

KILMINGTON

POSTscript

Issue 199 November 2017



EDITORIAL

As you will see, the centre pages of this issue are a celebration of the impressive number of years that there has been a shop serving the village. This is an extraordinary story, with which many of you will be familiar. We thought it would be interesting to bring the story together in one place, with photos, and to extend the account presented in Postscript in 2013 when the shop changed hands. Thank you to various authors for their contributions and to May Lavender and her son, David, for the loan of photographs.

Sadly, the shop is now closed. It is a time of change. As a result, some of the arrangements for Postscript will need to change and we outline the new plans on page 3 opposite. There are also further details on pages 26/27.

There are many events taking place in the village during November and several of these concern Remembrance. If you have never seen a member of the Royal British Legion set off the 'maroons' on the recreation field, it is a memorable sight and marks the start of the two minute silence at 11.00 am. The tradition has been used in villages, towns and cities across the UK for over a century, although new laws relating to fireworks has resulted in fewer rockets being set off. There are also services of Remembrance and a lunch (details on page 11).

It is not often that we find foot-pumps and superglue being written about in Postscript but, looking forward a month, John Martell has already written one of his letters to Santa (page 13). John's story is one which will possibly make you smile and then perhaps shake your head. We hope your luck changes John, and hope Santa is listening.

The Postscript team likes to plan well ahead and we try to make the Christmas issue extra colourful and entertaining. As you will read on page 13, we are hoping to encourage your poetic and imaginative skills in the form of a limerick. In order to print a selection of these in the Christmas issue we need your entries by 13th November. There is a choice of first lines this year and the dates for submitting your limericks. Do have a go! In addition, Bob is creating an extraordinarily colourful front cover.

Donations to Postscript have been increased this month as the result of a very generous donation. Whilst income from advertising and the annual donation from the Parish Council give us a basis from which to plan and go some way to paying for the printing of the magazine (which of course comes free to every house in the village), it is donations, large and small, which make all the difference. We look forward to your continuing support for our efforts to bring you an interesting and well presented magazine.

We hope you enjoy this issue. Have fun making up a limerick or two and we look forward to receiving your contributions for the Christmas issue of the magazine.

Judith, on behalf of the Postscript team

The stunning display of pumpkins was taken at Forde Abbey by Judith. Thank you to all the photographers who have contributed to this issue.

CONTRIBUTIONS TO POSTSCRIPT

Please remember to use the email address for Postscript:

postscript@kilmingtonvillage.com

Alternatively, please give your item to any team member.

The closing date for submitting items for the December/January issue is 15th November. All will be acknowledged. Please email or ring 01297 35159 if not acknowledged within 48 hours.

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Postscript is published 10 times each year and is delivered free of charge to every house in Kilmington. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

DONATIONS

Arrangements for donating to Postscript have changed as a result of the closure of the village shop. Please see page opposite and 26/27 for details. All donations go towards printing costs. We look forward to your continuing support.

Donations this month total £55.50. Thank you for this generosity.

ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 75p.
Extra copies are available from Millers Farm Shop, where donations may be made.

Disclaimers: Items in this publication are the work of individuals and do not necessarily reflect the thoughts or opinions of the editorial team. The editorial team reserves the right to make small alterations to items submitted.

The content of advertisements is not the responsibility of the editorial team. Queries should be addressed to the advertiser.

This publication is online at www.kilmingtonvillage.com. In addition, earlier issues will also appear online from time to time.

KILMINGTON PRIMARY SCHOOL

Another school year is well underway and we are into the full flow of school life again. Our sporting achievements continue to grow: we have three teams through the first round of the cross-country competition; we did very well in the High 5s netball tournament and will be going through to the next round; and also came first in the latest swimming gala. For the fourth year running we have achieved the Gold Award for school games – a fabulous achievement for a small village school – I am so proud to be able to nurture children with the enthusiasm for an active lifestyle.

We continue to celebrate reading in everything we do in school - our library is continuously re-stocked and new titles brought in; there is a designated reading area in every classroom; I have just arranged another book fair for the summer term and we are already making plans on how we



Head Girl - Alara and Head Boy - Joseph holding the Gold awards for school sports that we have achieved

will be celebrating World Book Day in March. Our newest focus is on improving standards in writing. We recently had some excellent training in the use of film as a stimulus for writing. The trainer was really amazing and his enthusiasm totally inspired the teachers to try out some new ideas, which is great.

Our Harvest Festival was another great success and once again we have received a letter of thanks from the Axminster Food Bank for our donations.

So, now we approach the children's favourite time of year – Christmas! We have lots of plans: a Christmas play, decorating the classrooms, making hats and placemats for our school Christmas lunch, approximately a billion Christmas cards to be delivered....! But of course, none

of this will happen before December – December is when Christmas finally arrives in school – and not a moment before!

Mrs Lee White

NEWS OF CHANGES

The closure of the village shop brings changes to some of our arrangements for Postscript. We list new arrangements below. If anyone foresees any problems with any of these new arrangements, please contact the editor (telephone number and email address on the opposite page). We look forward to your continuing support for the village magazine.

DONATIONS TO POSTSCRIPT

Donations may be given to any member of the Postscript team, or put through the Treasurer's front door. The treasurer's house is very near the closed village shop - see page 26 for the address and directions.

Pop-up coffee shop at St Giles' Church - it has been agreed that a donation box for Postscript will be available at this new weekly event starting on Tuesday 31st October from 3.15 - 5.00 pm.

All donations are used towards printing costs and enable us to include some photos in colour.

PAYMENT FOR ADVERTISEMENTS

Please put through the treasurer's front door - see page 26 for the address and directions.

ARTICLES, NOTICES AND OTHER MATERIAL FOR POSTSCRIPT:

If possible, all contributions should be sent as an email attachment in the usual way, using the address: postscript@kilmingtonvillage.com

If this is not possible, please put them through the treasurer's front door - see page 26 for address and directions.

DELIVERING POSTSCRIPT

Gill Perkins has been in contact with all those who kindly deliver Postscript around the village and arrangements have been made on an individual basis. Please contact Gill (phone number and email address on the page opposite) direct if you have questions.

KILMINGTON SKY AT NIGHT

Lots to see again this month, but much of it just before dawn; your chance to see Venus, Jupiter, Mars, Saturn and much more. Here are just a few pointers to help you get started:

3rd Full Moon

4th **Taurid meteor** shower peaks and is most prolific around midnight but, with a bright almost full moon, it will be difficult to see any.

5th Rockets and Star Bursts

throughout most of the evening, commemorating the failed catholic plot to blow up King James 1 in 1605.

7th 8th **Castor and Pollux**, two bright stars - the twins, appear over the horizon close to the moon.

13th 14th **Venus and Jupiter**, the sky's two brightest planets, pair up close together low in the eastern sky at dawn.



14th 15th **Mars and Spica** high up in the pre-dawn/dawn sky; Spica is the lower but this 1st magnitude star shines twice as brightly as the red planet Mars above.

20th **Moon and Saturn** in the southwest sky after sunset.

21st **Pleiades** the most celebrated star cluster – a tiny, misty plough-shaped cluster hovering over the north eastern horizon as darkness falls, then moving across the sky from east to west these November nights.

27th **Mars and Spica** pair up before sunrise. Look eastward and you can't miss the dazzling planet Jupiter near the horizon. Mars and Spica are those two colourful star-like objects above Jupiter shining through late November and early December.

Peter

LIGHT UP A LIFE

Light Up A Life and remember someone special

Your local Remembrance Service(s) is on: Wednesday, 8th November, 7.00 pm, St Paul's Church, Honiton or Thursday, 30th November, 7.30 pm, St Mary the Virgin Church, Axminster.

To put your dedication into our Book of Memories, which will be at your local service, please pick up a leaflet at our nearest shop, visit our website: www.hospiscare.co.uk or

SUDOKU CHALLENGE

Level: Medium

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 25.

2			5			1	7	
6	9				3			8
	8		9	4		5		
			6	5		4	8	2
	1						3	
8	4	6		2	7			
		3		7	9		1	
9			1				2	4
	2	7			6			5

JOB VACANCY

Cleaner for the Village Hall

Very sadly we have to announce the sudden death of Terry Chatterway, our very reliable Hall cleaner for the past five years.

