School - Christine Thorne	07795 552675
Country Dancing - Sheila Hill	01297 33795	Kilmington Primary School	01297 32762	Table Tennis - Jenny Nickolls	01297 639758
Cricket - David Lavender	01297 631868	Millers Farm Shop	01297 35290	Tennis - Sue Moore Sue Wells	01297 32361 07912 272102
Footpath co-ordinator - Elaine Penzer	01297 34287	Moviola - John Watts	01297 639758	Village Hall bookings - Louise Quincey	01297 32358
Hitchcock Pavilion bookings - Peter Huscroft	01297 32243	The New Inn	01297 33376	Village 100 Club - Jean Falconer	01297 33708
Kilmington A35 Pit Stop	01297 598060	The Old Inn	01297 32096	www.kilmingtonvillage.com - Luke & Maxine Lawson	07719 909532
Kilmington Cross Services	01297 631089	RBL - Jean Falconer - Sec Stafford Seward - Chairman	01297 33708 01297 33909		
KGC - Jean Falconer, Secretary	01297 33708	Scrabble - Sylvia Newbery	01297 34326		

### MEDICAL AND SUPPORT

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St Thomas Court Surgery	01297 32126	Dentist Helpline	0845 4647	Chiropody (Sheila Holland)	01297 35362

### SERVICES AND FACILITIES

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Water - general - leaks	0844 346 2020 0800 230 0561	Mobile Library	01404 42818	E. Devon District Councillor - Iain Chubb	01297 35468
Electricity - emergency	0800 365 900	Ring & Ride	01404 46520	Devon County Council, Whimble and Blackdown, Iain Chubb	07932 459595
		Axminster Care Service	01297 35550		

**Police:** Crime stoppers - 0800 555111; Emergency - 999; General - 101

### CHURCHES

<b>St Giles' Church</b> Revd Simon Holloway Diana Mellows Pastoral teams	01297 35433 01297 32334 01297 33777	<b>Baptist Church Office</b> Pastor Darrell Holmes	01297 631638	<b>Axminster Catholic Church</b> Parish Priest: Father Anthony Cockram	01297 32135
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### ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilmington. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

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Credit card (70 mm x 40 mm)	£ 5 or £22.50 for 5 months	
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**BACK COVER:** Occasionally the back cover is available for a one-off colour page advertisement. Cost: £50

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**PAYMENT:** Cheques should be made payable to: Kilmington Postscript and posted to: **Mrs V. Larcombe, Brookside, The Street, Kilmington, EX13 7RJ. Alternatively, post through Vicky's front door (please see directions on page 24).**

**COMING AND GOING FOR A SONG:** There is no charge for these entries for items valued up at £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (please see directions on page 24).

# Around Kilmington at Easter 2019



Palm Sunday Parade through Kilmington



Celebrate Together Service, St Giles Church

