

# KILMINGTON POSTscript

Issue 189 November 2016

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## EDITORIAL

Reds, yellows, oranges, greens, purples - all colours of the rainbow and all shades of colours. Sounds, some loud, some soft and swooshing. What am I talking about? As we move in to November I might be talking about fireworks and bonfire night or I might be referring to the autumn leaves on our beautiful trees. Shute Woods, hedgerows, many gardens as you walk around the village, and the more distant landscape across the Axe Valley, all are showing awe-inspiring changes to their leaf colour at this time of year.

In Nature Notes this month, Peter writes about how these colour changes occur and, on the front cover, you will have noticed Maureen's splendid photograph of a firework display last year. We were pleased to receive a poem with words which bring to us something of the joy of this season. You will see this on the page opposite. Margaret, on the Kilmington Kitchen page, brings us warming, boozy recipes suitable for the time of year, with her second recipe turning our thoughts towards Christmas. Our new contributors, Jean and Keith Jolley, continue their amusing account of walking the south west coastal path. We understand that many readers enjoyed the account of their journey so, more please, from Jean and Keith and from anyone else who has done something about which they think readers would be interested to hear.

It is good to learn that Kilmington Pre-school goes from strength to strength. The short article from Carly Dare and the fun photos on the back cover give us a flavour of their action-packed programme. The Kilmington Branch of the Royal British Legion has a busy programme of events coming up, several relating to Remembrance Sunday. Please remember that on Friday 11<sup>th</sup> November Maroons will be set off on the Recreation field followed by Two Minutes' Silence to celebrate Armistice Day.

The Postscript team has begun work on the Christmas issue of the magazine. Please send in contributions. As well as our regular writers, it is good to have new writers with fresh ideas - please don't be shy. We are always happy to hear from you. We are still hoping for more material, memories, anecdotes, photos etc about pantomime so please get in touch very soon. You can email us or, if you prefer, give material to any member of the Postscript team or leave it at Hurfords Stores for us in an envelope marked 'Postscript'.

We think our occasional series (started a couple of years ago) about village clubs and organisations has almost run its course but we are happy to receive further material. In the new year, we plan to start another occasional series on businesses based in the village. If you would like to know more and/or to contribute, please contact Peter.

Thank you.

Judith, on behalf of the Postscript team

## STOP PRESS

**FOUND** - On the edge of Roman Road on Friday 20<sup>th</sup> October, a key (e.g. front door, patio or garage). Please contact 01297 631275 if you think it is yours.

Cost per 20-page copy of Postscript averages 50p each but coloured and larger issues cost more.

Extra copies are available from Millers Farm Shop and Hurfords Stores, where donations may be made.

## CONTRIBUTIONS TO POSTSCRIPT

Please remember to use the email address for Postscript:

**postscript@kilmingtonvillage.com**

*Alternatively, please give your item to any of the team or leave it at Hurfords Stores.*

***The closing date for submitting items for the December issue is 15<sup>th</sup> November. All will be acknowledged. Please email or ring 01297 35159 if not acknowledged within 48 hours.***

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**Postscript** is published 10 times each year and is delivered free of charge to every house in Kilmington. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

## DONATIONS

The donations collected from Hurfords Stores and Miller's Farmshop in mid-October, together with other donations, came to a total of £27.57. These will help towards printing of this issue. Thank you all for your support.

## ADVERTISING RATES

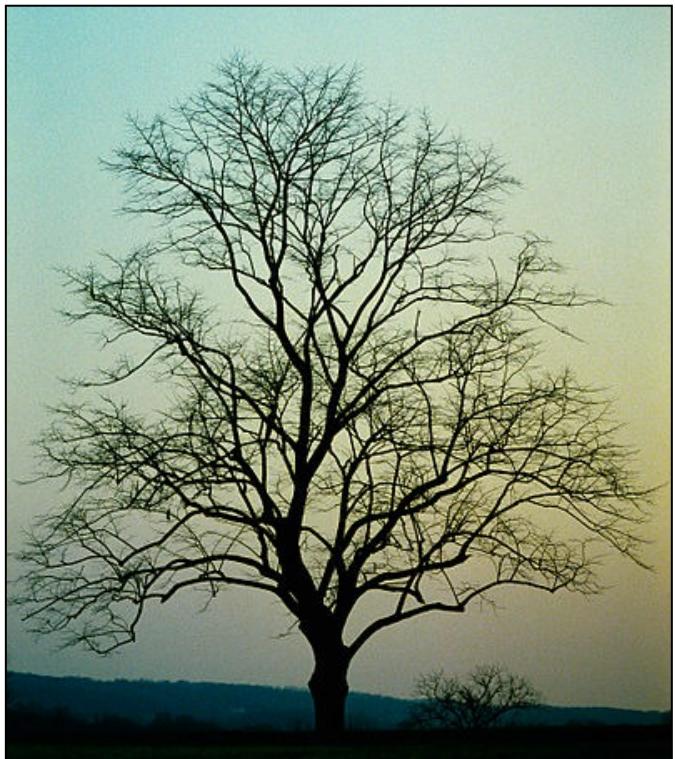
Please see inside back cover for details.

*The photograph on the front cover is by Maureen Lane. Other photos are from: Brian Lavender, Judith, Pre-school and Maureen.*

# NATURE NOTES

*Dull November brings the blast, Then the leaves are whirling fast*

Out in the woods during last month it became clear that someone had developed a taste for the maize from the fields alongside. We frequently saw the remains of maize cobs left at the side of the footpath. Research tells me that squirrels, badgers and deer could all be the culprits. We're still not certain but, as we've seen deer lurking in the area, I guess they are probably the thieves! By now, the cob remains will all be gone but it certainly looked as if they had been enjoying the free feast.



November is usually “tree month”, delivering the best autumn colours at the start of the month and the greatest leaf falls by the end. But, contrary to popular belief, it’s not the cold that kills off the leaves; trees positively shed their leaves to conserve water. The large surface area of the leaves of deciduous trees, whilst maximizing photosynthesis, also results in significant loss of water. When temperatures drop below freezing, water in the ground freezes and can’t be taken up by the trees’ roots. If deciduous trees kept their leaves in winter, the sun would evaporate more water from the leaves than the tree could recover from the ground and it would slowly dehydrate.

