

KILMINGTON

# POST script

Issue 218 October 2019

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## EDITORIAL

The exotic-looking insect on this month's cover is actually local. It is an Emperor dragonfly, present in the south of England between May and October, and this one was photographed in the garden at The Breach in Kilmington. You may have to wait until next year to see another one. In this Postscript we look back at a last sunny garden coffee morning, with cake of course. In their very first season in the League's B division the Kilmington cricket team almost reached promotion to the A division and a place among the top twenty teams in Devon. We congratulate and celebrate their achievement. Down on the beach this summer you may have seen some of the stone stacks and artistic pebble patterns described in Gill Heighway's article. Anna Crabbe has sent an update about Duke of Edinburgh's award scheme members and their car wash for Kagando Hospital in Uganda. We wish Charles Dawson a happy 100<sup>th</sup> birthday and congratulations are also due to Golden Wedding couple Jill and Michael Collier, the latest contributors to our occasional 'My first car' series, with the van they used for the milk round.

Summer Time finishes at the end of the month. Meanwhile Autumn lunches are here again in the Village Hall, or make your own sausage and bean casserole with Margaret's Autumn recipes! The Beacon Baptist church has a new after-school club, Flame 2, for Primary School children and will also be hosting a men's breakfast. Shute Theatre and Arts Guild (STAG) are bringing their next play to our village hall and the Kilmington Players are already at work on their Winter production for February half term, starting with a meeting in the Pavilion to which all those interested in performing or helping are invited.

Some activities continue throughout the year. In Kilmington there is a sizeable, mostly friendly, canine fraternity, meeting daily in the woods and treating each other with forbearance or enthusiasm according to age and size. They have their owners in tow, obediently carrying neat, bio-degradable bags as a badge of respectability and recognising each other, initially at least, by their dogs.

To any purists -

A punctuation lapse in a headline on page 5 in September was swiftly brought to our attention. It had lurked, unspotted despite stringent scrutiny, only to jump out, glaringly for some, in the final printed version. Many did not notice, or were too polite to mention it. For any who were irritated we can only say,

'The apostrophe was preposterous,  
Upset the most fastidious.  
We should be more punctilious.  
Apologies from all of us!'

Janfryd

The front cover photo is by Marie Gardner  
Centre pages: Marie Gardner and Martin Huscroft  
Additional photos: David Bromley

## CONTRIBUTIONS TO POSTSCRIPT

Please remember to use the email address for Postscript:

**postscript@kilmingtonvillage.com**

*Alternatively, please give your item to any team member.*

***The closing date for submitting items for the November issue is 15<sup>th</sup> October 2019. All will be acknowledged. Please email or ring 01297 639115 if not acknowledged within 48 hours.***

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**Postscript** is published 10 times each year and is delivered free of charge to every house in Kilmington. Almost all items in the magazine come from the village community who are very supportive of the magazine.

The Postscript team are all volunteers and your donations, together with fees from advertisers, are used to pay for the cost of printing.

## DONATIONS

***Arrangements for donating to Postscript have changed as a result of the closure of the village shop. Please see page 24 for details. Donations to the middle of August came to £19.01. All donations go towards printing costs. Thank you for your continuing support.***

## ADVERTISING RATES

Please see inside back cover for details.

The average cost per 28-page copy of Postscript with several colour pages is 75p.  
Extra copies are available from Millers Farm Shop, where donations may be made.

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The content of advertisements is not the responsibility of the editorial team. Queries should be addressed to the advertiser.

This publication is online at [www.kilmingtonvillage.com](http://www.kilmingtonvillage.com). In addition, earlier issues will also appear online from time to time.

# CONGRATULATIONS AND CELEBRATIONS

## MICHAEL AND JILL COLLIER'S GOLDEN WEDDING

Michael and Jill met at a Young Farmers dance in Colyton in 1966 (most farmers meet their spouses at this sort of event). We married on September 13<sup>th</sup> 1969 at Musbury Church. Jill was a Sunday school teacher at the time, so we were greeted with a guard of honour from the children. Our reception was held at Colyford Village Hall.

Our first home was at Brooklands Farm, which was a dairy farm and we lived in part of the farmhouse. Andrew, Trudy and Emma were all born at Brooklands. In 1989 we made the long journey to Summerleaze. Jill was known for her busy life delivering milk in Kilmington and the surrounding area.



Both Michael and Jill have been involved in many village activities in the past and at present. Michael played for the village teams at football and cricket and has been a Parish Councillor for many years. Jill helped with the early play group, took part in Kilmington stage productions and assisted with church cleaning and flowers.

We now spend the summer watching cricket and the winter playing skittles.

The Colliers

## 100<sup>th</sup> BIRTHDAY

The people in the Parish of Kilmington would like to wish Mr Charles Dawson of 'Orfield' a very happy 100<sup>th</sup> birthday on Thursday, 24<sup>th</sup> October.

Sidnie Newbery

## IN BUSINESS FOR FIFTY YEARS

Axminster Printing Company recently celebrated 50 years as a family run firm which has been in existence since 1969 when Keith and Jane's father, Tony Rocket, established the firm in the building where it continues to operate in the centre of Axminster. Many changes have taken place in the services they offer and in particular in the machinery that is used but they continue to offer a fantastic service to everyone in the region.

Postscript is delighted to congratulate Keith, Jane and their staff and to thank them for the continuing excellent service they provide.



## KILMINGTON PLAYERS

### Coming Soon.....

Do you fancy being in a comedy play or helping behind the scenes? All will be revealed at our 'interest evening' on Friday, 18<sup>th</sup> October in the Pavilion at 7.00 pm.

Do come along to find out more about our next production.  
Over 16s only.

The production dates will be Thursday, 20<sup>th</sup> February –  
Saturday, 22<sup>nd</sup> February 2020.

Performers and backstage welcome - we look forward to welcoming you.

Louise Quincey



**Don't forget that the  
clocks go back on  
Sunday, 27<sup>th</sup> October**

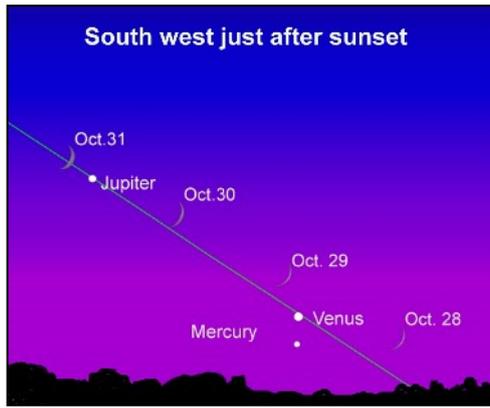
## KILMINGTON SKY AT NIGHT

Yet another good month to see planets and meteors or shooting stars as they are often called. In early October use the moon to locate Jupiter and Saturn close by. Then watch for Venus to climb upward and to eventually meet up with these planets into the evening sky. Day by day, Jupiter and Saturn are sinking a bit lower in the evening sky. Venus, on the other hand, is climbing upward day by day.

If you're awake before daybreak on these October mornings, take a moment to find Sirius the sky's brightest star. Rising in the south east in the hours after midnight and can be found in the south at dawn. Sirius appears to flash different colours when it's low in the sky. All the stars are flashing different colours, because light is composed of all the colours of the spectrum and the journey through our atmosphere breaks starlight into its component colours via refraction. But as other stars are not as bright as Sirius, you don't notice their colours so much.

Another bright star in the October sky is Capella, the sixth brightest star in Earth's sky, not including our sun. For the same reasons it also twinkles with red and green flashes, low in the north eastern sky on October evenings. Capella is really two golden stars, both with roughly the same surface temperature as our local star, the sun ... but both larger and brighter than our sun.

**3<sup>rd</sup> Moon and Jupiter** appear close as night falls and stay out until after midnight.



**5<sup>th</sup> Moon and Saturn** close with Jupiter below.

**6<sup>th</sup> to 10<sup>th</sup> Draconid meteor shower**, also known as *shooting stars*, best to watch at *nightfall or early evening*, not after midnight. The best evening to watch is most likely October 8<sup>th</sup>, but expect only a very modest shower of a handful of slow-moving meteors per hour.

