

KILMINGTON

POSTscript

Issue 239 November 2021



EDITORIAL

Air pollution from carbon emissions, global warming, climate change, environmental degradation - all familiar concepts now— were side-lined or discredited years ago, but in response to compelling evidence, have surfaced as overriding mainstream concerns. This has led to COP26 in Glasgow, with world experts and political leaders resolving to confront them together and also to the new prestigious 'Earthshot' awards initiative. The best successful schemes worldwide will be rewarded with funding to develop and extend them, which could help to halt, or even reverse, the continuing damage. The excitement and positivity of the televised inaugural celebration inspires optimism that in this urgent situation much can be achieved by the brains and persistence of an upcoming generation.

Even the warm, sunny days of this year's October could be an aspect of the increase in temperature which has led to more frequent flooding, wildfires and calamity elsewhere. Here there is mellow fruitfulness and tranquillity. The woods are still mainly green. Miller's Farm Shop has heaps of bright orange pumpkins and boxes of surplus apples appear outside gates in some of the lanes. Arrangements for Remembrance Day are going ahead with the usual joint service being held at the Baptist Church this year. St Giles' has just celebrated the licensing of its new Priest-in-Charge, Julie Lomas, and we welcome her Letter from the Churches in this month's Postscript. Ruth Worsley from East Devon AONB has sent us an update on the progress of Kilmingdon's lily, the Heath Lobelia, which faced extinction but is now looking much more promising, thanks to the efforts of local people. David Simpson reminds us about the food plants required by caterpillars. The Community Cinema organisers regretfully cancelled the October film which did not come up to expectations, but they have high hopes of the one offered for November. We have a Cookery Corner full of delicious recipes. Now that Kilmingdon has a chance to rouse itself and be as lively as before, some writers point out that this all depends on the energy and willingness of good people to make it happen. Next year is a royal jubilee – platinum!

The nineteenth century civil engineer Thomas Telford is known for his Menai Bridge connecting Anglesey to the Welsh mainland, and for many canals and construction projects. It is less widely known that he seriously envisaged another engineering project which would have changed the face of Kilmingdon altogether. Alan Clarkson's exploration into local newspaper archives has revealed some surprising facts.

Janfryd

Front Page - Marie Gardner

Centre Pages - Marie Gardner, Judith Simpson, Barry Wood and Peter Ball

Joyous celebration - Marie Gardner

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Alternatively, please give your item to any team member.

The closing date for submitting items for the December/January issue is 15th November 2021. All will be acknowledged. Please email or ring 01297 639115 if not acknowledged within 48 hours.

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Printed by Axminster Printing
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Postscript is published 10 times each year and is delivered free of charge to every house in Kilmingdon. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

DONATIONS

Arrangements for donating to Postscript have changed as a result of the closure of the village shop. Please see page 22 for details. Donations to the middle of October came to £64.80. All donations go towards printing costs. Thank you for your continuing support.

ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 75p.
Extra copies are available from Millers Farm Shop, where donations may be made.

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THE KILMINGTON SHIP CANAL?

Had this article appeared in the April edition of *Postscript*, one might have been forgiven for believing the headline to be nothing but a timely joke at the reader's expense.

On 30th December 1824 *The Exeter Flying Post* published a piece titled 'English and Bristol Channels' Ship Canal', which publicised the findings and report of perhaps Britain's greatest ever civil engineer, Thomas Telford. Telford would route his canal through **Kilminster**. This was no joke.

His report established that a 'ship canal' could be built, with all engineering obstacles practically overcome, to link the Bristol Channel with the English Channel. This huge undertaking would thereby provide toll-paying shipping the opportunity to save valuable sailing time instead of having to sail around the perilous Cornish peninsula. A protective shortcut through the mainland whilst improving inland commerce. Surely this was a wonderful idea?

Previously, on 11th November 1824, newspapers had reported that 'NOTICE was given that an Application would be made to Parliament to make a NAVIGABLE CUT or CANAL for ships to travel between Bridgewater Bay on the Bristol Channel, through Somerset and Devon' and to emerge at either Seaton or Beer, on the English Channel. It was reported that the ship canal would pass through the Devon townships and parishes of Axminster, Kilminster and Shute (amongst others) along the way. The Act providing permission was passed the following year.

Just what must the residents of Kilminster have thought? The majority, perhaps unable to read or without access to newspapers, would most likely have quickly learnt of the ambitious undertaking through farmyard gossip or at other places of work. There may already have been village rumour, after all Telford's surveyors had previously mapped the local topography and geology. Possibly our forebears were in favour, no doubt for employment and commercial opportunities. Possibly they were aghast at the prospect? Such an undertaking today would surely meet with immediate and severe objection from the NIMBY and environmental types, but this does not seem to have been a concern two hundred years ago. It was all about the money.

Telford's recommendations were that the route should commence at Beer, where 5 locks would navigate the 'White Cliff' before proceeding past the village of Seaton and then along the Axe valley where the 'lockage' would commence at Kilminster to cross the River Yarty.

Three huge artificial piers (breakwaters) would have been required to protect the canal entrance at Beer Harbour: two outer piers, approximately 2,500 feet (760m) and 900 feet (275m) long and an inner pier approximately 1,200 feet (370m) long. For the construction of these piers a great mass of stone would need to be cut from the White Cliff and the construction of the harbour itself would require the enclosure of fifty acres and a ¼ mile tunnel to Seaton. Overall, the canal would be 44

miles long and 90 feet wide with 60 locks to carry shipping of up to 200 tons and harbours at either end. Telford's final observation was that 'as far as civil engineering is concerned; it is quite evident that a ship canal between the English and Bristol Channels is very practicable'. Telford estimated that it would cost £1,712,844 (perhaps £200 million today).

Practical or not, what would be certain though, is that the area from Axminster to Beer would have been totally transformed, beginning with its construction, a project expected to take several years. There would have been a huge influx in 'navvy' labour and all that would have brought with it.

Telford's proposals of 1824 were not the first. Debate on the practicalities or worth of such an undertaking had been mooted since 1769, when the idea of a Great Western Canal was first conceived at the height of British 'canal building mania'.

Residents of Kilminster will likely be aware that there is not (and never has been) a ship canal passing through our parish. The cost of the works, not least at Beer Harbour, made the project prohibitively expensive and the project was unable to secure private funding. In 1828, the project, in its then current form, was abandoned 'after a stormy meeting', the decision perhaps also influenced by the looming spectre, advance and opportunities of the railways. In the end, the ambitious project was redefined, made much smaller, shorter, and renamed the 'Chard and Taunton Canal', more suitable for boats (not ships!). Construction commenced in 1837 and was completed in 1842 after going 2-3 times over budget (it seems that nothing changes), but it was not to have a long or prosperous life. The canal was never profitable and was effectively taken out of service after just 26 years. In 1869, the *Chard and Taunton Canal* was sold to the Bristol and Exeter Railway.

Surprisingly, this was not quite the end of the story. In 1921, newspapers reported that 'Devon' was still interested in such a 'Big Ship Canal Scheme'. The project was then

reinvigorated and promoted by 'Mr Hern of Cardiff' who championed 'a massive ship canal rivalling any other ever built' between the Bristol Channel and Exeter, with an alternative route to Poole. Perhaps it was prudent that the idea was never taken up!

It is quite strange today to consider that, in different circumstances, residents of Kilminster might have had the outlook onto the masts of perhaps thousands of ships carrying freight and passengers through their parish. Our village might look very different today and without doubt, Beer Harbour would!

Alan Clarkson



*Line of the proposed English and Bristol Channels' Ship Canal.
Thomas Telford 1824*

KILMINGTON SKY AT NIGHT

Another month with plenty to see in our dark skies. We get two meteor showers, so look out for 'shooting stars'. Throughout the month **Venus, Jupiter and Saturn** pop out in our southern sky first thing at dusk. But every evening **Venus** disappears beneath the horizon very early. **Jupiter** can be seen a little longer until around midnight at the beginning of the month, but sets progressively earlier by around 11:00 pm by the end of November. **Saturn** follows a similar pattern, early in the month it sets around 11:30 pm and at the end of month by around 10:40 pm. **Mars** is too close to the sun to be visible throughout November.

4th New Moon and the best time of the month to observe faint objects such as galaxies and star clusters because there is no moonlight to interfere.