If you are interested in taking on this job which involves around 30 hours per month please contact Diana Church. Thank you.

Diana 01297 32417

NEIGHBOURHOOD PLAN

Have your say in neighbourhood planning!

By now you should all have had a copy of our neighbourhood plan survey to fill out. If you haven't already filled it out, please take some time and sit down as a household to fill it out. The survey is long but we have made it that way to get as many opinions as possible. We can then formulate planning policies that suit our village and all the residents. We will hold an open meeting in the New Year to report the results of the survey and discuss draft policies.

Thank you for participating. We will collect surveys in the next few days (up to two weeks after delivery).

Dr Heather Gibbard,
Neighbourhood Plan Committee, Chairperson

LOST A FITBIT?

One has been found near the New Inn
Please call Ash Cook to claim.
07855 819827

MOBILE LIBRARY

Tuesday, 7th November 2017 at 11.20 - 11.50 am at the junction of The Street and The Hill.

EMERGENCY HEART DEFIBRILLATOR INSTALLED AT THE VILLAGE HALL

An emergency heart defibrillator has now been installed in a bright yellow case in the entrance porch of Kilmington Village Hall. The unit is fully functional and can be used immediately. You can read the instructions on the case which is opened with a combination lock. The combination number will be given by the emergency services when called in an emergency.



Once open, the battery powered portable defibrillator unit can then be easily carried to the patient. When the portable unit is turned on it gives clear spoken instructions how to proceed. It is actually very straightforward to use.

It automatically detects the heart's rhythm and it won't deliver a shock unless one is needed. **Kilmington Parish Council, who provided the unit, is planning some**

training sessions. Please keep your eyes open for further information so you can familiarise yourself with the emergency procedure.

KILMINGTON GARDENING CLUB

The Garden Club AGM and Social will be held on Friday 10th November at 6.30 pm in the Village Hall. It's an opportune time to renew your membership, which is still only £5.00 per person and enables you to pick up your membership card and copy of next year's programme.

After the AGM, which will include an illustrated review of this year's activities, a two course buffet style supper will follow (only £3!) and throughout the evening the bar will be open. A good chance to relax and catch up with friends.

Lesley Rew

AFTER THE FIRST AID COURSE

A woman had just finished a first-aid course and was eager to try out her skills.

Coming out of a shop one day, she saw a crowd gathered round a man on the ground. She rushed over, got down and began to take his pulse.

Just then, a huge policeman tapped her on the shoulder and said, "Excuse me, madam, do you realise I'm trying to arrest this man?"

Perhaps a topical joke in view of the plans for training with the defibrillator for anyone who would like training? - Ed.



Churchill

(PG)

Kilmington Village Hall

Wednesday, 1st November



Brian Cox dazzles in a scalpel-sharp, timely lesson in political leadership

What breed of political animal was Winston Churchill? If this new biopic of the wartime Prime Minister is anything to go by, "a big one" is a reasonable start. As played by Brian Cox, he's like a distant cousin of a brown bear or a Hereford bull, snuffling and stalking through his subterranean Whitehall war rooms, champing at underlings and barking at his reflection, while cigar smoke uncurls from his nostrils in great, steaming snorts.

Rather than trying to encompass an entire lifetime, Jonathan Teplitzky's film plays out over the 96 hours before the D-Day landings – beginning on the "1,736th day of World War II", as an opening caption soberly frames it.

Forthcoming film: Wednesday, 6th December The Time Of Their Lives (12A)

Doors open 6.45 pm when wine, soft drinks and tea/coffee are available, with the evening's entertainment starting at 7.15 pm and ending about 10.00 pm. Tickets £5.50 on the door or £5 in advance BY PHONING: 01297 32335 leave contact details and booking will be confirmed or email: wattsjohn307@gmail.com

See <http://www.kilmingtonvillage.com/moviola.html> for more information about the film.

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Letter from the Churches

A LETTER FROM INDIA

When did you last see a Bengal Tiger in the road in front of you? On a short visit to South India, I was taken on a day trip to the National Park of Bangalore (Bengaluru) in Karnataka State by my new friend Koshy Thomas. As we climbed into the heavily grilled tourist bus to enter the Safari Park, I was invited into the front seat by the



conductor and so sat next to the driver. How thankful I was to be seated there as I was able to take a series of wonderful photos on iPhone and camera of the antelope and deer, the elephants and crocodiles, the bears, sleeping lions and one rampant white tiger. But the highlight was the Bengal tiger, initially lying on the road in front of us. The driver offered to take both stills and a video clip of the tiger who arose from his slumber in the middle of the day, graciously strolled into the undergrowth and gave us wonderful shots of his majestic colouring, patterned back and face.

India is crowded, bustling, growing upwards as more and more skyscrapers reach for the skies in cities and towns alike. The sounds and smells of India can assault the senses at times; the traffic is horrendous, despite a few new toll roads; the potholes on the 'Old Madras Road' are damaging; the lorries abound, competing with a multitude of motorbikes and scooters, motor rickshaws and the occasional cycle or skinny cow walking calmly through the midst of the town. As the Divali festival begins soon, garlands of orange, pink and yellow flowers were on sale in

the market and the whole country celebrates for two weeks.

In a growing suburb of Bangalore, the Indian friends I came to visit live opposite the Hoskote Mar Thoma Mission which was founded in 1947 and now has a Hospital, Nursing School, School for Evangelists, Old People's Home and Compassion Centre (for orphan

children pre and post school). Two priests oversee eight village churches as well as the mother church in Hoskote, a town of 40,000, but each church also has its own local Evangelist and Catechist to look after their daily needs with the priests visiting monthly. The new church building was partly funded by the Church in Nigeria as a thank you for the many Indian Maths and Science teachers who went there to teach their children! What a wonderful example of cooperation and vision for the advance of God's kingdom!

November is a month for remembering – those who gave their lives for our freedom, those whom we love but see no longer, and the 500th Anniversary of the Reformation which has ennobled mankind in so many places, despite the legacy of division within the Church, which is now being slowly restored to Unity all over the world. Look back with thanksgiving and look forward with hope.

Simon Holloway

WEEKEND RETREAT

Life came up with another of its amazing surprises recently when six of us from St Giles' Church, plus a large group from the Baptist Beacon, travelled to Lee Abbey in North Devon over the weekend 15th - 17th September, a weekend which was themed *Renew, Refresh, Resource*.



The Abbey is a lovely place in a beautiful setting on the North Devon coast with easy walks among the trees and a more difficult one down to a cove. The teaching sessions were optional but I found them well worthwhile and linking admirably to the theme.

The day finished with Compline - an old favourite evening service of mine. A moving Communion Service was held on the Sunday morning. The students training for various aspects of running the estate hosted tables of ten at meals and served us which made a good time for chat. They also put on an entertainment in the evening showing

their different talents. It was so refreshing and there was a warm feeling of being nurtured by their efforts. We hope others will join us from St Giles' next time.

Elizabeth Foster

NATURE NOTES

Autumn is a second spring when every leaf is like a flower

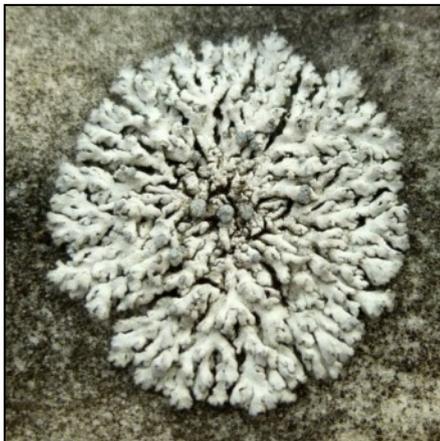
As I write this, the first two weeks of October have been very mild, not particularly by day, as daytime maximum temperatures have remained close to average, but by night we've seen minimum temperatures as much as 3°C above the long-term average. So, much of Kilmington's wildlife continues to be active and there are plenty of insects around too. In our garden some flowers are still in bloom and some are even budding again. And that's our excuse for not having done much clearing up yet.