**13<sup>th</sup> Full moon**, the Hunter's Moon

**21<sup>st</sup> to 23<sup>rd</sup> Orionid meteor shower**, in the south east to south.

The Orionid meteors generally start at late night, around midnight, and display maximum numbers in the pre-dawn hours. Best viewing, about 15 meteors per hour, should be shortly before dawn on 22<sup>nd</sup> and 23<sup>rd</sup>.

**23<sup>rd</sup>/24<sup>th</sup> Mars** rises just above the horizon at dawn.

**28<sup>th</sup>/29<sup>th</sup> Moon passes Venus and Mercury** low in the sky as the sun sets. As darkness falls, simply look for the brilliant "star" by the moon and that'll be the planet Jupiter, the fifth from the sun and the solar system's largest planet. The gas giant Jupiter has the volume of 1,321 Earths! Venus and Mercury are not so bright and are lower in the sky and to the right. These next few nights the moon travels past them and up towards Jupiter.

**30<sup>th</sup>/31<sup>st</sup> Moon passes Jupiter.**

Peter

## MY FIRST CAR

When we farmed at Brooklands in the middle of the village, I left school and came home to work. To make more money we decided to start a milk round. To deliver the milk we had to have a van and found an ex GPO van which we bought for £50, this being my first vehicle. The logos were removed from the outside but the colour remained the same RED! The only modification was a piece of angle iron screwed to the floor inside the back doors to stop the milk crates from sliding out.

I had help with the milk round on Saturdays and school holidays. My helpers were Johnny Lavender, Philip and Diane Broom and the Overton boys. After a succession of other second hand vans in the 1980s we leased a brand new Honda Pickup, this



was progress! We fitted a canopy with shelves, a nice flat floor and it had easy access from each side. This was heaven. The two Jills were now delivering the milk and when we finally finished the milk round we had had about six new pickups in that time, including one that was powered by GAS!

Michael Collier



## MOBILE LIBRARY

Tuesday, 22<sup>nd</sup> October 2019 at 11.20 - 11.50 am at the junction of The Street and The Hill.

## KILMINGTON GARDENING CLUB

Our last garden club talk for this year is from Andrew Hunt. He is head gardener at Kingston Lacy Gardens in Wimborne. His talk is on the gardens through the seasons starting with the fantastic display of Snowdrops.

All welcome on Friday, 11<sup>th</sup> October at 7.30 pm in the Village Hall, £3 non-members.

Lesley Rew

## AUTUMN LUNCHESES

Autumn Lunches are being held in the Village Hall every Thursday during October from 12.45 pm to 2.00 pm at a cost of £7.

These will include a hot main, pudding plus tea or coffee all in aid of the Village Hall. More information on page 10.

## KILMINGTON PTFA JUMBLE SALE

A reminder that the PTFA are holding their Jumble Sale on Saturday, 5<sup>th</sup> October in the Village Hall from 9.00 am to 12.00 noon.

## Celebrate Together

St Giles' Church

Kilminster

EX13 7RF

Theme "Harvest"

Saturday 12<sup>th</sup> October

At 3.00 pm

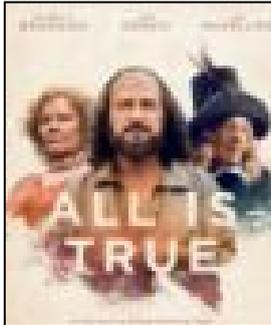
Invites you to a special service for all especially for people with learning difficulties, their support workers, their families and friends.

Tea will be served afterwards.

Please note that there is ample parking and level access.

For further information please contact

Diana Mellows on 01297 32334



## ALL IS TRUE

(12A)

Kilminster Village Hall

Wednesday, 2<sup>nd</sup> October



British film directed by and starring Kenneth Branagh and Dame Judi Dench and written by Ben Elton. Branagh plays William Shakespeare. After the Globe Theatre burns down in 1613 during a performance of Henry VII, William Shakespeare returns home to Stratford with his wife Anne Hathaway.

He must now face his troubled past and a neglected family. Haunted by the death of his only son Hamnet, he is ruthlessly forced to examine his failings as a husband and father.

**Doors open 6.45 pm when wine, soft drinks and tea/coffee are available, with the evening's entertainment starting at 7.15 pm and ending about 10.00 pm. Tickets £5.50 on the door or £5 in advance BY PHONING: 01297 639758 leave contact details and booking will be confirmed, or email: watsjohn307@gmail.com See <http://www.kilminstervillage.com/moviola.html> for more information about the film.**

Forthcoming Films: November - Last Night: December - Yesterday

Rev. Simon Holloway  
St Giles' Church  
Kilminster  
01297 35433



Pastor Darrell Holmes  
KBC Church Office  
Kilminster  
01297 631638  
pastor@beaconbaptist.co.uk

## Letter from the Churches

It's official – "Whitford residents are messy beggars!"

In an attempt to halt "middle-age spread" I regularly walk around the village in an attempt to hit my daily target of 10,000 steps (5 miles): this often takes me along the Whitford Road. As I walk there I am always staggered to see numerous cans, bottles, cups and sweet wrappers thrown into the hedgerow. Knowing the plastic items are never going to rot but will last indefinitely, I duly pick them up and take them home for recycling (where possible) and pop the rest in landfill. Nevertheless, sometimes I have walked that route up to three times in a week and still found that within 48 hours new rubbish items have been strewn along the road. So I blame the Whitford residents who must be throwing them out of the window as they drive home... or possibly it's the folk in Musbury, Colyton, or Seaton.

There again, the rubbish does get found on *both* sides of the road, so perhaps it is Dalwood, or Axminster, or Raymonds Hill residents as they wend their messy way home. So let's change that initial statement – "Raymonds Hill residents are messy beggars cluttering up our world!"

I'm just really thankful it's not me making a mess of the world. I don't get suckered by the offers at the supermarkets making me buy more food than will actually be possible to eat, I don't drive around on needless car-journeys which could have been done on public transport, I don't have far more possessions, clothes and wealth than I actually need hoarding it up in cupboards, storage areas and investments rather than being more generous... (too much).

Which hopefully makes the point of how easy it is to blame others. We so often tend to point the finger at the neighbours, the government, the opposition, the other countries, the other people, rather than ever take personal responsibility for the mess we may be in.

As Noël Coward, wrote in 'Blith Spirit',  
"It's discouraging to think how many people are shocked by honesty and how few by deceit".  
Hypocrisy lurks within so many of us.

The Old Testament prophet held up a mirror to his society as he declared

*truth has stumbled in the streets,*  
(Isaiah chapter 59 verse 14)

Truth is there to be unbending and resolute in an ever-changing world. There are some things that our consciences call us to agree are simply wrong. In troubling and troubled times, when mess is all around us, we would do well not to start pointing the finger at others to blame, but first to do some soul-searching and see how we may have contributed to the current situation. We may be less guilty than we think and a dose of truth will reveal the hypocrisy in us all.

Which allows me, on reflection, to improve on my previous statements, namely,

"Kilminster residents are messy beggars cluttering up the world... of which I am the worst"

Darrell Holmes

## A RETIREMENT SERVICE AND LUNCH FOR SIMON AND PAULINE HOLLOWAY

After Simon's last service as Priest-in-Charge at St Giles' Church, which was a wonderful one full of music and drama, the Mission Community Choir proving to be so versatile and innovative, the congregation moved to Kilminster Village Hall, decorated with balloons and banners, for a Farewell Get Together and Lunch.

Before everyone got too busy chatting with one another Martin Nunns, the Chairman of the Five Alive Mission Community Council, addressed the assembled company. How do you put forty years of Ministry into a few sentences? Martin did and very eloquently too. He spoke about Simon's calling to become a priest, his various posts to which he had been appointed and about his dedication and enthusiasm, and what he had achieved during his time in East Devon. He praised Pauline



for her immense support during his ecclesiastical mission, and they were presented with gifts from the Parishes and flowers for Pauline. Martin wished them every happiness in their retirement.

After the meal, which was provided and served by members of the Five Parishes, Simon presented each Parish with a lovely picture by Hannah Dunnett, which reflected the different features of each village, with beautiful words covering each one. They will be much enjoyed in the years to come.

Thank you Simon and Pauline and we wish you a very happy future somewhere in Devon.