The main ‘trigger’ for deciduous trees to shed their leaves is the length of darkness each day. That’s why they shed them around the same time every year. The bright mild weather so far this year has delayed the changes just a little but the days are still growing shorter. During the spring and summer growing season chlorophyll, which is vital for

photosynthesis as it helps the plant absorb energy from light, is replaced constantly in the leaves. Chlorophyll absorbs mainly blue and red light and hardly any green light at all, so the green is reflected back to our eyes, this is why most leaves appear green. When the dark nights reach a particular length, this triggers the creation of cells where the leaf joins the branch and they start to divide. This corky layer of cells (the abscission layer) then blocks the connection between the leaf and the rest of the plant so the production of chlorophyll slows, then stops. This is when autumn colours are revealed because chlorophyll normally masks the yellow and orange pigments and they become visible when it is gone. The sugars that are trapped in the leaf help manufacture the pigments and increase colour change. As autumn progresses, the cells in the abscission layer become more dry and corky. The connection between the cells gets weaker and the leaves break off. Then you and I have to clear them all up before they blow everywhere!

Peter

## HAIL TO AUTUMN

By Diana Mellows

The sweet flowers of summer  
Have faded on the stems,  
Autumn now, with its own  
Bright jewelled gems  
Of orange, red and gold  
Explodes, joyous to behold.



The trees to compliment the scene  
Abandon all their shades of green,  
Turning copper, bronze and brown  
In waves to cover countryside and town.  
Barley, oats all gathered in the barn  
From harvest fields, now quiet and calm.

The hedgerows are coloured too  
With hips, haws and many a hue.  
Amidst the tangle of spikes and thorn  
Berries black and red are borne.  
Hail to Autumn be of good cheer,  
Farewell summer until next year.

# KILMINGTON PARISH COUNCIL

## New Benches

We are going to replace the missing benches on Jubilee Green and at the bottom of the Common very soon. Thank you for your patience.

## Neighbourhood Plan

The first meeting of the Parish Council and Parish volunteers to form a committee to take this plan forward will have taken place by the time Postscript goes to press. Updates will be published in Postscript and notices of any meetings that may need to take place.

## A35 – Update

As you may remember, three young mothers in the village spoke at the 2014 Annual Parish Meeting about the dangers and hazards of the A35. Their “Make it Safer Campaign Petition” had received over 400 signatures.

Since that time we, (the Make it Safer Group and the Parish Council) have been working together to try to get this road made safer. Several meetings have been held with Highways England who are the body responsible for managing all Trunk Roads – the A35 being one of them. We set out not only our concerns but also demonstrated that the accident rate has been increasing, despite the speed limit reduction and “improvements” that were made in 2009. (We obtained and analysed details of accidents from 2009 onwards).

Highways England eventually commissioned a Study of the A35 which was carried out in mid-2015 and, after much chasing, we received a copy of it in April this year.

The Study clearly acknowledged that the road is unsafe, that the accident rate is too high and is above the level expected for this type of road. The Study also made a number of recommendations to improve safety. Some of these recommendations were immediately rejected by the Study itself as being impractical!!

Highways England then advised us that they were not able to proceed with any of the recommendations at that stage as further detailed survey work had to be undertaken to see if any of them were feasible!!! – and furthermore the survey work could not be carried out until they (the Exeter office) had obtained appropriate funding. A bid for funding was made in July – but this failed. A further bid for funding will be made in November!!

Obviously, we have complained and expressed our extreme disappointment and pointed out that the accident rate is still increasing. We continue to push for something to be done – but at the moment we are hitting a brick wall.

While it doesn't make matters any better it is worth noting that we are not alone. Road improvements to be made at Hunters Lodge/Raymonds Hill, which were publicised in June 2015, have not been started and there is no indication that they will start any time soon.

This situation is extremely unsatisfactory – but please be assured that we have been pushing and will continue to push for improvements to be made.

## Next Meeting

Tuesday, 1<sup>st</sup> November 2016 at 7.30 pm in the Pavilion.

Michael Collier, Chairman KPC

## FIVE ALIVE OIL

The September order attracted a price of £30.5 ppl + 5% VAT but since then prices have increased slightly and at the time of writing they are at \$51.5 dollars a barrel that equates to a domestic oil price of 36.8 ppl before our bulk order discount.

I am now taking orders for November, deadline date the 25<sup>th</sup> and, as before, please order either a specific quantity or an estimated amount when ordering a top up with a minimum order of 500 litres.

Colin Stewart  
cogstewart@ao.com  
01297 792538

## VILLAGE HALL ‘100’ CLUB

### The winners of the draw held on 18<sup>th</sup> September 2016

G Heighway	£25	V Sissons	£5
J Porter	£10	J Church	£5
G Perkins	£10	P Hurford	£5

For further details, please contact  
Angus Falconer - 01297 33708

## Hurford Stores and Kilmington Post Office

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village store

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Mon, Tues, Thurs, Fri 8.45 am – 5.30 pm  
Closed for lunch 1.00 pm – 2.00 pm daily  
Wednesdays and Saturdays 8.45 am – 12.30 pm

## THE KILMINGTON SKY AT NIGHT

The big event this month is the moon at its closest so far this century and it won't be this close again until 2034. Also, meteor showers throughout the month with a great chance to see these 'shooting stars' if the skies are clear.

**4<sup>th</sup> – 5<sup>th</sup> Taurids Meteor Shower** is a long-running minor meteor shower with only 5-10 meteors per hour in two separate streams. The first is produced by dust grains left by Asteroid 2004 TG10. The second stream is debris left behind by Comet 2P Encke. The shower runs annually from September 7<sup>th</sup> to December 10<sup>th</sup>. It peaks this year on the night of November 4<sup>th</sup>. The first quarter moon sets just after midnight leaving dark skies for viewing. Meteors will radiate from the constellation Taurus, but can appear anywhere in the sky.

**14<sup>th</sup> Full Moon**, this the second of three supermoons for 2016, swinging closer to Earth than at any time thus far in the 21<sup>st</sup> century. It won't come this close again until the full moon of November 25<sup>th</sup>, 2034. So it should look slightly larger and brighter than usual. This full moon was known by early Native American tribes as the Full Beaver Moon because this was the time of year to set the beaver traps

before the swamps and rivers froze. It has also been known as the Frosty Moon and the Hunter's Moon.