4th/5th Taurids Meteor Shower is a long-running minor meteor shower, about 5-10 meteors per hour. It runs annually from September 7th to December 10th. It peaks this year on the night of November 4th. Best viewing will be just after midnight from a dark location far away from lights.

Meteors will radiate from the constellation Taurus, but can appear anywhere in the sky.

7th/8th Moon and Venus appear close these evenings.

10th Moon and Saturn appear close together this evening.

11th Moon and Jupiter appear close together this evening.

17th/18th Leonids Meteor Shower is an average shower, up to 15 meteors per hour at its peak, produced by dust grains left behind by comet Tempel-Tuttle, which was discovered in 1865. It runs annually from November 6th to 30th. It peaks this year on the night of the 17th and morning of the 18th. Unfortunately the nearly full moon will block all but the brightest meteors. But you may catch a few good ones. Best viewing is after midnight.

19th Full Beaver Moon, this time of year American Indians set the beaver traps before the swamps and rivers freeze. Also known as the Frosty Moon and the Dark Moon. There is also a Partial Lunar Eclipse tonight but in the UK we'll see very little change.

Peter

WASHING v BONFIRES (2)

In the April Postscript this year we included a plea from a reader to anyone thinking of lighting a bonfire on a good drying morning to be aware not only of neighbouring washing lines but of others in the vicinity downwind of it and to consider whether it could wait until later. It seems that some people could not have not read this, or are just hard-hearted, as we have now received another call, from a different reader, distressed at being unable to use her washing line at all for days on end.

A further complaint, about cars speeding recklessly along Shute Road, may unfortunately not reach those responsible, as they will undoubtedly be from outside Kilmington, won't they?

Editor

FIVE ALIVE OIL SYNDICATE

Please note that the November deadline for ordering oil falls on Tuesday 30th.

I invite orders for specific amounts or if ordering either a 'top up' or a full tank then please furnish me with an accurate estimate as to what quantity of oil you require with a minimum order of 500 litres in all cases.

There will not be an order in December. The January deadline date will fall on Friday 7th.

Colin Stewart
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FREE ECO CLOTHES DRIER

We use the very latest eco-friendly technology now to dry our washing. It uses a combination of wind power and solar heating so it costs us nothing. We put up a line in the garden and peg all the damp clothes on it - works a treat!

SUDOKU CHALLENGE

Level: Moderate

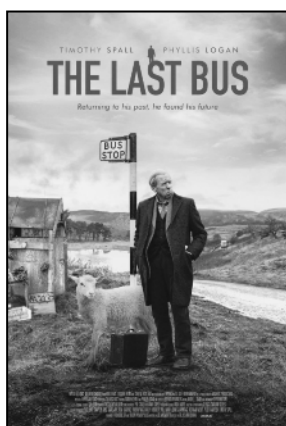
To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 16.

7	9	8		6		1		
					7	4		
			3	1		8		
	3							8
	2	5				7	4	
6							3	
		3		2	8			
		6	5					
		1		4		3	9	5

MOBILE LIBRARY

Tuesday, 16th November at 11.20 - 11.50 am The Street

KILMINGTON COMMUNITY CINEMA



THE LAST BUS

(12A)

Kilmington Village Hall

Wednesday, 10th November
& Thursday, 11th Matinee



80-something Tom, whose wife has just passed away, uses his free bus pass to travel from John O'Groats to Lands End where they first met, using only local buses. It's a nostalgic trip, but he's also carrying his wife's ashes in a small suitcase, 'taking her back'. In the course of his travels he interacts with local people and by the end of his trip he has become a celebrity.

Imagine then taking a bus from Britain's most north-eastern point, Scotland's John O'Groats, to Cornwall's Lands' End, using just your free bus pass to take you the 838 miles. But that's exactly what elderly Tom (Timothy Spall) is doing. He's attempting to fulfil a promise that he made to his late wife (Phyllis Logan). When they were younger, the pair made the journey in reverse and Tom plans to recreate that trip, including using the exact same route and overnight stops. On his trek, he meets all sorts of colourful characters including an aspiring musical theatre actor, drunken racists and, happily, good Samaritans. It's a multicultural mystery to Tom and he's thrown off course as he adjusts to circumstances beyond his control. Unbeknownst to him, Tom becomes an Internet sensation as his journey is documented on social media by his fellow passengers using #bushero.

Timothy Spall will break your heart with his perfectly judged physical performance. Aided by some thoroughly convincing make-up, his aged and fragile body is home to a fierce determination, driving him onwards to his goal.

Wednesday Doors open 6.45 pm with the evening's entertainment starting at 7.15 pm and ending about 9.30 pm. Pre-booking is no longer required but is helpful for the organisers.

The Thursday matinee will have limited seating and require pre-booking. For these performances we ask that masks are worn until you are seated, and refreshments will be brought to you. We hope this will encourage those who need to take extra health care to feel confident that they can come along and enjoy a film and have a cream tea/ice creams/tea/coffee, during the interval. The cream tea must be booked when booking the seat. The doors open at 2.00 pm, the film commences 2.15 pm and ends about 4.30 pm.

Please state Wednesday or Thursday. Tickets Pre-booked £5 or £5.50 on door.

To Book: Tel: 01297 639758 leave contact details and booking will be confirmed, or email: wattsjohn307@gmail.com

See <http://www.kilmingtonvillage.com/moviola.html> for more information.

December's Film: Dream Horse (PG)

VILLAGE HALL '100+' CLUB

The winners of the draw held on
24th September 2021

A Crabbe	£30	H Cromey-Hawke	£5
S Hill	£15	D Wilsdon	£5
M Parker	£15	E Birch	£5

For further details, please contact
Jean Falconer - 01297 33708

EDITOR'S NOTE

Some readers have expressed disappointment that Postscript's photos cannot all be in colour, but the team would like to remind readers that the online version on the village website is in colour throughout.



WHAT A JOYOUS OCCASION!

I'm not sure that any of us who attended the somewhat chaotic rehearsal for the Licensing Service of our new Priest-in-Charge, Julie Lomas, could have predicted that the actual evening would go so smoothly and so joyously. Yes there was a lot of symbolic to-ing and fro-ing - from the church bells, to the font, to the altar steps and the necessary formalities, such as Bishop Robert reading out the official wording of Julie's licence, but everything that evening was underpinned by everyone's desire for an evening of celebration. Archdeacon Andrew set the tone at the beginning of the service by welcoming everyone, especially Julie's family and friends, some who had travelled a great distance to be there. Bishop Robert then continued the theme, when he expressed his enthusiastic delight at being back again since BC (Before Covid) in the 'bright and welcoming' church of St Giles', Kilmington.

Julie was presented to the congregation and asked whether she believed God had called her to this place and role, to which she replied in the affirmative. The congregation were then asked whether they would welcome and support Julie and share in her worship, witness, mission and pastoral care, to which again there was a resounding 'we will'. This, in essence, formed a major part of Bishop Robert's sermon. He pointed out that most churches, when looking for a new priest sometimes, look for a 'fairy godmother' who can wave a magic wand and solve all our problems. He urged us all to look after Julie, to use our talents and skills to work with her as part of a team, with her at the helm. Sound advice.

Various members of the congregation then brought symbolic gifts to Julie and there were short speeches of welcome from representatives from all the mission community, parishes, local schools, and the community. Robin Hodges, Lay Chair, I think summed up well the general feeling when he said that

after such a long wait, there had been a 'longing' for the right person to be sent to us - one of the reasons for joy that evening.

What of the lady herself? Faced with quite a lengthy service where she had to be here, there, saying this, doing that - she seemed very composed, relaxed and taking it all in her stride. She could not help but endear herself to us when, having climbed the steps to the bell tower, she gave us all a cheery wave through the glass. Then having negotiated the ringing of the bell, she turned to the congregation and gave us the 'thumbs up' signal.

After the service was officially over, the celebrations continued. This was a personal celebration for Julie and her husband, Steve, as this day also marked their 35th wedding anniversary and Gill presented them with a card on behalf of us all. Bishop Robert expressed how lovely it was to be able to meet all together in a full church and to sing hymns. Then he made a special presentation of thanks, on our behalf, to our two wonderful Readers, Gill Heighway and Anna Crabbe who had 'worked their socks off' to keep services going over the last two years. There was an emphatic cheer of agreement.