Diana Mellows

## SUMMER COFFEE AND CAKE MORNING

The beautiful garden of The Acorn in Shute Road was the setting for this very happy event on Wednesday, 21<sup>st</sup> August. Mike and Mary Tyler had very generously invited St Giles' Church to hold their Summer Coffee Morning at their home. Holding any event outdoors in England is always tinged with worry for the people running it, therefore when the day dawned sunny and warm there were smiles all round.



coffee and piece of cake. The cake stall was groaning with delicious produce, which all sold; the Raffle and Gifts did well too, but the star of the day was "Robin" the diminutive unicorn with his adoring entourage of young people who combed and coloured him from nose to tail in a rainbow of pastel shades. There was also a Unicorn Lucky dip for the children which proved



So many people, young and old, came to enjoy sitting on the terrace overlooking the garden, the pasture beyond with Nick and

very popular.

It was a very successful morning and the total raised was

well over £500. Our thanks must go, firstly to Mike and Mary who did so much more than just open their garden, but also to all those who came and supported the event and to those who helped in so many ways before and on the day.

What a wonderful morning it was.

Jane Bond's beautiful dairy cows gently munching their way through the lush grass and also the nearby woods and the distant view over the Axe Valley. St Giles' Church is most grateful to the generous hosts for allowing so many people to come and enjoy this idyllic spot, whilst having a chat, a



## ST GILES' CHURCH GIFT DAY AND PATRONAL FESTIVAL

St Giles' Church Gift Day was held on 31<sup>st</sup> August, a day when the Church welcomed gifts.



The annual Patronal Festival of St Giles was celebrated the next day on the 1<sup>st</sup> September in Kilmington Parish Church with a Service of Evening Praise. The occasion was also used to enable Kilmington parishioners unable to attend the Rev Simon's last Service before retirement on 15<sup>th</sup>

September to say farewell and express their appreciation. The members of the Beacon Baptist Church as well as Axminster Churches Together and members of the Honiton Deanery were also invited.

Simon welcomed a large congregation warmly and led the Service which included no less than eight musical items, hymns, songs, psalms and an anthem all of which were sung beautifully led by the choir with Margaret Hurford playing the organ. The Lessons were read by Christine Mills and Nigel Burton. Pastor Darrell Holmes from the Beacon preached a very relevant sermon with sound advice on how much Priests needed and deserved good support and respect in their Ministry. Darrell interviewed Simon, asking him about the highlights in his five years in the Mission Community and what he was planning for the future; Simon

then led the intercession prayers, thanking God for the life of St Giles.

Brian Lavender paid tribute to Simon and Pauline explaining how well he had addressed the three priorities in his Ministry: Growing in prayer, Making new disciples, and Serving the people of Devon with joy. On behalf of the congregation, he thanked them both for working so hard and enthusiastically from the Vicarage and wished them a long and happy retirement after nearly forty years of ordained ministry.

Diana Mellows presented them with garden vouchers and a cheque from the congregation and friends in Kilmington, and a bouquet for Pauline.

Drinks and refreshments organised by Caroline Lavender were served in celebration afterwards.

Brian Lavender



## FIVE ALIVE DUKE OF EDINBURGH'S AWARD

Five Alive Duke of Edinburgh's Award group have had a busy few months culminating with their assessment expedition at the end of September in the Purbecks.



We had a lovely Bronze presentation with Peter Easton, who started the Ten Tors whilst in the Army and was involved right at the beginning of the Duke of Edinburgh's Award over 60 years ago.



*The Bronze Winners with Peter Easton*

We had a very successful fundraising car washing event in Kilmington on Bank holiday Monday and raised £315. £200 has been sent out to Kagando Hospital, which is not far from the Congo border in Kasese district Uganda. Anna has visited there several times and they have a hydro/electric project which is under way and the money will help towards that. They plan to create their own reliable electricity for the hospital and surrounding district.



Thank you for the use of the Village Hall car park, all the helpers who washed the cars, helped serve coffee and tea and for you all who were there!

As we are a self-funded group the rest of the money will go towards running expenses, hiring the pavilion for training,

expedition expenses and an assessment outdoor course for Adam, one of the Award leaders.

Anna Crabbe and Adam Taylor

## MESSY SPARKLERS

We started the new academic year by welcoming back some of our now school aged children. As some schools were still on holiday during our first session, we opened it up so that the older children would be able to join us. We ran the session without lunch as we did not know how many to expect. Last year we had fewer than fifteen parents/carers and children who came for the September session; this year we had over thirty!

All those who attend the Post Office each Tuesday at The Beacon are welcomed for coffee. It was lovely to see Messy Sparkler families and Post Office patrons using the same space for their coffee and snack provided by the ladies in the kitchen. The kitchen team provided a colourful variety of fruits for everyone to enjoy.

Our activities were slightly lower key with some painting, colourful playdough, sticking colourful snails, water play and a range of toys. Darrell Holmes, pastor at The Beacon, led the singing and told the story of Joseph's colourful coat.

Our next sessions are **Tuesday, 1<sup>st</sup> October** and **Tuesday, 5<sup>th</sup> November** from **10.30 am to 12.30 pm** including lunch, first child £2 plus £1 for each additional child. We aim to have activities and toys for all under 5s, babies up. Do check out our Facebook group *Messy Sparklers, The Beacon, Kilmington* for more information. Remember to dress for mess!

Juletta Obudo

# NATURE NOTES

*“Will you walk into my parlour?” said the Spider to the Fly.....*

As the autumn evenings start to get that winter chill about them it seems that our local wildlife either fly off to somewhere warmer or decide they want to move into our houses to keep warm! Many swifts, swallows and house martins have already left. Our house martin family are still around (15<sup>th</sup> September) two adults and three young from a second brood. But they’ll soon be gone and new bird varieties will be arriving to over-winter here. At the beginning of September I had a report of a kingfisher seen flying up The Street alongside the stream. I wonder if anyone else has seen it in the area?

At night the local owls are active again, we hear them calling most nights.

We’re still fattening up the hedgehog family that visits the garden too. The most we have seen at one time is two adults and three smaller young. Before going into hibernation they need to be at around 600g or 1½ lbs to ensure they have a good body fat resource to see them through the long sleep. Hedgehogs much smaller than this will still try and hibernate, but if the body fat is too low it will not survive and would not wake up again. So the food goes out for them each night and we watch them (and hear them!) munching through it.

It’s usually around this time that mice will find a way into your house to build a cosy nest amongst those precious things you’re storing away. So check in those likely places they might hide away, as they can do substantial damage. Also, there suddenly seems to be spiders everywhere, scurrying around the floors and ceilings as soon you move anything. Apparently this year, according to the University of Gloucester, there are significantly more of them around as heavy rain and record-breaking temperatures over the last



few months have created the perfect conditions for the smaller insects that spiders love to eat. That means well-fed arachnids are now heading to a home near you to look for a mate. As you probably won’t get that close to them to notice, you might be interested to learn that around 80

per cent of the spiders people catch a glimpse of wandering around their homes are males on the hunt for females. While the females can be found sitting it out on webs in corners and window bays. Spiders will eat whatever small invertebrates come their way, including all types of insect and even other spiders. Without them we’d be overrun with bugs.

There are more than 650 different species of spiders in the UK, but only twelve of these species can actually cause harm to a human being. Despite this, almost one in five Britons suffers from arachnophobia. If you don’t want any of these eight legged bugs visiting you then there are various tips you can try to keep them at bay. Keeping your house clean and making sure windows and doors are closed will help deter these unwelcome visitors. Some householders swear that putting conkers around your house will keep them away. The story goes that conkers contain a noxious chemical that repels spiders but no one’s ever been able to scientifically prove it. Others say that citrus or peppermint oil works as most bugs hate mint and are repelled by strong scents. Changing the oil that you use regularly can help to ensure that the remedy continues to be effective. Add peppermint essential oil to water in a spray bottle and squirt all over your home. The added bonus is that your house will smell minty fresh - like a roll of Polo mints. But the mating season doesn’t last too long and by mid-October numbers have dropped off (hopefully not on to you).

Peter

## TOADSTOOLS

Here are seven toadstools to be aware of when out walking your dog.



*Fly Agaric*



*Deadly Webcap*



*Funeral Bell*



*Panther Cap*



*Fools funnel*



*Death Cap*



*Destroying Angel*

## KILMINGTON CRICKET CLUB

It's time to report on the end of the cricket season in which Kilmington have performed very well in their respective leagues. The First Eleven had a thrilling end to the season as can be read in Martin Huscroft's report.