**16<sup>th</sup> and 17<sup>th</sup> Leonids Meteor Shower** is an average shower, producing up to 15 meteors per hour at its peak. The Leonids is produced by dust grains left behind by comet Tempel-Tuttle, discovered in 1865. The shower runs annually from November 6<sup>th</sup> to 30<sup>th</sup>. It peaks this year on the night of the 16<sup>th</sup> and morning of the 17<sup>th</sup>. The waning gibbous moon will block many of the fainter meteors this year, but if you are patient you should be able to catch quite a few good ones. Best viewing will be after midnight with meteors radiating from the constellation Leo, but can appear anywhere in the sky.

**29<sup>th</sup> New Moon**, located on the same side of the Earth as the Sun and will not be visible in the night sky. Therefore, this is the best time to observe faint objects such as galaxies and star clusters because there is no moonlight to interfere.

Peter

## KILMINGTON GARDENING CLUB

The Kilmington Garden Club AGM will be held on Friday, 11<sup>th</sup> November.

After the short official AGM proceedings, a video of the Flower Show and Village Fayre will be shown and supper will be served.

All are welcome, members and non-members for what should be a very sociable evening.

Join us at the Village Hall at 7.30 pm, entry £3.00 which includes your first glass of wine.

Lesley Rew



**Desert Dancer**  
(15)  
**Kilmington Village Hall**  
**Wednesday, 2<sup>nd</sup> November**

Based on a true story, this movie follows the life of Afshin Ghaffarian, a man who wanted to live out his dream of becoming a dancer while facing many cultural challenges. Set in Tehran, Iran in 2009, Ghaffarian attends the University of Iran during a volatile presidential election. The younger people of the nation want to study different forms of artistic expression, but the current government did not allow it. Those in power didn't believe in women dating without being married, freedom of speech or anything that was not of their standards. The people of Tehran were not able to go on YouTube, perform or practise dance, or paint for that matter, they would either be thrown in jail or worse.

Ghaffarian meets a small group of friends, who like him, enjoy the arts and are looking for a change in the government. After a heartfelt and magical performance for his peers, the group decides to accompany Afshin on his road to creating an underground dance company. He meets a woman named Elaheh, and the two grow a strong bond over time. Afshin tries to help Elaheh fight her addictions and shows her that she is strong enough to get through anything. This tragic love story has its ups and downs as Afshin is captured, and escapes to Paris while hiding his identity.

**Doors open at 6.45 pm when wine, soft drinks and tea/coffee are available. The evening's entertainment starts at 7.15 pm and ends about 10.00 pm. Tickets £5.50 on the door or £5 in advance from Hurfords Stores (village store and post office); alternatively, contact me, John Watts, on 01297 32335 or email: john@jwatts.demon.co.uk**



## MOBILE LIBRARY

Tuesday, 8<sup>th</sup> November 2016 at 11.20 - 11.50 am at the junction of The Street and The Hill.

Revd. Simon Holloway  
St Giles' Church  
Kilmington  
01297 35433  
[simonholloway556@btinternet.com](mailto:simonholloway556@btinternet.com)



## Letter from the Churches

Pastor Darrell Holmes  
KBC Church Office  
Kilmington  
01297 631638  
[pastor@beaconbaptist.co.uk](mailto:pastor@beaconbaptist.co.uk)

**Remembering.** Autumn is truly upon us as we feel the cold in the air, the turning of the leaves to wonderful colours (especially if you have a Virginia creeper). The nights draw in and we stock up with fuel, wood, coal or whatever we need to keep warm. The clocks fall back (yes, we gain an hour) as we return to GMT and there is a different feel to our days and nights. In the church's liturgical calendar we are in the last weeks of the old year before the start of Advent which this year will be on Sunday, 27<sup>th</sup> November, giving us four full weeks up to Christmas. This is a season for remembering, and a focal point for many will be the Remembrance Sunday services on 13<sup>th</sup> November with, this year, a special remembrance of the battle of the Somme, which changed the perception of many about the horrors of trench warfare. We will also have time to remember our loved ones in a special Memorial Service at the start of the month, this year on All Saints' Day, Tuesday, 1<sup>st</sup> November. There will be time to reflect, light a candle, listen to words of comfort and draw close to our Creator, the God of all comfort.

Fiona Castle, widow of Roy Castle the TV entertainer, wrote about how she coped after the loss of her husband after 31 years of marriage thus:

*'When Roy was told he had lung cancer and was given three months to live, it was a tremendous shock to both of us. For about 24 hours, I cried every time I tried to speak to him. However, one thing quickly became evident. Sadness was the only emotion we were experiencing. There was no anger,*

*nor remorse, simply sadness because the strong and loving relationship we had known might not continue for much longer. ... Roy had had a great life. He had made the most of every opportunity he had been given. We were both so grateful for all we had. Most of all, we recognised the importance of good relationships. When I became a Christian many years before, our marriage changed and became stronger than it had ever been. If that had not happened, I would have been filled with remorse for not being a better wife, giving him more time, listening to his problems, caring more... But there was none of that, and the only emotion we needed to display was sadness that the relationship we had might be coming to an end...' (taken from 'His Light in our Darkness', an Anthology of Praise by Fiona Castle ©2005)*

Fiona Castle's faith did not remove the sadness and the grief, but it did give her hope for a life beyond death and she has continued to be an inspiration to many as her various Anthologies of Hope, Love, Praise, Joy have proven. As you remember loved ones, especially during this month, and as we all remember the horrors of the World Wars and the current conflicts, let us hold onto hope, which is the Key which Dispels Despair.

As the Psalmist wrote during a time of great pressure and darkness: '*Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Saviour and my God.*' Psalm 42v5,11 & 43v5

Simon

## ST GILES CHURCH SERVICES

Anna Crabbe led the Family Service on Sunday, 25<sup>th</sup> September and started by reading a letter from Bishop Robert of Exeter asking for prayers for those about to be ordained and encouraging others to consider it. The theme for the Service was based on the parable of the rich man described in St Luke's Gospel which was read by Julie Woodward while it was enacted by members of the Family Services team. The errors of the rich man were emphasised and Anna reminded the congregation that we should work as a team, one of the highest priorities being to help other people throughout life.