There was, of course, excellent food and drink to share after the service and a gloriously created cake made by Gay Atkinson, depicting Julie and Steve in a canoe (one of their passions!). It was a truly joyous occasion and we look forward to many more. I urge you all to take the opportunity to attend and meet Julie at our services - just don't expect her to remember all our names at once or to bring a wand.

Mary Harrison
(from Dalwood)



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Letter from the Churches

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HELLO AND THANK YOU!

Hello from me, Julie – the new vicar for St Giles' Church. My husband is called Steve and we would both like to say a big "Hello" to you all, and also "Thank You" for the welcome we have received. As I write this it seems hard to remember that only nine days ago we were travelling from Derbyshire down the M1, the M42 and the M5 and then across country to our new home in the Vicarage here in Kilminster. From cards popped through the letter-box, to conversations on roads, to invitations for coffee and comments on Kilminster Now's Facebook page – we are already feeling at home.

As the new Priest-in-Charge of the Five Alive Mission Community, I have a sense of joy and anticipation as I settle into the role of being your vicar. Your church building has stood here for many centuries and as I look out onto it from the Vicarage I am reminded of the long history of witnesses to the Christian faith who have worshipped God here, been married, brought children for baptism, or who are buried in the churchyard. We are all passing through, in one way or another, handing on the faith which has nurtured and sustained many through the ages, and which now comes to us to explore and engage with, and pass on to the next generation. The good news of Jesus is as relevant today as it has ever been, and I am delighted to be amongst you as a fellow pilgrim, disciple and practising Christian. I am hoping

we will share many a conversation and offer each other new insights, perhaps new challenges, and always new hope.

As this is the November edition of the Kilminster Postscript we are entering into a season of remembering with the Five Alive Memorial Service for All Souls Day at 6.00 pm on Tuesday, 2nd November in St Peter's Church Dalwood. This service is open to anyone who has been bereaved at any time, and offers us time and space to pray, to light a candle and to be comforted by God and one another.

On Remembrance Sunday I am delighted to be sharing in the service at The Beacon at 9.30 am on Sunday, 14th November, and if you are not able to make it to the service I understand there is an act of remembrance in the village at 11.00 am on Thursday, 11th November which I shall be attending, so we may meet up there.

Before long, our thoughts will be turning to the seasons of Advent and Christmas and I look forward to joining in with as many of the activities in Kilminster and across the Five Alive Mission Community as I can – but please don't ask me to eat five Christmas Dinners on one day!

Every blessing, and do please say hello when you see me out and about.

Julie Lomas

MESSY SPARKLERS

Oh, it was so good to be back properly after 18 months! Filling the foyer of The Beacon, plus a couple of side rooms, with parents and carers chatting over coffee while the children used their pre-packed snack items to make sheep faces, was a great way to start. It meant we didn't have to worry about hot drinks spilling near the sensory activities.

We were indoors for the first time since starting back and Anthony, one of our church elders, read this month's story of the Lost Sheep. The activities were based around sheep and finding things to remind us that we are the lost sheep that Jesus the Shepherd is searching for. We had a tub of pulses with random items hidden in them, playdough with cutters for making sheep, potato printing for a sheep scene and sticking to make a sheep face, plus colouring and various toys for babies, toddlers and pre-schoolers.

We had a few new helpers join us this month as we reintroduced lunches. One of our new volunteers enjoyed Messy Sparklers so much as a parent that she offered to come back to help now that her children are both at school! Due to Covid, lunch was a served buffet but requiring people to book made the catering much simpler for the ladies in the kitchen. Parents expressed their thanks that they didn't have

to take tired children home and make them wait while they prepared their lunch.



Messy Sparklers meets every 1st Tuesday during term time, so our next sessions are on **Tuesday, 2nd November and Tuesday, 7th December**. Anyone caring for an under-5 is welcome. We start at 10.30 am to 12.30 pm, we ask for a donation of £2 for the first child plus £1 for each additional child, which includes lunch for both the child and their adult. Do check out our Facebook group *Messy Sparklers, The Beacon, Kilminster* for more information. If you aren't on our mailing list, please contact: children.youth@beaconbaptist.co.uk to receive a booking email. Remember to dress for mess!

Julettta Obudo

HARVEST - CELEBRATED IN KILMINGTON

Reader Anna Crabbe gave a warm welcome to everyone attending the Harvest Festival Service in St Giles' Church on Sunday, 19th September. She thanked all the flower arrangers for the beautiful floral decorations, which were quite outstanding this year. She also thanked those who had donated the harvest gifts, items such as tins, packets, etc. which would be given to the Axminster Food Bank.



which enabled everyone to appreciate a relevant harvest message.

After the service everyone was invited to enjoy refreshments at the back of the church.

Christopher Thorne



Diana Church and Roger Lovegrove read the lessons and Reader Gill Heighway led the intercession prayers. Gill also called on seven 'young in spirit' adults for the Harvest Shuffle poem. Each person held up one of the letters in HARVEST. It was hilarious as they shuffled to make words

CELEBRATING HARVEST IN A SPECIAL WAY

The St Giles' Celebrate Team were delighted to meet again this month with a Harvest theme. The church was decorated with sheaves of corn, fruit and vegetables, and traditional hymns, such as 'We plough the fields and scatter' were sung lustily and with joy, accompanied by Margaret Hurford on the piano. Elana Blackmore led the service with great confidence and her love of God was very evident, and everyone warmed to her happy enthusiastic approach. There were plenty of volunteers to help with the drama of the Parable of the Sower which was read beautifully by Christine Mills and explained by Christine Thorne with lots of



Christine Thorne

visual aids, which included rocks, stones, seeds, weeds and corn stalks. There were special prayers and songs to bring people together. The service ended with sending out prayers and a blessing.

After this a wonderful tea was much enjoyed by everyone. Thank you to the hospitality team of Barbara, Pearl, Val and Sheila for the delicious spread, with special scones from Sally Huscroft.

Thank you to all who helped to make the afternoon such a happy one and those who came to enjoy the company. It was wonderful to see so many people enjoying this very special service.



Elana Blackmore and Congregation

The Team are planning to meet again with a 'Christmas Special' on December 11th at 3.00 pm in St Giles' Church. Everyone is welcome.

Diana Mellows



Pearl, Shelia, Barbara and Val (from left to right)

Cookery Corner

With the nights drawing in, this month's recipes are all about comfort, warming food. The pasta dish uses sausages which makes a change from using minced beef. Although chestnuts are now in season, I have never made the sauce with fresh ones, I've only ever used the vac packed type, but fresh ones could be used as an alternative. The fish pie has a twist to it, rather than using the conventional mashed potato topping, it uses a slightly crunchy rosti style potato. The pudding is

another variation on a traditional dish; it combines brioche with apples and caramel, and as toffee apples are usually associated with Bonfire night, it would make a suitable pudding for the 5th of November. I was a little sceptical until I tried it, but it really works well!

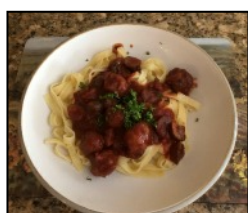
SAUSAGE AND CHESTNUT PASTA

Serves 4

2 tbsp olive oil
1 onion, finely chopped
6 large Lincolnshire sausages
150g/6oz precooked chestnuts, roughly chopped
1-2 cloves of garlic
1 tsp chopped parsley
1 tsp sugar
150ml/6fl oz full bodied red wine
500g/20oz carton of passata
1 x 500g/20oz pack of fresh tagliatelle or pasta of choice
To serve - grated parmesan

Method

1. Heat the oil in a frying pan and fry the onion for 5-10 minutes until soft. Remove from the pan and put to one side.
2. Remove the skin from the sausages and take out the meat. Divide the meat from each sausage in to 5 or 6 equal pieces and roll each piece into a small ball, the approx. size of a chestnut. Add another tablespoon of oil to the pan and fry the chestnuts and the sausage balls for approx 10 minutes until the meat is cooked through.
3. Add the onion back in to the pan along with the wine, parsley and garlic and cook for 2- 3 minutes until some of the wine has boiled away. Add the passata, sugar and seasoning and cook for 10 minutes.
4. Whilst the sauce is cooking, cook your pasta of choice.
5. Serve sprinkled with some grated parmesan cheese.