With just nine points separating the second team to Kilmington in sixth shows that the season's end, first in the higher tier of Devon cricket, was thrilling.

The final league table is as follows: ▶ ▶

The Second Eleven gained promotion from the H Division East finishing in second place.

The final league table is as follows: ▼

	1 <sup>st</sup> XI	Played	Won	Lost	Points
1	Seaton	16	13	3	274
2	Cullompton	16	10	6	221
3	Thorverton	16	9	7	219
4	Bovey Tracey	16	9	7	218
5	Plymstock	16	9	7	218
6	Kilmington	16	8	8	212
7	Chudleigh	16	5	11	174
8	Ipplepen	16	6	10	167
9	Brixham	16	3	13	126

	2 <sup>nd</sup> XI	Played	Won	Lost	Cancelled	Conceded	Opposition Conceded	Points
1	Sidbury	14	13	0			1	273
2	Kilmington	14	9	3	1		1	217
3	Woodbury	14	5	8		1	1	154
4	Topsham St James	14	5	7	2		1	147
5	Exwick	14	5	7	1	1		143
6	Filleigh	14	5	7				130
7	Axminster	14	2	11			1	112
8	Countess Wear	14	5	6		3		96



David Lavender

## VILLAGE HALL

The annual Autumn Lunches will commence on Thursday, October 3<sup>rd</sup>, and continue every Thursday throughout October. A hot lunch with pudding and coffee or tea will be served from 12.45 pm – 2.00 pm at a cost of £7. Please do come and enjoy a happy social time and help us raise funds for the Village Hall.

The regular Users' Meeting will be held in the Cudmore Room on Wednesday, October 9<sup>th</sup> at 7.30 pm. We are hoping for a good attendance.

Sylvia Newbery

## DARES FIELD BBQ

Dares Field residents held an end of summer BBQ in the beautiful sunshine on the 1<sup>st</sup> September. It came about following an evening chat over a garden fence. Each resident of the street, who was able to attend, contributed to a fund. Items for the BBQ were purchased out of the fund, and ably cooked by Matt Smith, with the remaining money to be donated to charity. Each household put the name of a charity 'in a hat' and *Cancer UK* was chosen. Residents brought along salads and nibbles, spending the afternoon chatting and getting to know each other, some of the residents meeting for the first time. The children were in and out of their gardens enjoying each other's company too.

In total £103.28 was raised.

Juletta Obudo

## VILLAGE HALL '100' CLUB

**The winners of the draw held on  
23<sup>rd</sup> August 2019**

M Hutchings	£25	J Jobson	£5
D James	£10	N Burden	£5
S Moore	£10	A Robinson	£5

For further details, please contact  
Jean Falconer - 01297 33708

## FIVE ALIVE OIL SYNDICATE

The October deadline falls on Friday, 25<sup>th</sup> October.

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# LEGACY TO LANDSCAPE - OCTOBER 2019



## SHUTE APPLE DAY

Sunday, 20<sup>th</sup> October 2019 at Rowlands Orchard, Shute

Shute celebrates National Apple Day with its Community Apple Day celebration on Sunday, 20<sup>th</sup> October from 12.00 pm until 4.00 pm at Rowlands Orchard, Little Orchard Alpacas, Haddon Road.

Orchards have been a significant feature in the landscape of the historic Shute Estate for many centuries but now sadly are very much absent. The event aims to celebrate this rich heritage, encourage more orchard planting and also to celebrate the Crimson Victoria apple that was first discovered at Shute. It's a cider apple but palatable and originated from Rowlands Orchard which was discovered in the walled garden of the historic Shute estate. The orchard was planted with many other local Devon varieties of fruit trees by Courtenay Pole in the 17<sup>th</sup> century. However, earlier records of its existence have been discovered in the 16<sup>th</sup> century Shute estate inventory by William Petre, Secretary of State, who acquired the estate when it was confiscated from the Grey family who lived there at that time, when their relative, Lady Jane Grey lost her head.

There will also be Apple Pressing, where the public are invited to bring apples and bottles. Also a display of apple varieties, tasting and sales.

If you know the varieties in your garden please bring them along, labelled to add to the display. Fruity fun games include the longest peel competition, apple bobbing and an apple and spoon race.

Free admission to Apple Day event - *Rowlands, Little Alpacas, Haddon Road, Shute EX13 7QR.*

Refreshments will be served in the church as part of Shute Barton Open weekend.

There is also a chance to see inside Shute Barton, now owned by The National Trust and originally the manor house for the Shute Estate. Organised guided tours of the house commence at 10.30 am. They last 45 minutes and depart every 15 minutes throughout the day. The last tour departs at 3.45 pm.

At 4.30 pm, the event will finish with a special guest appearance from James Crowden, West Country writer and poet, author of 'Ciderland' which charts the development of cider making in the West Country, from the sixteenth century monks to the diverse industry of today. His talk will take place in Shute Church.

Further details: Samantha Knights, Shute House: [samanthaknights@gmail.com](mailto:samanthaknights@gmail.com), or Ruth Worsley, Legacy to Landscape Project Coordinator: [legacytolandscape@gmail.com](mailto:legacytolandscape@gmail.com)

Legacy to Landscape is a three year project involving the community and celebrates a hidden area of landscape in an area of East Devon, based on the 1781 map of the Shute Estate. This historic map covers the landscape of the Colyton and Shute area, west of Axminster.

Ruth Worsley  
Legacy to Landscape Project Co-ordinator  
01297 489741  
mob: 07765126565

## ANOTHER BUSY DAY

I decide to wash my car. As I start toward to the garage, I notice that there is mail on the hall floor. I decide to go through the mail before I wash the car.

I lay my car keys down on the window sill, go to put the junk mail in the rubbish bin under the table and notice that it's full.

So, I decide to put the bills back on the table and take out the bin to empty it first, but then I think that since I'm going out to the bin, I may as well do the bills now while I remember and cross the lane to the post box when I take out the bin.

I take my chequebook off the table and see that there is only one cheque left. My extra cheques are in my desk in the study, so I go to my desk where I find the can of pop that I had been drinking. I'm going to look for my cheques, but first I need to push the pop can aside so that I don't accidentally knock it over.

I pick up the pop can and it's warm so I decide I should put it in the refrigerator to keep it cold.

As I head toward the kitchen with the pop, a vase of flowers on the table catches my eye – it's nearly dry and needs to be watered.

I put the pop can down on the table and there are my reading glasses that I've been searching for all morning.

I decide I'd better put them back on my desk so I don't mislay them again, but first I must water those flowers.

I put the glasses back down on the table, fill a container with water, and suddenly I spot the TV remote. What's that doing on the kitchen table? Someone must have left it there.

I realise that tonight, when we go to watch TV, we will be looking for the remote, but nobody will remember that it's on the kitchen table, so I decide to put it back in the lounge where it belongs, but first I must water those flowers.

I splash some water on the flowers, but most of it spills on the floor. So, I put the remote back down on the table and get some towels to wipe up the spill.

Then I head down the hall trying to remember what I was planning to do.

At the end of the day; the car isn't washed, the bills aren't paid, there is a warm can of pop sitting on the table, the flowers aren't watered, there is still only one cheque in my cheque book, I can't find the remote, I can't find my glasses, and I don't remember what I did with the car keys.

Then, when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all day long and I'm really tired. I realise this is a serious problem, and I'll try to get some help for it, but first I'm going to check my e-mail.

Peter

# ROYAL BRITISH LEGION KILMINGTON BRANCH

Greetings from your RBL Committee, we hope this finds you well and ready for another entertaining autumn with Kilmington RBL. Our final two events of the summer were the Annual Kilmington Fayre and Flower Show where again the RBL provided the BBQ. The turnout was much improved compared to previous years, (probably helped a little by the weather) and the BBQ profits were a little over £300 which were shared 50/50 with the Fayre organisation. Our last event was the annual lecture given by Dean



Hollands, who provided us all with a very entertaining overview of D-Day and in particular the role played by towns and villages in East Devon. Of particular interest was the overview of how three of our own from Kilmington lost their lives, where and how they participated and where they are now buried. Our sincere thanks to Dean for his meticulous research and Tony for securing Dean's services.