The Revd John Samways was the guest speaker at the Parish Communion Service on 9<sup>th</sup> October; he is a retired priest now living in Frome and a friend of the Revd Simon and Pauline. He wrote a book entitled "God's Fingerprints" which gives many examples of God's presence with us in everyday life; copies are available at £4 from the back of the Church. The Revd John proved to be a very inspiring



speaker and he certainly held the attention of the congregation throughout his sermon and afterwards with his wife over coffee.

Brian Lavender, KPCC Secretary



# KILMINGTON KITCHEN



It's hard to think it's time for casseroles again after the lovely weather we have had this October, but they are very comforting. In the chicken recipe I have used extra dry Vermouth. This is because I love the herby, aromatic flavour it gives to the dish, but use white wine if you prefer.

## CHICKEN AND LEEK POT PIES

Serves 4

You can make one big pie if you prefer. Use a 1.2 litre pie dish and increase the cooking time by about 10 mins.

**500g floury potatoes, peeled  
300g sweet potatoes, peeled  
500g boneless skinless chicken breasts  
2 tsp cornflour  
1 tbsp oil  
4 leeks, sliced  
½ pt chicken stock  
5 fl oz extra dry Vermouth, or white wine  
2 tbsp chopped tarragon  
2 tbsp crème fraîche  
1 tbsp wholegrain mustard**



1. Heat oven to 200C/fan 180C/gas 6. Chop the potatoes and sweet potato into chunks, then boil for 15 mins until tender, and drain and mash with a little seasoning.
2. Cut the chicken into small chunks, then toss in the cornflour. Heat the oil in a large pan, add the leeks, then fry for 3 mins until starting to soften. Add the chicken, chicken stock, vermouth or wine and bring to the boil, stirring. Reduce the heat, and gently simmer for 10 mins until the chicken is just tender, then stir in the tarragon, crème fraîche and mustard. Check seasoning.
3. Divide the chicken filling between four 300ml pie dishes. Spoon over the mash and spread roughly with a fork to seal in the filling. Bake for 20-25 mins until the topping is crisp and golden. (For an extra tasty top add some grated cheese whilst mashing).

## Dear Postscript readers ...

I regularly use the playground in Kilmington with my young son and love the new equipment that has been bought and installed. However, today (October 9<sup>th</sup>) I was disgusted by what I found. There was popcorn scattered all over the ground under and around the new climbing frame. In between the popcorn were crisps and chewed lolly sticks and the odd Smartie. On the grass there were a large empty sweet packet, empty popcorn packet, plastic fork and plastic food container. I removed all the large pieces of rubbish into the bins (which were empty), but the amount of popcorn made the area unhygienic for a toddler to use.

I cannot believe the lack of respect some young people have had for our village; they should be ashamed of themselves, having rendered this area unusable for young children.

A Concerned Resident

## CHRISTMASSY APPLE CRUMBLE

Serves 4

### For the filling:

**550g Bramley apples (about 3 apples), peeled cored and cut into 1cm-thick slices**

**2 tbsp caster sugar**

**½ tsp cinnamon**

**1 large spoonful of mincemeat**



### For the crumble:

**175g plain flour**

**100g caster sugar**

**100g cold butter**

**1tbsp rolled oats**

1. Heat oven to 190C/170C fan/gas 5. Toss the apples, with the spice, mincemeat and caster sugar, tip into a baking dish (roughly 23cm round and at least 5cm deep, or a 20cm square dish), then flatten down with your hand (to prevent too much crumble falling through).

2. Put the flour and caster sugar in a bowl with a good pinch of salt. Slice in the butter and rub it in with your fingertips until the mixture looks like moist breadcrumbs. Shake the bowl and any big bits will come to the surface.

3. Pour the crumble mix over the apples to form a pile in the centre, then use a fork to even out. Gently tap the surface with the back of the fork (so the crumble holds together and goes crisp) then lightly drag the fork over the top for a decorative finish. Sprinkle the oats and demerara sugar over evenly.

4. Place the crumble on a baking-tray and bake for 35-40 mins until the top is golden and the apples feel very soft when you insert a small sharp knife. Leave to cool for 10 mins before serving with cream or custard.

Margaret Astbury

## W.I. REPORT

Apologies were received from Anne, Molly and Kathy.

The minutes were read and, with no matters arising, Joy introduced our speaker for the evening, Claire Barrow a jewellery maker. Claire brought many examples of gemstones including my favourite, a piece of labradorite, which was black with a beautiful green running across it. She talked about quartz, onyx, beryl, turquoise and topaz and lots more. Morganite was named by Tiffany after a banker. Claire talked about the MOHs scale of hardness with diamond being top of the list at ten and fluorite nearer the bottom at four. The test is a scratch test. Members were able to buy her jewellery. She was thanked by Mary.

After scones with cream and jam, we discussed finances etc and then had the report from the Autumn Council meeting at Barnstaple which was thought to be not as good as usual, although the main speaker was excellent.

Next month the title of the meeting is "Songs of the 60s and 70s" Date: November 10<sup>th</sup> at 7.00 pm in the Village Hall.

Margaret Andrews



St Giles' Church had been beautifully decorated with Harvest produce by the Flower Arrangers when people arrived to celebrate the "Harvest Home" on Sunday, 2<sup>nd</sup> October and there was a masterpiece of bakery on the altar in the form of a Harvest loaf, kindly supplied again by the Punch & Judy Bakers.



The farmers and gardeners were given a special welcome by the Revd Simon and we went straight into a rendering of "Come ye thankful people come, raise the song of Harvest Home". Andrew Hurford, representing the farmers, read a Lesson and Roger Lovegrove Psalm 67. The Revd Simon preached a very appropriate sermon and the intercession prayers were led by Julie Woodward. Many lingered over refreshments.