ROSTI TOPPED FISH PIE

Serves 4

50g/2oz butter
2 leeks, finely chopped
2 tsp Dijon mustard
50g/2oz plain flour
600ml/24fl oz milk
750g/30oz skinless fish fillets (salmon, cod, and haddock) cut into 2cm pieces
150g/6oz frozen peas



Rosti

750g/30oz, unpeeled and grated potato
2 tbsp cornflour
75g/3oz butter
Salt and pepper

Method

1. First poach the fish in simmering water for 2-3 minutes until cooked through. Remove from the pan and leave on a plate to cool.
2. In another pan melt 50g of butter, add the leeks and cook gently for 10 minutes until soft. Stir in the flour and cook for another minute. Add the milk and cook, stirring, until thickened. Stir in the mustard and frozen peas and set aside.
3. Put the grated potato into a clean tea towel, gather up the corners and squeeze out as much water from the potatoes as possible. Put the potato in a bowl, and mix with the cornflour and season well.
4. Melt the remaining butter in a frying pan, add the grated potato mixture and fry for 10 minutes until softened.
5. Combine the leek sauce with the fish and put in to a 2 litre ovenproof dish. Top with the potato rosti and oven bake at 180C/160C fan/gas 4 for 30 minutes until the sauce is bubbling and the potato has browned.

TOFFEE APPLE BREAD AND BUTTER PUDDING

Serves 6

Ingredients

3 red dessert apples, cored and thinly sliced
Juice of ½ lemon
4 tbsp caster sugar
397g can of caramel (Carnation)
300g/12oz slices from a brioche loaf
3 eggs
400ml/16fl oz full fat milk
200ml/8fl oz double cream
1 tsp vanilla essence



Method

1. Toss the apple slices with the lemon juice and 2 tbsp sugar. Cut the brioche slices in half.

2. Spread 2/3rd of the caramel over the base of a large ovenproof dish, approx. 20 x 30 cm.
3. Layer the brioche and apple slices on top of the caramel in overlapping lines. Dot spoonfuls of the remaining caramel over the apple and brioche.
4. In a jug, whisk together the eggs, milk, cream, vanilla essence and 1 tbsp sugar. Pour over the brioche and apples. Cover with clingfilm and chill for a minimum of 30 minutes.
5. Before baking, sprinkle with the remaining sugar. Bake at 180C/160C fan/gas 4 for 45-50 minutes or until the custard has 'set'.
6. Serve with ice-cream, cream or custard.

Diane Overton

NATURE NOTES

BUTTERFLIES, GARDENS AND LAND MANAGEMENT!

Now that we're well into Autumn, just some final comments on butterflies in Kilminster. Despite higher participation, this year's national garden butterfly survey had the worst figures yet for how butterflies are faring! (Obviously earlier in the year the weather hadn't helped.)

However the picture may have been over-bleak as late summer/autumn garden flowers can make up for what happened earlier in the year – e.g. Michaelmas daisies and sedum ice plants help fuel up those second generation butterflies to produce lots of eggs and caterpillars to keep them going until their appearance the following year. (See the picture of a Small Copper taken in late September on the allotments.)

On the same subject - shocking to hear a Gardener's Question Time panellist agree with a questioner not to over-prune the buddleia because of butterfly eggs laid on the shrubs! The eggs/caterpillars however need **different** food-plants, e.g. birds-foot-trefoil and sunny short nettle patches, plants that are often not tolerated by many gardeners.

The government is planning for 30% of the country to go back to nature/re-wilding. As we can't expect local farmers



to do it all, it does fall on us gardeners to become land managers and make our own contribution to the 30%. In Kilminster, for some butterflies 'The Common' is one of the last refuges for these caterpillars/eggs. (Those particularly who can't manage gardens, do keep an eye open for the practical work that will eventually be needed on maintaining our Common for the benefit of butterflies, as well as the Kilminster Lily. I saw common lizards basking up there in late Summer, which was my first for Kilminster.)

I think that hands-on land-management work can be even more rewarding, when it works than helping nature by solely observing through being a citizen scientist, although both of

course are important.

Thanks for all the bird (and butterfly) records sent in already, particularly those of breeding swallow, house martin and excitingly, spotted flycatchers nesting locally. Please carry on letting me know what you see.

David Simpson
davidthomsimpson@waitrose.com
01297 32694



SAVING SPECIAL SPECIES



HEATH LOBELIA – 'THE KILMINGTON LILY'

In September volunteers from our Heath Lobelia champions group in the Kilminster and Shute area planted several Heath Lobelia plants at Kilminster Parish Council's Kilminster Common Meadow. These plants had been grown by volunteers from seeds they collected last year from the nearby site on the edge of Shute Woods. Eight volunteers battled with bramble to clear an area for the plants. A stockade of bamboo canes was placed around the planting whilst they establish.



Two pilot plants which were trialled last year at the Common have multi-stemmed and are thriving. Another volunteer who planted some at nearby the National Trust's Loughwood Meadow in 2020, reports they are also doing well.

The Heath Lobelia, first discovered growing in the UK at Kilminster back in the 1760s, is also known as the Kilminster Lily. Does anyone know of the



origin of this? It flowers from late July until early September, with exacting requirements of acidic heathland and disturbed ground which helps seed germination. It is extremely rare in the UK, recorded at nine sites only in five southern counties from Cornwall to Sussex.

It is one of eight species East Devon AONB are targeting this year to improve its conservation as part of its Saving Special Species campaign.

www.eastdevonaonb.org.uk/our-work/projects/saving-special-species/heath-lobelia

If you would like to be kept in touch with this project, please contact Ruth Worsley, Wildlife Engagement Officer, East Devon AONB – savingspecialspecies@gmail.com

Ruth Worsley

COP26 UNITED NATIONS CLIMATE CHANGE CONFERENCE 2021

JUDITH'S WALK TO GLASGOW – DAY 15

Great thanks to everyone who has been in touch and sent good, encouraging messages. The journey has been a mixed bag but the ups far outweigh the difficult bits. My feet are 'walking well'!

Stopping places - to mention a few - 1st stop was Ilminster – on through Cheddar – Aust and over the Severn Bridge then to Monmouth, Leominster, Shrewsbury, Runcorn on the banks of the Mersey, and currently I'm staying in Preston.



Special thanks to David for his enduring love and support and to Carey and Mandy who are keeping a daily eye on my progress and updating it on Kilmington Now's Facebook Page.

Judith Simpson

(More photos of Judith's progress in centre pages)

CLIMATE CHANGE RESPONSE - WHAT VILLAGERS IN KILMINGTON ARE DOING

- Shop locally, when possible, and buy seasonal vegetables and fruits
 - Grow some of your own fruit and vegetables in garden or allotment
 - Change to an ethical energy supplier ie: Ecotricity, Good Energy Octopus, RSPB
 - Use public transport, walk or bicycle when possible
 - Car share when possible
 - Fit solar panels/tubes for electricity and hot water
 - Fit double glazing
 - Turn down the heating thermostat at home to 19C
 - Put on a jumper rather than turn up the heat
 - Replace light bulbs with LED, turn the light off when you leave the room
 - Don't overfill the kettle, only heat what you need
 - Use bars of soap rather than plastic soap dispensers
 - Use ECO-friendly cleaning products
 - Join organisations that work to protect our vanishing wildlife and landscapes ie: The National Trust, Devon Wildlife Trust, RSPB, Friends of the Earth, Woodland Trust,
 - Take your own bags when shopping instead of single use plastic bags
 - Buy loose items to save on plastic wrappings
 - Take your own plastic containers when buying fish and meat
 - Have your milk delivered in bottles or by vending machine for milk re-using bottles
 - Make garden compost from kitchen peelings, tea bags, etc
 - Make garden mulch and compost using leaves, grass cuttings
 - Plant green manures, they are good for the soil, pollinators love them
 - Plant insect-friendly plants, plant native species of trees
 - Leave some areas in the garden uncut or cut less often to benefit insects and other wild creatures
 - Lobby MP, to demand a Climate Action Plan and rigorous Environment Bill from the government
 - Tell savings fund managers, banking, big business to dis-invest in the fossil fuel industry
 - Harvest rainwater from house, garage, greenhouse in butts
 - Use the council Garden Green Waste collection
 - Use the weekly recycling and food waste collection
 - Use less water in the shower, hand-washing, toilet flushing
 - Buy Fairtrade, Soil Association, Organic products when possible
 - Eat less meat, more plant-based meals
 - Don't fly or at very least fly less
 - Change from diesel to petrol car, electric/hybrid
 - Make your clothes last longer, repair, re-style, recycle, charity shop buys
- Generally buy less, re-think, re-use, recycle**

REMEMBRANCE

We hope this finds you all well and ready once again to remember all those who have given their lives in not just safeguarding our country, but also our way of life which is often forgotten or taken for granted. First, however, it was nice to see everyone who attended our AGM on Friday, 15th October; after restrictions and Zoom it was so nice to meet face to face! Thank you also to all those who appended their apologies.