On to other news; first and foremost our membership currently stands at 125, which is slightly down on previous years, however, we are actively seeking more members to join our cause. Please remember you don't have to be, or have been a serving member of the Armed Forces to join, we welcome everyone. Currently we have a vacancy on our committee, therefore if you would like to take an active role in our planning or support in any way possible, please get in touch with me on 01297 33909, 07799612557 or e-mail [t60sas@hotmail.co.uk](mailto:t60sas@hotmail.co.uk)

So far this year the Branch Standard has represented the branch at a number of events, the major one being the County Festival of Remembrance in Exeter Cathedral. In addition it was also paraded at the funeral of Mike O'Flaherty, a well-known and long standing Branch member, ex Police Officer and Scout Leader. You should all be aware that Kilmington RBL is now affiliated to the Lyme Bay Scout Troop, which is an ideal way of introducing younger members to the RBL. As part of their summer

camp, the Troop took the ferry from Poole to Cherbourg and cycled along the D-Day US Normandy landing beaches Utah and Omaha, visiting the US Airborne Museum, the Omaha Cemetery and Memorial, the Grand camp Maisy Battery, Pointe du Hoc and the Bayeux Tapestry. The troop are very eager to be involved in the Legion events.

Of course our monthly get together continues in rotation at the New Inn, Old Inn and Tuckers Arms, Dalwood

on the first Friday of each month; the next being at the New Inn, so please come and join us for a jovial pint, glass of wine or just a good chat!

I would also like to take this opportunity to thank Peter Huscroft and John Watts for the floral display in front of the Kilmington War memorial, it is most fitting and highlights the area so well.

As always, I look forward to seeing you all at our AGM on Friday, 4th October. Thank you all again for your incredible support.

Finally, please see below the new dates for your diaries:

Fri	4 <sup>th</sup> Oct	5.00 pm	New Inn	AGM - followed by monthly 'Get Together'
Fri	1 <sup>st</sup> Nov	6.00 pm	Tuckers Arms, Dalwood	Monthly 'Get Together'
Sun	10 <sup>th</sup> Nov		The Beacon	Remembrance Sunday followed by lunch at Haselbury Mill
Mon	11 <sup>th</sup> Nov	11.00 am	Cricket Pavilion	Maroons
Sat	30 <sup>th</sup> Nov		Village Hall	Christmas Coffee Morning
Fri	6 <sup>th</sup> Dec	6.00 pm	New Inn	Christmas 'Get Together'

Cdr Staff Seward OBE RN Rtd  
Chairman RBL Kilmington Branch  
07799612557

## NEW CLERK TO KILMINGTON PARISH COUNCIL

Adrian Jenkins has been appointed Clerk for Kilmington Parish Council.

Adrian lives in Offwell and can be contacted on 07800 826657 or by Email: [kilmingtonparishclerk@aol.com](mailto:kilmingtonparishclerk@aol.com)



## SILVER

Slowly, silently, now the moon  
Walks the night in her silver shoon;  
This way, and that, she peers and sees  
Silver fruit upon silver trees;  
One by one the casements catch  
Her beams beneath the silvery thatch;  
Couched in his kennel, like a log,  
With paws of silver sleeps the dog;  
From their shadowy cote the white breasts peep  
Of doves in a silver-feathered sleep;  
A harvest mouse goes scampering by,  
With silver claws, and silver eye;  
And moveless fish in the water gleam,  
By silver reeds in a silver stream.

Walter de la Mare

## CRICKET 2019 - Season End

Kilmington entered their game with Thorverton on Saturday, 31<sup>st</sup> August knowing that a win would mean promotion to the A Division of the Tolchard Devon Cricket League. This would place our village team in the top 20 teams in Devon, playing the likes of Torquay and North Devon next season. The team had received messages of support from former players and opponents from over the years. The club had hoped for some support at the game, but could not have expected the number of people who came to watch, including several who had travelled miles on the day. The Lavender brothers thought it was the biggest crowd they had ever seen.

Kilmington lost the toss and Thorverton chose to bat. Thorverton batted well and finished at 239-5 after 45 overs. The bowlers bowled well and the wickets falling to Ollie Reed, Josh Short and Matt Pile. The general feeling was that this was a challenging but not insurmountable total to chase.

Thorverton's team contained a very quick South African bowler and a very good Australian bowler. Getting the runs would not be easy. Kilmington's run chase started hesitantly, losing 3 early wickets, but Tom Gooding batted with great skill and power, scoring 71 out of the first 98 runs scored, including 3 sixes, one of which felled a tree branch on the boundary. With Tom out, Kilmington continued to score runs and lose wickets steadily. The key to victory lay with Josh Short, who attacked

**Back row (L-R): Richard Reed (chairman), Matt Reed, Ollie Reed, Tom Gooding, Josh Short, Ben Fuzzard and Pete Garner (Scorer). Front row (L-R): Matt Rockett, Billy Reed Brett Garner (captain), Tom Olive, Dan Fuzzard.**



### Annual End of Season Friendly

The season ended with a friendly match against a Simon Church XI which proved to be a very entertaining affair with an elderly Kilmington XI (with a few exceptions) took to the field. Simon's team proceeded to hit 258 for 4 wickets in their 35 overs, Kilmington ended up 17 runs short in their run chase ending up 241 for 6 wickets in their 35 over. A lovely way to end the season.

**Backrow (LR): John Lavender, Louis Cornick, Tom Wallis, Hal Cook, Dan Fuzzard, Joel Seward  
Front row (L-R): David Lavender, Maurice Beviss, Martin Huscroft, Michael Miccklethwaite, Ron Seward**



## **Kilmington 1<sup>st</sup> XI v Thorverton 1<sup>st</sup> XI**

the bowling, including an outrageous ramp shot for six. With just 24 runs needed, Josh perished for 71 going for another boundary and the game was up.

Thanks must be offered to Alison Reed and a team of helpers who provided a magnificent tea for both of the teams and the many spectators who were watching the game. A sporting game ended with beers in the pavilion followed by a barbeque courtesy of the Old Inn.

Kilmington are essentially a family team, with two sets of brothers playing on Saturday. Grandfathers of two of this team also represented the club. For what are a village team, to operate in the top 30 teams in Devon is a major achievement.

Thank you to all the ground staff, umpires, scorers, tea makers and players who have supported the club this season. To the supporters you are all welcome at the ground when the team launch another challenge in the B Division in May 2020.

Report by: Martin Huscroft



## **Simon Church XI v Slightly older Kilmington XI**

Work has commenced on the relaying of the cricket square with contractors moving in to level the square and to prepare for next season.

The Annual Cricket Dinner takes place on Friday, 25<sup>th</sup> October at Honiton Golf Club when individual trophy winners will be announced and I will report to Postscript on the evening events.

Report by: David Lavender





## Kilmington Gardening Club Meeting 13<sup>th</sup> September – Fungi with Michael Jordan

Michael Jordan is an eminent local mycologist whose publications include *The Encyclopedia of Fungi of Britain and Europe*. In 1989 he presented the Channel 4 programme *Mushroom Magic*. In the 1990s he set up the Association of British Fungal Groups – now The Fungus Conservation Trust – in response to increasing public interest in fungi.

Michael's well illustrated presentation was entitled 'The Good, the Bad and the Ugly'. While some fungi are unwanted, such as honey fungus, fairy rings, dry rot and rusts, most are beneficial. To illustrate how attractive and intriguing they can be, he showed us examples of earth stars, purple and pink *clavaria*, and a bright orange fungus which can be found quite commonly on cow pats. It is not recommended, however, that you carry the cow pat home in your hands, as Michael once did!

We learned that around 13,500 species of fungi can be found in Britain alone. They play a vital part in the ecosystem: without fungi to break down dead vegetation, the world would drown in organic debris. Over the last 30 years people have come to understand that mycorrhiza – symbiotic associations between plant roots and fungi – play a critical role in greatly extending the root systems of

trees and other plants by supplying them with moisture and minerals in exchange for sugars. Mycorrhiza can store ten times more water than trees. They can form networks over vast areas. Fairy rings have been found that are 500-600 years old and many metres deep and wide (a folk tale has it that, if a lady wishes to stay beautiful, she must dance naked around a fairy ring at dawn, but woe betide her if she accidentally steps inside – she will end up covered in warts and pimples!).