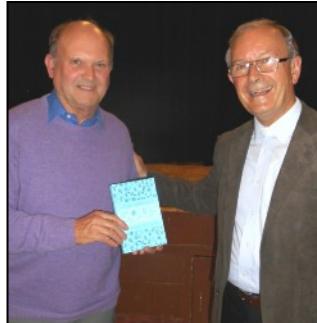
## HARVEST IN KILMINGTON



Some 77 people enjoyed a delicious Harvest Supper in the Village Hall on the Monday evening, prepared by members of the Social and Fundraising Committee, with apple pies baked by the farmers wives; the whole event was coordinated by Caroline Lavender.



Liz Stonex and granddaughter Mair conducted the raffle of produce which raised £169. The competition for the largest Stuttgarter onion sown at Rogation was won by Julie Woodward and Simon's word competition by Mike Tyler.



The 25 strong choir of "The Courage to Sing" gave a most enjoyable concert with some lovely Gospel songs. The profit from the evening of £459.75, including the raffle, was donated to "The Farming Community Network" which provides much help and support to farmers throughout the country. Many thanks to everyone who supported the occasion.

Brian Lavendar, KPCC Secretary

## SUDOKU CHALLENGE

Level: Moderate

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 17.

						7		8
			9	3				2
2	1	7		5				6
	2					8		
4	5						3	7
		9					2	
6				8		4	1	9
9				6	2			
5			4					

## GOING FOR A SONG

DESK £20 - Quite large and very sturdy. 48"w x 24"d x 30"ht. Three blue fronted drawers and a computer keyboard shelf. Contact Sheila Holland 01297 598282



## MAD moments in the garden

There is something about foraging that is irresistible, even if the end result is not always quite what you hoped for in terms of quality and taste in comparison to effort involved! Blackberries were in abundance this year, so, although there were still some in the freezer from last year, nonetheless off we went to pick some more, returning with enough for a crumble for six and a large jar full. I am now “pickling” these blackberries, which is a new venture for me, as I usually stick to onions. Who knows what they will taste like, but they should be different.

Generally, I find that foraged blackberries are small, seedy and in need of lots of apple and sweet crumble to make them worth eating. They are nothing like the big fat juicy blackberries you can buy, but where's the challenge in that? I have a Tayberry in the garden, which seems to give better fruit each year, but perhaps I should try cultivated blackberries to fill a gap in the soft fruit season. There seem to be three varieties to choose from. First, there is *Blackberry Reuben*, bred by Arkansas University. It is said to produce “a sweet berry on a compact upright bush over an extended season”. The same people have also bred a thornless variety which they call *Apache*, which sounds interesting. The largest and sweetest blackberry, according to James Wong in his book “Growing for Flavour”, is from a variety called *Blackberry Karaka Blac*. It is a vigorous thorny grower, and does not mind shade. I might try this one and plant it where there is a gap in the hedge that the badgers and deer seem to have found. Then, I hope I will have the best of both worlds – a much improved blackberry crumble and a better form of protection against interfering wildlife.

Moving on to what I have been doing and discovering rather than just thinking about ...

I have a clump of *veronicastrum virginicum Fascination* in the garden that is three years old and getting to a reasonable size. It is a lovely tall drama-queen of a plant sending up a multitude of tall strong stems with dark green six pointed leaves moving up the stem every six inches or so, finally reaching around five feet in height. These elegant wands end in a spike of delicate purple flowers which branch out like a firework. They have been wafting around all summer and, although they still look very structural, they are now beginning to suffer in the wind; so it is time to cut them down or at least tidy them up a bit. In the course of doing so, I was reminded of their strange deformity in some of the stems. A wise neighbour informed me that the strange shape was the result of a process called “fasciation”. I was familiar with the word fascia, in the sense of a covering of muscles that connects them to other tissues or bones, and generally holding things together, and, of course, with the use of the word fascia as a description of the boards under a roof edge, but I had not heard of it in connection with the plant world.

The word fascia is derived from the Latin word “fascia” which means a band, bandage or ribbon. What I see on the plant is flattened and splayed stems which cause the whole leaf to become distorted and also larger than usual flowers flattened into a weird spoon shape. So, there has been some tightening or shortening of some material in the plant which causes it to produce these strange shapes. Research tells me it is probably due to a random hormone imbalance but that it could also be caused by injury, insects or disease.

Thankfully, so I read, in the case of affected perennials, they will naturally revert back to their usual selves the following year. Here's hoping.

Mary-Anne Driscoll



## KGC Meeting 14<sup>th</sup> October: Barrington Court Gardens - Christine Brain

Five years ago, Christine Brain came to talk to us about the history of the garden at Barrington Court where she was, and still is, the head gardener. Her talk on this visit reminded members of the background to the garden and went on to describe current developments. Barrington Court was the first large house to be bought by the National Trust, in 1907, with 200 acres of neglected land. The original house, thought to date from 1550, was in poor condition. It was leased to the Lyle family, of sugar fortunes, who restored the house and created the gardens. Although the original house must have had a garden, there were no plans to refer to: this gave the family unlimited scope for a new design and they called for assistance from Gertrude Jekyll. She introduced three walled gardens, an orchard, herbaceous borders and ornamental ponds – very much the same layout as today. After the departure of the Lyle family, the garden declined once more and has been restored anew under the auspices of the National Trust.

Christine led the audience on a tour of the whole estate, using old photographs where possible to illustrate the changes. Ten acres of the orchard remain, with fewer fruit trees but masses of wonderful white daffodils in spring most of which had been planted in the 1920s. Of the three walled gardens, two are ornamental and the largest is a one-acre kitchen garden. This contains the greenhouses and cold

frames, and is lined with long herbaceous borders. Although it is a productive garden, the arrangement of the area is traditionally decorative with a central pool, statuary and beds edged with flowers. Walls support espalier peaches and cordon pears, and all the produce used in the restaurant is grown in the garden. The other two walled areas are smaller: one has been replanted as a most successful ‘white garden’ with the original layout of the beds preserved. Successive planting maintains the white theme throughout the year. The lily pond garden receives similar attention, the planting changing from wallflowers to dahlias as the seasons progress. Both are flanked by long borders, giving a blaze of colour throughout the year. Slides of the garden from springtime to midwinter snow illustrated the huge range of plants used, most of which are grown at Barrington. Many touches of pure Jekyll remain, especially the long brick-pillared pergola outside one of the walled areas. Replanting and renovation is a non-stop task: the final picture was of the tree-lined avenue where diseased chestnut trees have recently been replaced with tulip trees. In a lively Q and A session, the audience was amazed to learn that Barrington has just two full-time gardeners, plus three part-timers. They do, however, encourage volunteers.