As always, I'll make my usual plea to you not to be too enthusiastic when cutting off old seed heads and raking away fallen leaves: please leave some shelter for the insects and food for the birds;

although one of our resident birds is not particularly in favour within our household at present. A robin in the front garden is being very territorial and seems to spend a lot of time attacking his reflection in the door mirrors of our cars.



This is not just a one off event, it's every mirror, most days! And we know he's been at it as 'the intruder' must frighten him at times, as he leaves a trail of poo down the doors! Such behaviour is not uncommon and several species of birds that are territorial will attack their own image in mirrors and windows, thinking it is another bird entering their patch. The simplest way to discourage this and avoid the possible damage to the car's paint their poo may cause is, I am told, to find an old pair of large socks and put them over the mirrors whilst the car is parked. This also has the advantage of keeping the mirrors frost free – but it does look a bit odd and may take



some explaining to the neighbours!

Lichens are not a separate individual type of organism; they are formed as a close partnership between two: a fungus and an algae or cyanobacteria. The fungus uses the algae or bacteria to produce energy while the algae or bacteria enjoy the protection the fungus provides. The two are so closely interwoven they look like a single plant and in fact many have been given names of their own. Because of



their unusual partnership they are enormously successful and widespread; they can even survive in extremely cold mountainous areas. Their properties are sometimes plant-like, but lichens are not plants. Confusingly, some have names that contain 'moss' but they are not even related to moss. They come in many colours, sizes and different forms, some have tiny leafless branches looking like coral and others grow as flat leaf-like structures or flakes that lie on the surface like peeling paint or dust. There are around 20,000 different lichens worldwide and about 1,500 in the UK.

Growth, as you would expect, depends on the species and the environmental conditions around it. Some grow as little



as 1mm a year, others up to 1cm per year. Tracking the growth rate can help to date surfaces on which the lichen is growing; a helpful tool for historians. Using this method, some lichen colonies have been estimated to be 9,000 years old; so they were alive when woolly mammoths roamed! However, as lichens absorb rainwater, they can be sensitive to air pollution; hence there are very few lichens around industrial centres and built up areas. Over the years and before modern dyes were created, lichen was an important source of dyes for clothing. The litmus dye you may have used at school to test for acid/alkaline in chemistry also comes from lichens. Some of the acids from lichens are used in drugs as they have antibiotic properties that can be more effective than penicillin. So if you have lichen growing over your wall, perhaps think twice before you wash it off with an aggressive modern cleaner, as lichens are really quite special!

Peter

Seen in Kilmington in mid-October 2017: a kingfisher

Has anyone else any unusual sightings?

I HAVE A LITTLE SATNAV

I have a little Satnav
It sits there in my car,
A Satnav is a driver's friend
It tells you where you are.

I have a little Satnav
I've had it all my life,
It's better than the normal ones,
My Satnav is my wife.

It gives me full instructions
Especially how to drive,
"It's thirty miles an hour", it says
"You're doing thirty five."

It tells me when to stop and start
And when to use the brake,
And tells me that it's never ever
Safe to overtake.

It tells me when a light is red
And when it goes to green,
It seems to know instinctively
Just when to intervene.

It lists the vehicles just in front
And all those to the rear
And taking this into account
It specifies my gear.

I'm sure no other driver
Has so helpful a device,
For when we leave and lock the car
It still gives its advice.

It fills me up with counselling
Each journey's pretty fraught
So why don't I exchange it
And get a quieter sort?

Ah well, you see, it cleans the house,
Makes sure I'm properly fed,
It washes all my shirts and things
And - keeps me warm in bed!

Despite all these advantages
And my tendency to scoff,
I do wish that once in a while
I could turn the flipping thing off.

Found by Peter

A very un-PC poem sent in to us! However, it amused some members of the Postscript team so, while not supporting its sentiments, we thought we would share it with readers.



KILMINGTON PCC MEETINGS

The KPCC Worship Committee met on 11th September and planned all the services and church events up to the New Year. Brian Lavender stood down as Secretary after nearly 20 years and was replaced by Diana Mellows under a new Chairperson, Gill Heighway. Chistine Mills was voted on to the Committee.

Three teams of seven parishioners on the St Giles' Church Electoral Roll sat down on Saturday, 16th September at a special meeting to discuss how to grow our Church. After a briefing by the Revd Simon and watching a video clip about the Archbishop of Canterbury's views on the subject as well as being shown an example of how this was achieved in a rural community on the Scottish borders, many good ideas and suggestions were made for the KPCC to consider.

At its meeting on Monday, 18th September the KPCC paid particular attention to the points raised at the special meeting and several decisions were made. These included a review of the timing and content of services, the recruitment of

families with children, the formation of a junior and perhaps a teenage choir by closer cooperation with the school, the provision of more food and music at all church events, the provision of a facility for parents and guardians collecting children to meet in church for light refreshments before and after school, to re-order the back of the church to make it more suitable and welcoming, to provide better internal notice boards, to visit and encourage newcomers to the village to take part in our church activities and to follow up those that have been baptised, confirmed and married in St Giles' Church in order to continue their association.

Other suggestions will be progressed but the KPCC is very anxious to find out how we can better meet the spiritual and pastoral needs of the parishioners, and will be writing to find out shortly. Obviously, we appreciate that some residents do not have a Christian faith but we are in the business of trying to befriend and help everyone.

Brian Lavender, KPCC Secretary

A REQUEST

A polite request from a 3 year-old and her friends to the big children who blew up pumpkins in the play area.

Please clear up your sticky pumpkin goo and your snack packets from both slides and the tree climbing house. You big silly heads left orange slippery goop everywhere! The slugs were happy but mummy had to use a whole packet of wet wipes to clean up and that made her grumpy! Maybe you should blow up your pumpkins on the big bank next to the

park? Then the beetles slugs and worms can have a midnight feast and clean up your mess! Oh... and there are 2 bins in the park for your snack packets and drinks bottles so use them next time OK?

If you are good maybe Santa will bring you a nice big children park to play in. But you mustn't be naughty anymore OK?

From Elizabeth

MESSY SPARKLERS

The children's snack time this month at Messy Sparklers consisted of a variety of breads and fruit, in line with the theme of Harvest. The children had an opportunity to hunt for 'bugs' in autumn leaves, to explore a range of pulses in the water tray, experience the texture and smell of various bread doughs, play with animals and tractors in a cereals farm (Weetabix hedges, Rice Crispy and Corn Flake fields) and painting tracks using various farm vehicles. In addition, the children had the opportunity to make a paper raven, which linked to the Old Testament story of Elijah being fed by ravens. Telling our story and leading the singing this month, we were fortunate to have Sarah Breeze from the

Axe Valley Children's Centre join us and be on hand to give parents advice. We are very thankful that she has had a change in rôle enabling her to join us again.

Each month we have no idea how many people are actually going to attend. Our ladies in the kitchen have to be ready to cater for however many arrive. Last month they catered for 30 adults and children, this month we had over 50. They produced a wonderful spread and there were even a few sandwiches left over.

Messy Sparklers takes place at The Beacon on the second Thursday of each month, during term time only. Next

month, we meet on Thursday, 9th November from 10.30 am to 12.30 pm, first child £2, plus £1 for each additional child. All parents and carers with children aged 0 to 5 years are welcome to join us. Do check out our Facebook group *Messy Sparklers, The Beacon, Kilmington* for more information. Remember to *Dress for Mess!*

Juletta Obudo



AXMINSTER & DISTRICT CHORAL SOCIETY
MUSIC DIRECTOR PETER PARSHALL

Mozart

Coronation Mass

Michael Haydn

Requiem in C Minor

Saturday
25th November 7.30 pm
The Minster Church

TICKETS £12 & £15 from
Archway Books
Church St Axminster
members of the Choir
or Phone 01404 881 838.