Can you eat any fungus? Yes, but some of them only once. Just a small piece of *amanita phalloides*, the death cap toadstool, can kill a human, so mushrooms should not be tried unless you are absolutely certain they are edible. *Amanita muscaria* – the red-and-white "Noddy" toadstool – can be fatal to dogs. However, only a small number of our native fungi are seriously toxic; a small number are worth eating; the remainder being neither one thing nor the other.

This fascinating talk has surely inspired Michael's listeners to take a closer and more informed look at the different types of fungi which pop up in our gardens.

Beverley Perkins

**October 11<sup>th</sup>: Kingston Lacy Gardens Through the Seasons - Andrew Hunt**

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## NUDE WITH VIOLIN BY NOEL COWARD DIRECTED BY ENID PERRY

Set in nineteen-fifties Paris, shortly after the death of the brilliant artist, Paul Sorodin. Indecently close to his death, a trail of bereaved and somewhat greedy individuals travel to Paris to attend the funeral, ever hopeful for a share of his estate.

Into the fray steps Sebastien, valet and companion extraordinaire, with some jolting surprises for the 'mourners', the biggest one being that Sorodin was not all he had seemed.

What is art? Does it have a defining essence? Noël Coward's *Nude with Violin* explores the often contentious faith we afford artists and their work. However, as you would expect

from a Coward play, it is a light comedy of manners, not some kind of hammer-the-truth-home treatise.

Perhaps not as well-known as some of his works, this delightful play still features the razor-sharp wit and great ensemble writing for which he is famous.

In her second directorial role, Enid Perry brings some of our well established players as well as introducing new faces to STAG audiences in this production of the play by one of the twentieth century's greatest masters of stylish humour which remains as fresh today as it did when it was first performed in 1956. (See poster on page 11)

Simon Ford



## MAD moments in the garden



I recently visited a friend's garden and was delighted to see what she referred to as her 'posh glads'. They were *Gladiolus callianthus*; they are, however, often referred to by their old name of *acidanthera*. These striking tall, but delicate-looking, stunning pure white flowers, which have a startling purple throat, are slightly drooping and tubular in shape, not at all like their cousins. These beautiful flowers emerge from corms the size of hazel nuts. Extraordinary. They look fantastic shooting up, then hanging above the planting below. Apart from their welcome appearance at a time when garden highlights are not plentiful, they smell divine. Sadly, they are tender, so, if you want to keep them flowering next year, they need to be dug up, dried and stored until planting out in late spring the following year. I didn't realize that, when I planned a group some years ago, so although the foliage returned, they have failed to flower again. Given that my friend bought them in a local supermarket for less than a bunch of flowers, perhaps I don't need to feel guilty.

They are very different from the *gladiolus* waved around by Dame Edna Everidge all those years ago or even, dare I say, those grown by many garden club members recently.

The name *gladiolus* comes from the Latin for sword, *gladius*, and means little sword. Previously, they were known as *axiphium* which is the Greek for sword. There are 260 species of *Gladioli* with around 10,000 registered cultivars. They come in a full colour range with new bi-colour version varieties being developed all the time. There is some suggestion (on the internet) that *Gladioli* symbolize

strength and moral integrity. How fitting for the gardening club growing challenge.

Other sources suggest they symbolize honour, remembrance, faithfulness, sincerity, but also infatuation. There are suggestions that the giver of *Gladioli* is, by inference, piercing the heart of the receiver with passion. Altogether a notable flower over the years! It is apparently the birth flower of August which seems fitting and the flower associated with 40<sup>th</sup> wedding anniversaries. I am hoping for rubies personally!

*Gladiolus* arrived in Europe between 1739 and 1745 having been introduced by travellers following the Indian trade routes. By 1806 William Herbert had produced the first hybrid and by the 1840s to the 1850s there were hundreds of varieties being bred. Some claim that references to lilies of the field in the Bible are actually connected to the *gladiolus*.

*Gladiolus* are generally grown for cutting and used in flower arranging but I have seen them put to great use at the back or in the middle of mixed borders. They seem to be making a bit of a comeback in recent years in my view. I planted a handful of a pale green variety, not perhaps the most striking but they do, I think, look quietly dramatic, simply on their own in a glass vase.

The other variety that are somewhat easier to place in the garden are *Gladiolus byzantinus*. This variety emerges in late spring following after the majority of spring bulbs have finished providing a shorter sword of dark pink flowers that gives us a hint of summer colours to come. Plant it now.

Mary-Anne Driscoll

## OUR VILLAGE STREAM

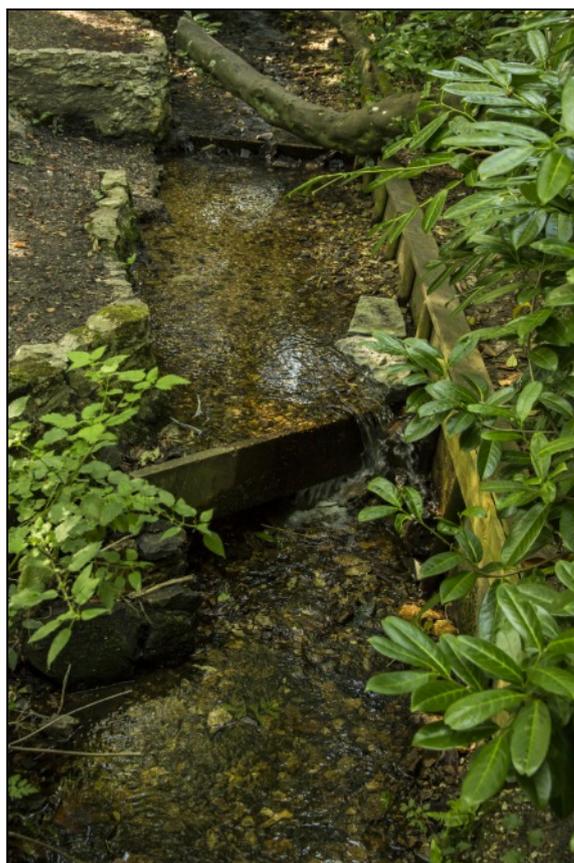
The village stream in Kilington sparkles all year through,  
Its source is springs in woodland that are hidden from our view

It supplies the living water for vegetation, birds and bees  
As well as all the wildlife that live among the trees.

Some think it's insignificant, a stream without a name  
But dogs and children play in it and love it just the same,  
Most of us enjoy it as it wanders down the hill  
Seeking out the ocean whilst never standing still.

In winter it gets swollen and rushes through the day  
But in summer it just trickles and meanders on its way  
In autumn it floats falling leaves, shaken from the trees  
And in springtime it's rippled by a gentle cooling breeze.  
In moonlight, its magic reflects the stars from way up high  
As nighttime creatures drink their fill whilst no one passes by,  
In sunlight it glints diamonds whilst its rippling music sings  
Its presence a soothing balm for the problems that life brings.

John Thorne





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# AXMINSTER HOSPITAL LEAGUE OF FRIENDS

## FUNDING AXMINSTER HOSPISCARE AT HOME

**The outpatients department at Axminster Hospital** continues to thrive with clinics, treatments, daycare surgery and X-ray being very busy. Despite rumours to the contrary the Conybeare unit continues in full operation and following the departure of the matron Victoria Saddler a new matron has been appointed, Marina Dark. Good luck Victoria in your new job and welcome Martina to Conybeare. We look forward to working with you. The Community Nurses based at Axminster Hospital continue to do an excellent job looking after us all in the area. Thank you, ladies and gentlemen.

**The Hospiscare@Home nurses** are doing excellent work looking after those in the community who are approaching the end of their life and wish to die in their own homes. This is a superb service and very much needed by this district. With the increasing awareness of the service, referrals are slowly increasing. Hospiscare@Home is for patients of any age over 18 with any illness and approaching end of life and who are registered with the Axminster GPs. **It is fully funded by the League of Friends of Axminster Hospital.**

**Thank you to the organisers of Hawkchurch Village Fête and Lyme Bay Ladies Guild coffee morning for the funds raised in aid of Hospiscare@ Home.**

### COMING UP:

Thursday 31<sup>st</sup> October – Coffee morning in the Church Rooms, Minster Green, Axminster.

Saturday 7<sup>th</sup> December – Christmas Craft Fair in Musbury Village Hall

T.b.a - Quiz night at The Hind in Musbury

If you would like to adopt us as your chosen charity we would be delighted. If your organisation is having an event, fair, fête or anything else (legal) we would be glad to come along and raise funds ourselves.