Sydie Bones

Next meeting: Friday, 11<sup>th</sup> November - AGM and Social

# WALKING THE SOUTH WEST COASTAL PATH

## (continued from October issue)

After all the planning and talking was done, in 2008 we (Keith and Jean Jolley) started the first of nine years walking the South West Coastal Path (SWCP) 630 miles from Minehead to South Haven. For reasons too boring to mention our first leg was from Bude to Newquay. We jumped off the bus at Bude and enthusiastically marched off. A short while later Jean asks, "Shouldn't the sea be on our right?" so without comment (or even blaming the map) we did an about turn and went south in the correct direction! It was on this first stretch to Boscastle that we encountered perhaps our worst weather conditions; wet through to the skin, ending up in a pub with a group of other walkers in a similar state - we all decided to get the bus to

Tintagel! However, I must add we have since done that part of the walk to fill in the gap. The rest of this trip went without incident and we enjoyed Doc Martin Country and the delights of Padstow.

Over the next three years we finished walking Cornwall which for us was perhaps the most rugged, attractive and wildest walking, passing many old mineshafts and lovely sandy beaches with turquoise sea. However, not to be underestimated are the numerous hilly ups and downs that come in quick succession, all of which needed rewarding with a couple of pints and a nice meal.

In 2012 the walk from Plymouth to Torquay showed the contrast in scenery moving from the wilder waters of Cornwall to the greener surroundings of Devon. An obstacle was encountered at Mothercombe since there was no ferry service to cross the River Erme. The alternatives were to wade the Erme at the 4am low tide, or to take a taxi to the SWCP resumption point on the East bank. So, sizing up the challenge, we set the alarm early enough to have breakfast and then - we caught the taxi!

Little did we realise, when planning and looking for B&Bs at Sidmouth, Seaton, Lyme Regis and Abbotsbury, that these places would soon become local to us. Looking back to 2013 we could only identify the area then as 'a favourite for retirees'. The following year we joined them by moving to Kilmington! Now, as locals, it all feels very different. The walks did not come without the usual sweat, aches and pains,

with Sidmouth to Seaton being memorably difficult. So, it was not surprising with the usual liquid refreshment on our minds, we misunderstood



the very welcome sign that said "Beer 1 2/3 mile"!



Next, Seaton to Lyme was unlike most walks we had done as most of it is through forestry without any coastal views. But Lyme Regis was very accommodating, with Palmers Tally Ho and a sea food platter to ensure a good night's kip. Then we were off to West Bay, taking in Charmouth and Golden Cap. It was here we encountered our first accommodation hitch, knocking on the door of the B&B to be told that we were not booked in for the night. This is not what you want to hear after the Golden Cap walk. After a bit of discussion I produced an email, the landlady looked at it, saw our name "Jolley, I remember that name" she said "now let me think ...oh dear, come in, I think I must have used

the wrong diary". So all was sorted and we could laugh in the end. Next was the very nice stroll to Abbotsbury where we were greeted with a wonderful cream tea and a rather odd room that we later found out was the old morgue; no wonder we slept well.

The following two years we decided to complete the north coast from Minehead to Bude - what can only be described as some of the



hardest walking we encountered on the whole path, with the 15 miles from Hartland Quay to Bude up and down ten river valleys.

We finally completed the path this summer by walking from Weymouth to South Haven, passing idyllic spots around Lulworth Cove and Durdle Door with some reminders of all the steep ups and downs we had endured over the years.

After a low key celebratory meal Jean asked "Shall we walk it the reverse way round?" Now it was my turn, the answer was simple, "You're drunk and don't be daft". However....

We would like to add a big thanks to the many volunteers who keep the SWCP in a fantastic condition without whom we would not have been able to enjoy such a great adventure. Also to our friends Stuart and Angela, who helped us with accommodation, transport and socials over the years. If you're thinking of taking to the path yourself at any time, get yourself one of the many guidebooks and Go for it! We'd also be pleased to share our experience to help you enjoy your trek!

Cheers,  
Keith and Jean Jolley

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## WWI COMMEMORATION SUPPER



*A surprise cake for David*



*Supper in progress*



*Stafford waving the  
Admiral's jug*

Over 70 members of the Kilmington Branch attended the WWI Commemoration Supper in the Village Hall on Saturday, 17<sup>th</sup> September and were welcomed by Chairman Commander Stafford Seward. Dr David Ingles (on his birthday) started the proceedings with a very interesting and detailed account of the Battle of the Somme, concentrating on the involvement of Kilmington soldiers who had taken part, several of whom had fallen. Some of their war graves

were visited during the Devon County tour of the battlefield last March. Commander Angus Falconer followed with an account of the Battle of Jutland which was also well described and illustrated. A very enjoyable supper prepared by Claire Dainton followed. Some £758 profit was made which was donated to the Poppy Appeal.

Brian Lavender

## ANNUAL LECTURE



*Major David Sharpe  
BEM Rtd*

On the 7<sup>th</sup> October over 70 personnel turned out for the RBL's Annual Lecture which this year was given by Major David Sharpe BEM Rtd. In just over an hour David provided an incredible recollection of his career including his time as a POW during the Korean War. At 88 years of age his memory was exceptional and, without any notes, he kept the audience spellbound throughout. His fortitude, endurance and sheer ability to survive the ordeal of the North

Korean prison camps was a fantastic feat of human endurance. Nearly £200 was raised in the Admiral's Jug which was split between David's Charity for surviving POWs and the Poppy Appeal.

My most sincere thanks to everybody for their continued support of the RBL.

Stafford Seward, Chairman

## NEW APPOINTMENTS

At a Committee meeting on 3<sup>rd</sup> October, after various reports and arrangements had been made for future events, members elected Roger Lovegrove to be the new President, following Brian Lavender's decision to stand down. Brian was thanked for his huge contribution as Chairman and President in the past and for serving on the Committee for nearly 20 years.