Remembrance this year will return to a familiar format. By the time you read this our Poppy appeal will be well on its way and you should have received your poppies through the letter box with instructions on how you can donate. For those who are less mobile or have no means of donating through the normal means we will, once again, be touring the village on Saturday, 6th November commencing at 10.00

am with the collection buckets. There will also be maroons on the Playing Field at 11.00 am on Thursday, 11th November to mark Armistice Day. Our Remembrance service this year will be at the Beacon at 9.30 am on Sunday, 14th November followed by the Act of Remembrance at the War Memorial. For all those who wish to attend we are also organising lunch at Haselbury Mill and a coach will be available departing from the Village Hall car park.

We look forward to seeing as many of you as possible.

Take great care and stay safe.

Cdr Staff Seward OBE RN Rtd
Chairman RBL Kilmington Branch
07799612557 – E-mail t60sas@hotmail.co.uk

THE HISTORY OF KILMINGTON



THE CREATION OF AN ARCHIVE FOR KILMINGTON

It has been decided that we should look to establish an archive of historical information about Kilmington Village, a repository that would include material related to the history of the village, its people, its properties and its institutions (church, school, societies etc).

This archive will initially be housed securely at Bywood on Shute Road, under the care of David Ingles. Consideration had been given to housing the material in the Village Hall, but this would raise problems of access and security. The intention is that, where possible and over time, the material in the archive will be scanned and digitised for posting on a dedicated website that will be open to all villagers and others who might have an interest. Some of the original documents may then be offered to the Devon Records Office for permanent storage. The DRO already houses a lot of material related to Kilmington.

The purpose of this note is firstly to alert villagers to these proposals. Secondly, it is to ask for help in establishing the body of material that will form the archive. If you have material that you think may be of interest – and this could be photos, letters, details of property deals, property deeds, the history of businesses etc – then please let us know. The

intention would be to copy such materials and return the originals to their owners.

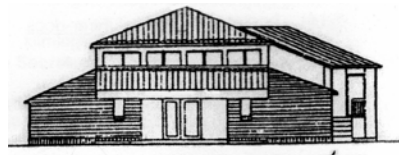
Thirdly, we want to know who might be interested to join the team working on this project, people who may want to help in the process of digitisation or to form a group to arrange discussions on aspects of the history of Kilmington and even to arrange talks and presentations.

That is the plan. If you have any comments, better still any materials, or you would like to be involved, please get in touch with one or all of the following:

David Ingles 01297 32234 dangles@aol.com
Peter Ball 01297 32631 mycraigdon@aol.com
Chris Bolton 01297 32351
christopher.bolton12@btinternet.com

Peter

THE VILLAGE HALL – RESTRICTIONS LIFTED



Long awaited news! The Village Hall is permitted to open its facilities once more. In line with the Government's Winter Plan announced on 14th September 2021 and the lifting of enhanced measures for Devon and Cornwall which were in place throughout the summer, all community events, activities and private hires can once more take place. General advice is that risks can be managed by hirers through ventilation, opening doors and windows, encouraging use of face coverings in confined spaces, regular hand-washing, and sanitising surfaces. However, alongside the lifting of restrictions there is continuing advice "to proceed with caution", the virus has not gone away but vaccinations are helping us to return to a more normal way of life.

The annual meeting with representatives of Regular User groups was held on 6th October and the following matters were agreed.

1. Capacity limits in the hall are lifted, although the recommended maximum number in the hall at any one time is 100 people to include helpers. Hirers are expected to use their judgement to ensure that the number attending an event is appropriate to that event. For example, a seated event with little movement around the room is considered safer than an event where people are walking around and where display or sales tables are reducing the floor space for general use.

In addition, people should remain considerate of anyone who is Clinically Extremely Vulnerable. It is important to allow those people extra space so they feel safe, perhaps by using extra chairs with, for example, a reserved notice to give distance around them.

Some events may benefit from being ticketed, as this offers control over numbers and provides a list of names of those attending.

2. Ventilation is considered a key factor in mitigating identified risks and doors and windows should, whenever possible, be open before, during and for ten minutes after the event has finished.

3. Use of hand sanitisers and regular washing of hands is strongly recommended.

4. While legal restrictions will no longer apply it is recommended that people wear face coverings in confined spaces, toilets, kitchen and other confined areas. Use of the one-way system may be helpful when visitors are leaving the hall and it is the responsibility of the person running the event to use one or both exits as appropriate to the event and those attending.

5. Kitchen and toilets will be open and should be sanitised at the end of an event. Sanitisers and cleaning materials will continue to be provided and we request their use at events if the kitchen/ toilets are used.

6. Use of the kitchen – It is recommended that the number of people entering the kitchen is kept to a minimum. The dishwasher should be used for larger events and, if preferred, washing-up done by hand for smaller events. It is recommended groups bring their own tea towels.

7. Advice received re the upholstered chairs is that they "pose no significant risk".

All the proposals above were agreed with the aim of keeping everyone using the Village Hall safe. The posters in the hall have been updated to reflect these new arrangements. Our thanks to the representatives of User Groups and those taking part in activities or meetings for your co-operation during the past difficult months. We hope very much that, as we learn to live with the virus, the balance between opening up facilities and continuing the measures outlined above to mitigate risks of infection will work well. We will of course continue to monitor the general Covid-19 situation and take note of Government guidelines and, if necessary, amend our procedures. Stay safe.

Judith Chapman (Chair)
on behalf of the Village Hall Committee

MOTOR SHOW REVIEW 1960 – EARLS COURT

I found an old copy of Country Life Magazine recently and it contained a full review of the 1960 Earls Court Motor Show - the annual showcase for the world's new cars. It reminds us of motoring in past times and these extracts might bring back a memory or raise a smile or two:

Certain motorists are almost wildly interested in the possibility of driving cars propelled by either gas turbines or some form of nuclear fission.

All cars have shown considerable improvement recently in excluding dust and draughts. The day may not be far distant when it will no longer be necessary to wear an overcoat, scarf and gloves to drive a saloon car.

Only a few cars so far imitated the idea first used by Citroen of providing channels for direct cooling air, either onto the

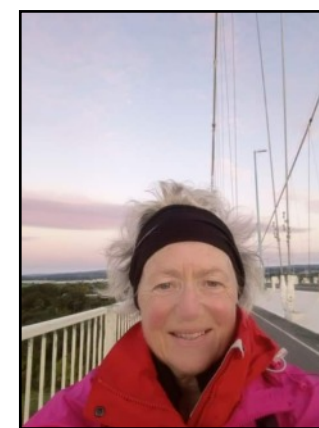
faces of the front seat occupants or along the roof to the backseat. This is most effective and undoubtedly prevents fatigue when driving with the heater full on to keep the rest of the car warm. It also has the advantage of preventing stale air and tobacco smoke from lying in layers in the car.

There seems to be room for improvement in the normal swivelling ventilator. Too many allow rainwater to be directed onto the occupants' knees and need to be opened so wide to be effective that a draught is directed across the car.

The thought occurs that if the task of driving is made any easier, the day may not be far distant when it will be necessary to introduce some artificial method of preventing the driver from falling asleep.