Registered Charity No. 900 458 www.axminsterchoral.co.uk

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KILMINGTON KITCHEN



Let's hope it's going to be a nice clear night for the 5th November. The *Cream Cheese Pasties* would be a good dish for a bonfire night party. The other two recipes show a tasty way to use our vegetables. The *Creamy Baked Leeks* goes very well with roasted sausages.

CREAM CHEESE PASTIES

Makes 4

- 2tbsp olive oil**
- 1 leek, finely sliced**
- 1 small onion, finely chopped**
- 200g frozen peas**
- 140g carrots cut into 1cm chunks**
- Small bunch chives, finely chopped**
- 200g cream cheese**
- 100g Boursin cream cheese**
- 50g strong Cheddar cheese, grated**
- 500g puff pastry**
- 1 egg beaten**



1. Heat the oil in a frying pan, add the leek and onion and cook over a medium heat for 10 minutes. Add the peas and carrots. Cook for 10 minutes more until tender. Spoon the mixture into a bowl and leave to cool. Mix in the chives, cream cheeses and Cheddar, then check the seasoning.
2. Heat oven to 200C/180C fan/gas 6. Roll out the pastry as thinly as you can, then cut 4 x 15cm circles and 4 x 16cm circles. You'll find that you will have to re-roll the pastry twice, but you should be able to get 8 circles.
3. Put the 15cm circles on a baking sheet. Spoon 2 tbsp of the filling onto each, leaving a margin around the edge. Using a pastry brush, paint the margins with some of the beaten egg, then lay the bigger circles on top and press to seal. Pierce to allow steam to escape.
4. Brush the pasties with the rest of the egg and bake for 25-30 minutes or until golden brown.
(For a savoury version add some crispy bacon pieces.)

SWEET POTATO & ORANGE MASH WITH SAGE BUTTER DRIZZLE

Serves 2

- 4 sweet potatoes**
- 1tsp olive oil**
- 1tbsp orange juice**
- Pinch of orange zest**
- 1tbsp butter**
- 4 small sage leaves (tear if large)**

1. Boil the potatoes for 10 minutes or until tender. Drain and put back in the pan over a low heat for 30 seconds to dry. Mash with olive oil, orange juice, zest and seasoning, then spoon into a serving dish.
2. In a small saucepan, melt the butter with the sage leaves. Cook until beginning to foam and bubble, and small brown spots appear in the butter. Pour over the mash and serve.

CREAMY BAKED LEEKS WITH CITRUS CRUMBLE

Serves 4

- 6 leeks, trimmed and cut into 5cm/2in chunks**
- ½ a 500g tub four-cheese sauce**
- Large handful breadcrumbs**
- 2tbsp grated parmesan**
- Zest ½ lemon**
- 1tbsp thyme leaves**



1. Heat oven to 200C/180C fan/gas 6. Steam the leeks for 10 minutes, or until just tender. Drain and pat dry. Arrange in an ovenproof dish and spoon over the cheese sauce.
2. Mix the breadcrumbs, cheese, lemon zest and thyme together. Scatter over the leeks and bake for 15-20 minutes until the leeks are cooked and the crumbs have turned golden and crisped up.

Margaret Astbury



Not much new news from Preschool this month but one thing we would like to say is:

We send our apologies for having to cancel our Hallowe'en Costume Party this year but would like everyone to know that we will be holding a Christmas event on Friday, 8th December instead. More information will be available nearer the time!

Carly Dare

OLD PHRASES AND SAYINGS:

Keen as mustard

Meaning: Very enthusiastic

Likely origin: Keen also means 'sharp' and mustard has a sharpness in its flavour, hence the phrase.

Unlikely origin: An 18th-century mustard manufacturer named 'Keen' - but he did not begin business until 70 years after the phrase "keen as mustard" appeared in William Walker's phrases book in 1672.

ROYAL BRITISH LEGION KILMINGTON BRANCH

‘LEST WE FORGET’

You will be pleased to note that I have no lengthy issues to report. However, it would be remiss of me to omit to remind you all of our acts of Remembrance in November and of the continuing importance of supporting our Armed Forces, Veterans and their families. As we go to press our Armed Forces are as much involved around the world as ever before, especially supporting the Caribbean Islands where they are conducting disaster relief and attempting to restore essential services; I can assure you, this work can at times be just as dangerous and traumatic as front line operations. Our thoughts are with them.

November is, of course, our time of Remembrance and we look forward to your company at our various events throughout the month. Thank you again for all your support and generosity. Dates and times are listed on the Diary page of this issue.

Just a quick reminder that the County Festival of Remembrance will be held on Thursday, 2nd November 2017 at the Mint Methodist Church, Fore Street, Exeter.

Staff Seward
Chairman, Kilmington Branch RBL

Sat. 11th November	Kilmington Cricket Pavilion, 11.00 a.m
Sun. 12th November	Kilmington Baptist Church, 9.45 a.m
Sun. 12th November	Kilmington War Memorial, 11.00 a.m
Sun. 12 th November	Haselbury Mill
Sun. 12 th November	The New Inn
Sat. 25th November	Kilmington Village Hall, 10.30 a.m

Armistice Day: Maroons and 2-minute silence.
Remembrance Service
Remembrance Ceremony, wreath laying.
Remembrance Lunch
Quiz (All proceeds to the RBL)
Christmas Coffee Morning

WE WILL REMEMBER THEM

I have just received a two-page article which appeared in a Scottish newspaper about the recent ceremonial unveiling of a plaque by Norwegian authorities on a mountain in south-west Norway. The plaque commemorates 41 British servicemen who were killed in a disastrous mission in November 1942 to halt Hitler's atomic bomb programme. One of those killed was my eldest brother Jim, who died aged 20 whilst serving as a Sergeant in the RAF.



Photo: Bruce Tocher

Tora Liv, a well-known local historian, unveiled the plaque at the site alongside a Norwegian veteran

The mission involved two gliders containing commandos towed by two Halifax bombers – the commandos were meant to join up with Norwegians on the ground who were

to lead them to the Norsk Hydro industrial complex which was producing ‘heavy water’ for the German atomic bomb project. However, the mission was aborted due to adverse weather and the cables towing the gliders severed. The commandos who survived the landings were executed by the Germans on Hitler's orders. My brother's plane crashed killing all on board.

Three months later a similar mission successfully destroyed the production facility, a story

now ingrained in folklore. It was made into a Hollywood film, *The Heroes of Telemark*, starring Kirk Douglas.

Angus Falconer

LAST MINUTE CHANGE

On Sunday, 8th October, there was a last minute change for the Parish Communion Service at St Giles' Church, as Archdeacon Christopher, who was going to conduct the service was in hospital.

The Revd Adrian Hough came to lead the Service at very short notice. He had been the chaplain to Bishop Nick and is now the Mission and Pastoral Secretary to the Diocese. He seemed very much at ease in St Giles', had looked up Kilmington on the Village Website and delivered an excellent Sermon. Sadly, he had to rush away to lead the Service at Dalwood leaving many people wishing that they had been able to chat to him over coffee. Maybe he can come again? We are very grateful to Adrian for stepping into the breach.

Diana Mellows



Revd Adrian Hough with Church wardens Diana Mellows and Christine Mills

HARVEST FESTIVAL SERVICE AND LUNCH

It was a very memorable Harvest Service in St Giles' Church on 24th September among some stunning floral and produce displays. The Revd Simon gave a particular welcome to Harvie Cleal, his parents Lee and Joanne, the godparents and Tony and Janet Otreba for the Baptism; it was lovely to have so many people present to welcome Harvie as a new member of the Anglican Church. Margaret Hurford played traditional Harvest hymns and the choir sang an Anthem; Mark Burrough read the Lesson. Maisie Trott read her winning Harvest poem extremely well

and was presented with a £20 prize.

The Harvest lunch in the Village Hall, coordinated by Caroline Lavender, was clearly enjoyed, the cottage and apple pies kindly being donated. £402.27 was raised for Shelter Box and its work in the Caribbean and Mexico.

Prizes for the Sunflower competition were won by Elana Blackmore (children's), and Pearl Hurford who brought one with a whopping 15.5 inch crown - you may remember the photo of Pearl in Postscript last month. Thanks to everyone who donated and helped.