Ann Veit – Hon. Secretary  
Telephone- 01297 552376  
Email – lof.annv5@aol.com

## HEALTHWATCH DEVON

The Government intends to invest £20 billion a year in the NHS as part of the NHS Long Term Plan and NHS Devon will be in line for a share of this money. If you had extra funds to spend on your area's NHS, what would *you* do? Healthwatch Devon was asked to help find out what local people thought. Nearly 1000 Devon residents, patients and their families took part in 'What would you do?' surveys and focus groups to share their views and were also asked for their ideas on how people can live healthier lives and what improvements could be made to help people access services quickly. Key themes include waiting times, continuity of care, NHS funding and resources and preventative care.

Lack of public transport in rural areas causes problems in getting to GP and hospital appointments; there is concern about quality and affordability of residential homes and there is a need for better access to support for dementia, autism and mental health patients. Many cancer patients, however, reported an improvement. The report analyses the improvements that respondents to the survey would like to see and how strongly they feel about them.

The new Devon report, 'NHS Long Term Plan, What would you do?' will be shared with the local NHS and can be viewed online at [www.healthwatchdevon.co.uk/reports](http://www.healthwatchdevon.co.uk/reports)





# KILMINGTON KITCHEN



What a thought 'Halloween' and 'Brexit' on the same day, so I thought a nice tasty sausage casserole would go down well. I have noticed there seem to be some very nice leeks about at the moment, which is why I have included my favourite savoury pie recipe. The frittata is a good way of using up any bits and pieces you have left in the fridge.

## SAUSAGE AND BEAN CASSEROLE

Serves 4

- 1 tbsp vegetable oil
- 8 pork sausages
- 2 celery sticks, chopped
- 2 carrots, chopped
- 1 onion, chopped
- 1 tbsp tomato puree
- 1 large splash of red wine
- 400g butter beans
- 400g baked beans in tomato sauce
- A good sprinkling of dried oregano
- 200ml hot chicken stock
- 2 slices white bread, whizzed to crumbs
- 1 tbsp redcurrant jelly



1. Heat half the oil in a large casserole dish, then brown the sausages all over. Remove from the pan and set aside. Add the remaining oil, tip the vegetables into the dish and fry for 10 minutes. Stir in the tomato puree and red wine and cook for 1 minute more.
2. Heat oven to 200C/180Cfan/gas 6. Return the sausages to the pan with the beans, oregano, redcurrant jelly and some seasoning and bring to a simmer. Remove from the heat, sprinkle over the breadcrumbs, then bake in the oven for 25-30 minutes until the crumbs are golden and the stew is bubbling.

## MINTY SALMON AND BROCCOLI FRITTATA

Serves 4

- 500g new potatoes
- 1 small head broccoli, cut into florets
- 2 skinless salmon fillets
- 1 tbsp oil
- Small handful mint, finely chopped
- 1 tbsp (generous) grated parmesan cheese
- 8 eggs beaten



1. Boil potatoes in a large pan for 10-12 minutes adding the broccoli pieces for the final 5 minutes until everything is tender. Drain well. Meanwhile, place the salmon fillets in a microwaveable dish, splash with water, then cover in cling film and microwave on High for 2½ minutes until the fish flakes.
2. Heat the grill. Heat the oil in a deep frying pan. Cut the potatoes into chunky slices, then quickly cook in the pan over a high heat until golden on the edges. Flake the salmon into large chunks and poke amongst the potatoes with the broccoli. Stir the mint, parmesan and plenty of seasoning into the eggs, then pour into the pan. Leave for 6 minutes over a low heat until the sides are set and just the centre is a little wobbly, place under the grill to set completely and brown. Serve in wedges with a big green salad on the side.

## CHICKEN AND LEEK PIE

Serves 4

- 60g butter
- 2 large leeks, finely sliced
- 4 spring onions, sliced
- 1 clove garlic, crushed
- A good sprinkling dried tarragon
- A good dollop of dried vermouth or white wine
- 30g plain flour
- 375ml chicken stock
- 125ml cream
- 3 cooked chicken breasts
- 1 pack puff pastry



1. Preheat the oven to 200C/180C/gas 6. In a pan, melt the butter and add the leek, spring onions and garlic. Cook over low heat for 6 minutes, or until the leek is soft but not browned. Sprinkle in the flour and mix well. Pour in the stock gradually and cook, stirring well, until thick and smooth. Stir in the cream, wine, tarragon and add the chicken.
2. Put the mixture in a shallow 20 cm (8 inch pie dish) and set aside to cool.
3. Cut a circle out of the pastry sheet to cover the top of the pie. Paint around the rim of the pie dish with a little milk. Put the pastry on top and seal around the edge firmly. Trim off any overhanging pastry. Decorate pie with any leftover pastry. Make a few small holes to let out any steam, and brush the top of the pie lightly with milk. Bake for 25-30 minutes, or until the top is brown and crispy.

Margaret Astbury

## SUDOKU CHALLENGE

Level: Hard

To solve this puzzle, each 3 x 3 square, row and column must contain all of the numbers 1 to 9. The solution is on page 21.

		5		3				
3		6	1					
	8	4						
5	3		8				6	
2			7		6			8
	1				4		9	5
						8	2	
					7	9	6	
				9		4		

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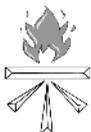
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## SUDOKU SOLUTION

7	9	5	4	3	2	6	8	1
3	2	6	1	7	8	5	4	9
1	8	4	9	6	5	3	7	2
5	3	7	8	1	9	2	6	4
2	4	9	7	5	6	1	3	8
6	1	8	3	2	4	7	9	5
9	6	1	5	4	3	8	2	7
4	5	3	2	8	7	9	1	6
8	7	2	6	9	1	4	5	3

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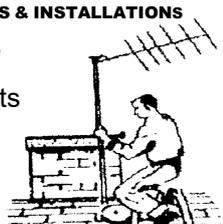
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**It has been necessary to set up alternative arrangements following the closure of the village shop.**

**DIRECTIONS FOR FINDING** Vicky Larcombe's house. Vicky is treasurer for Postscript.  
 With your back to Hurfords Stores, turn left and walk up The Street, passing Koppers, Kushi Kitchen, the Bull Pen and West Gate on your right. The next house is **Brookside** where Mrs Vicky Larcombe lives. If you find yourself crossing Meadow Bank, you have gone a few steps too far.

Please post payments for advertising in Postscript and donations to help with printing costs through the front door of Vicky Larcombe's house. Thank you.

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	6.00 pm	The Beacon	The Baptist Church meet every 2nd, 3rd and 4th Sunday in month
Monday	early	Your house	Recycling collections
Mon, Wed, Thur, Fri	9.15 am	Kilminster Primary School	Pre-school playgroup for 3+
Monday	2.00 - 4.00 pm	Village Hall	Country Dancing for all ages
Monday	3.00 - 4.00 pm	Tennis Court	Tennis Club
Monday alternate	2.00 - 4.30 pm	Pavilion, dates circulated	Bridge Club
Tuesday	9.30 am	St Giles' Church	Holy Communion followed by coffee
	10.00 - noon	Village Hall	Table Tennis
	10.00 - noon	Village Hall Foyer	Coffee and get-together
	10.00 - noon	The Beacon	The Post Office
	1.30 - 3.30 pm	St Giles' Church	St Giles' Handicraft Group followed by 'Pop Up' Café
	7.30 pm	Village Hall	Badminton
Wednesday	9.15 am	The Beacon	Toddlers and Tinies
	2.00 - 4.00 pm	Village Hall	Short mat bowls
	3.45 - 5.15 pm	The Beacon	'Flame 2' After School Club (term time only)
	7.30 - 9.00 pm	St Giles' Tower	Bell-ringing practice alternate weeks with The Minster, Axminster
Friday	10.00 - noon	St Giles' Church	Coffee and a warm welcome