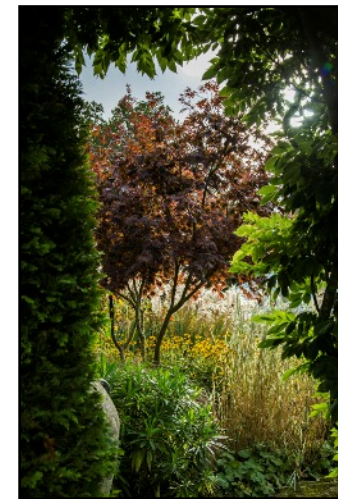
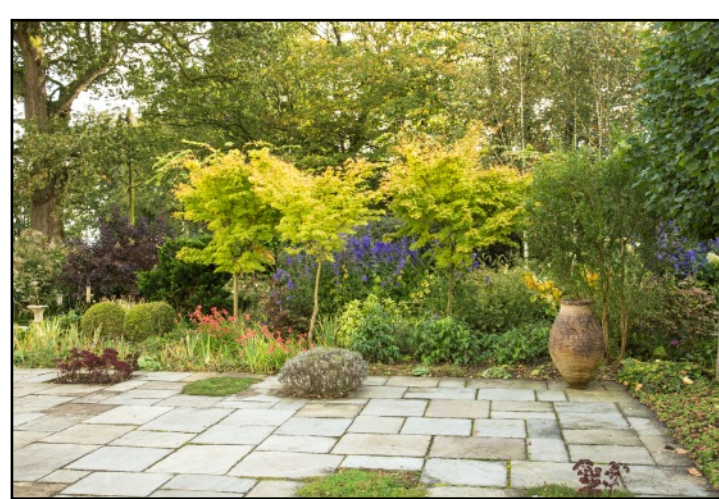
Peter

Kilmington Village opening up again after Covid 19



Congratulations to Julie Lomas on becoming our new licensed five alive reverend

Well done to Judith who is bravely walking to Glasgow for the COP26 Conference and raising money for charity



Betty's Ground and Breach Gardens open for Hospiscare - What lovely autumn colours!

Great entertainment to be had at the New Inn, especially as the weather was inclement. Well done!

COVID KILLED THE COMMUNITY

Two years ago Kilmington was buzzing.

Ask anyone what they liked about our village and they'd tell you: "It's a wonderful community – really sociable - so much going on."

And there was. We all socialised, chatted, laughed and enjoyed life. People got involved organising events and running the various village clubs that cater for all our different tastes.

And then it all stopped.

March 2020. We all shut up, locked down and kept our distance from our neighbours.

Pretty terrible it was too at first. But we got used to it and settled into a dull unsociable sort of existence.

Sadly over time it seems we've become almost agoraphobic, uncomfortable with being in a crowd, standing in line, getting out and doing stuff.

Sadder still, many of our stalwart volunteers who joined the committees to organise the social events that we all loved, those who ran the clubs, have taken the opportunity to step down, to retire. Well, they said they were going to sooner or later and now with the pandemic lockdown they've decided

it's an appropriate time to let others step up and take on the challenge.

But the problem is now, as we're all being released, no one is stepping up to help get things moving again. Covid killed Kilmington. Every village organisation I know: the Gardening Club, Kilmington Players, the Royal British Legion, the Tennis Club, Postscript and the Village Hall Committee are looking for help to bring life back to normal. To give Kilmington that buzz once again..

Yes, Covid is still around and we're told it will be, for a very long time, so start getting used to living with it. Vaccinations have made life safer and we've had plenty of practice to know how to behave more sensibly when we do mix.

If you want life to get back to normal; if you want Kilmington to be the active village it used to be, where we had a real community with social activities going on most days, then think about stepping up yourself to get involved. I know you'll be welcomed and it won't happen otherwise.

Committees can be fun and helping people enjoy themselves is very rewarding.

Please, let's all get Kilmington buzzing again!

Concerned from Kilmington

HALLOWEEN HANGOVERS

How do vampires get around on Halloween? On blood vessels.

Who did the scary ghost invite to his party? Any old friend he could dig up!

What's a zombie's favourite cereal? Rice Creepies.

What's it like being kissed by a vampire? It's a pain in the neck.

Why are ghosts so bad at telling lies? Because you can see right through them.

Peter



SUDOKU SOLUTION

7	9	8	4	6	2	1	5	3
3	1	2	8	5	7	4	6	9
5	6	4	3	1	9	8	7	2
1	3	9	6	7	4	5	2	8
8	2	5	1	9	3	7	4	6
6	4	7	2	8	5	9	3	1
4	5	3	9	2	8	6	1	7
9	7	6	5	3	1	2	8	4
2	8	1	7	4	6	3	9	5



THE QUEEN'S PLATINUM JUBILEE

The UK will celebrate Her Majesty The Queen's 70th anniversary as monarch with a blockbuster weekend of celebrations. The May Bank Holiday Weekend will be moved to Thursday, 2nd June and an additional Bank Holiday on Friday, 3rd June will see a four-day weekend to celebrate Her Majesty The Queen's Platinum Jubilee.

In 2012, for Her Majesty The Queen's Diamond Jubilee, Kilmington residents came together and created an amazing

and full weekend of fun family celebrations. Some photographs are displayed in the Village Website Gallery showing the Concert and Hog Roast, Flower Festival, Fancy Dress Parade, Family Fun Olympics and, of course, the Jubilee Scarecrows.

We've got seven months to get creative and get organised. Start thinking and watch this space for more information and how to get involved. This truly is a once in a lifetime event!



NOVEMBER

No sun – no moon!
No morn – no noon -
No dawn – no dusk – no proper time of day.
No warmth, no cheerfulness, no healthful ease,
No comfortable feel in any member –
No shade, no shine. No butterflies no bees,
No fruits, no flowers, no leaves, no birds! -
November!

Thomas Hood
1799-1845



MILLERS FARM SHOP

LATE NIGHT SHOPPING

LATE NIGHT SHOPPING | LIVE MUSIC
FOOD STALLS | WINE TASTING
FREE SANTA VISIT

FRIDAY 26TH NOV 2021
5pm - 9pm

MAD moments in the garden

It's hard to believe that this is the penultimate issue of Postscript for 2021. What a year, weather presenting challenges for gardeners with biblical rain and drought interspersed with high winds. How did our gardens survive it all? There were some plants that tolerated it all and others that collapsed in a tangled mess, but most will emerge, we hope, to try again next year.

Weather aside, the year has presented other challenges. Some pests and diseases that have been problematic in the past here seemed to have been 'managed'. Woolly aphid on the crab apple tree, although it has not completely disappeared, seems under control enough not to be affecting the trees and it has been good to see fruit reappearing this year. The Hemerocallis gall midge that was very prevalent in some of my Day Lilies a few years ago appeared only in one plant this year. Thankfully I spotted it early and removed those buds affected which prevented it from spreading. The box blight, although spread across the garden now, is causing relatively minor levels of damage. So, given those successes, it has been disappointing to see some new diseases appearing.

So the good news first. The pragmatic, mostly effective strategy I have adopted has been to build natural plant resistance, resilience and immunity. This logically equips plants to fight back and conquer, or at least minimize the impact of what's threatening them. So I have a few rules now to follow. I cannot be a great rule follower personally but do try to abide by the following.

1. Minimize stress on plants by planting them in areas that is most like the environment they originate from. Basically thinking about soil conditions, dry or damp, rich or barren, full sun or shade and protecting them from cold. If needed, planting in sheltered spots with protection from cold winds or in front of a sunny wall that might act as a radiator.
2. Minimize feeding plants directly, concentrating more on having a healthy balanced soil. So lots of home-made compost in autumn or spring as a mulch. Use richer mulch in the spring if you have it to give the root system a boost, as it produces new growth.

3. Encourage potential predators to increase bio-diversity within the soil and around the plants.
4. Allow more air to circulate around plants to avoid damp air encouraging disease to get a hold.
5. Watering: I tend not to water unless absolutely necessary. A couple of exceptions: new plantings or plants in pots. Roots are designed to find plants' requirements in terms of water and nutrients. The roots will grow further down if necessary, but by watering the top soil the roots remain there and become dependent on regular watering and additional nutrients.
6. If a plant looks unwell, then I tend to reduce its above-ground growth to reduce the burden for the roots to support. That then gives them a chance to catch up a bit and provide what the plant needs.
7. I provide extra TLC for those plants I know to be vulnerable, crab apples, roses, box etc. I have used SB Plant invigorator which is commonly used by organic growers and does not harm beneficial insects. Instructions say best results come from weekly spraying, but I have used it every couple of weeks or so, which seems to have given the plants the extra support they need to keep unwanted bugs and diseases at bay.

The bad news about new arrivals this year in the garden is a fungus Brown Rot which has affected my first crop of plums. I will have to wait until next year to see if the organic feed, tree wash and pruning has helped reduce or hopefully eliminate it in time for next year. Fingers crossed.

The even worse news. Having thankfully managed to personally escape Covid so far, another virus has arrived, Crown Rot. Unfortunately all the advice says the only solution is to remove all infected plants and burn them. So the beautiful drifts of sedums will be dug up and burnt by the time you read this.

Thinking about their replacement will keep me happily occupied for a while. Every cloud has a silver lining after all.