Brian Lavender, KPCC



Elana Blackmore wins children's prize



Lunch in progress



Flowers and fruit decorating the church



LIMERICKS – AN INVITATION

After a gap of several years Kilmington Postscript is offering an invitation to everyone to try their hand at writing a limerick. Whether you have had plenty of practice, or have not tried it before, could you contribute a seasonal limerick for the Christmas edition?

Just in case anyone is unsure, a limerick is a short poem, only 5 lines long, with a traditional rhythm and rhyme pattern, for example:

**The partridge sat in the pear tree
Surveying the presents with glee,
And with six geese a-laying
And musicians playing
He thought, "It must all be for me!"**

You should select your first line from the three below

King Wenceslas said to his friend ...

The pantomime dame got a fright ...

When Santa went out to his sleigh ...

Your entry may be a family one or from an individual and you can send in several entries if you wish. Entries are needed by 13th November so they can be judged and a selection printed in the Christmas issue of Postscript. Please email your entry: postscript@kilmingtonvillage.com, hand them to any member of the Postscript team or post your entry through Vicky Larcombe's front door which is a very short distance from Hurfords Stores. You will find directions on page 26.

PLEASE HAVE A GO

Perhaps you will see your poem in print in the Christmas issue

ALL I WANT FOR CHRISTMAS IS A FOOT-PUMP AND SOME SUPERGLUE

A couple of months ago I wandered down to Kilmington Services to buy a Sunday paper and on entering the forecourt I noticed a very smart young man clad in colourful racing leathers sitting on the tarmac next to an equally smart racing motorcycle. On leaving the shop with my paper, man and his machine were still there so I stopped to make favourable comments about his motorcycle which I learned was a Kawasaki something or other, with an engine of six hundred and more cc which was capable of propelling this mean machine to a speed of 164 mph on the racing circuits, the whole encased in fairings an exhibition shade of orange. Wow! Then I learned the sad story as to why he was sitting on the ground looking unhappy. It appears that he was on his way from Blandford to Exeter to join with other bikers in a memorial run for a friend who had recently died, but on reaching Kilmington he got a puncture. Tyre specialists were not open on a Sunday, and to compound his grief the nozzle on the air-pump of the garage would not fit the valve on the tyre so he was well and truly stuck, unless he could get his hands on an ordinary foot pump.

Lesson 1. You learn an awful lot in life if you just show some interest and compassion.

I took pity on this nice young man when I understood the plight he was in and said that if he could just wheel the bike to my house 200 yards away I have a pump that might just

do the trick; well he did, and it did. The tyre was pumped up solid and tested for leaks with a bottle of my superglue. Not convinced that this would last to Exeter I suggested that he take the pump and glue which he did on the promise that he would return both when he returned to Blandford the following evening. What really endeared me to this young man were his parting words before firing up that wicked machine, which were "It is good to know that there are still some people left in the world prepared to go out of their way to help others". I was touched. I wished him a safe journey and waved until he was out of sight, little realising that I was also waving goodbye to my trusted foot pump and bottle of superglue for I have seen neither from that day to this. I was had.

Lesson 2. If you see a forlorn looking biker, lock up your foot pump.

So here goes:-

Dear Father Christmas,

I have been a good boy all year, so if you are in the Kilmington area on Christmas Eve could I please have a Bluemells foot pump, which can be obtained from John Rowe, Castle Garage, Axminster; box not required as I already have an empty one. Thank you.

John Martell



Harry Hurford

It was a sad day in Kilmington on 18th October 2017 when the village shop closed its doors, having served the community for some 175 years. In the 1841 census it was recorded that the house was occupied by a James Phippen who, with his wife Elizabeth, is recorded as being a draper. In 1851 he was registered as a draper and grocer but he evidently retired in about 1861 and moved to Axminster. Robert Halsom Follett with his wife Harriet and two children appear to have taken over the business and he is recorded as being a general merchant with a family of seven children by 1884 when he retired. His assistant, Henry Tucker, who was born in Colyton, apparently took over the business because, in the 1891 census, he is recorded as the occupier and grocer/draper. In 1897, the premises were occupied by Herbert J. Davis who seems to have dropped the drapery side of the business.

Sometime between 1903 and 1905, Herbert Davis offered the business to Harry Hurford for £800 "lock, stock and barrel". Harry was born at the Old Inn in 1880 and was serving an apprenticeship in the Army & Navy Stores in London. Harry accepted the bargain offer and Davis, with his family of five children, moved to Colyton and started trading there, where the Follett family had businesses for many years.

Harry changed the name of the shop to "Hurford's Stores" and set to work with vigour expanding the trade and modernising the premises. Several wealthy farming families placed enormous weekly orders which he delivered and he became very active in village organisations, particularly the Cricket Club, serving as secretary for many years. He married Rose Spurway of Hendon in 1910 but, sadly, she died at the early age of only 56 years in 1920. However, in 1921, he met and married Rhoda May Vessey who had nursed wounded soldiers in the First World War; she was a very saintly and a caring person. They had seven children, the eldest being named after her mother "May" and the youngest Dudley. Sadly, their fourth child Rosemary contracted polio at the age of only 9 months which added to the strain of running the business. To help the business, Harry took May out of Kilmington School at the age of 14 years and she found herself not only helping to bring up her siblings but running the shop as well. Hurford's Stores stocked a full range of groceries, china, crockery, saucepans etc extending to poultry, corn and grain. World War II brought rationing which complicated things as everything had to be weighed to the nearest ounce and careful account kept of the coupons. Harry was quite a strong disciplinarian, not averse to using his belt to install a bit of discipline and he kept the family rather regimented to help the business. However, he was a generous man, not only looking after his family well by setting them up in their adult lives, but assisting others in the village who had fallen on hard times

In August 1940, Harry took a telephone call from John Ernest Lavender in Croydon whom he had known when the Lavender family moved from Dalwood to Kilmington into rented accommodation for a few years in the 1920's. John explained that his house had been practically destroyed in a Luftwaffe raid and, although the family had survived, he wanted to move them to a safer place in the country. Harry met them off the train at Axminster Station and helped them find accommodation in a farm cottage down the lane from Hill's Farm, owned by George Trott. The significance of this story is that John's eldest son, Ernest John (later known as Jack), started a romance with May. Harry offered him a job in the shop on a six month trial which led to their marriage in 1949. Harry decided to retire at that time and moved to Westgate, so May and Jack purchased the business and started their family. When Dudley came out of the Army and had completed a short apprenticeship at Harris's, then the grocer in Axminster, he joined the business as a partner with Jack. It was a happy arrangement because



KILMINGTON VILLAGE STORES CLOSE AFTER 175 YEARS

Jack was a good sportsman, playing centre forward for Axminster but, more importantly, becoming secretary of the Cricket Club, playing the Dame in the pantomime and taking a leading role in St Giles' Church.

The business continued to flourish because of hard work and no holidays, the shop being the centre for news and gossip, advertising village events and being the supplier of a very wide range of goods which extended to include paraffin, metholated spirits and even coal at one stage. They obtained an off-licence in the early 1970's, stocking a wide range of alcoholic drinks; at that time a bottle of Johnnie Walker cost £2.75 or a Nuits St George just £1.30. Customer care was the ethos and the home delivery service continued even on Christmas Day when customers had forgotten an essential item. May and Jack had two children, John and David and so the sound of young voices in the shop continued as they had ever since the business had been set up originally. While John pursued a teaching

career, David went away, trained and then managed Woolworth's Stores in different parts of the country before returning in 1988 to run the shop in partnership with Dudley, allowing Jack and May to retire next door in their new house. The shop was modernised to a self help basis and the business flourished, with May often popping in to help. Eventually, Dudley retired because of ill health and, sadly, Jack died in 1994 aged 67 years. David was left with the shop and only his mother to help him. He had also taken over the mantle from his father, becoming secretary and treasurer of the Cricket Club, Dame in the annual pantomime and Chairman of the Kilmington Players. With the advent of supermarkets in Axminster, first the Co-operative and then Tesco's, coupled with the death of some very loyal heads of farming families, business became more difficult. Miller's Farm Shop and the shop at Kilmington Garage added to the competition. However, David took the opportunity to take over the Post Office when the one in Kilmington was closing in 2003, re-locating it into the shop, and so not only supplementing his income but retaining a great convenience for village residents, particularly for the more elderly. Coming up to retirement himself, the Post Office decided to close many of its rural post offices and the one in Hurford's Stores came under threat because it was within two miles of the one in Axminster. David put the shop on the market as a business because he was determined that it should be retained for the convenience of village residents. However, the Post Office drastically reduced the payment for post office sales, making it a rather unattractive business financially. However, in 2012 Kim Rhodes with husband Terry put in an offer which was accepted and David and his mother May retired, David converting one of the shop's warehouses into his bachelor pad.