Peter and Louise Wood were elected to take over as the Branch Poppy Appeal Organisers from Brian and Caroline Lavender; Brian and Caroline had undertaken this task for nearly 20 years too and they - especially Caroline - were thanked profusely for their services.

## KILMINGTON AND THE SEASON OF REMEMBRANCE

This year's Poppy Appeal commenced on Saturday, 29<sup>th</sup> October and collectors will be visiting houses in the village during the two weeks from that date. The Royal British Legion (RBL) Devon County Festival of Remembrance is being held in Exeter Cathedral on Thursday, 10<sup>th</sup> November at 7.30 pm; tickets can be purchased from the Box Office on 01392 285983 or on-line. It is always an impressive and moving event with Service/Reserve and Cadet Forces present, as well as the Band of the Royal Marines and is well worth attending in the grandeur of the Cathedral.

The anniversary of Armistice Day on Friday, 11<sup>th</sup> November will be commemorated at 11.00 am outside the Pavilion when the Two Minutes' Silence will be marked with the firing of maroons; coffee will be served in the Pavilion afterwards. The RBL Remembrance Sunday Service in Kilmington this year will be held in St Giles' Church at 9.45 am on 13<sup>th</sup> November, conducted by the Revd Simon Holloway and the Address will be given by the Branch Chaplain, Pastor Darrell Holmes. The collection will be donated to the Poppy Appeal. A short Service with Act of Remembrance and wreath-laying will commence at 10.55 am by the War Memorial and refreshments will be available in the Village Hall afterwards. A coach for Branch members and guests will depart at 11.45 am for lunch at Haselbury Mill. Clive Garner will conduct a quiz in the New Inn that night in aid of the Poppy Appeal.

The Branch Christmas Coffee Morning will be held in the Village Hall at 10.30 am on Saturday, 26<sup>th</sup> November and contributions for the stalls and raffle would be much appreciated. The proceeds will be added to the Poppy Appeal total.



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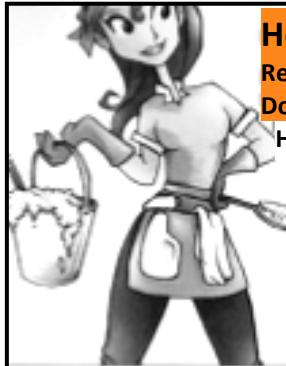
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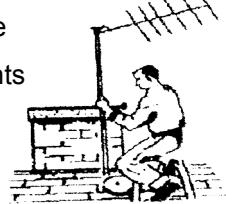
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5	8	1	4	7	9	2	6	3

## WEEK TO VIEW (Events that happen the same time every week)

Sunday	10.30 am	The Beacon	The Baptist Church morning service
	6.00 pm	The Beacon	The Baptist Church meet every 2nd, 3rd and 4th Sunday in month
Monday	early	Your house	Recycling collections
Mon, Wed, Thur, Fri	9.15 am	Village Hall	Pre-school playgroup for 3+
Monday	2.00 - 4.00 pm	Village Hall	Country Dancing for all ages
Monday alternate	2.00 - 4.30 pm	Pavilion, dates circulated	Bridge Club
Tuesday	9.30 am	St Giles' Church	Holy Communion followed by coffee
	10.00 - noon	Village Hall	Table Tennis
	10.00 - noon	Village Hall Foyer	Coffee and get-together
	1.30 - 3.30 pm	St Giles' Church	Craft Club - <i>Crafty Knit and Natter</i>
	7.30 pm	Village Hall	Badminton
	7.15 - 8.45 pm	The Beacon	Spectrum Youth Club
	7.30 - 9.00 pm	St Giles' Tower	Bell-ringing practice
Wednesday	9.15 am	The Beacon	Toddlers and Tinies
	2.00 - 4.00 pm	Village Hall	Short mat bowls
Thursday	2.00 - 4.00 pm	Village Hall	Badminton
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome
	10.00 - 3.00 pm	Pavilion	Art Group

## DATES FOR NOVEMBER 2016

Tues	1st	6.00 pm	Dalwood Church	Att Saints/Souls Memorial Service
	1st	7.30 pm	Pavilion	Parish Council Meeting
Wed	2nd	7.15 pm	Village Hall	Moviola: <i>Desert Dancer</i>
Fri	4th	6.00 pm	New Inn	Royal British Legion 'Get Together'
	4th	7.30 pm	The Guildhall, Axminster	The Filling Station
Sun	6th	11.00 am	St Giles' Church	Morning Prayer
Mon	7th	Early	Your House	Landfill with recycling
	7th	7.30 pm	The Vicarage	MAP Working Party Meeting
Tue	8th	10.00 am	The Beacon	CREATE Group
Thurs	10th	10.00 am	The Beacon	Messy Sparklers
	10th	7.00 pm	Village Hall	W.I: <i>Songs of the 60s and 70s</i>
	10th	7.30 pm	Exeter Cathedral	RBL Devon County Festival of Remembrance
Fri	11th	11.00 am	Pavilion	Maroons and Two Minutes' Silence for Armistice Day
	11th	7.30 pm	Village Hall	KGC: <i>AGM and Social</i>
Sun	13th	8.00 am	St Giles' Church	Holy Communion
	13th	9.45 am	St Giles' Church	Royal British Legion Remembrance Sunday Service
	13th	10.55 am	The War Memorial	Act of Remembrance and Wreath Laying
	13th	11.15 am	Village Hall	Refreshments
	13th	11.45 am	Village Hall	Coach Departs for RBL Lunch at Haselbury Mill
	13th	8.00 pm	New Inn	Quiz in aid of Royal British Legion Poppy Appeal
Mon	14th	7.30 pm	Cudmore Room	KPCC Meeting
Wed	16th	3.00 pm	The Beacon	Repair Café
Sat	19th	7.30 pm	The Minster, Axminster	Concert: <i>Handel's 'Alexander's Feast'</i>
Sun	20th	9.30 am	St Giles' Church	Parish Communion
Mon	21st	Early	Your House	Landfill with recycling
Sat	26th	10.30 am	Village Hall	Royal British Legion Christmas Coffee Morning
Sun	27th	10.00 am - 12 noon	Village Hall	Kilmington Pre-school Christmas Craft Morning
	27th	11.00 am	St Giles' Church	Mission Community Advent Carol Service
	27th	6.00 pm	The Beacon	L.I.F.E. Film Evening: <i>Letters from Mother Teresa</i>
Wed	30th	7.30 pm	Ffoeffes Hall, Colyton	Colyton Theatre Group Pantomime: <i>Cinderella</i>

## DATE FOR DECEMBER - St Giles' Church Advent Concert on Saturday 3<sup>rd</sup> December

An Advent Concert will be held in St Giles' Church, organised by Margaret Hurford and Rachel Burrough. Featured in the programme will be the St Mary's Catholic Primary School Choir and Orchestra as well as local musicians. Tickets at £5, children free, will be on sale at Hurfords Stores or from the Churchwardens. Profit will be divided between the school and St Giles' Church.