Mary-Ann Driscoll

AUTUMN COLOURS

In mid-October Bettys Ground and Breach opened their gates for the final time this year to raise money for Hospiscare. Autumn colours were not quite at their peak but there were stunning shrubs, flower beds with fascinating seed heads and trees beginning to turn, particularly the liquidambars and acers in both gardens.

Over 100 visitors came over the two afternoons. Donations at the garden entrances, together with

money from sale of tea, cakes and plants raised around £1,000 for Hospiscare. A fantastic total, so a big thank you to all those who came to see the gardens and have tea, and to our enthusiastic helpers who gave their time so willingly to make the event such a success.

Mary-Anne (Betty's Ground), Judith and BJ (Breach)

(Photos of the gardens are included in the centre pages)

KILMINGTON GARDENING CLUB

www.kilmingtongardeningclub.co.uk



As I am compiling this update, the weather outside is lovely and bright for a cool October day. The trees are beginning to lose their leaves, but the colours in our gardens and hedges are still magnificent. My geraniums, begonias and zinnias are still producing new flowers, making me reluctant, as yet, to deprive my garden of their presence. For our last meeting we were fortunate to welcome Anne Swithinbank to give members an informal Question Time talk.

We were extremely lucky to be able to host the event for 30 of our members. That occasion saw the Village Hall, beginning to open up again after some 20 months of restrictions. Anne was delighted to be hosting a talk to us in person, rather than by Zoom or video link.

As many of you are aware, Anne is a presenter on BBC Radio 4's Gardeners' Question Time. Whilst still continuing with the programme during Lockdown, sessions were recorded from her potting shed, so her first live event was greatly appreciated by all in attendance.

She began by explaining how she had become one of the experts for the show. Being a mainstay of the team, has



*Anne Swithinbank
(Photo: Jean Falconer)*

allowed her to travel to varying locations, from the British Embassy in Paris to a Naturists group based in Kent. Many questions are often on the same theme, the most frequently asked being concerned about 'dry shade'? I had to smile, as did Anne when our first question was also enquiring "what to plant in dry shade?" Questions then followed relating to what to grow on a Devon bank, recommendations on disease treatment for young apple trees and how to get a self-fertile kiwi to fruit, together with assessing photographs of a plant that was either friend or foe in a village garden.

As restrictions are being lifted, we would like to inform Club members

that we aim to hold our **AGM on Friday, 12th November.**

Details will be finalised at the beginning of November. Members will be kept updated as soon as we are able. This event will be subject to any Covid restrictions we have to comply with at the time. With luck social distancing protocol should allow us to increase the numbers of attendees.

Gill Gibbs

FROM A HEDGEHOG

I am a little hedgehog; I should be round and fat.
If you should alarm me, I curl up, just like that!
I do not like the daytime; I like the dusk and night.
I never ever sunbathe, if I do, I'm just not right.

When I'm having babies, you will sometimes see me out,
Moving with some purpose, nest material in my snout.
Time is of the essence, if you find me sick,
Keep me warm and comfy, call a rescue very quick.

Please don't try to keep me, like a family pet.
I need extra special care you see and probably a vet.
I am very, very complex with many needs to meet.
A rescue will advise you and have the things I need.

So, thanks for looking out for me, thanks for being kind.
Please take me to a rescue, they understand me, you will find.



Kathy Havelock

AXMINSTER AND LYME CANCER SUPPORT

www.axminsterandlymecancersupport.co.uk

www.facebook.com/axminsterandlymecancersupport.co.uk

Tel: 07512 279663

Email: info@axminsterandlymecancersupport.co.uk

Mailing address: Axminster and Lyme Cancer Support, Heathermoor, Yawl Hill Lane, Yawl, DT7 3RW

In Newsletter no 37 the ALCS editor, Donna, herself a volunteer, describes how she co-ordinates her activities and those of the other volunteers to provide the various services offered by this small, fairly new charity, organising drop-in sessions, schedules for the various therapists and publicity about the constant support and help which they all offer to their clients. In an attempt to make their support as widely available as possible, they have just started to trial evening Zoom meetings for clients who are unable to attend the day-time sessions. The next one will be on Tuesday, 2nd November at 7.00 – 8.00 pm. Almost every newsletter announces the acquisition of some new therapist whose skills will contribute to improve the well-being of those coping with the medical process of combatting cancer, whether by exercise, relaxation, or, in this case, make-up and hair care. They have also just negotiated an arrangement

with the Flamingo Pool to offer clients ten general swimming sessions.

As with all charities, fund-raising is vital. In this newsletter they look forward to an auction of promises at Uplyme Village Hall on Friday, November 12th and a skydiving event in May 2022. These are in addition to their online shop and fundraising arrangements with Amazon Smile, the Co-op and others.

The newsletter also contains contact details for the Cruse Bereavement Care website and their own bereavement support at Axminster Hospital once a month, as well as dates such as the Christmas lunch and some of the activities being planned for 2022.

For more information about the ALCS and how to book if necessary for any of its activities, please see the contact details above.

WHAT SHOULD I DO TO HELP KEEP MY CAT OR DOG CALM DURING FIREWORKS?

Take your dog for a walk before dark, well before fireworks are due to begin, to avoid scaring your dog.

Don't pick up cats or restrain them if they are scared: cats prefer to control how they cope.

Keep doors, windows and cat and dog flaps closed.

Draw the curtains and play music with a repetitive beat to help mask the sounds.

If your pet prefers to go away and hide, let them. Leave them alone and don't try to comfort them – this is your pet's way of coping.

If your pet seeks reassurance from you in stressful times, comfort them as you would normally.

Stay calm. Keep your tone, mood and behaviour as normal as possible. If you get very anxious or comfort your pet more than usual, this can make your pet more unsettled.

Never punish your pets. It's not their fault they're scared, and it adds to their anxiety.

Advice from the PDSA





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Lending with Heart and Mind

**East Devon District Council fund a not-for-profit
loan scheme for homeowners and landlords*.**

**We understand the expense of maintaining your
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of funding repairs, improvements or adaptations.**

**We see you as an individual, not a credit score.
Our knowledgeable team of advisers will guide
you through the process of applying for a home
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**For a no-obligation assessment
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www.lendology.org.uk or call 01823 461099**

Heatherton Park Studios, Bradford on Tone, Taunton, TA4 1EU

*subject to eligibility

WOOF'S N WAGS PET SERVICES



**DOES YOUR DOG NEED WALKING?
GOING AWAY OR WORKING AND NEED
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**WE CAN CARE FOR ALL YOUR PETS
DOGS - CATS - RABBITS - CHICKEN &
DUCKS - REPTILES**

- **DOG WALKING**
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- **DAY CARE**
- **OVERNIGHT STAYS**

**PLEASE CALL MANDY 07810648433
woofsandwags21@gmail.com**

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*Feeling tired
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**RELAXING FOOT MASSAGE
TO RELIEVE STRESS &
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Based in Kilminster & providing all aspects of **Repair, Refurbishment & Renovation.**

Including (but not limited to!):

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- ✓ Regular Garden Maintenance
- ✓ Landscaping and Minor Construction
- ✓ Flat-pack Construction (no more frustration!)
- ✓ A lot more - just ask!

Call **Simon** on **07939 242 101** or email
simon@bpmaintenance.co.uk
www.bpmaintenance.co.uk

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§Khushi Kitchen

Fancy a **HOMEMADE** local curry?

**Then why not try a §Khushi
 authentic curry experience.**

- ❖ Kilminster's Friday curry takeaway
- ❖ Fresh Frozen Curries available **EVERYDAY**
 @ The Old Barn (honesty box system)
- ❖ Catering for all occasions, please enquire
 for a personalised menu

Email: mina@khushi.kitchen

Web: <http://khushi.kitchen>

Addr: The Old Barn, The Street, Kilminster EX13 7RJ



khushi kitchen-axminster devon & dorset

Check the website regularly for §Khushi's
 future events and pop-up kitchens.

Mina x



musicseeds



This music class in Colyton, is
 perfect for children aged 1 to 3.
 Run by a teacher and musician, it is
 a great grounding in music for the
 little ones, and also lots of fun!

Singing, games, movement,
 playing percussion.

9.30 – 10 am, Thursday

Reece Strawbridge Centre, Colyton

See musicseeds.co.uk for more
 details

Or contact Leah Stonex on
 07850 157520
leah@musicseeds.co.uk

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Are you worried about your Tax Returns?