Brian Lavender

The Rhodes owned the property and Kim has run the shop for the last five years, making noticeable improvements during this time. However, Kim decided to retire from being Postmistress and from shop life; she knew that she could not continue single-handed for too many years. Kim and Terry had hoped that the changes they had made would attract a buyer to prolong Hurford's as a commercial property and the shop was marketed with commercial agents, but unfortunately they did not find a buyer. So, ends the long history of the Kilmington village stores which has served the community for over 175 years. During this time it has gone through two world wars and has been a centre point in village life and a wonderful source of information, help and advice.

Kim Rhodes



May and Jack Lavender in semi-retirement



Dudley Hurford and David Lavender (Dudley's nephew)



David Lavender with his Mum, Mrs May Lavender



David Lavender, Kim Rhodes



Dudley, May and Jack Lavender



One of May's most vivid memories is of babies being weighed on the shop scales every other Monday afternoon. The big copper scales were adapted with an old clothes basket lined with a shawl. At the time, of course, all provisions were weighed out - butter, cheese, sugar all weighed in to two or four ounce amounts.



MAD moments in the garden

Over the years I seem to have collected a number of different asters and helianthus providing lots of late season colour. They belong to the Asteraceae family, also

known as the Composite family and, with 32,913 different species, is one of the largest and most versatile flowering plant families.

I cannot resist sowing some of the annual helianthus (sunflowers) and planting them out in a corner where I can see them from the kitchen window. They never fail to make me smile as they tower above everything else. They go against all garden design principles, detracting, as they do, from the much more “designed” planting, but I love them, as will the birds later on. The variety I grew this year was ‘Russian Giant’ and it has certainly lived up to its name. It is tall, strong and still standing upright, without staking, but it is not as impressive as some others in the village!

I thought I would try a more elegant white Italian variety of sunflower as well this year, but my resident mice clearly found it irresistible, leaving me with only the empty husks on top of the potting compost in the greenhouse.

When we moved I brought a few root cuttings from our last house of an herbaceous variety called helianthus ‘Lemon Queen’ as I love its height (seven feet in places) and the bright colour late in the season. Its only drawback is a tendency to spread rapidly, depriving anything lower down of light and moisture. It is, however, easy and somehow satisfying to pull out and keep in check. It produces medium sized lemon yellow daisy-like, sometimes double shaped, flowers that sway gently in the wind. Here, it is set off well against a backdrop of coniferous hedge, with a mixture of

grasses, helenium and other late summer flowers including dahlias in front of it. All a bit over the top and in your face, if I am honest, but cheering on grey days, and it makes a change from the other areas of so-called “tasteful planting”. Talking of tasteful, my most favourite Michaelmas daisy is one called aster divaricatus which has a sprawling habit and very pretty delicate white starry flowers with a yellow eye that fades to brown. Its stems are wiry and ebony black in colour and, with only a light twiggy support, it reaches a height of 18 inches or more. Given no formal support, it will elegantly ramble, flop over and grow through anything nearby. It is quick growing, easy to propagate by division, and so great to share or plant as a drift. Another redeeming feature is that it grows in dry shade as well as in full sun.

My favourite of the lavender blue Michaelmas daisies is a variety called aster frikartii ‘Monch’. It has a tendency to flop a bit but, planted among clumps of day lily leaves, they fill the gaps well and make lovely coloured hummocks.

While visiting a garden designed by the Dutchman Piet Oudolf in Somerset recently, I discovered a variety I was not familiar with, Aster lateriflorus horizontalis. Growing at two to three feet high, it was planted in lovely striking, but subtle, groups. It grows quite stiffly upright and is topped with masses of small white daisy heads with a central eye starting yellow, and then slowly fading through pink to a rosy reddish colour, which creates a lovely contrast with its white petals. Apparently, according to Marina Christopher’s inspirational book *Late Summer Flowers*, the spring foliage is “suffused with purple”. So, two for the price of one - my sort of plant!!

Mary-Anne Driscoll

KGC Meeting 13th October: Pruning Ornamental Plants – Michael Burks

Since founding the Castle Gardens Group in 1987, Michael Burks has provided privileges to gardening clubs through membership of its Gold Club, one of which is an annual complimentary lecture by one of its experts. Michael is no stranger to Kilmington, and as members watched him unload truckfuls of shrubs, and secateurs, they knew they were in for a treat. Before tackling the shrubs at his feet and on the table in front of him, he outlined the three reasons for pruning: flowers, shape and size, and removal of disease. And, as a bonus, pruning is equally therapeutic for the gardener. Having the right tools for the job is also important – secateurs, loppers and a pruning saw. Sealants are rarely called for, and disinfectants only where there is disease. A good handful of fertiliser in spring is all that is required.

Shrubs can be sorted into five pruning groups. The first specimens to be put on the table were those that neither like nor require pruning. These include daphnes, choisyas, skimmias, sarcococcas and nandinas which should be pruned after flowering only if essential. In complete contrast are those that accept discipline no matter how harsh – mahonias, viburnums, osmanthus and abelia, all of which can be cut hard back. Next came the tricky ones, including ceanothus and hebes which should be lightly trimmed all over after flowering. Up from the floor came familiar plants,

philadelphus, deutzias and weigelas, which Michael called old-fashioned shrubs. As these flower in early summer on the previous year’s growth, the best way to encourage more flowers is to remove one-third of existing stems from the base. The final group are those that flower in late summer. Most, including buddleias and lavateras, need hard pruning in spring, but less vigorous ones such as caryopteris should be tidied up in early winter.

There are, of course, individual plants which do not fit into neat boxes. Dogwoods grown for coloured stems should have all the growth cut back to under 30cm in early spring; regular pruning of photinias and *Eucalyptus gunnii* is required to maintain the attractive quality of young leaves; and where variegated plants revert to green, or suckers appear, or an upright shrub throws out an undisciplined branch – cut the offending stems out. Entertainment as well as information abounded – beware cutting too much off your sambucus, Michael warned, as they are traditionally grown to ward off evil spirits.

Next meeting: 10th November, 6.30 pm – AGM and Social Evening

Sydie Bones



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THE LAST NIGHT

We must thank Sandra Ward for sharing some of her memories of taking part and directing panto in the village some years ago. Her descriptions are of a time before the Village Hall was built and pantos and many other events took place in the Church Rooms. Sandra writes:

What is it about the final performance that makes people so determined to attend? It has ever been and I suspect still is. There are a number of reasons: the cast will know their lines by then (this has an element of truth); we are family members - we always go to the last night. The reasons given are varied. But the fact remains that there IS something about the final night. An intangible factor, an atmosphere which always seems to energise the air. This air, fills the actors, giving the whole show a punch. What is certain is that for those who managed to get a seat on the last night there sometimes exuded a smugness when you were told, especially if they had good seats.

However, buying your seats for the last night meant queuing down at Joan Colyer's. Mrs Colyer at Wells Cottage sat in her front porch with the queue of people trying to book seats and she managed them with military precision. The gate where we started queuing is still just visible in the middle of what is now a substantial hedge. With her in charge of front of house, all was well. Backstage the atmosphere became electric. "Last time ... make it good". Costumes falling apart are cobbled together, prompts, just about useable are given a final strip of sellotape. The rubbish bins backstage are now full of bits and bobs. Yes, last night it's different.