Brian Lavender, KPCC Secretary

## USEFUL VILLAGE TELEPHONE NUMBERS

SERVICES AND FACILITIES	
Refuse Collection	01395 571515
Water - general - leaks	0844 346 2020 0800 230 0561
Electricity - emergency	0800 365 900
Axminster Library	01297 32693
Mobile Library	01404 42818
Ring & Ride	01404 46520
Clerk to the Parish Council	01297 33462
Police - Crime stoppers Emergency General	0800 555111 999 101
E. Devon District Councillor (Iain Chubb)	01297 35468
Devon County Council, Axminster Rural Division, (Andrew Moulding)	01297 553865

MEDICAL AND SUPPORT			
	VILLAGE NUMBERS		
Axminster Hospital	01297 630400	Dentist Helpline	0845 4647
St Thomas Court Surgery	01297 32126	Veterinary Surgery	01297 630500
'Devon Doctors on call' (Out of hours GP service)	0845 6710270	Chiropody (Sheila Holland)	01297 35362
Hurfords Stores (Kim Rhodes)	01297 33203	Badminton - Derek Gould - Paula	01404 831749 01297 33070
Millers Farm Shop	01297 35290	Bridge - David & Stephanie	01297 35033
Kilmington Primary School	01297 32762	Country Dancing -Sheila Hill	01297 33795
Kilmington Cross Garage	01297 33911	Cricket (David Lavender)	01297 631868
Footpath co-ordinator Elaine Penzer	01297 34287	Scrabble (Sylvia Newbery)	01297 34326
Village Hall bookings (Caroline Lavender)	01297 34922	Short Mat Bowls (Ron Foster)	01297 35529
Village 100 Club (Angus Falconer)	01297 33708	Sunday School (Christine Thorne)	07795 552675
Hitchcock Pavilion bookings (Michael O'Flaherty)	01297 35873	Table Tennis (Jenny Nickolls)	01297 32335
Kilmington Pre-school - play manager	07747 856598	Tennis - Juliet Sue	07527 969613 07912 272102
Kilmington A35 Pit Stop (formerly cafe)	01297 598060	Women's Institute (Joy Churchill, President)	01297 33323
Kilmington Cross Services	01297 631089	www.kilmingtonvillage.com (Luke & Michelle Lawson)	07719 909532
Kilmington's Little Helpers - Sally Huscroft	01297 32243	Bell-ringing (Roger Lovegrove)	01297 631091
KGC - Jean Falconer, Secretary	01297 33708	Art group - Barbara Whiteley	01297 32258

## CHURCHES

St Giles' Church	Baptist Church Office	Axminster Catholic Church
Revd. Simon Holloway John Thorne Pastoral teams	01297 35433 01297 34162 01297 33711	Pastor Darrell Holmes 01297 631638

## ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilmington. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

	Black and white ads	Colour ads
Credit card (70 mm x 40 mm)	£ 5 or £22.50 for 5 months	
¼ page (90 wide x 136 mm high)	£12 or £50 for 5 months	£75 for 5 months
½ page (184 x 136 or 90 x 276 mm)	£20 or £90 for 5 months	£30 for one-off
Full page (184 x 276 mm)	£30 or £130 for 5 months	£40 for one-off

**BACK COVER:** *Occasionally the back cover is available for a one-off colour page advertisement. Cost: £50*

*Additional fee of £1 if Postscript has to edit, size or set copy.*

**PAYMENT:** Cheques should be made payable to: Kilmington Postscript and posted to: Mrs V. Larcombe, Brookside, The Street, Kilmington, EX13 7RJ. Alternatively, post through Vicky's front door or cash/cheques may be left in a clearly marked envelope with Kim at Hurfords Stores.

**COMING AND GOING FOR A SONG:** There is no charge for these entries for items valued up at £20 or less. However, donations are appreciated - there is a box for donations in Hurfords Stores.

**Disclaimers:** Items in this publication are the work of individuals and do not necessarily reflect the thoughts or opinions of the Editorial Team who may make small alterations to items submitted.  
The content of advertisements is not the responsibility of the Editorial Team. Queries should be addressed to the advertiser.  
This publication is available on-line at [www.kilmingtonvillage.com](http://www.kilmingtonvillage.com). In addition, and from time to time, earlier issues will also appear on-line.



To start the Autumn term, we enjoyed weekly visits from a fun music group called B Sharp. For seven weeks they entertained the children with songs, games and dancing. We all had great fun!

We have also enjoyed some lovely 'welly walks' in the sunshine, picked blackberries and looked at how the trees are changing through the seasons. We also had a fantastic, puddle splashing 'welly walk' in the rain.

Each week we have planned a cooking activity for the children to experience. We've made bread, apple and blackberry crumble and fruit skewers to name but a few.



In October, we held our AGM and had a fantastic turnout. We now have several new members on our committee and we're grateful for the continued support!!



We would like to thank everyone who came and supported our Halloween Party. We hope you enjoyed it as much as we did?!

This half term we are enjoying the build up to Christmas. To get into the Christmas spirit, we have a **Christmas Craft morning on Sunday, 27<sup>th</sup> November at 10.00 am-12 noon in Kilmington Village Hall**.

Please come along for some festive craft making and some yummy Christmassy refreshments!!

Also, we are on the lookout for some funding to improve our outdoor area. We feel with a few alterations we could make huge improvements and offer the children an even better learning environment than we do already. We will keep you posted ... Carly Dare