We provide a friendly, professional service for self assessment returns, business accounts and all aspects of taxation based on experience, qualifications and confidentiality.

HOME VISITS AVAILABLE

For an initial free meeting please telephone our office and ask to speak to Hayley Perham (Taxation Director) or email: crwaccountants@btconnect.com

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GROCERIES
HOUSEHOLD ITEMS:
COAL: CALOR GAS
PHOTOCOPYING : OFF LICENCE
PAY POINT : E-TOP UP: GAS & ELECTRIC:
JET WASH

OPENING HOURS

Monday-Saturday 6.00 am - 10.00 pm
Sunday 7.00 am - 10.00 pm



Kilminster, Axminster

- Coffee, Latte, Cappuccino, Tea and all type of drinks
- Variety of Cakes
- Breakfast available all day, prices start from £5.95
- Starters and Main Meals
- Desserts and Ice Creams



- Every Sunday Carvery £10.95
12.00pm until 3.00pm



- B&B Rooms available
- Single, Double, Twin & Family Rooms
- All rooms are En-suite
- Rooms available from £49.00



- Function Room – Free of Charge



Call 01297598060

Axminster Printing Co. Ltd.

www.axminsterprinting.co.uk

Email: keith@axminsterprinting.co.uk or jane@axminsterprinting.co.uk

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- **Well Stocked Stationery Shop:**
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- **Card Making and Craft Supplies**
- **Craft Demos**
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including CD's, DVD's, Memory Sticks, Printer Cartridges, Extensive range of Printer Paper, Printer Cables, Printers, etc. all at competitive prices.
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Do you have those broken or damaged objects that you need repairing or replacing that will not cost the earth, and those home repairs or builds that no one seems interested in, we can give you a cost to do those things you just want sorting.

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GUNDRY LANE, BRIDPORT,
DORSET, DT6 3RL

Bridport Office No. 01308 422726
Kilminster Home No. 01297 631244
Mobile No. 07836 247294
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WEEK TO VIEW (Events that happen the same time every week)

Sunday	10.30 am	The Beacon	Service
Monday	early	Your house	Recycling collections
	2.00 - 4.00 pm	Village Hall	Country Dancing
Tuesday	10.00 - noon	The Beacon	The Post Office
Wednesday	9.15 am	The Beacon	Toddlers and Tinies (Term time only)
	10.00 - noon	St Giles' Church	Mums and Babies Support Group
Thursday	6.00 - 8.30 pm	The Beacon	Fusion (Term time only)
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome

DATES FOR NOVEMBER 2021

Tues	2nd	10.30 am	The Beacon	Messy Sparklers
	2nd	6.00 pm	Dalwood Church	All Souls Day Service
Sat	6th	am	Around the village	Poppy 'Gator Collection' for the RBL
Sun	7th	9.30 am	St Giles' Church	Holy Communion with Rev Julie Lomas
Mon	8th	Early	Your House	Landfill with recycling
Tues	9th	Early	Your House	Garden Waste Collection
Wed	10th	7.15 pm	Village Hall	Kilmington Community Cinema: <i>The Last Bus</i>
Thur	11th	10.55 am	War Memorial	Informal Act of Remembrance
	11th	2.15 pm	Village Hall	Kilmington Community Cinema: <i>The Last Bus</i>
Fri	12th	TBC	Village Hall	Kilmington Gardening Club: AGM
Sun	14th	9.30 am	The Beacon	United Service of Remembrance
	14th	10.50 am	The War Memorial	Act of Remembrance
Wed	17th	12.30 pm	The Beacon	Community Contact Lunch
Tues	23rd	Early	Your House	Garden Waste Collection
Mon	29th	Early	Your House	Landfill with recycling



DONATIONS, PAYMENT FOR ADVERTISING SPACE AND ARTICLES/NOTICES FOR POSTSCRIPT (i.e. THOSE NOT SENT BY EMAIL)

It has been necessary to set up alternative arrangements following the closure of the village shop.

DIRECTIONS FOR FINDING Vicky Larcombe's house. Vicky is treasurer for Postscript.

From Whitford Road turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank, you have gone a few steps too far.

Please post payments for advertising in Postscript and donations to help with printing costs
through the front door of Vicky Larcombe's house. Thank you.

USEFUL TELEPHONE NUMBERS

VILLAGE NUMBERS

Bell-ringing - Celia Dunsford	01297 33563	Kilminster's Little Helpers - Sally Huscroft	01297 32243	Sunday School	
Country Dancing - Gill Perkins - Marie Thorne	01297 32888 01297 33906	Kilminster Pre-School - Now part of primary school	01297 32762	Table Tennis - Jenny Nickolls	01297 639758
Cricket - David Lavender	01297 631868	Kilminster Primary School	01297 32762	Telephone Box Library - Karen Hodder	01297 35162
Footpath co-ordinator - Elaine Penzer	01297 34287	Millers Farm Shop	01297 35290	Tennis - Sue Moore Sue Wells	01297 32361 07912 272102
Hitchcock Pavilion bookings - Peter Huscroft	01297 32243	The New Inn	01297 33376	Village Hall bookings - Louise Quincey	01297 32358
Kilminster A35 Pit Stop	01297 598060	The Old Inn	01297 441855	Village 100+ Club - Jean Falconer	01297 33708
Kilminster Cross Services	01297 631089	RBL - Jean Falconer - Sec Stafford Seward - Chairman	01297 33708 01297 33909	www.kilminstervillage.com - Luke & Maxine Lawson	07719 909532
KGC - Jean Falconer, Secretary	01297 33708	Scrabble - Sylvia Newbery	01297 34326		
Kilminster Community Cinema - John Watts	01297 639758	Short Mat Bowls - Ron Foster	01297 35529		

MEDICAL AND SUPPORT

Axminster Hospital	01297 630400	'Devon Doctors on call' (Out of hours GP service)	0845 6710270	Veterinary Surgery	01297 630500
St Thomas Court Surgery	01297 32126	Dentist Helpline	03330 063300		

SERVICES AND FACILITIES

Refuse Collection	01395 571515	Axminster Library	01297 32693	Clerk to the Parish Council	07800 826657
Water - general - leaks	0344 346 2020 0800 230 0561	Mobile Library	01404 42818	E. Devon District Councillor - Iain Chubb	01297 35468
Electricity - emergency	0800 365 900	Ring & Ride	01404 46520	Devon County Council, Whimble and Blackdown, Iain Chubb	07932 459595
		Axminster Care Service	01297 35550		

Police: Crime stoppers - 0800 555111; Emergency - 999; General - 101

CHURCHES

St Giles' Church Rev Julie Lomas	01297 35044	Baptist Church Office Pastor Mike Hudson	01297 631638	Axminster Catholic Church Parish Priest: Father Anthony Cockram	01297 32135
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ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilminster. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

	Black and white ads	Colour ads
Credit card (70 mm x 40 mm)	£ 5 or £22.50 for 5 months	
¼ page (90 wide x 136 mm high - Portrait)	£12 for one-off or £50 for 5 months	£15 for one-off or £75 for 5 months
½ page (184 x 136 or 90 x 276 mm)	£20 or £90 for 5 months	£30 for one-off
Full page (184 x 276 mm)	£30 or £130 for 5 months	£40 for one-off

If the advertisement could be sent as a jpeg it is a great help when sizing for publication.

BACK COVER: *Occasionally the back cover is available for a one-off colour page advertisement. Cost: £50*

Additional fee of £1 if Postscript has to edit, size or set copy.

PAYMENT: Cheques should be made payable to: Kilminster Postscript and posted to: **Mrs V. Larcombe, Brookside, The Street, Kilminster, EX13 7RJ.** BACS account name is **Kilminster Postscript**, sort code: **51.61.23**, account no: **18159400**

COMING AND GOING FOR A SONG: There is no charge for these entries for items valued up to £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (please see directions on page 22).



You are invited to join us for a united

SERVICE OF REMEMBRANCE

SUNDAY, 14th NOVEMBER 2021

9.30 a.m. at

The Beacon, Baptist Church Kilmingdon



Mike Hudson, Associate Pastor of The Baptist Church Kilmingdon will lead the service with Rev. Julie Lomas, Priest in Charge - Five Alive Mission Community East Devon, preaching.

The Service will be followed by a gathering at The War Memorial, Kilmingdon at 10.50 a.m.