In the Church Rooms, with large casts, space was at a premium. People changed on a sixpence. Usually, the first of the calls went out. "You children. Before you change does anyone need the toilet"? You could guarantee some would. Now the dressing rooms were at one end of the Church Rooms, the toilets at the entrance. To avoid the audience, the only way was out was the door leading into the playing field, then to walk along the side of the building. Grass fields are not conducive to long skirts, especially if it was wet, or to ballet shoes or children trying to negotiate the way forward in the dark. So someone, with torch had to be there. Equally, there was only one toilet. If a member of the audience was using it, the time factor played a part. The shows, normally lasted, with interval, around 2 hours 40 minutes give or take a little. Ice creams in tubs, or Lyon's Maid lollies had been eaten as well as a sip or two of water etc. For me, then possibly 5/6 years old, this was a long time to go between loo breaks. I remember I was a pony. A very small pony, well I am only five feet now. I must have looked cute and was possibly chosen as a pony to pull the coach to create that effect.

Last night nerves built up to fever pitch. I remember being squashed waiting in the queue to go on to take the final bow. My little bladder, holding on for so long, gave way. I wet my pants. Nobody had sympathy for me. I was quickly changed and went on stage only half dressed as a pony. To my shame, I had lost my tail! Isn't it funny how, all these years later the memory is still so clear.

The end of each panto culminated with The Walk Down. We had a platform at the very back, very close to the painted canvas that covered the back wall. There were steps either

side of the platform to enable actors to climb on and then descend down the central ones onto the stage. Getting the order right was important. Groups of children first, extras next etc etc. However, on the last night instead of say 15 children there were 30 because there were both casts.

There was, in the early days, a further hazard - the footlights. With coloured gels of yellowish white, pink and blue, these groups of floodlights became red hot. The youngest cast members were expected to kneel down. Memories of kneeling down and avoiding being burnt are quite clear in my mind even now. You can imagine the effect they gave in those early pictures. People lit from below took on an almost ghostlike appearance. However, as the years went by and steps were used to allow actors to enter from the auditorium, thankfully the footlights were discontinued.

The last night also entailed, as it does now, the vote of thanks to all those who had helped with the show. The worst crime you could commit on such occasions was to forget someone. Yet, despite this, the tradition was that backstage people were thanked and then encouraged by clapping to appear on stage. Despite their shyness, when their names were called, everyone was ready dressed for their appearance. The wooden stepladder was brought on so that the lightening crew could descend from their perch above the front curtain. It all resulted in the space on stage getting very crowded indeed. I remember holding hands with other children for fear of being crushed underfoot. Then, after much laughter and applause, Jim would let rip on the drums. With a great crash of the cymbals, the pianist would strike the first cord of the National Anthem.

The noise of the audience scraping their chairs, Jim's drums trying to outdo the piano and the audience always just slightly behind, filled the whole area. Then, it was over. Up came the house lights and, for the first time, those of us on stage, saw clearly all of the audience. Standing in every available space, faces I knew so well smiled back at us and we beamed at them. Over.

As indeed, although we were not fully aware, it was indeed almost all over for that way of life. The village was changing, the world was changing and the change brought to an end an order which had existed in the main, for a hundred years. Like a slow dripping tap, almost imperceptible yet constant, the old life of the tight knit village society, disappeared. In some ways the demise of the Church Rooms acts as a metaphor for the demise of a way of life that will never return.

But, whilst there is change, there is continuity. We have a smart new hall to meet in. It still has people acting upon a stage. Yes, like society as a whole, the village has embraced its changes but has kept its continuity - like for instance through village events. Life, as they say, goes on. Or, to put it as T. S. Elliot writes, "What we call the beginning, is often the end. To make an end is to make a beginning. The end is where we start".

If you managed to read to here, thank you.

Sandra Ward

SHUTE FESTIVAL RETURNS FOR A SUCCESSFUL SECOND YEAR

Shute Festival has built on the success of its inaugural event last year, bringing world-class speakers and larger audiences to the village of Shute in East Devon over the weekend of 22nd to 24th September.

The festival opened with a talk from Sir Anthony Seldon, former Wellington College headmaster and the biographer of the last four Prime Ministers. Seldon, a regular on Radio 4's *Today* programme, gave an enthralling talk about the emergence of AI in the classroom, predicting robot teachers within a matter of decades. This was followed by art historian Susan Owens's talk on the cultural history of the British ghost, which provided a fascinating insight into our preoccupation with the supernatural.

Saturday began with an impassioned talk from former *New York Times* journalist and *France 24* commentator, Douglas Herbert, on the impact of Trump. This was followed by an enchanting talk from garden writer Anna Pavord, about her recent book *Landskipping*.

After a delicious curry lunch served by Mina of locally based Khushi Kitchen, visitors were enthralled by Rebecca Lowe, as she talked of her intrepid, year-long cycle from London to Tehran, a journey she made to dispel negative myths about the Middle East.

Continuing with the Middle East theme, garden designer Hugo Bugg, the youngest ever gold medal winner at Chelsea Flower Show, spoke of the challenges of creating a huge botanical garden in Jordan which has been commissioned by King Abdullah.

This was followed by Rosamund Bartlett's illuminating talk on the complex relationship between Chekhov and Tolstoy. The day was crowned by a talk from crime queen Sophie Hannah, who delighted her audience with a mix of gossip and anecdote as she recounted how she came to write Poirot books with the blessing of the Agatha Christie estate. She also explained how she plumbs her personal experience for plot lines.

Sunday opened with a muscle-stretching and mind-expanding Tibetan rites yoga and mindfulness session led by



Seldon Signing Books

Raageshwari Loomba, Bollywood pop star and now yoga teacher. Whilst at St Michael's Church, Annie Freud spoke movingly about her father, Lucien, and made intriguing connections between her poems and art.

Following Annie, Tahir Shah, traveller and writer, delighted his audience as he spoke about the power and magic of story-telling while in conversation with crime writer, Jason Webster. After a mouth-watering Moroccan lunch cooked by local chef Harriet Haines, the audience enjoyed a magical journey through the Georgian mountains, care of East Devon writer, walker and publisher, Peter Nasmyth.



Annie Talking

Throughout the festival, visitors had the chance to buy books at Archway Bookshop's pop-up stand for authors to sign, and enjoyed a constant supply of delicious cakes, tea and coffee that were served by Angela Parry and her team.

The festival was topped and tailed by two landscape walks led by Ruth Worsley from Legacy to Landscape and also by outreach at Shute

Primary School in the form of creative writing workshops and a Bollywood dance workshop. There were also a series of activities for children during the festival, including clay figure making, a film workshop and art.

For co-directors Sam Knights and Paddy Magrane, the festival could not have gone better. 'It was an incredible weekend of brilliant speakers, lively discussion and great food and wine. We have a unique festival, where internationally renowned speakers meet engaged audiences in an intimate environment. And with its location in the midst of an AONB and our land art, bush craft and walks, it's a true celebration of landscape. We already have some exceptional speakers lined up for next year's festival, which will take place on the weekend of 28th-30th September 2018.

We would like to thank all our sponsors, speakers and everyone who was involved for their support and enthusiasm.

Paddy Magrane
Festival Co-organiser

Spotted in the shop window of a bakery in Axminster last week:

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KILMINGTON PARISH COUNCIL

Defibrillator

The new defibrillator at the entrance to the Village Hall is now available for use. (Please article on page 5 for more details)

Allotment Available

There is an allotment available. If interested, please contact the Parish Council.

Next Meeting

Tuesday, 31st October at 7.30 pm in the Pavilion.

Ben Trott, Chairman, KPC

The winners of the draw held on 24th September 2017

G Overton	£25	C Bolton	£5
S Hill	£10	B Reed	£5
K Story	£10	D Sayer	£5

For further details, please contact Angus Falconer - 01297 33708



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AXMINSTER MEDICAL PRACTICE PATIENTS PARTICIPATION GROUP

On behalf of the PPG, I would like to update you on a few key topics – the complete newsletter is available in the surgery or on-line. <http://www.axminstermedicalpractice.nhs.uk>

Dispensary prescription re-ordering process:

The Dispensary team would like to thank everybody for the swift adoption of the On-line prescription ordering - this has worked well and frees time for the Dispensary to concentrate on getting prescriptions ready for collection.