## DATES FOR OCTOBER 2019

Tues	1st	Early	Your House	Garden Waste Collection
	1st	10.30 am	The Beacon	Messy Sparklers
Wed	2nd	7.15 pm	Village Hall	Moviola: <i>All is True</i>
Thurs	3rd	12.45 - 2.00 pm	Village Hall	Autumn Lunch
Fri	4th	5.00 pm	The New Inn	Royal British Legion AGM followed by 'Get Together'
Sat	5th	9.00 am	Village Hall	Kilminster Primary School Jumble Sale
Sun	6th	11.00 am	St Giles' Church	Harvest Service followed by lunch in the Village Hall
	6th	1.00 - 4.00 pm	Axminster Football Club	Indoor Table Top Sale
	6th	8.00 pm	The New Inn	Quiz in aid of Devon Air Ambulance
Tues	8th	10.00 am	The Beacon	CREATE Group
	8th	7.30 pm	Pavilion	Parish Council Meeting
Wed	9th	7.30 pm	Cudmore Room	Village Hall Users' Meeting
Thurs	10th	12.45 - 2.00 pm	Village Hall	Autumn Lunch
Fri	11th	7.30 pm	Village Hall	KGC Talk: <i>Kingston Lacy Gardens Through the Seasons</i> - Andrew Hunt
Sat	12th	2.00 pm	The Beacon	Scrabble Club
	12th	3.00 pm	St Giles' Church	'Celebrate Together' Service - Harvest Theme
Sun	13th	9.30 am	St Giles' Church	Parish Communion
Mon	14th	Early	Your House	Landfill with recycling
Tues	15th	Early	Your House	Garden Waste Collection
	15th	10.30 am	The Beacon	CAMEO Coffee Morning
	15th	12.30 pm	The Beacon	Contact Lunch
Thurs	17th	12.45 - 2.00 pm	Village Hall	Autumn Lunch
Fri	18th	7.00 pm	Pavilion	Kilminster Players 'Interest Evening' (see page 3 for information)
Sun	20th		St Giles' Church	<i>No Service</i>
	20th	12.00 - 4.00 pm	Rowlands Orchard, Shute	Landscape to Legacy: <i>Shute Apple Day</i> (see page 12 for information)
	20th	1.00 - 4.00 pm	Axminster Football Club	Indoor Table Top Sale
Wed	23rd	7.30 pm	Village Hall	STAG presents ' <i>Nude with a Violin</i> '
Thurs	24th	12.45 - 2.00 pm	Village Hall	Autumn Lunch
	24th	7.30 pm	Village Hall	STAG presents ' <i>Nude with a Violin</i> '
Fri	25th	TBA	Honiton Golf Club	Kilminster Cricket Club Dinner
	25th	7.30 pm	Village Hall	STAG presents ' <i>Nude with a Violin</i> '
Sat	26th	7.30 pm	Village Hall	STAG presents ' <i>Nude with a Violin</i> '
	26th	8.00 am	The Beacon	Men's Breakfast - all welcome
Sun	27th	2.00 am	Your House	Daylight Saving Time Ends - clocks go back one hour
	27th	11.00 am	St Giles' Church	Family Service
	27th	6.00 pm	The Beacon	Film Night
Tues	29th	Early	Your House	Garden Waste Collection
Thurs	31st	12.45 - 2.00 pm	Village Hall	Autumn Lunch

## USEFUL TELEPHONE NUMBERS

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Hitchcock Pavilion bookings - Peter Huscroft	01297 32243	The New Inn	01297 33376	Village 100 Club - Jean Falconer	01297 33708
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Kilmington Cross Services	01297 631089	RBL - Jean Falconer - Sec Stafford Seward - Chairman	01297 33708 01297 33909		
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		Axminster Care Service	01297 35550		

**Police:** Crime stoppers - 0800 555111; Emergency - 999; General - 101

### CHURCHES

<b>St Giles' Church</b> Pastoral teams	01297 33777	<b>Baptist Church Office</b> Pastor Darrell Holmes	01297 631638	<b>Axminster Catholic Church</b> Parish Priest: Father Anthony Cockram	01297 32135
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### ADVERTISING IN POSTSCRIPT

Postscript is published ten times each year and is delivered free of charge to every house in Kilmington. All advertising fees and donations to Postscript are used to meet the cost of printing. ALL advertisements which are set out, from any source, are chargeable as follows and must be paid for in advance.

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**COMING AND GOING FOR A SONG:** There is no charge for these entries for items valued up at £20 or less. However, donations are appreciated - these can be popped through Vicky Larcombe's door (please see directions on page 28).

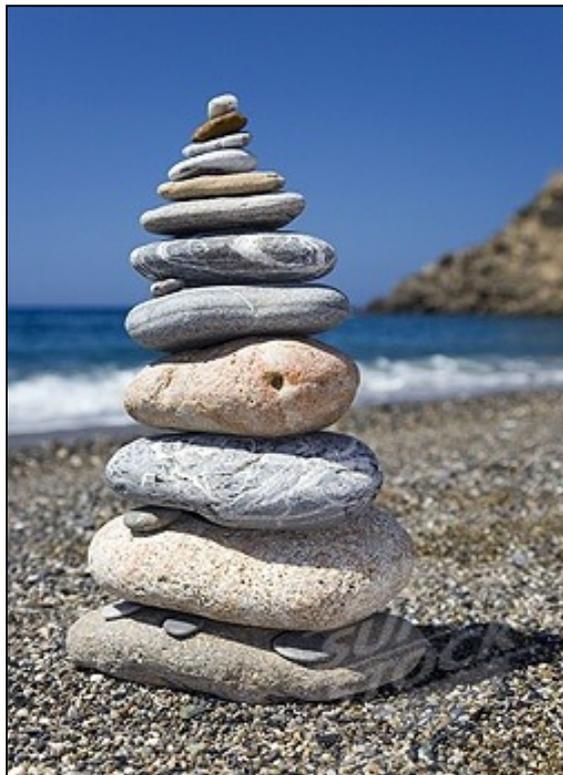
## PEBBLE STACKING – GOOD FOR THE ENVIRONMENT?

As I was pondering what I could write about next in the Postscript magazine, pebble stacking popped into my mind! We live close to several pebble beaches and, I thought, what could be the harm in writing about a fad that has come to the fore on British beaches, and further afield, in recent years. I, like many others, enjoy walking along and beside beaches and you can't fail to notice the occasional pebble stack here and there; ranging from the amateur stack to the highly professional ones. So, I thought, let's investigate this phenomenon – I hadn't realised what a contentious issue pebble stacking is!

Where do I start? I began by googling 'stone stacks' but not much came up, however, there was a link to 'rock cairns' so I decided to have a look. What are rock cairns? Generally, rock cairns are a way of marking the correct way for walkers, cyclists and others on trails that aren't very well marked.

Who had this idea to use rocks to mark the path? It isn't a new idea at all. Sailors often used stone mounds before lighthouses to support navigation. Stone piles were and are still very common for route-marking in many hilly regions worldwide. Many of the mounds that stand today in these areas are ancient and historical. Cairns, throughout history and today, have also been used for non-navigational reasons. These cairns have been built as burial monuments, for defence, for ceremonial purposes, or to hide a food cache. Similar in look to rock cairns, is the new modern art and hobby of pebble or rock stacking, where people create abstract towers with pebbles or rocks.

Some conservationists are concerned about the number of these pebble stacks mounting up all over the place, in the countryside, and on our beaches. Some feel that these stacks should only be used for



navigation and safety rather than for the purposes of art and fun; rock cairns shouldn't be built for fun in places where they could be confused as trail markers. Doing so could send hikers in the wrong direction by misrepresenting the trail. When you move rocks to create decorative cairns you are altering nature for the next visitor and leaving a reminder that you were there.

In some parts of the world tampering with rocks and pebbles in natural sites is illegal because it disrupts the natural state of the ecosystem; however, enforcement of this law is rare.

Tourists and locals today enjoy making pretty piles of rocks on our coastlines. It's said stone stacking has multiple health benefits and has meditative qualities. But now critics say building new stone cairns can spoil well-preserved beaches and be a threat to wildlife.

Social media is also 'ruining' our most popular beaches apparently. If you walk onto many of our neighbouring county Cornwall's beaches, you'll see piles of perfectly Instagrammable stone stacks, carefully balanced all around you. These gravity-defying stone sculptures have become so popular that there was even an Annual European Championships for stone stacking held recently. But now critics say these stone stacks have reached

'epidemic proportions', blaming tourism and social media for ruining beauty spots and damaging wildlife and historic sites.

So, there you have it, the contentious issue of pebble stacking. I would be very interested to hear any comments on this matter.

Gill Heighway