Getting GP appointments easier by year-end:

During the second half of 2017, fewer GP appointments have been available. In order to cover the shortages (caused by retirement and a long term sick leave), Linda Coombs, Practice Manager, said "We have managed to secure more long-term cover and anticipate the availability of GPs to be back to normal by the end of November." The PPG would like to thank patients for their understanding during this difficult period.

Feedback – The Good, The Bad and The Ugly:

The PPG is there for you – please let us have your feedback on the service you receive from the Surgery. Please use the

feedback forms available in the surgery or complete the Friends and Family survey on line or contact the secretary or chairperson of the PPG. (see below)

Contact or Join the PPG - If you would like to join the PPG group, or have opinions and topics that you would like to share, please contact:

Chairperson – Shelagh Fearnley – bsfearnley@icloud.com
Secretary – Suzie McFadzean – mrsmacspics@gmail.com

Finally – the PPG would like to support the Surgery in encouraging patients to take advantage of the latest Vaccination Campaign. Its important that you protect yourselves and those around you. Current campaign is for Flu, Shingles, Pneumonia and Meningitis ACWY.

THE LEAGUE OF FRIENDS OF AXMINSTER HOSPITAL

What is Happening at Your Hospital

The latest update on the New X-ray equipment is that a site meeting on the 17th August went very well and now all that remains is for the NHS Property Service to give the final approval. The order will be placed with AGFA, the chosen provider and there is then an 8 to 10 weeks lead time to delivery. Work on the room will begin just before the expected delivery date, allowing everything to dovetail together and minimising the shut down time. During this essential shut down of the X-ray department at Axminster, the services will be provided at Honiton, Sidmouth and Exeter. The anticipated 'going live' of the new equipment is January. Believe me, it will be well worth the wait to have state of the art X-ray equipment in our Axminster Hospital.

Dr Ibrahim and the Staff in the Dermatology Clinic, which runs all day on Tuesdays, now have their new Dermatoscope

for use in the clinic. They are absolutely delighted to have their own equipment and are even more motivated than usual. The Dermatoscope is an instrument for viewing moles and other skin cancers to help determine what they are. Once again, thank you to everyone who supports our endeavours.

The League is currently in the early stages of exploring the option of providing Hospiscare at Home for the people of our community with life limiting conditions. Watch this space for further developments.

If you are interested in becoming a member of the League of Friends, please contact me using the email address below or leave your details in the League Post box at the Hospital.

Ann Veit, Secretary
Email at: AnnVmus@aol.com

Embarrassing Incident

At one time hospital regulations required a wheelchair to be used for patients being discharged. However, while working as a student nurse, I found one elderly gentleman -- already dressed and sitting on the bed with a suitcase at his feet who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator. On the way down I asked him if his wife was meeting him.

"I don't know," he said. "She's still upstairs in the bathroom changing out of her hospital gown."

The Hypochondriac

Danny was an extremely nervous patient whose imagination afflicted him with all kinds of misfortunes that never materialised. One afternoon he staggered into the house. He was bent forwards. He tottered to a chair and, still curled into a half-moon shape, dropped into it.

'Jenny,' he gasped, 'it's happened at last. There was no warning. All of a sudden I found I couldn't straighten up. I can't lift my head.'

When the doctor had arrived and looked at Danny, Jenny inquired, 'Is there any hope, doctor?'

'Well,' the GP replied, 'it would help a great deal if he would undo the third buttonhole of his waistcoat from the top button of his trousers.'

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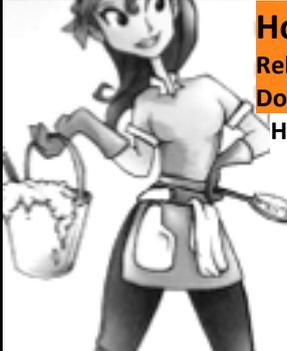
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WEEK TO VIEW (Events that happen the same time every week)

Sunday	10.30 am	The Beacon	The Baptist Church morning service
	6.00 pm	The Beacon	The Baptist Church meet every 2nd, 3rd and 4th Sunday in month
Monday	early	Your house	Recycling collections
Mon, Wed, Thur, Fri	9.15 am	Village Hall	Pre-school playgroup for 3+
Monday	2.00 - 4.00 pm	Village Hall	Country Dancing for all ages
Monday alternate	2.00 - 4.30 pm	Pavilion, dates circulated	Bridge Club
Tuesday	9.30 am	St Giles' Church	Holy Communion followed by coffee
	10.00 - noon	Village Hall	Table Tennis
	10.00 - noon	Village Hall Foyer	Coffee and get-together
	1.30 - 3.30 pm	St Giles' Church	St Giles' Handicraft Group
	7.30 pm	Village Hall	Badminton
	7.15 - 8.45 pm	The Beacon	Spectrum Youth Club
	7.30 - 9.00 pm	St Giles' Tower	Bell-ringing practice
Wednesday	9.15 am	The Beacon	Toddlers and Tinies
	2.00 - 4.00 pm	Village Hall	Short mat bowls
Thursday	2.00 - 4.00 pm	Village Hall	Badminton
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome
	2.00 - 3.30 pm	Pavilion	Tiny Einsteins (Parent, Baby, Toddler Group)

DATES FOR NOVEMBER 2017

Wed	1st	6.00 pm	Dalwood Church	All Souls Day Memorial Service
	1st	7.15 pm	Village Hall	Moviola: <i>Churchill (see page 5 for details)</i>
Fri	3rd	6.00 pm	The New Inn	RBL Get-together
Sun	5th	11.00 am	St Giles' Church	Morning Prayer
Thurs	9th	10.30 am	The Beacon	Messy Sparklers
Fri	10th	N.B. 6.30 pm	Village Hall	Kilmington Gardening Club AGM and Social Evening
Sat	11th	11.00 am	Playing Field	Armistice Day Remembrance with Maroons
Sun	12th	8.00 am	St Giles' Church	Holy Communion
	12th	9.45 am	The Beacon	Remembrance Sunday Service
	12th	10.55 am	War Memorial	Act of Remembrance and Wreath Laying
	12th	12.15 pm	The Beacon	Refreshments
	12th	tba	Haselbury Mill	RBL Remembrance lunch
	12th	8.00 pm	The New Inn	Quiz in Aid of Royal British Legion Poppy Appeal
Sun	19th	9.30 am	St Giles' Church	Parish Communion
Mon	20th	Early	Your House	Landfill with recycling
Sat	25th	10.30 am	Village Hall	Royal British Legion Christmas Coffee Morning
	25th	7.30 pm	Minster Church, Axminster	Axminster and District Choral Society: <i>Mozart's Coronation Mass and other items (see page 9)</i>
Sun	26th	11.00 am	St Giles' Church	Mission Community Advent Praise
	26th	6.00 pm	The Beacon	Film Evening: <i>All is Lost</i>
Thurs	30th	7.30 pm	Minster Church, Axminster	Hospiscare's: <i>'Light up a Life' Service</i>

**DONATIONS, PAYMENT FOR ADVERTISING SPACE
AND ARTICLES/NOTICES FOR POSTSCRIPT (i.e. THOSE NOT SENT
BY EMAIL)**

It has been necessary to set up alternative arrangements following the closure of the village shop ^.

DIRECTIONS FOR FINDING Vicky Larcombe's (Postscript's treasurer) house -

With your back to Hurfords Stores, turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank, you have gone a few steps too far.

Please post payments for advertising in Postscript and donations to help with printing costs through the front door of Vicky Larcombe's house. Thank you.

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PAYMENT: Cheques should be made payable to: Kilmington Postscript and posted to: **Mrs V. Larcombe, Brookside, The Street, Kilmington, EX13 7RJ. Alternatively, post through Vicky's front door (please see directions opposite).**

COMING AND GOING FOR A SONG: There is no charge for these entries for items valued up to £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (see above and map opposite).

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